



Performance Enhancement of Formula One Drivers with the Use of Group Driven Learning

A. A. Moghaddar¹ , F. A. Bukhsh¹  and G. W. J. Bruinsma² 

¹Faculty of Electrical Engineering, Mathematics and Computer Science, University of Twente, Enschede, The Netherlands

²Faculty of Behavioural, Management, and Social Sciences, University of Twente, Enschede, The Netherlands

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Abstract: Within motorsports less experienced drivers lack pace and performance compared to their peers. Training these drivers requires time, which, due to the regulations and resources, teams often do not have. Less experienced drivers are expected to perform at the same level as experienced drivers. This paper has the aim of analyzing the abilities and performances of both drivers within a Formula One team to redesign the driver training method. The focus is to provide drivers with real-time insights and feedback on their performance during a simulator training session. By using a combination of the principles of process mining and statistical analysis, data markers are created on the track. Based on the differences in telemetry, visual feedback is provided to the driver. Throughout the research, this manner of training has proven to be promising. Drivers showed an increase in their overall performance and an increase in car control and confidence. Despite these promising results more experiments need to be done to guarantee a consistent outcome and to prove the effectiveness of this training program. To continue developments, further research can be conducted on the topic of visualization and communication.


1 INTRODUCTION


The current paper poses a novel method for drivers to improve their performance using a team-based learning approach that is applied within a race simulation environment. According to de Winter, van Leeuwen, and Happee (2012), driving simulators offer various advantages, compared to the implementation of the training within the real environment. As de Winter et al. (2012) mentioned, the first, and most important advantage of using simulators is the possibility of encountering dangerous driving conditions without being physically at risk. This offers the learning driver to explore the positive or negative consequences of actions without leaving the driver vulnerable to potential harm (Slob, 2008). Secondly, the controllability of conditions, the reproducibility of scenarios, and the standardization of ground rules are built upon tests for the next line of advantages of using driving and motion simulators. Combining

these parameters in a dynamic scenario provides opportunities for controlling potential real-life scenarios that may happen during a race (Wassink et al. 2006). Adjusting the parameters of the virtual scenario can, according to Wassink et al (2006), enhance the reaction of the learning driver by standardizing procedures, aiming at minimizing the impact of the change within the environment. These changes can differ per configuration. In research conducted by Slob (2008), the effects and differences in the various configurations are discussed concerning their degree of freedom (DoF), the visual element, and the feedback element.

Within this background research, the conclusion defined a set of criteria that need to be taken into consideration when building the simulator. Within chapter 3, these differences and effects of each configuration are discussed. Thirdly, de Winter et al. (2012) described the accuracy and ease of data collection as another advantage, contributing to the reliability of the provided feedback, and offering

^a  <https://orcid.org/0000-0001-5621-4583>

^b  <https://orcid.org/0000-0001-5978-2754>

^c  <https://orcid.org/0000-0001-9365-9821>

better opportunities for providing better feedback and instructions. Based on all the aforementioned advantages, Slob (2008) mentioned one other advantage, describing the potential reduction of costs compared to the alternative (real) training solution.

1.1 Feedback

Within the context of driver training receiving proper and relevant feedback on performance contributes to the abilities and overall performance of the driver. The customization of feedback according to the needs of the driver amplifies the strengths of this specific driver within certain situations. According to Feng and Donmez (2013), driver characteristics are good predictors of the type and severity of exhibited risky driving behavior when constructing systems to give proper corrective feedback. Not only are the driver characteristics important when constructing personalized feedback, but taking into account the acceptance and the preferred type of feedback plays an important role. The visualization and presentation of the corresponding feedback determine whether or not the driver is going to open up to accept and embrace the feedback (Anseel, & Lievens, 2009).

While it is recommended to use acoustic feedback only to provide basic feedback to prevent distracted driving, visual feedback can be used in many forms to simplify the data as much as possible while remaining the message clear and understandable. According to two independent studies on the detailed effect of visual feedback conducted by Adams, Gopher, and Lintern (1977) and Hoppe, Sadakata, and Desain (2006), visual feedback contributes to the general development of motor learning, leading to a better understanding of the situation and hence increasing the likelihood of interpreting the circumstance faster as well as with more reliability. When kept simple and understandable, providing visual feedback on a driver's performance can effectively improve the driver's learning curve. A better understanding of the situation can be ensured due to interactivity and hence the judgment in handling situations is refined for the better.

