# Developing a Machine Learning Workflow to Explain Black-box Models for Alzheimer's Disease Classification 

Louise Bloch ${ }^{1,2()^{\text {a }}}$ and Christoph M. Friedrich ${ }^{1,2} \mathbb{D}^{\text {b }}$<br>${ }^{1}$ Department of Computer Science, University of Applied Sciences and Arts Dortmund, Emil-Figge-Str. 42, 44227 Dortmund, Germany<br>${ }^{2}$ Institute for Medical Informatics, Biometry and Epidemiology (IMIBE), University Hospital Essen, Essen, Germany

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#### Abstract

Many research articles used difficult-to-interpret black-box Machine Learning (ML) models to classify Alzheimer's disease (AD) without examining their biological relevance. In this article, an ML workflow was developed to interpret black-box models based on Shapley values. This workflow enabled the model-agnostic visualization of complex relationships between model features and predictions and also the explanation of individual predictions, which is important in clinical practice. To demonstrate this workflow, eXtreme Gradient Boosting (XGBoost) and Random Forest (RF) classifiers were trained for AD classification. All models were trained on the Alzheimer's Disease Neuroimaging Initiative (ADNI) or Australian Imaging and Lifestyle flagship study of Ageing (AIBL) dataset and were validated for independent test datasets of both cohorts. The results showed improved performances for black-box models in comparison to simple Classification and Regression Trees (CARTs). For the classification of Mild Cognitive Impairment (MCI) conversion and the ADNI training dataset, the best model achieved a classification accuracy of $71.03 \%$ for the ADNI test dataset and $67.65 \%$ for the entire AIBL dataset. This RF used a logical long-term memory test, the count of Apolipoprotein $\mathrm{E} \varepsilon 4$ (ApoEz4) alleles and the volume of the left hippocampus as the most important features.


## 1 INTRODUCTION

Alzheimer's Disease (AD) is a neurodegenerative disease (Alzheimer's Association, 2020), the most frequent cause of dementia and a globally growing health problem (Patterson, 2018). Small brain changes begin decades before clinical symptoms were noted (Lloret et al., 2019). The early identification of patients at risk is important to recruit and monitor subjects for therapy studies as there currently is no causal therapy (Alzheimer's Association, 2020). Many approaches investigated the early AD diagnosis using Machine Learning (ML). Some approaches used interpretable models like Decision Trees (DTs) or logistic regression to investigate general associations ( Li et al., 2020; Mofrad et al., 2018). However, blackbox models like eXtreme Gradient Boosting (XGBoost) (Chen and Guestrin, 2016), Random Forests (RF) (Breiman, 2001) or Convolutional Neural Networks (CNNs) (LeCun et al., 2015) often achieved

[^0]improved performances (Bloch and Friedrich, 2019; Grassi et al., 2019) but were challenging to interpret. Moreover, most AD ML models lacked for external validation (Samper-González et al., 2018).

Interpretable ML was developed to explain blackbox models. This is relevant in AD as it was not completely understood yet. Additionally, interpretable ML enables the inspection of the biological relevance of black-box ML models. There have been some articles using interpretable ML in AD diagnosis. For example, (Pelka et al., 2020) trained Long ShortTerm Memory (LSTM) (Hochreiter and Schmidhuber, 1997) based Recurrent Neural Networks (RNN) (Rumelhart et al., 1986) to classify Cognitive Normal (CN) vs. Mild Cognitive Impaired (MCI) subjects. The paper compared different techniques to fuse sociodemographic and genetic data with Magnetic Resonance Imaging (MRI). The models were evaluated for an AD subset (Dlugaj et al., 2010) of the Heinz Nixdorf Risk Factors Evaluation of Coronary Calcification and Lifestyle (RECALL) (HNR) (Schmermund et al., 2002) ( 61 MCI and 59 CN ) and the

Alzheimer's Disease Neuroimaging Initiative (ADNI) (Petersen et al., 2010) study ( 397 MCI and 227 CN ). Gradient-weighted Class Activation Mapping (GradCAM) (Selvaraju et al., 2017) was used to visually explain individual model decisions. Initial observations showed a focus on biologically plausible regions.
(Das et al., 2019) presented a new interpretable model, based on distinct weighted rules. The model was evaluated for 151 subjects of the ADNI cohort ( 97 AD and 54 CN ). The framework was trained in two stages, the first stage used plasma features to train the interpretable model. Subjects with an unclear prediction were propagated to the second stage, where a Support Vector Machine (SVM) (Cortes and Vapnik, 1995) was trained using invasive Cerebrospinal Fluid (CSF) markers. The evaluation included both, CrossValidation (CV) and an independent test dataset. For the test dataset an Area Under the Receiver Operating characteristics Curve (AUC) of 0.81 was reached.
(Hammond et al., 2020) used RF feature importance to examine the predictive influence of $\beta$ amyloid plaques, tau tangles and neurodegeneration during the disease progress. The experiments were performed for 405 ADNI subjects ( $148 \mathrm{CN}, 147$ MCI and 110 AD ). $\beta$-amyloid Positron Emission Tomography (PET) was used to detect $\beta$-amyloid plaques, invasive CSF features surrogated tau-tangles and MRI and Fluorodeoxyglucose (FDG) PET scans were used to determine neurodegeneration. Models trained to classify the early AD stages preferred features representing tau tangles and $\beta$-amyloid-plaques, whereas models for later stage classification favoured surrogates for neurodegeneration. The observations were reproduced using SHapley Additive exPlanations (SHAP) (Lundberg and Lee, 2017) and Gradient Tree Boosting (GTB) (Friedman, 2001). The RF classifier and the entire feature set reached accuracies of $73.17 \%, 71.01 \%$, and $90.34 \%$ for the CN vs. MCI, MCI vs. AD , and CN vs. AD classifications.
(Rieke et al., 2018) compared the four heatmap visualisation methods sensitivity analysis (Simonyan et al., 2014), guided backpropagation (Springenberg et al., 2015), occlusion (Zeiler and Fergus, 2014) and brain area occlusion inspired by (Yang et al., 2018) for 3D-CNNs. The CNN model was trained using 969 MRI scans of 344 ADNI subjects ( 151 CN and 193 AD ). It is important to ensure independent training and test datasets if multiple scans per subject were used (Wen et al., 2020) which was unclear for this article. Thus, the CV accuracy of $77 \% \pm 6 \%$, was questionable. The heatmaps of all the methods were focused on AD-related anatomical brain areas.
(Wang et al., 2019) introduced an interpretable deep learning model, consisting of a Generative Ad-
versarial Network (GAN) (Goodfellow et al., 2014) to extend the training dataset, a regression network to generate feature vectors from adjacent visits and a classification model. The regression model iteratively estimated the feature vector at a prospective visit and the classification model does the final prediction. Longitudinal volumetric MRI features were used to classify 101 progressive MCI (pMCI) vs. 115 stable MCI (sMCI) ADNI subjects. The model outperformed SVMs and artificial neural networks.

