# Pima Indians Diabetes Database Processing through EBBM-Optimized UTM Model

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Abstract: A new predictive model tested on the Pima Indians Diabetes Database is presented. This model represents a particular subclass of A-Type Unorganized Turing machine (UTM), where the state is unique. It appears as a simple combinational network of NAND gates (it is not the more generic sequential type described by Turing, but it is enough to solve the examined predictive task). The optimal architecture of this network is identified by the use of evolutionary algorithms, which are therefore used as computational optimization algorithms. In particular, a classic genetic algorithm and an hybrid evolutionary-swarm algorithm that we have called Evolutionary Bait Balls Model (EBBM) were tested for this purpose. The predictive model thus defined, made it possible to achieve higher performances than those obtained with other classic predictive models. The final combinational network of NAND gates obtained through our model has allowed us to identify a simple Boolean rule to determine the existence of the risk of incurring diabetes mellitus.

# **1** INTRODUCTION

Pima Indians Diabetes Database is provided by the National Institute of Diabetes and Digestive and Kidney Diseases (Pima Indians Diabetes Database, 2021) (Rossi and Ahmed, 2021) (Pima Indians Diabetes on Rishabh Nimje Github section, 2021). The goal of the dataset is to predict diagnostically whether or not a patient may develop diabetes, based on certain diagnostic measurements included in the dataset. Several constraints have been placed on selecting these instances from a larger database. Notably, all patients here are women of at least 21 years of Pima Indian descent.

The considered variables to make diabetes risk predictions are the following: number of pregnancies (pn), plasma glucose concentration (pgc) at 2 hours in an oral glucose tolerance test, diastolic blood pressure in mm Hg (dbp), the thickness of the skin fold of the triceps in mm (tsft), 2 hour serum insulin in mu U / ml (si), body mass index (bmi) calculated as (weight in kg) / ((height in m) ^ 2) , diabetes pedigree function (dpf), age.

The diabetes pedigree function provides some insight into the history of diabetes mellitus in relatives and the genetic relationship of those relatives to the patient. This measure of genetic influence allows us to have an estimate of the hereditary risk that could be had with the onset of diabetes mellitus.

This work intends to present the results of the experimentation on the Pima Indians Diabetes Database of a single state A-type model of Unorganized Turing Machine (UTM) (Turing, 1948), consisting of a combinational network of NAND gates whose optimal configuration is identified by evolving a population of chromosomes each of which represents the coding of a UTM configuration.

UTM is generated "in a unsystematic and random way" from a set of two-input NAND gates. Turing chose a NAND gate because every other logical operations can be accomplished by a set of NAND units. A Turing A-type unorganised machine can be considered "a kind of Boolean neural network without a layered structure, due to the fact that recurrent connections are allowed with no constraints" (Teuscher and Sanchez, 2000).

We used at first a genetic algorithm (GA) (Mitchell, 1996) to determine the best A-type network configuration. GAs are used to find high quality solutions in optimization and search problems by relying on bioinspired operators of

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natural selection like mutation, crossover and selection.

Then a hybrid evolutionary-swarm algorithm was experimented, that we called Evolutionary Bait Balls Model (EBBM), where the chromosomes are considered as individuals members of a swarm. Each of them is capable of carrying out just three elementary operations (repulsion from one's neighbor, attraction towards another particularly performing individual, orientation with respect to one's neighbor). The evolution of this population leads to the appearance of emergent behaviors (the state in which a sort of bubble is formed in which most individuals tend to orient themselves with respect to their neighbors), manifesting a kind of collective intelligence.

### 2 EBBM VS GA ALGORITHM

The first considered algorithm used to optimize the configuration of the UTM network was a classic model of genetic algorithm where elitism is also used, that is, in each new generation the most performing individual of the previous one is preserved. Both the uniform crossover operator and the mutation operator are used. First of all, with the tournament selection strategy, the winners of two tournaments involving 5 randomly chosen individuals are identified. Their chromosomes are crossed through uniform crossover (i.e. the probability that the new individual acquires a gene from parent il is exactly the same as that of acquiring a gene from parent i2) corresponding to a crossoverRate of 0.5. The new individual is subject to mutation with probability equal to mutationRate.