1.2 Feedback as a Base for Social Learning

Social learning is the general term of training based upon data from various drivers while aiming to keep the contents of the training personalized for the current driver. Within this research, social learning and team-based learning are applied to remove redundancies, to improve the quality of the overall set of data, wherein quality standards are defined by the

amount of "high" classified data sets as defined in section 4.2, and to inform both drivers about the habits of the other driver to show them an alternative route through the processes.

1.3 Research Questions

The research questions addressed in this paper therefore are:

- how can we harvest and preprocess data from a race simulation environment to retrieve individual performance metrics.
- how can we assess individual and team performance
- How can we provide visual feedback to the driver for performance improvement purposes?

2 METHODOLOGY

Exploiting the training of athletes within this level of expertise requires accurate data and reliable background information. Without a proper background of what the athlete requires, the training might miss the major point of improvement and hence lead to poor, unexpected results. This paper is inspired by the CRISP-DM research methodology as introduced and defined by Azevedo and Santos (2008). CRISP-DM is a development approach used as a framework for data-related research. Within this section, the different possibilities for mimicking the environment, data harvesting, data analysis, and visualization are explored to create the backbone of this project and therefore the backbone of the training.

2.1 Simulator Configuration

The experiments require an environment that attempts to mimic the real environment of the drivers within a race. For this purpose, a racing simulator is built to recreate the direct environment. The simulator configuration consists of a combination of the following hardware elements:

- **Wheel Base:** Podium Wheel Base DD2 - Direct Driven
- **Steering Wheel:** Clubsport Steering Wheel Formula V2.5 X + Quick Release
- **Pedal set:** Clubsport Pedals V3 Inverted
- **Damper:** Clubsport Pedals V3 Hydraulic Damper Kit + Brake Performance kit
- **Cockpit:** RennSport Cockpit V2
- **Seat:** Sparco Pro 2000 QRT Seat for RennSport Cockpit
- **Visual:** Triple Monitor setup

The software environment used for the simulation is the F1 2020 game developed by Codemasters. The game is publicly available on Steam and offers various configurations for data transmission over UDP.



Figure 1: The Simulator Setup.

2.2 Data Preparations

Following the CRISP-DM Methodology, the next step is the collection and preparation of data. The Codemasters F1 2020 game is supported by an API that provides the possibilities for extracting game data from a racing session. This list of data that can be obtained is structured in a set of packets that each correlate to one section of the total dataset available. Within the F1 2020 game, it is possible to limit the frequency of updates to 10Hz, 20Hz, 40Hz, and 60Hz. The data packets, however, do not come in simultaneously and therefore data might be overwritten. Hence the upload rate of the database must be higher. For the matter of limiting the amount of data and reducing the overall redundancy of the data, the frequency of updates is set to 10[Hz] and a threshold on the relevancy parameter of the data packet is introduced. Whenever the relevance of the data packet is below 50% and the data packet does not contain crucial data, this packet is ignored in the UDP queue, and hence is not sent to, nor received by, the application. Therefore, the packets that are sent and received are the following:

- Header Packet
- Session Packet
- Lap Data Packet
- Car Telemetry Packet
- Car Status Packet

In essence, the crucial factors that are required for the implementation of this training method include the orientation of the car (*Car Status Data*), the current track distance (*Lap Data*), the current lap time (*Lap Data*), the best lap/sector times [Session Data] and the telemetry (*Car Telemetry*). These elements can be traced back to the various packets mentioned above.

3 SYSTEM DESIGN

The CRISP-DM methodology includes three steps as part of the processing of data: Data Understanding, Data Preparation, and Modeling. The realization has been divided into these same three realms. Each realm corresponds to the research sub-questions defined in chapter 1.

3.1 Harvesting & Preprocessing

The first step before it is possible to start the CRISP-DM Data Understanding, is the collection and preparation of data. To mimic a real-life situation, the racing simulator, as described in 3.1, is used for running the F1 2020 game. Within this game, the option for sharing telemetry is turned on. The harvesting of data has three steps. The first step is the sending of data. As the API provides this functionality, there is little control over the formatting of the data sent. The F12020 game handles the correct sending over a UDP connection to an available client on the same network. For ensuring that the connectivity is over the same network, a mobile hotspot is set up on the client-side and the racing simulator is connected to this mobile hotspot. The second step is to retrieve the data on the client-side and process this into readable data. This client-side is specifically built and designed for this project and therefore we do have control over the data and its corresponding formatting. The third step is to filter the relevant information and parse this to a database. The scheme of how the ATS system and its components interact is displayed in figure 2.