In this article, an ML workflow was developed, to interpret black-box models based on model-agnostic Shapley values. In comparison to classical feature importance methods, the advantage was to obtain an individual explanation for each subject and to observe complex relationships between the features and the prediction. The workflow was evaluated by training XGBoost and RF models to inspect different AD stages but was not limited to those models. Two different cohorts were used for model training, the ADNI and the Australian Imaging and Lifestyle flagship study of Ageing (AIBL) (Ellis et al., 2009). Each model was trained on one cohort and evaluated for the independent test datasets of both cohorts. The training has been performed for two different non-invasive feature sets. Section 2 describes the datasets and interpretation methods. The ML workflow is delineated in Section 3. The experimental results are explained in Section 4. Section 5 finally discusses the results and gives an outlook about future work.

## 2 MATERIALS AND METHODS

### 2.1 Dataset

Data used in the preparation of this article were obtained from the ADNI (Petersen et al., 2010) and the AIBL (Ellis et al., 2009) cohorts. The datasets included 1700 ADNI and 612 AIBL subjects. The ADNI dataset consisted of $512 \mathrm{CN}, 853 \mathrm{MCI}$ and 335 AD subjects. The MCI subjects were split into two subsets. 401 Baseline (BL) MCI subjects had no diagnostic changes in all visits and were classified as sMCI subjects. 319 BL MCI subjects converted to AD at subsequent visits and were classified as pMCI. BL MCI subjects, who reverted to CN for at least one visit, pMCI subjects who reverted to MCI and subjects with no follow-up diagnosis assigned to none of these two classes. ADNI subjects from the study phases ADNI-1 (809 subjects), ADNIGO (127 subjects) and ADNI-2 (764 subjects) were included. The time between the BL and the final diagnosis for sMCI and pMCI subjects ranged between 4.7 and

Table 1: ADNI demographics at BL. The mean and standard deviation are given for all continuous variables.

|  | n | Age (in years) | Gender/ females (in \%) | MMSE | CDR | ApoEع4 (0/1/2) (in \%) |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| CN | 512 | $74.2 \pm 5.8$ | 51.8 | $29.1 \pm 1.1$ | $0.0 \pm 0.0$ | $(71.3 /$ | $26.2 /$ | $2.3)$ |
| MCI | 853 | $73.1 \pm 7.6$ | 40.8 | $27.6 \pm 1.8$ | $0.5 \pm 0.0$ | $(49.4 /$ | $39.5 /$ | $10.8)$ |
| sMCI | 401 | $73.2 \pm 7.5$ | 40.4 | $27.8 \pm 1.8$ | $0.5 \pm 0.0$ | $(56.9 /$ | $33.9 /$ | $9.2)$ |
| pMCI | 319 | $74.0 \pm 7.1$ | 40.1 | $27.0 \pm 1.7$ | $0.5 \pm 0.0$ | $(34.2 /$ | $49.5 /$ | $16.3)$ |
| AD | 335 | $75.0 \pm 7.8$ | 44.8 | $23.2 \pm 2.1$ | $0.8 \pm 0.3$ | $(33.1 /$ | $47.2 /$ | $19.1)$ |
| $\Sigma$ | 1700 | $73.8 \pm 7.2$ | 44.9 | $27.2 \pm 2.7$ | $0.4 \pm 0.3$ | $(52.8 /$ | $37.0 /$ | $9.9)$ |

156.2 months. The same inclusion criteria were applied to the AIBL cohort. This resulted in 447 CN , $94 \mathrm{MCI}, 16 \mathrm{sMCI}, 18 \mathrm{pMCI}$ and 71 AD subjects and the time between the BL and the final diagnosis for sMCI and pMCI subjects ranged between 16.9 and 55.1 months. The demographic data of the ADNI and AIBL datasets are summarized in Tables 1 and 2.

For each subject, the BL 1.5 T or 3 T T1-weighted Magnetization-Prepared Rapid Gradient-Echo (MPRAGE) MRI scan was selected. In this study, fully preprocessed ADNI scans (Jack et al., 2015) were used. There are no preprocessed AIBL MRI scans available, thus unprocessed scans were used. Volumetric features were extracted from the MRI scans using FreeSurfer v6.0 (Fischl, 2012). Volumetric features of 34 cortical areas per hemisphere of the Desikan-Killiany atlas (Desikan et al., 2006), 34 subcortical areas (Fischl et al., 2002) and the estimated Total Intracranial Volume (eTIV) were extracted. The volumetric features were normalized by eTIV as recommended for volumes in (Westman et al., 2012).

The experiments were performed using two feature sets. Feature Set 1 (FS1) included 103 MRI features, age, gender and count of Apolipoprotein E $\varepsilon 4$ (ApoEq4) alleles ( 106 features). Gender and ApoEq4 were coded as two and three binary dummy variables. APOE4.X $(X \in\{0,1,2\})$ indicated if a subject had $X$ ApoEe4 alleles. PTGENDER.MALE specifies if the subject was male and PTGENDER.FEMALE if it was female. All dummy variables had a value of one, if the expression is true, and zero otherwise. In Feature Set 2 (FS2) Mini-Mental State Examination (MMSE), Clinical Dementia Rating (CDR), and logical tests to evaluate the long-term (Logical memory, delayed (LDELTOTAL)) and the short-term memory (Logical memory, immediate (LIMMTOTAL)) were added to FS1 (110 features). The CDR score was excluded for sMCI vs. pMCI classification due to small variance.