Input: Array of individuals I to be updated Output: The position vectors (binary vectors) of each individual in I will be changed. 1: call function to alter the positions of each individual 2: for all  $i \in I$  do 3: perform elitism; 4: i1 = tournamentSelection(I,tournamentSize); 5: i2 = tournamentSelection(I,tournamentSize); 6: perform crossover(i1,i2); 7: perform mutation (mutationRate);

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8: end for
```

The original evolutionary model of the bait ball, that inspired our EBBM, was developed by some researchers who found that within the group of fishes that try to escape from predators a spontaneously generated nucleus constitutes what they called "selfish herd" (Roberts, 2021) (Yang, 2018). This naming derives from the selfish herd theory that individuals within the population attempt to reduce their risk of predation by placing other conspecifics between themselves and the predators. Returning to the bait ball model, it is precisely this "selfish" behavior adopted by individuals that leads to the formation of the optimal collective configuration. This configuration tends to persist even when the inner core becomes less secure than the outside. Paradoxically, the ball shape of the group of individuals becomes even more regular in these cases. On the other hand, by increasing the level of insecurity of the center, the sphere disintegrates and leads to the formation of many groups of distinct individuals. Summarizing all these are examples of optimal collective configurations that emerge over time by defining simple rules that individuals must respect, such as that of finding and maintaining the safest position (or the one with the highest fitness).

The EBBM ibrid evolutive-swarm algorithm, that we tested as an alternative optimization algorithm, was the following one.