When data is retrieved from the API, the client decodes the data stream and processes the data into information objects. As denoted in section 2.2, the different data packets arrive asynchronously. To merge arriving packets into one data object, an object buffer is created with a 7-millisecond lifespan. Throughout the lifespan of this buffer, all retrieved data is combined into the same object and redundant data is overwritten. These objects are then formatted into a C# directory to later be formatted into a JSON object.

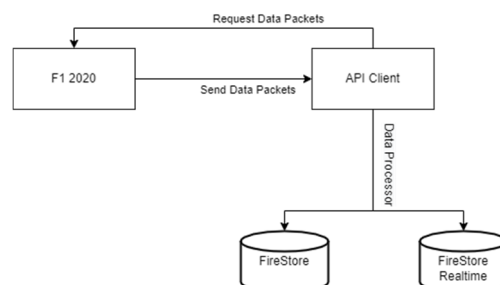


Figure 2: The ATS configuration.

A connection is made between the client and the Firebase database. Once the end of the lifespan of a data buffer is reached, the JSON object gets parsed to the Firebase Firestore database. Accordingly, Firestore responds with an approval message or an error. The error contains information and instructions on how to proceed. The approval message validates the arrival of data into the database.

The database is divided into three collections. The first collection (“Collection 1”) contains all the gathered Test data based on the collection construction extracted from the packets as denoted in section 2.2. On the contrary, the third collection (“Collection 3”) contains all the gathered Training data. The second collection (“Collection 2”) contains real-time telemetry updates and therefore is updated every 0.5 milliseconds based on the incoming stream of data from the Racing Simulator.

Considering that the goal of this first realm is to gather and process data from the game into a data collection, the desired result is a database filled with telemetry data, session data, and test data. Looking at the implementation of this section, this goal has been achieved, and by the end of the developments of this section, a database was available to continue to the next step within the overall

3.2 Understanding & Learning

The second step within the CRISP-DM methodology is the understanding of the obtained data. In essence, the goal of the system is to provide the driver with information about what to do best at specific parts and segments of the track. It is important that the driver must intuitively learn to act in a certain way, for which the boundaries must be defined by this algorithm. Therefore, when constructing the model for understanding the gathered data, a breakdown of tasks is required. For the implementation of the “Understanding & Learning” part within this research, a division of task categories has been made, this division is displayed in table 1.

This part of the realization requires a strong object-oriented structure and hence the Java Programming Language is the language of use. Starting at the first set of categories, the first step is to retrieve data from the database. Consulting the Firebase integration documentation, reading data is done by obtaining the collections and retrieving the corresponding documents per collection. Within the experiments, it is expected from the participants to first perform 8 laps under training circumstances. This data is stored under the Training data collection.

The next step in the process is to simplify the retrieved data and group the data together. The parameters for simplifying data are the current timestamp in seconds on the track and the distance

Table 1: Task division.

1) Retrieval of Data	Read Firebase
2) Simplification of Data	Create data markers per condition X/Y*
3) Grouping of Data	Group on conditions X/Y
4) Construction of Summaries	Calculate summary** and averages Marker group
5) Classify Marker Groups (MG)	Within each group, classify value on Normal Distribution
6) Recreation of Trackline	Create ideal trackline from highest classification per MG

* X is defined as the distance ration, Y is defined as the time in lap
 ** The summary correlates to the Five number summary altogether with the standard deviation and mean

ratio in percentages. The level of significance is in milliseconds for the timestamp and one decimal after the comma for the distance.

The next step within the process of understanding & learning is to create the corresponding summaries for defining the ideal telemetry set per marker. This is done only for the marker with the distance ratio, as this marker defines the leading track line correlated to the telemetry. The summary consists of the distance ratio, the mean wheel angle at this distance ratio, the mean throttle/brake ratio at this distance ratio, and the modus of the gear at this distance ratio.