### 2.2 Interpretable ML

An overview of different methods to interpret ML models can be found in (Molnar, 2019). Some models like DTs and logistic regression models are interpretable by design. However, the interpretation
of black-box models, which often achieve better results, is more complicated. This article used modelagnostic Shapley values. In contrast to the modelspecific approaches, it is suitable to explain any type of ML model, and enabled comparability. Additionally, Shapley values are local models, which explain individual observations and thus achieve a high clinical benefit and good performances.

### 2.2.1 Shapley Values

Shapley values (Shapley, 1953) are affiliated to coalition game theory. The aim is to determine the effect of a single feature of an observation on the overall prediction. Shapley values explain the differences between the average model prediction and the prediction of an observation by different features. Thus, Shapley values are based on the additive linear explanation model shown in equation 1. The model prediction $f(x)$ of an observation $x$ is explained by the feature effects $\Phi_{j}$ and the average model prediction $\Phi_{0} . x^{\prime}$ is a simplified representation of the observation $x$. For tabular data, this is a binned binary feature representation. $N$ is the number of simplified features.

$$
\begin{equation*}
f(x)=\Phi_{0}+\sum_{j=1}^{N} \Phi_{j} x_{j}^{\prime} \tag{1}
\end{equation*}
$$

Shapley values explain the overall prediction of an observation by fairly distributed feature effects. Therefore, they are defined as the average contribution of a feature expression for the prediction in all subsets, described in equation 2. To calculate the Shapley value $\Phi_{i}$ of a feature $i$ and an observation, it was required to determine all subsets $S$ of the entire feature set $F$. It was necessary to retrain and evaluate the black-box model $f_{S}(S)$ for each subset $S$. The differences in model performance trained with $\left(f_{S \cup i}(S \cup i)\right)$ and without $\left(f_{S}(S)\right.$ ) the feature at interest $i$ were calculated. The Shapley value is the weighted average difference of all subsets. The weights depend on the total number of model features $|F|$ and the number of feature expressions $|S|$ in the subset $S$. High weights were assigned to both, subsets with few and with many features, to support the estimation of the main individual effects and the total effects.

Table 2: AIBL demographics at BL. The mean and standard deviation are given for all continuous variables.

|  | n | Age (in years) | Gender/ females (in \%) | MMSE | CDR | ApoEq4 (0/1/2) (in \%) |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| CN | 447 | $72.5 \pm 6.2$ | 57.0 | $28.7 \pm 1.2$ | $0.0 \pm 0.1$ | $(70.7 /$ | $26.4 /$ |
| MCI | 94 | $75.3 \pm 7.0$ | 46.8 | $27.1 \pm 2.2$ | $0.5 \pm 0.1$ | $(51.1 /$ | $37.2 /$ |
| sMCI | 16 | $76.4 \pm 7.7$ | 50.0 | $27.6 \pm 2.4$ | $0.5 \pm 0.0$ | $(56.2 /$ | $37.5 /$ |
| pMCI | 18 | $78.0 \pm 7.1$ | 50.0 | $26.8 \pm 2.0$ | $0.5 \pm 0.0$ | $(16.7 /$ | $66.7 /$ |
| AD | $16.7)$ |  |  |  |  |  |  |
| AD | 71 | $73.3 \pm 7.9$ | 59.2 | $20.5 \pm 5.7$ | $0.9 \pm 0.6$ | $(32.4 /$ | $49.3 /$ |
| $\Sigma$ | 612 | $73.0 \pm 6.6$ | 55.7 | $27.5 \pm 3.5$ | $0.2 \pm 0.4$ | $(63.2 /$ | $30.7 /$ |
|  |  |  |  |  |  |  | $6)$ |

$$
\begin{equation*}
\Phi_{i}=\sum_{S \subseteq F \backslash\{i\}} \frac{|S|!(|F|-|S|-1)!}{|F|!}\left(f_{S \cup\{i\}}(S \cup i)-f_{S}(S)\right) \tag{2}
\end{equation*}
$$

The computational effort for the exact calculation of Shapley values increases exponentially with the number of features. In this paper, Shapley sampling values (Štrumbelj and Kononenko, 2013) which are based on Monte-Carlo sampling estimated the Shapley values to avoid time-consuming repeated training and evaluation. The estimation of a Shapley value $\widehat{\Phi}_{i}(x)$ for a feature $i$ and an observation $x$ is demonstrated in equation 3. $M$ is the number of Monte-Carlo simulations and $x_{ \pm i}^{m}$ is the observation $x$ with some feature expressions replaced by random values. In each simulation, $x_{+i}^{m}$ and $x_{-i}^{m}$ are identical, except that the feature $i$ was randomly replaced in $x_{-i}^{m}$ and not in $x_{+i}^{m} . f$ is the black-box model. Each Shapley sampling value is the mean of the differences of $M$ samples.

$$
\begin{equation*}
\widehat{\Phi}_{i}(x)=\frac{1}{M} \sum_{m=1}^{M}\left(f\left(x_{+i}^{m}\right)-f\left(\overline{x_{-i}^{m}}\right)\right) \tag{3}
\end{equation*}
$$

## 3 ML WORKFLOW

The ML workflow, shown in Figure 1 and implemented using the programming language $R$ version 3.5.3 (R Core Team, 2019), allows the interpretation of black-box models trained to classify early AD.

Subject and feature selection and image processing are described in Section 2.1. Feature fusion was performed by a concatenation. The dataset was distinctly split into an $80 \%$ training and a $20 \%$ test dataset. This split was performed within the diagnosis groups. Model training, hyperparameter tuning and model interpretation was carried out for the training dataset and the performance evaluation was executed for the independent test datasets of both cohorts.