```
Input: Array of individuals I to be
updated
Output: The position vectors (binary
vectors) of each individual in I will
be changed.
1: call function to alter the positions
of each individual
2: for all i \in I do
3:
    perform ZOR, ZOA, ZOO sets
calculations
    if individual detected in ZOR then
4:
5:
        perform repulsion (R)
6:
    else if individual detected in ZOO
then
        perform orientation (0)
7:
8:
    else if individual detected in ZOA
then
9:
        perform attraction (A)
10: end if
11: end for
```

Where ZOR is the Repulsion Zone: an individual cannot occupy the position of another, that is, it cannot be represented by the same binary vector. In this case it assumes another position at random (every single bit of the chromosome is changed with probability repulsionRate). ZOA is the Zone of Attraction: an individual tends to approach individuals characterized by greater fitness (with probability attractionRate each single bit of the chromosome can assume the same value as the bit at the same position of the best performing individual in the ZOA set). ZOO is the Orientation Zone: an individual tends to get closer, among the individuals close to him, to the best performing one (with probability orientationRate, every single bit of the chromosome can assume the same value as the bit at the same position of the best performing neighbor). For each individual, to define ZOR, ZOA, ZOO sets of other chromosomes, we introduced the ZORrange, ZOArange and ZOOrange parameters which represent the maximum number of different bits between the considered chromosome and the individual belonging to the chromosome ZOR, ZOA and ZOO respectively.

#### **3 TEST SET CODING CRITERIA**

Pima Indian Diabetes Database (Pima Indians Diabetes Database, 2021) (Rossi and Ahmed, 2021) is a data set with 768 observations (i.e. 768 records) and 9 variables. The target population consisted of women who were at least 21 years old, of Pima Indian heritage.

For testing purposes, we decided to code the training set of our models, consisting of 60% of the available data with the same distribution of variable values, in a binary format, according to the criteria explained in table 1.

Variable	Coding Criteria	
pn	pn <= 5 code: 100; 6<= pn <= 10 code:	
	010; $pn \ge 11$ code: 001	
pgc	pgc <= 103 code: 100; 104<= pgc <= 150	
	code: 010; pgc >= 151 code: 001	
dbp	dbp <= 52 code: 100; 53 <= dbp <= 80	
	code: 010; dbp >= 81 code: 001	
tsft	tsft <= 25 code: 100; 26 <= tsft <= 43 code:	
	010; tsft $\ge$ 44 code: 001	
si	si <= 291 code: 100; 292 <= si <= 568	
	code: 010; si >= 569 code: 001	
bmi	bmi <= 34 code: 100; 35 <= bmi <= 50	
	code: 010; bmi >= 51 code: 001	
dpf	dpf <= 776 code: 100; 777 <= dpf <= 1552	
_	code: 010; dpf >= 1553 code: 001	
age	age <= 41 code: 100; 42 <= age <= 61	
	code: 010; age >= 62 code: 001	
outcome	risk of diabetes code: 1; no risk of diabetes	
	code: 0	

Table 1: Test set coding criteria.

In this way, the bit position is related to the discretized value of the considered variable (that is the discretized variable class), i.e. 100 stands for low values of the considered variable, 010 stands for medium values and 001 stands for high values. The three intervals chosen for the discretization of each variable where chosen subdividing the global variation interval of the variable in three equal parts. These bit sequences have been assembled to create the encodings of the considered cases, which consisted of 3\*8+1=25 bits.

# **4 UTM MODELS TRAINING**

Each possible UTM configuration, that corresponds to a given chromosome, was also codified in a binary form in the following way. The first 24 bits represent all the choosable variables classes for the first input of the NAND gates of the UTM model (first input variable classes). For example a sequence starting with "011 100 ..." means that 6<= pn <= 10, pn >= 11, pgc <= 103 are chosen as possible input conditions for input 1 of NAND gates. The following 24 bits represent all the choosable variables classes for the second input of the NAND gates of the UTM model (second input variable classes). The remaining 54 bits were used to codify the architecture of the 18 available NAND gates. Each NAND gate was codified with three bits. If the value of the first bit is 1 the first input of the considered NAND gate is a first input variable class, otherwise the first input is connected with the output of the following NAND gate. If the value of the second bit is 1 the second input of the considered NAND gate is a second input variable class, otherwise the first input is connected with the output of another NAND gate. If the value of the third bit is 1, this means that the inputs of the considered NAND gates are short circuited and just the first input has to be considered. In this way each chromosome, representing a possible NAND network configuration, is represented by 24+24+54=102 bits.

In order to represent a combinational NAND network, when a chromosome is tested to evaluate its fitness all the first input variable classes, all the second input variable classes and all the 18 available NAND gates are selected sequentially just one time. The first NAND gate (NAND#1) of the 54 bits sequence is the output gate of the network. If the first bit of its code is 1, the input 1 of NAND#1 is the first choosable first input class variable. If the first bit of its code is 0, the input 1 of NAND#1 is the output of NAND#2, whose code is represented by the following three bits of the 54 bits sequence. If the second bit of NAND#1 code is 1, the input 2 of NAND#1 is the first choosable second input class variable. If the second bit of NAND#1 is 1, the input 2 of NAND#1 is the output of NAND#3, whose code is represented by the third triplet of bits within the 54 bits sequence.

In evolutionary algorithms (including the hybrid one of EBBM) it is important to adequately choose the fitness function associated with each chromosome. The codified configuration of network represented by the chromosome was tested with the training dataset, extracted following the criteria explained in section 2. The fitness score of the chromosome is the count of all the cases where the output of the corresponding combinational NAND network equals to the real output of the case (that is the value of the 9<sup>th</sup> variable of the test set).

A population of 50 chromosomes, represented by randomly chosen sequences of 102 bits, was evolved for 100000 generations.

The chosen values for GA parameters were the following: tournamentSize = 5, crossoverRate = 0.5, mutationRate = 0.015.