After the mathematical summary has been created, the markers get labeled with a classification. This classification is built upon the Normal Distribution where the critical values are defined by the Z-Values derived from a distribution with a level of significance of 0.05. Accordingly, the obtained Z-Value for a $\alpha_{total} = 0.05$ is equal to

$$\alpha_{upperTail} = 0.025 \Rightarrow \mu + 2\sigma$$

$$\alpha_{lowerTail} = 0.025 \Rightarrow \mu - 2\sigma$$

Yielding the following criteria for the classification:

For mula	$\mu - 2\sigma$	$\mu - \sigma$	μ	$\mu + \sigma$	$\mu + 2\sigma$
Classifier	Low	Mid-Low	Mid	Mid-High	High

For which μ is the calculated marker average per parameter of the marker and σ is the corresponding standard deviation from this average.

After the dimensions of the classification have been defined and the markers have been classified, the entire dataset, as retrieved from Firebase, gets classified on the basis of the aforementioned classification criteria. Subsequently, the lower classified data markers get removed from the dataset, ensuring only “Mid”, “MidHigh” or “High” classified markers and data points within the dataset. The next step is therefore constructing a new trackline based on the highest classified data points. This recreated ideal trackline is defined as the “Advised Trackline for maximum performance”. Throughout the entire session, this process is repeated, improving the ideal trackline per newly created or updated marker.

Throughout the research and the experiments, the driver will face a certain learning curve that might influence the research results. To overcome this learning curve and therefore to minimize the effect of this learning curve, the participant is asked to drive 8 laps before the test. Throughout these laps, the participant will expose the learning curve by means of increasing marker classifications. Once the system recognizes a stabilization within the graphical representation of the participant’s output, the learning curve gets identified as all the output before the stabilization. Accordingly, the data gets removed from the training dataset, and the participant’s learning curve is eliminated. However, the markers classified as Mid, MidHigh, and High will remain in memory for the improvement of the ideal trackline.

3.3 Communication & Visualisation

The third step in the CRISP-DM methodology is the modeling of data. Displaying feedback is done through a visualization dashboard. As mentioned within section 3.2, the aim of the visualization is to inform the driver about his current positioning on the track, his current performance compared to the advised line, and the improvements the driver has to take to improve his performance without causing too much distraction. Hence the visualization must be simple and easy to understand from out of the corners of the driver's eyes. The criteria for the visualizations are that the colors must be distinguishable and the information must be recognizable. For the steering angle, a two-sided horizontal histogram is used to denote the rate of change that needs to be applied to the current steering angle. The Brake and Throttle work according to a vertical bar chart that turns green when too little pressure is applied and turns red when too much pressure is applied. The visualization tool is developed using the Processing 4.0 Beta 5 Library

within a Java Application. A snapshot of the application is provided in Figure 3.

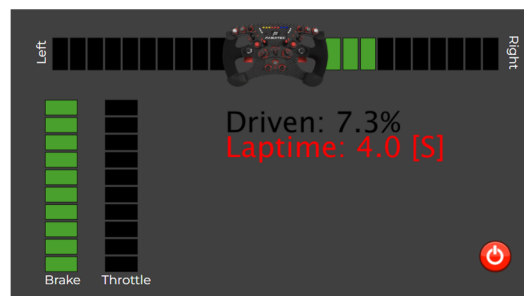


Figure 3: A snapshot of the visualization tool.

4 SYSTEM VALIDATION & RESULTS

Within this section, the analysis of the results is conducted. Before this analysis can take place, an experiment is set up with a certain number of participants. A single experiment consists of two drivers, a potentially good driver, and a potentially worse driver. The better driver is asked to participate in the experiment first. Subsequently, the worst driver is asked to participate in the experiment as the second. Although not desired, it is important to anticipate a situation wherein not all participants have an equal amount of knowledge of racing simulators. Therefore, to reduce the effects of this knowledge gap, the experiments are divided into 5 sections:

- 1) Participant Briefing & installation
- 2) Training Session
- 3) Test Session
- 4) Survey
- 5) Open Discussion

The experiment starts with a brief introduction to the project and a brief introduction to the experiment. Once these introductory briefings are done, the participants start a training session wherein he/she has to drive 8 full laps on Circuit Zandvoort. There will be no feedback given to the participant. The data is collected and used for preparing the predictions that will be shown to the participants in the test session. During the Test session, the driver is once again asked to drive 8 full laps, this time with visualizations and feedback. Due to GDPR regulations, details about participants will not be shared.