### 3.1 Hyperparameter Tuning

Bayesian optimization (Močkus, 1975) was implemented using the R package rBayesianOptimization
version 1.1.0 (Yan, 2016) to tune the model hyperparameters. The idea is, to model the dependency of the hyperparameters and the model performance by a Gaussian Process (GP). Ten nearly random initial parameters were defined by a Latin hypercube design (LHD) (McKay et al., 1979), which was implemented using the R package SPOT version 2.0.3 (Bartz-Beielstein et al., 2005). The range of each parameter was split into ten intervals to randomly choose one sample per interval. The resulting ten samples per parameter were randomly matched across the parameters.

The ML model was evaluated for these combinations using $10 \times 10$-fold CV (Refaeilzadeh et al., 2009) to estimate the model performance for the test dataset using the hyperparameters. $10 \times 10$-fold CV was implemented by splitting the training dataset into ten distinct folds using the R package caret version 6.0-82 (Kuhn, 2019). The splits were executed separately for each diagnosis. Ten iterations were performed, each with a different fold used as validation dataset ( $10 \%$ ). The training dataset included the remaining nine folds ( $90 \%$ ). This procedure was repeated for ten times, with shuffled data in each run.

The GP was fitted to predict the average CV accuracy for the initial parameter combinations. Afterwards, the model was optimized to choose the next parameter combination. Here, the Upper Confidence Bounds (UCB) acquisition function (equation 4) was used. $\hat{\mu}_{\Theta}$ is the performance estimation of the GP and $\hat{\Sigma}_{\Theta}$ is the covariance at parameter combination $\Theta$. $\kappa$ weights the influence of exploitation and exploration during the optimization. A high $\kappa$-value preferred exploration and small values favour exploitation. All experiments used the default value of 2.576 .

$$
\begin{equation*}
\operatorname{UCB}(\Theta)=\hat{\mu}_{\Theta}+\kappa \cdot \hat{\Sigma}_{\Theta} \tag{4}
\end{equation*}
$$

Iteratively, the new hyperparameter combination was evaluated using CV and the results were added to refine the GP and to determine a new combination. This procedure was repeated 25 times. The best combination was chosen to train the final model.


Figure 1: ML workflow.

Table 3: XGBoost hyperparameters and intervals.

| Name | Minimum | Maximum |
| :--- | ---: | ---: |
| nrounds | 1 | 500 |
| eta | 0 | 1 |
| gamma | 0 | 20 |
| max_depth | 1 | 20 |
| min_child_weights | 1 | 30 |
| subsample | 0 | 1 |
| colsample_bytree | 0 | 1 |

### 3.2 Model Training

The preprocessing included centering, scaling, median imputation and Synthetic Minority Oversampling Technique (SMOTE) (Chawla et al., 2002) to compensate class imbalances. It was implemented using the R package caret version 6.0-82 (Kuhn, 2019). Afterwards, the ML models were trained.

XGBoost (Chen and Guestrin, 2016) is an implementation of gradient boosting (Friedman, 2001), distributed as an open-source software library. The idea of boosting algorithms is, to iteratively combine multiple weak classifiers to get a strong joint classifier. Gradient boosting meets this assumption by learning the gradients of the previous classifier. The sum of the weak classifier results is the final prediction. The main advantages of XGBoost are scalability, parallelization and distributed execution. The XGBoost hyperparameters are summarized in Table 3. nrounds sets the number of boosting iterations and eta was the learning rate, which controls the preference of classifiers at early iterations. The minimum loss reduction required to split a node is defined by gamma, max_depth sets the maximum tree depth and min_child_weights was the minimum number of observations in a child node. subsample and colsample_bytree set the proportion of randomly subsampled training instances and features per iteration. An XGBoost tree classifier was implemented using the R package xgboost version 0.82.1 (Chen et al., 2019).

RF (Breiman, 2001) is an ensemble black-box

Table 4: RF hyperparameters and optimization intervals.

| Name | Minimum | Maximum |
| :--- | ---: | ---: |
| mtry | 2 | \# features |
| ntree | 250 | 1250 |
| nodesize | 1 | 30 |
| maxnodes | 50 | 100 |

model based on multiple DTs and was implemented using the R package randomForest version 4.6-14 (Liaw and Wiener, 2002). Each DT was trained using randomly chosen features and bootstrap sampling (Efron and Tibshirani, 1986) of the training dataset. The results of the DTs were finally summarized using a majority voting. The hyperparameter ntree sets the number of DTs. Each split considered a random subset of mtry features. The minimum size of leaf nodes was defined by nodesize and maxnodes determines the maximum number of leaf nodes per DT. Table 4 summarizes the RF hyperparameters.

Classification and Regression Trees (CARTs) (Breiman et al., 1984) were chosen as interpretable models and implemented using the R package rpart version 4.1-13 (Therneau and Atkinson, 2018). During the training of CARTs, successively decision rules of the form $x \leq t$ for numerical or $x \in t$ for categorical features were learned with $t$ as a threshold or a subset. Each possible split was ranked by the Gini-coefficient (equation 5) to find the best rule. In this equation, $c$ is the total number of classes and $p(i)$, is the proportion of observations of class $i$ in a node.

$$
\begin{equation*}
f(p)=\sum_{i=1}^{c} p(i) \cdot(1-p(i)) \tag{5}
\end{equation*}
$$

This method was iteratively repeated as long as no split with a minimum improvement of the complexity parameter $c p$ can be performed. This hyperparameter was tuned in a range between 0 and 1 .

### 3.3 Interpretation Model

Shapley sampling values were implemented using the R package fastshap version 0.0.5 (Greenwell, 2020) to explain the black-box models. All experiments performed 5000 Monte-Carlo simulations to estimate the Shapley values. The SHAP force plot in Figure 3 explains the model prediction of an individual observation. The plot shows, that the individual prediction consists of the sum of all feature Shapley values and the average model prediction. Feature expressions with high positive Shapley values had a strong positive effect on the prediction and small negative Shapley values represent small negative effects.

SHAP summary plots (Lundberg et al., 2018) explain the model results for the entire training dataset. Each point shows a Shapley value for a subject and a feature and is colored depending on the feature value. The vertical axis represented the features, ordered by the mean absolute Shapley values, and their distribution. The plots were limited to the top ten features.