The chosen values for EBBM parameters were the following: repulsionRate = 0.5, attractionRate = 0.1, orientationRate = 0.5, ZOArange = 100, ZOOrange = 5, ZORrange = 0.5

### **5 UTM MODELS TRAINING**

Both GA-based and EBBM-based UTM models were tested with the remaining 40% of the Pima Indians Diabetes Database.

The performances of GA-based UTM and EBBM-based UTM were compared with the performances of other algorithms that were tested on the same database (Pima Indians Diabetes on Rishabh Nimje Github section, 2021). The test results are shown in table 2.

Model	Prediction accuracy
EBBM-based UTM	76.04%
GA-based UTM	75.91%
Support Vector Classifier	74.68%
Logistic Regression	73.38%
XG Boost	72.73%
Random Forest	71.43%
Naïve Bayes	71.43%
K Nearest Neighbor	70.78%
Decision Tree	70.13%
Stochastic Gradient	51.3%
Descent	

Table 2: Prediction accuracy of different tested models.

Both GA-based and EBBM-based UTM models performed better than the other ones, but the best results in terms of prediction accuracy were reached by the EBBM-based UTM model.

Following the principles suggested by (Minati and Licata, 2012), we demonstrated that the collective behavior of individuals defined by our EBBM model develops emerging phenomena over time (for example the units tend to orient themselves with neighboring ones rather than repel each other or approach the safest positions).

We considered as mesoscopic state variables the attraction state (A), the orientation state (O); and the repulsion state (R) of the individuals. These mesoscopic state variables take as values the number of individuals who assume the related state over time. The mesoscopic state O demonstrate a certain degree of *ergodicity* (0.98), which was computed according to the following formula:

$$E_{\Phi} = 1 / [1 + (X_{\Phi}\% - Y_{\Phi}\%)^{2}]$$
(1)

Where  $Y_{\phi}\%$  is the average percentage of time spent by a single individual in state O and  $X_{\phi}\%$  is the average percentage of individuals lying in the same state.

We further trained and tested the EBBM-based UTM model by the use of a filtered dataset where records with missing data, i.e. not executed observations corresponding to a value equals to 0, were not taken into consideration. The number of records dropped from 768 to 392.

Using a subset of 60% filtered samples for training and the remaining 40% filtered samples for testing we reached an accuracy of 80,1%. We obtained 78 true positives, 26 false positives, 236 true negatives and 52 false negatives corresponding to a sensitivity equal to 60,00%, a specificity equal to 90,08% and a prevalence equal to 33,16%.

The resulting most performing network configuration is represented in figure 1. The chromosome is splitted in three parts representing the first input variable classes, the second input variable classes and the 18 NAND gates represented by 18 triplets. All the picked up first input variable classes, second input variable classes and NAND gates are underlined. The first triplet of the 18 NAND gates represents the output gate which is NAND#1. The second triplet of the 18 NAND gates represents the NAND#2, whose output is chosen as the first input of NAND#1. The third triplet of the 18 NAND gates represents the NAND#3, whose output is chosen as the second input of NAND#1. The first input 1 variable class picked up by NAND#2 is the class variable in the third position that is pn>=11.

The first input 2 variable class picked up by NAND#2 is the class variable in the eighth position i.e.  $53 \le dbp \le 80$ .



Figure 1: The best UTM combinational network corresponding to the fittest chromosome.

This combinational network of NAND gates corresponds to the following boolean rule:

### 6 CONCLUSIONS

Nature has developed intelligent techniques to find a solution to various types of problems, such as the adaptation of species to environmental variations or coordination between individuals operating within populations. The study of these phenomena has made it possible to develop intelligent systems characterized by a high level of resilience (that is, they still perform their function even in the presence of local malfunctions) and adaptability to possible changes in the environment in which they operate.

Genetic algorithms (Mitchell, 1996) (and evolutionary computation in general) draw inspiration from the theory of natural evolution according to which individuals able to adapt better to their environment (with greater fitness) live longer and produce more offspring. Their genetic heritage is recombined (crossover) and passed on to offspring with small random variations (mutation). In this way the positive characteristics of the individuals are combined, but also limited elements of novelty are introduced into the genetic heritage.

Swarm intelligence algorithms emulate the behavior of individuals operating within a population. Each individual belonging to any genus and species present in nature seems to behave following a series of elementary rules that lead to an organized population behavior aimed at achieving objectives (for example, identifying the most favorable conditions for survival) (Bouffanais, 2016). The interesting aspect of these biological systems is that these behaviors arise (emerge) autonomously, without the presence of a coordinator/ supervisor. The study of these behavioral models leads to the development of algorithms that belong to the class called "swarm intelligence".

These considerations lead us to develop an "hybrid" algorithm with characteristics that can be associated with both evolutionary algorithms and swarm intelligence algorithms. The EBBM algorithm allowed us to train a combinational UTM network which reached the highest performances in predicting the outcomes of Pima Indians Diabetes Database with respect to other prediction models.

This model can be used, within the healthcare sector, not only to develop expert systems for diagnostic support, but also to define useful guidelines for the preventive medicine. This model opens also new perspectives in the field of personalized medicine (Lella et al., 2019), given its capability to reach the highest prediction accuracies and to explain the used criteria to human experts.

We are also going to implement, by the use of the same EBBM algorithm for the optimization of the architectural configuration, a sequential network of NAND gates in order to explore the full potentials of Turing's unorganized A-type machine model.

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