4.1 Results

For this research there was room to conduct three experiments. The analysis of the experiments has

been divided into four parts. The first part is on the harvesting of data and the reliability of the created, ideal, trackline. Secondly, an analysis of the overall performance of drivers is done by depicting the R-Squared values of the Test sessions against the R-Squared values of the Training Sessions for every participant. Thirdly, the performance based on the brake ratio, the throttle ratio, and the steering angle is analyzed based on the initial training dataset and the test dataset. Lastly, a brief analysis of the feedback system is done. This is done based on the responses to the survey.

To visualize the power of big data and process mining, the effect of a high data acquisition rate is denoted against the reliability of the created advised trackline. By displaying the number of timestamp markers created per lap, it is easily seen when and where the data packets have dropped. To overcome the amount of dropped data, more data must be gathered. As depicted in figure 4, once the total number of laps driven increases, the total coverage of the timestamps increases, leading to a higher accuracy per marker. From this dataset, a generalized model can be constructed wherein each required timestamp is covered by the total data set. From this generalization, a reconstruction of the trackline can be created.

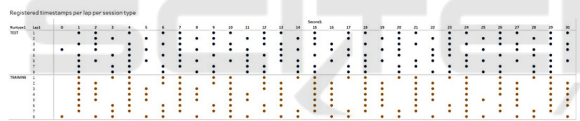


Figure 4: The data markers coverage per timed lap, depicting the packet drops.

4.2 Driving Performance

When the goal of training is to improve multiple drivers, along the same progress line, the variation in data is the most important factor. More variation means a larger difference in performance and therefore a larger difference in abilities, confidence, and skills. The analysis is based on the R Linear Regression model wherein the severity of variation within the dataset is denoted in R-Squared. R-Squared is in the context of this research defined as the statistical measure of how close the data fit the generated regression line. The datasets recorded per driver showed decreasing classification levels the longer the session took. From this can be concluded that due to the effects of fatigue and exhaustion, drivers did perform less at the end of a session compared to the beginning of the session. For the reliability of the analysis, only laps 3 and laps 5 are taken into account.

The R-Squared is defined as the depiction of the distance ratio against the amount of time on track. The regression line, therefore, is the ideal line wherein the 100% distance ratio is reached in the most average amount of seconds. The R-Squared value is calculated using the formula:

$$R^2 = 1 - \frac{\text{Sum Squared Regression}}{\text{Total sum of Squares}}$$

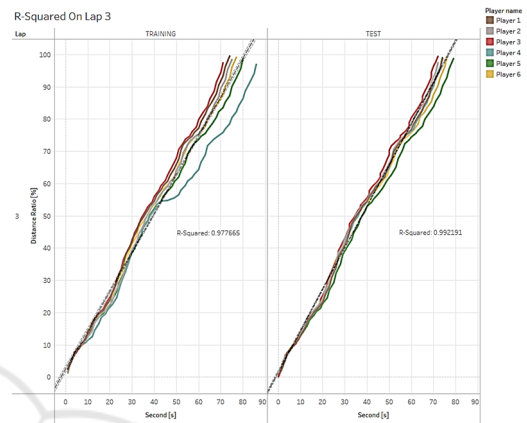


Figure 5: The R-Squared value as a rate of variation on Lap 3.

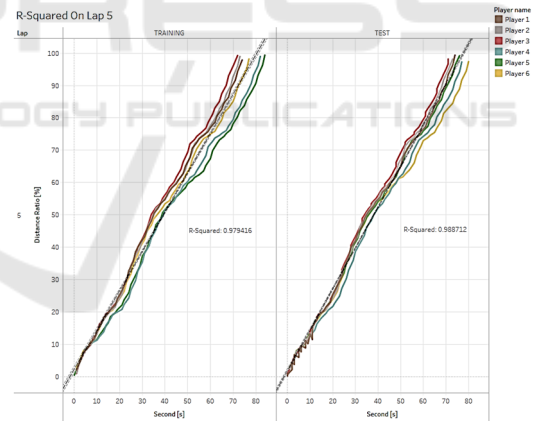


Figure 6: The R-Squared value as a rate of variation on Lap 5.