## 4 RESULTS

The results of the experiments with FS1 and FS2 are summarized in Tables 5 and 6 . For both feature sets, the best results were achieved for CN vs. AD classification. For example, a perfect CV accuracy was achieved by training an RF with FS2 of the ADNI dataset. The CART, trained with FS2 of the ADNI dataset, reached a perfect classification for the ADNI test dataset. The best accuracy for the AIBL test dataset was $99.05 \%$ and was achieved by training an XGBoost model with FS2 of the AIBL dataset.

Only 16 sMCI and 18 pMCI AIBL subjects were selected, thus, AIBL was only used for external validation in this case. For FS1 and FS2 the RF achieved the best results to classify MCI conversion. The FS2 model yielded an accuracy of $71.03 \%$ for the independent ADNI and $67.65 \%$ for the AIBL test dataset. For FS1, accuracies of $68.28 \%$ for the ADNI and 79.41 \% for the AIBL test datasets were reached.

### 4.1 Feature Set 1 vs. Feature Set 2

In general, the performances reached with FS2 (Table 6) outperformed the results achieved with FS1 (Table 5). Adding cognitive test results to FS1 improved the distinction of the BL diagnoses. Minor improvements were noted for the MCI conversion prediction. For example, the RF trained with FS2 for MCI conversion prediction outperformed the model trained with FS1 by $2.75 \%$ for the ADNI test dataset


Figure 2: SHAP summary plot of the RF trained with ADNI and FS2 for sMCI (0) vs. pMCI (1). APOE4.X (X $\in\{0,1,2\}$ ) indicates if a subject had X ApoE $\varepsilon 4$ alleles. A value of 1 (purple) indicates a true expression, and 0 (yellow) a false.
but for the AIBL dataset the FS1 model performed $11.76 \%$ better.

Figure 2 shows a SHAP summary plot of the RF trained with FS2. The most important feature of this model was the LDELTOTAL cognitive test score. Small LDELTOTAL scores, exhibited high Shapley values, thus the model identified subjects with small LDELTOTAL scores as pMCI subjects. It was detected, that subjects with no ApoEe4 alleles (APOE4.0 $=1$ ) were more likely classified as sMCI as subjects with one or two alleles (APOE4.0 = 0). Consistently, the presence of a single ApoE $\varepsilon 4$ allele (APOE4.1 $=1$ ) was associated with pMCI subjects. The two most important MRI features of this model were the volumes of the left hippocampus and the left amygdala. For both features, high values predominantly have Shapley values smaller zero and were thus associated with sMCI subjects. The other MRI features consistently show biologically plausible associations, corresponding to AD neurodegeneration (DeTure and Dickson, 2019).

Figure 3 shows a SHAP force plot of this model to explain the individual prediction of an ADNI pMCI subject. SHAP force plots are helpful to present individual contributions for clinical observations. The Shapley values are visualized as arrows to explain the differences between the average model prediction (0.395) and the prediction of the individual observation ( 0.61 ). Here, the individual prediction was the probability of the subject of being classified as pMCI . The length of an arrow indicated the Shapley value. Feature expressions with high Shapley values like the LDELTOTAL score were visualized with long arrows. Pathogenic feature expressions were colored in red. For example, a small normalized feature expression of 0.09 was measured for LDELTOTAL. This expression had the highest positive Shapley value of 0.034 to explain the overall prediction. Protective feature

Table 5: Classification results and hyperparameters for FS1. Comparison of CART, RF and XGBoost models trained on ADNI and AIBL datasets. The best results in each section are highlighted in bold. Hyperparameters: CART: (cp), RF: (mtry, ntree, nodesize, maxnodes), XGBoost: (max_depth, nrounds, eta, gamma, colsample_bytree, min_child_weight, subsample).

| Model Trai- <br> ning <br> dataset | Hyperparameters | $\begin{aligned} & \text { CV accuracy } \\ & \text { (mean } \pm \text { sd) } \\ & \text { in } \% \end{aligned}$ | Accuracy test dataset ADNI in \% | Accuracy test dataset AIBL in \% |
| :---: | :---: | :---: | :---: | :---: |
| CN vs. AD: No information rate test dataset: ADNI: 60.59, AIBL: 85.71 |  |  |  |  |
| CART ADNI | (0.013) | $82.62 \pm 4.42$ | 81.76 | 89.52 |
| RF ADNI | (27, 735, 1, 92) | $88.14 \pm 4.05$ | 90.00 | 88.57 |
| XGBoost ADNI | (2, 417, 0.120, 0.371, 0.349, 17.08, 0.746) | $\mathbf{8 8 . 8 2} \pm \mathbf{4 . 0 4}$ | 90.59 | 88.57 |
| CART AIBL | (0.803) | $86.45 \pm 1.06$ | 60.59 | 85.71 |
| RF AIBL | (1, 707, 9, 69) | $\mathbf{8 9 . 2 7} \pm 5.19$ | 83.53 | 95.24 |
| XGBoost AIBL | (1, 297, 0.246, 0.237, 0.436, 2.158, 0.732) | $87.99 \pm 4.96$ | 81.76 | 91.43 |
| MCI vs. AD: No information rate test dataset: ADNI: 71.85, AIBL: 55.88 |  |  |  |  |
| CART ADNI | (0.441) | $71.79 \pm 0.33$ | 71.85 | 55.88 |
| RF ADNI | (10, 1250, 20, 100) | $\mathbf{7 3 . 1 1} \pm \mathbf{4 . 2 8}$ | 78.15 | 58.82 |
| XGBoost ADNI | (19, 259, 0.088, 9.922, 0.696, 19.255, 0.595) | $72.42 \pm 4.12$ | 75.63 | 55.88 |
| CART AIBL | (0.207) | $58.42 \pm 13.58$ | 57.14 | 55.88 |
| RF AIBL | $(1,1250,7,89)$ | $\mathbf{7 1 . 9 3} \pm \mathbf{1 2 . 2 2}$ | 66.81 | 70.59 |
| XGBoost AIBL | (19, 259, 0.088, 9.922, 0.696, 19.255, 0.595) | $64.36 \pm 12.41$ | 68.91 | 70.59 |
| CN vs. MCI: No information rate test dataset: ADNI: 62.41, AIBL: 82.57 |  |  |  |  |
| CART ADNI | (0.028) | $65.80 \pm 4.31$ | 63.87 | 44.18 |
| RF ADNI | (23, 1250, 1, 100) | $\mathbf{6 9 . 4 9} \pm \mathbf{4 . 2 0}$ | 67.52 | 48.62 |
| XGBoost ADNI | (2, 417, 0.120, 0.371, 0.349, 17.080, 0.746) | $68.89 \pm 4.07$ | 68.98 | 40.37 |
| CART AIBL | (0.545) | $\mathbf{8 2 . 6 5} \pm \mathbf{0 . 9 6}$ | 37.59 | 82.57 |
| RF AIBL | (1, 1250, 20, 50) | $79.91 \pm 4.59$ | 55.84 | 83.49 |
| XGBoost AIBL | ( $2,500,0.109,12.111,1.000,30.000,0.157)$ | $\mathbf{8 2 . 6 5} \pm \mathbf{0 . 9 5}$ | 37.59 | 82.57 |
| sMCI vs. pMCI: No information rate test dataset: ADNI: 55.86, entire AIBL dataset: 52.94 |  |  |  |  |
| CART ADNI | (0.063) | $65.26 \pm 5.97$ | 63.45 | 70.59 |
| RF ADNI | (17, 250, 18, 50) | $\mathbf{6 7 . 9 4} \pm \mathbf{5 . 4 9}$ | 68.28 | 79.41 |
| XGBoost ADNI | $(2,417,0.120,0.371,0.349,17.080,0.746)$ | $67.18 \pm 5.10$ | 64.83 | 64.71 |
|  |  base value     <br> 0.1951 0.2951 0.3951 0.4951   | higher $\rightleftarrows$ lower model output value $0.5 \mathbf{0 . 6 1}$ | 0.6951 0.7 | 0.8951 |
| 0.09514 | \|>>>>>>>>>>>> | , |  |  |
| Left.Amygdala $=0.26$ rh | entorhinal_volume $=0.03$ th_bankssts_volume $=0.26$ LDELTO | $\mathrm{AL}=0.09$ APOE4.0 | $=1$ rn_parahippoc | pal_volume $=0.01$ |

Figure 3: SHAP force plot for an ADNI pMCI subject (PTID $=123$ _S_0050) to explain the prediction of the RF trained with ADNI and FS2 for sMCI (0) vs. pMCI (1). The arrow length indicates a Shapley value of the feature expression. Pathogenic feature expressions are shown as red and protective expressions as blue arrows. The normalized feature expressions with the highest absolute Shapley values are explained below the arrows. Mean prediction value (base value): 0.395. ApoEe4 and gender were dummy coded (e.g. APOE $4.0=1$ means, that the subject had no ApoEع4 alleles).
expressions were colored in blue. In this plot, the absence of ApoEq4 alleles (APOE4.0 = 1) had a protective influence (Shapley value of -0.020 ) on the overall prediction. The individual diagnosis of the subject at interest was based on a large number of feature expressions and the most important ones are named in the figure below the arrows.

The largest differences between the results of FS1 and FS2 were observed for the CN vs. MCI classification. All models trained on the ADNI dataset with FS2 achieved CV performances of $99.82 \% \pm 0.41 \%$
and accuracies of $98.91 \%$ for the ADNI and 92.66 \% for the AIBL test dataset. The models trained with FS1 performed worse with the best CV accuracy of $69.49 \% \pm 4.20$ \% reached by the RF. This model also achieved the best accuracy of $48.63 \%$ for the AIBL test dataset. The XGBoost model achieved a result of $68.98 \%$ for the independent ADNI test dataset.

Corresponding observations were made for the AIBL models. The best CV accuracy was $94.26 \% \pm$ 3.79 \% and yielded by the RF trained with FS2. The RF, CART and XGBoost models all achieved the

Table 6: Classification results and hyperparameters for FS2. Comparison of CART, RF and XGBoost models trained on ADNI and AIBL datasets. The best results in each section are highlighted in bold. Hyperparameters: CART: (cp), RF: (mtry, ntree, nodesize, maxnodes), XGBoost: (max_depth, nrounds, eta, gamma, colsample_bytree, min_child_weight, subsample).