When analyzing Figure 5, the most visible difference between the training and test data is that there are fewer peaks and therefore fewer outliers within the datasets during the test session compared to the training session. Moreover, the values seem closer to each other. This same phenomenon seems to be present in Figure 6, where the analysis on lap 5 is depicted. This formula yields the following table of R-Squared values against the corresponding lap and session type:

Table 2: R² values for lap 3 and lap 5 for both session types.

	Lap 3	Lap 5
Training Session	R ² = 0.977665	R ² = 0.979416
Test Session	R ² = 0.992191	R ² = 0.988712

From this table it can be deduced that in any case, the training session had less variety within the data samples, although there is only the slightest difference. Nonetheless, This yields that the testing session had an additional factor in play that caused this slight increase in overall performance.

4.3 Car Handling

The second performance analysis method is based on the telemetry data retrieved from the real-time database and the ideal telemetry calculated by the learning system. Before the experiments started, the drivers were grouped based on their experiences with driving and racing simulators. According to these groupings, driver duos were created. Each duo consisted of a presumed experienced driver and a presumed inexperienced driver. The aim of this division between the participants opened options for amplifying the effects of the training to gain the maximum insights as possible during the analysis phase.

When looking at the overall race pace of the drivers in figure 7, it is seen that almost all drivers improve upon their average speed. Within this context, a higher average speed yields lower lap times and hence a more efficient drive.

Table 3: The difference in race pace denoted in percentages [%].

Driver name	Avg Pace during Training Session [km/h]	Avg Pace during Test Session [km/h]	Difference rate in percentages [%]
Player 1	199.14	197.59	-0.808
Player 4	174.58	178.43	+2.203
Player 2	199.80	200.79	+0.469
Player 5	179.71	186.79	+3.938
Player 3	197.78	205.01	+3.659
Player 6	178.70	189.73	+6.174

From table 3, it can be deduced that the rate of change of the inexperienced driver correlates to the rate of change of the experienced driver. Meaning that if the experienced driver barely increases, the rate of change for the inexperienced driver will be low due to the low quality of the data. If the experienced driver improves a lot, the quality of the data is high and hence the inexperienced driver can benefit from this set of highly classified data, meaning that the feedback would become more accurate and reliable.

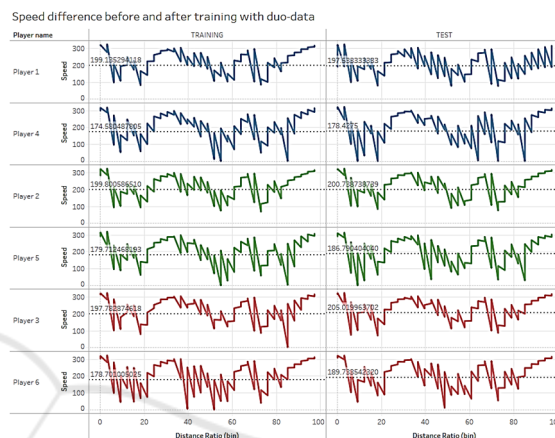


Figure 7: The difference in race pace with and without feedback.

4.4 Brake Throttle Differences

Given the large difference in overall pace and driver performance of duo 3; red, analyzing the data of this duo returns the best visible effect of the duo training program. In figure 8, the difference in brake and throttle performance of player 6 has been depicted, wherein the distinction has been made between the session type (training, test). During the training session, it is seen that there is much fluctuation in the throttle. This leads to less time on the maximum throttle and therefore less overall speed. These fluctuations can be explained by the level of confidence of the driver.

This same principle counts for the brake. Comparing the results of the training session to the test session, it is seen that within the test session, the driver has much more confidence as there are fewer fluctuations in the driver's brake and throttle handlings. This implies that the driver has more understanding of the situation and hence can better control the car to operate at maximum performance.

Moreover, it is seen that the driver is making less use of the brakes and therefore makes more use of the friction of the engine to slow down, implying that more speed and more pace is carried throughout the track, leading to more efficient handling of the car.

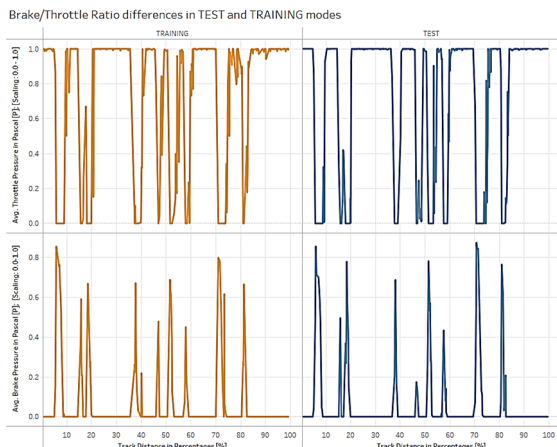


Figure 8: The brake and throttle performance during the training and test sessions.