| $\begin{array}{ll} \hline \text { Model } & \text { Trai- } \\ & \text { ning } \\ & \text { dataset } \end{array}$ | Hyperparameters | $\begin{aligned} & \text { CV accuracy } \\ & \text { (mean } \pm \mathrm{sd} \text { ) } \\ & \text { in } \% \end{aligned}$ | Accuracy test dataset ADNI in \% | Accuracy test dataset AIBL in \% |
| :---: | :---: | :---: | :---: | :---: |
| CN vs. AD: No information rate test dataset: ADNI: 60.59, AIBL: 85.71 |  |  |  |  |
| CART ADNI | (0.625) | $99.40 \pm 0.94$ | 100.00 | 95.24 |
| RF ADNI | (16, 808, 16, 96) | $\mathbf{1 0 0 . 0 0} \pm \mathbf{0 . 0 0}$ | 99.41 | 96.19 |
| XGBoost ADNI | (2, 417, 0.120, 0.371, 0.349, 17.080, 0.746) | $99.90 \pm 0.43$ | 99.41 | 96.19 |
| CART AIBL | (0.147) | $96.10 \pm 2.58$ | 92.35 | 96.19 |
| RF AIBL | $(44,250,1,74)$ | $\mathbf{9 7 . 0 2} \pm \mathbf{2 . 6 0}$ | 97.65 | 98.10 |
| XGBoost AIBL | ( $10,175,0.020,1.509,0.448,11.268,0.403)$ | $96.85 \pm 2.64$ | 96.47 | 99.05 |
| MCI vs. AD: No information rate test dataset: ADNI: 71.85, AIBL: 55.88 |  |  |  |  |
| CART ADNI | (0.020) | $89.79 \pm 2.62$ | 92.02 | 73.53 |
| RF ADNI | (29, 1068, 18, 52) | $\mathbf{9 0 . 5 9} \pm \mathbf{2 . 7 9}$ | 90.76 | 86.67 |
| XGBoost ADNI | $(6,227,0.229,16.431,0.591,8.248,0.367)$ | $89.73 \pm 2.94$ | 91.18 | 73.53 |
| CART AIBL | (0.084) | $86.51 \pm 9.94$ | 79.41 | 92.86 |
| RF AIBL | $(25,754,19,50)$ | $86.95 \pm 9.20$ | 92.02 | 73.53 |
| XGBoost AIBL | (7, 483, 0.324, 19.399, 0.753, 1.000, 0.955) | $85.71 \pm 8.97$ | 90.76 | 79.41 |
| CN vs. MCI: No information rate test dataset: ADNI: 62.41, AIBL: 82.66 |  |  |  |  |
| CART ADNI | (0.289) | $\mathbf{9 9 . 8 2} \pm \mathbf{0 . 4 1}$ | 98.91 | 92.66 |
| RF ADNI | (16, 808, 16, 96) | $99.82 \pm 0.41$ | 98.91 | 92.66 |
| XGBoost ADNI | (11, 279, 0.886, 18.605, 0.959, 2.285, 0.733) | $\mathbf{9 9 . 8 2} \pm \mathbf{0 . 4 1}$ | 98.91 | 92.66 |
| CART AIBL | (0.519) | $94.21 \pm 3.79$ | 98.91 | 91.74 |
| RF AIBL | ( $60,1127,1,66$ ) | $\mathbf{9 4 . 2 6} \pm \mathbf{3 . 7 9}$ | 98.18 | 91.74 |
| XGBoost AIBL | ( $16,416,0.110,9.783,0.761,1.000,1.000)$ | $94.05 \pm 3.84$ | 98.91 | 91.74 |
| sMCI vs. pMCI: No information rate test dataset: ADNI: 55.86, entire AIBL dataset: 52.94 |  |  |  |  |
| CART ADNI | (0.099) | $64.14 \pm 6.38$ | 68.28 | 58.82 |
| RF ADNI | (19, 250, 1, 64) | $\mathbf{6 9 . 5 9} \pm \mathbf{5 . 7 8}$ | 71.03 | 67.65 |
| XGBoost ADNI | (6, 500, 0.090, 3.031, 0.918, 26.771, 0.853) | $69.27 \pm 5.67$ | - 68.97 | 64.71 |



Figure 4: SHAP summary plot of the XGBoost model trained with ADNI and FS2 for CN (0) vs. MCI (1).
same results of $91.74 \%$ for the AIBL test dataset. The CART and XGBoost models achieved the best results of 98.91 \% for the ADNI test dataset. Worse results were achieved using FS1. The best results were $55.84 \%$ (no information rate: $62.41 \%$ ) and 83.49 \% (no information rate: 82.57 \%) for the ADNI and AIBL test datasets achieved by the RF. Figure 4 shows the SHAP summary plot for the model trained with FS2 of the CN vs. MCI ADNI dataset. The CDR score was the only feature included in this model. A high CDR score was associated with MCI subjects. Figure 5 shows the SHAP summary plot of


Figure 5: SHAP summary plot of the FS1 ADNI XGBoost model trained for $\mathrm{CN}(0)$ vs. MCI (1). APOE4.0 indicates if a subject had no ApoEq4 alleles. A value of 1 (purple) expresses a true expression, and 0 (yellow) a false.
the same model trained with FS1. This model used a huge number of MRI volumetric features. For example, the model learned the unexpected connection,
that younger age was associated with MCI. Overfitting might be a possible explanation. Some volumetric features, like the right inferior lateral ventricle and the left pars triangularis, corresponded with the neurodegenerative AD progress in this model. Other areas like the right lingual gyrus or the right caudal anterior cingulate gyrus showed contradictive results. Subjects with no APOE 84 alleles (APOE4.0 $=1$ ) were associated with pMCI diagnosis. The Shapley feature importance ranking only partially coincided with the model-specific XGBoost feature importance ranking.

### 4.2 Comparison ADNI and AIBL

This section examines the portability of models trained with the ADNI and AIBL datasets. Models trained on the ADNI dataset were therefore validated for the AIBL test dataset and vice versa. In Table 6, all models exceed the no information rate for the external test dataset and thus seemed to be portable. For example, the CART trained on the ADNI dataset as well as the RF trained on the AIBL dataset achieved the best results of $92.02 \%$ for MCI vs. AD classification and the ADNI test dataset. The best accuracy of $98.91 \%$ for the ADNI test dataset and CN vs. MCI classification was achieved by all three ML algorithms trained on the ADNI dataset and by the CART and XGBoost models trained on the AIBL dataset. The best accuracy for the AIBL test dataset and CN vs. MCI classification was $92.66 \%$ and was reached by all three ML algorithms trained on the ADNI dataset.

The results for FS1 provided contradictive observations for the MCI vs. AD and CN vs. MCI classification. For example, the ADNI RF model achieved an accuracy of $48.62 \%$ for the AIBL test dataset (no information rate: 82.57 \%) for the CN vs. MCI classification. The respective AIBL RF model reached an accuracy of $55.84 \%$ (no information rate: $62.41 \%$ ) for the ADNI test dataset. The SHAP summary plots of the models trained with the ADNI and the AIBL dataset are shown in Figures 6 and 7. Both models used the number of APOE\&4 alleles as the most important feature. No ApoEq4 alleles (APOE4.0 $=1$ ) were associated with CN subjects. However, the Shapley values of the AIBL model were smaller, which means that a larger number of features was included in each prediction. Both interpretation models seemed biologically plausible. The ten most important model features of both models agreed for the four features APOE4.0, and the volumes of the left inferior lateral ventricle, the left amygdala and the right hippocampus. Additionally, for both models, the Shapley feature importance ranking mainly coincided with the model-specific RF feature importances.


Figure 6: SHAP summary plot for the ADNI RF trained with FS1 for CN (0) vs. MCI (1). APOE4.X (X $\in\{0,1,2\}$ ) indicates if a subject had X ApoE $\varepsilon 4$ alleles. A value of 1 (purple) indicates a true expression, and 0 (yellow) a false.


Figure 7: SHAP summary plot for the RF trained with AIBL and FS1 for CN (0) vs. MCI (1). APOE4.X (X $\in\{0,1,2\}$ ) indicates if a subject had X ApoEc4 alleles. A value of 1 (purple) indicates a true expression, and 0 (yellow) a false.

However, the ADNI dataset was highly imbalanced for MCI vs. AD and the AIBL dataset for CN vs. MCI classification. The classification of CN vs. AD and sMCI vs. pMCI subjects led to results higher than the no information rate for the external test dataset. The portability of those models seemed to be possible.

### 4.3 Black-box Models vs. CARTs

In comparison to the CARTs, the black-box models showed exceeding results. For example, the CART trained with FS1 and the CN vs. AD AIBL dataset achieved the no information rate for the ADNI and the AIBL test datasets. This model learned to assign the more frequently occurring CN class to all subjects without using the feature values and is thus a random classifier. One possible cause for this result might be the strong class imbalance for this problem. The same


Figure 8: CART trained with AIBL and FS1 for MCI vs. AD. Features are centered and scaled. Nodes: (most frequent class; MCI class probability; coverage).


Figure 9: SHAP summary plot for the FS1 AIBL XGBoost model trained for MCI (0) vs. AD (1). APOE4.0 indicates if a subject had no ApoEع4 alleles. A value of 1 (purple) expresses a true expression, and 0 (yellow) a false.
applied for the FS1 CARTs trained for the MCI vs. AD ADNI dataset and the CN vs. MCI AIBL dataset.

The CART trained with FS1 of the AIBL dataset for MCI vs. AD classification is depicted in Figure 8. All decision values were centered and scaled in this figure. For each node, the most frequent class, the MCI class probability and the coverage in the training dataset were given. The model was exclusively based on the volume of the right parahippocampal gyrus and the left putamen. For both features, subjects with high volumes were classified as MCI and subjects with small volumes as AD , which is biologically plausible but seems to be incomplete, as was noted by the poor classification accuracies of $57.14 \%$ for the ADNI and 55.77 \% for the AIBL test dataset. The RF and XGBoost black-box models outperformed this model. The XGBoost model trained on the same dataset achieved a result of $68.91 \%$ for the ADNI and 70.59 \% for the AIBL test dataset. Figure 9 depicts the SHAP summary plot of this model, which showed more complex interactions. The most important feature was the volume of the left precentral gyrus and high feature values were associated with AD, which was not biologically plausible. The same applied to
the volume of the left cuneus. All the other detected associations agreed with the AD neurodegeneration. Both features included in the CART were present in the top ten features of the XGBoost model.

Table 6 shows smaller differences between the CARTs and the black-box models. For example, all models trained on the CN vs. MCI ADNI dataset received the same results of $99.82 \% \pm 0.41 \%$ during the CV, 98.91 \% for the ADNI and 92.66 \% for the AIBL test dataset. The SHAP summary plot of the XGBoost model is visualized in Figure 4. This model was only based on the CDR score. The respective CART model also used only the CDR score. Since both models achieved the same classification accuracies, there was no need to use a complex black-box model. In conclusion, using black-box models was more worthwhile for FS1 than for FS2 and sMCI vs. pMCI classification than the BL diagnoses.

## 5 CONCLUSIONS AND FUTURE WORK

In this work, several RF, XGBoost and CART models were trained to classify different AD stages on the ADNI or AIBL dataset. The models were validated, using CV and the independent test datasets of both cohorts. SHAP summary plots were used to visualize and interpret those models. The experimental results showed improved accuracies for black-box models over CARTs. This observation was more clear for the MCI conversion prediction and for BL diagnoses with FS1. Simple CARTs were sufficient to classify BL diagnoses with FS2. One reason for this observation is that the diagnoses of both cohorts were based on the cognitive test scores and a neurological examination (Petersen et al., 2010; Ellis et al., 2009). Consequently, models which included cognitive test scores achieved better results for the BL classification than models which excluded those features. SHAP summary plots helped to understand the black-box models and enabled comparisons between the ADNI and the AIBL datasets. Those comparisons showed strong portability for models trained with FS2. Thus, the diagnoses and the cognitive test results were similar in both datasets. Portability of the models between the ADNI and the AIBL dataset for the CN vs. AD and sMCI vs. pMCI classification with FS1 was also observed. However, no portability between the models trained for the classification of MCI vs. AD and CN vs. MCI with FS1 was observed. This pointed to relevant differences in the preprocessing or the recording protocol of the MRI scans in the two studies. Thus, future experiments should use raw ADNI scans.

In future, every article, which uses black-box models to investigate AD , should also include an interpretation method to explain the model and prove the biological plausibility. Shapley values provide suitable model explanations but are not sufficient to guarantee their biological relevance (Slack et al., 2020). State-of-the-art methods to measure feature importance like the RF or the XGBoost feature importance provide a single value per feature. Shapley values, however, enabled to observe complex relationships between feature values and their prognostic relevance, since one Shapley value was calculated per feature and observation. In these experiments, the most associations between the feature values and the predictions were biologically plausible. Individual predictions, which are important in clinical practice, can be interpreted using SHAP force plots.

The experiments presented in this paper could be expanded by including more cohorts like the Open Access Series of Imaging Studies (OASIS) (Marcus et al., 2010), a subset of the National Alzheimer's Coordinating Center (NACC) (Beekley et al., 2004) cohort or the AD subset of the HNR study. All experiments used ML models based on DTs. Since the explanatory method is model-agnostic, the results should be validated with more diverse ML models and different interpretable ML methods (Molnar, 2019).

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[^0]:    a (D) https://orcid.org/0000-0001-7540-4980
    b (D) https://orcid.org/0000-0001-7906-0038