4.5 Steering Efficiency

During the training session, the player has a lot of fluctuation in the steering wheel throughout the lap. Within the context of the steering angle, fluctuations mean the rate of corrections required to operate the car. Hence, more fluctuations imply more corrections and therefore less control of the car and the situation. Comparing the results from the training session and the test session, it is evident that the number of fluctuations has decreased, implying that the driver had more control over the car. Moreover, it is seen that the steering angles remain more consistent over the track segments, meaning that the cornering gets longer, yielding more pace at the end of the corner, yielding improved exits.

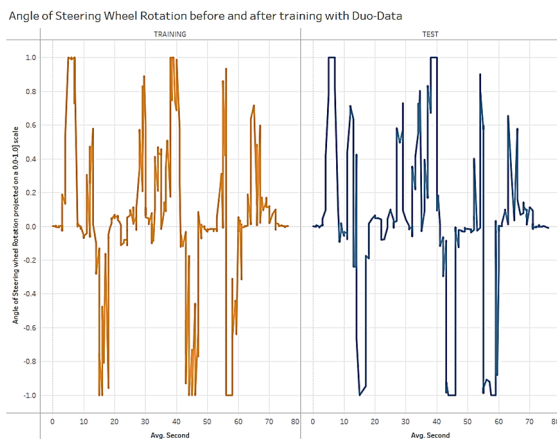


Figure 9: The steering angle during the training and test session.

5 DISCUSSION

When willing to validate the results obtained during the experiments, it is of high importance to be realistic about the effectiveness, accuracy, and reliability of the system and the tests. Therefore a disclaimer must be made. While the results, as introduced in chapter 4, seem promising and effective, more statistical testing needs to be done.

5.1 Recreation of Ideal Trackline

The corresponding research subquestion that belongs to this topic of the research is, as denoted in section 1.3: “To what extent is it possible to recreate an artificial trackline built upon the basis of the highest performances throughout the track?”. When trying to answer this research question, the results that section 4.1 yielded showed that approximately 8 laps were required to fully cover every second and every driver meter of the track. From the data collected through the racing simulator, it is possible to reconstruct the events, with regard to every parameter of the car as provided by the Codemasters API, that occurred during the moment on the track. In this way, a data collection can be created to artificially regenerate the track and the position of the car on the track while having every parameter required or not required in mind. Therefore, the extent to which it is possible to recreate the trackline is endless as long as the database allows data to be captured.

5.2 Translation of Data into Feedback

The second question that needs to be answered before reliable feedback can be provided to the driver, is the question on the translation of data into advice based on the current telemetry. The corresponding research question to be answered is “How can this artificial trackline be translated into terms of required telemetry changes to guide towards this trackline?”. The translation needs to happen for three parameters only, as denoted by section 3.3. While these three parameters are based on a series of calculations to determine which values of the parameters are actually the value to display, these parameters are easily interpreted as single, rational values. These values can then be translated into advice per marker, as created by the learning system, and automatically be bound to represent the marker in terms of the telemetry settings.

5.3 Projection of Feedback to Driver

Evaluating the current visualization of the data, it is important to take into consideration the parameters

that need to be available to the driver. When looking at the corresponding research question, the question yields: “How can these telemetry changes be communicated to the driver in the most effective manner?”. Throughout the research, it was concluded that not all types of feedback were ideal within the context of this application, e.g., acoustic feedback was labeled as useful for quick updates but not for continuous feedback. As opposed to this statement, the participants did agree that for continuous feedback, visual feedback would be better, provided that the manner of presenting this feedback was more subtle. A potential implementation of this feedback system would be integration within the F12020 game or a virtual reality overlay. In this end, this project remains a work-in-project and hence further research is required before practical implementation

5.4 Limitations

Having in mind the scope of this research, up until the current standing, the project seems promising and yields great results. Considering that simulators are already widely used for training professional drivers, an additional layer of training and, eventually, protection is seeming to be the way to conquer the checkered flag.

Considering the minimal requirements for setting up this research, many limitations have come to play during the project. These limitations cover a broad list of items that need to be discussed when willing to redo or expand this project. The actual research limitations will be discussed in the next section. The items that this section will cover include:

- The availability of materials
- The budget cap
- Domain Experts
- The reliability of the UDP protocol
- The database limitations in contrast to the data collection size
- The limited research on the Formula One Topic
- Limited availability of drivers

6 CONCLUSION

The aim of this paper is to find an optimal way of enhancing driver performances by adjusting the training according to gathered data on earlier achieved performances. This was done in a process of three steps. The first step was to harvest data on the performances of drivers within a team or cluster. This was done using the Racing Simulator and principles of process mining. The data was stored in a database for later analysis. The second step was to analyze the

gathered data with the main purpose of learning the track boundaries, the telemetry boundaries, and understanding the abilities of the driver. This was done using conformance checking, basic principles of statistics, and linear regression. Lastly, the analysis of the data retrieved from the learning model was translated into valuable feedback and displayed to the driver through a feedback system.

When analyzing the data gathered by the ATS system, several factors play a role to determine whether a created marker is of high value. After this classification of data markers has been made, a training set is created from the currently stored data with which the system trains itself to recognize patterns. According to these created patterns, the system builds advice per second and per distance ratio on the track and bundles this with the corresponding telemetry information. Moreover, the system reads out the real-time telemetry database to link the current behavior of the driver to a previously occurring event or a generated marker to optimize the action, and eventually the performance, of the driver.

The results of the experiments conducted with three duo's drivers were promising. Almost all drivers showed an increase in performance and a rise in confidence. Fewer fluctuations were observed at the steering wheel, implying more control over the car and a higher understanding of the abilities of the car and above all, the abilities of the driver. Additionally, more peaks in the use of the throttle were observed while the use of the brakes decreased, resulting in more overall pace and performance.

Nevertheless, while these results do imply an effective training concept, the statistical backbone of the project is weak. More experiments must be conducted with a larger sample size to guarantee the effectiveness of the training.

In conclusion, it is not yet possible to guarantee that this manner of training works. The initial concept of the training method appeared to be effective and pervasive, however, the system lacks statistical coverage to prove that this way of training athletes guarantees an improvement in performance.

6.1 Practical Recommendations

It can be said that this training method shows potential as the results obtained look promising. However, to improve the system to make it waterproof, some recommendations must be made. The main recommendation to be made is the system that all participants seemed to have difficulties with; the feedback system. As this feedback system is the main interface for the drivers to interact with, this system must be either optimized in a way that it does not form a distraction or the feedback system must be implemented according to the feedback received from

the participants. In further research, I would recommend redesigning the feedback system in a way that is more visible to the driver with less effort. Furthermore, it is of high importance to keep the information even simpler so that the driver can see or feel in a blink of an eye what is expected. Another recommendation that I deem important is the speed of the database. While the database showed an impressive amount of speed and functionality, the system lacked a bit behind due to the congestion errors that were present by default. The internet connection and the database configuration seemed to be a bottleneck throughout the entire process. Perhaps in future studies, a local database could be implemented to overcome these issues.

Additionally, the learning and analysis method is currently based on the normal distribution. While this classification method seems to work for this context, it is not always reliable. If a car crashes along the way, the entire lap gets classified as a low marker. Neglecting the time that a car is lacking in this situation, the driver might still recover and increase his pace. This increase in pace is currently not counted towards the final classification and hence the data is discarded. Having too many of these data points might corrupt the data. To overcome this, a fully functioning deep learning algorithm can be implemented to recognize events like crashes.

6.2 Future Work

To exploit the effectiveness of this training method, these recommendations must be taken into account. Improvements must be made to increase the reliability and accuracy of the system. Moreover, by conducting more user tests, a statistical and scientific backbone can be created for the training method.

Additionally, although the initial concept relied on machine learning and deep learning principles, the final concept within the scope of this research barely made use of these concepts. For future development of this project, machine learning and/or deep learning could be exploited to better understand the obtained data and perhaps give suggestions beforehand instead of in real-time.

Lastly, the method of displaying information must be changed. As denoted in the recommendation section, another manner of providing feedback must be implemented to gain the maximum result while keeping the level of distraction low.

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