On the Potential of Distance Bounding based on UWB Received Signal Strength

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Abstract: Distance bounding has gained attention in the last decades due to the increasing need for security in applications, such as contactless payment and keyless access control. In such applications, it is important to verify if the two entities participating in a transaction are geographically close to each other. In other applications, it is critical to guarantee that the two entities are not too close, e.g., human and machines interacting in the same environment. A distance fraud is a known class of attacks in this context, and it has been shown that particular attacks within this class can be successfully applied to any distance estimation approach relying on round-trip time-of-flight measurements. In this paper we discuss the feasibility of detecting such attacks with signal strength estimations, an approach which was deemed unsuitable for distance bounding by previous related studies. We show that our method can detect attacks in case a dishonest prover does not respect the given bounds by using path-loss models available in the literature.

1 INTRODUCTION

Distance bounding protocols (Avoine et al., 2018) are currently applied in real-world system in order to enhance security in several applications including seamless access control and contactless payments. In both of those, the goal is to verify whether the two entities involved in a transaction are sufficiently close to or far from each other. We refer to these entities as *prover* (P) and *verifier* (V), in agreement with the literature.

Distance bounding protocols traditionally use the fact that nothing can travel faster than the speed of light to ensure that P and V are within a certain distance. By timing the delay between transmitting and receiving a signal back, V can estimate an upper bound on its distance from P.

In the literature, distance-related attacks are commonly classified into 4 groups (Avoine et al., 2018): impersonation, distance fraud, mafia fraud and terrorist fraud. In all of these groups, (at least) one external adversary takes part in the protocol, except in the distance fraud, in which the prover is the dishonest entity itself. Establishing a lower bound has also been considered in the literature. A challenging attack in this context is known as the Distance Enlargement Fraud (DEF), in which a dishonest prover, i.e., a prover not following the established protocol, claims to be at a distance from the verifier further than it actually is. It is feasible for the verifier to detect if the prover is trying to perform the opposite attack, entitled Distance Reduction Fraud (DRF), as the prover cannot (correctly, with a high probability) respond to a message before having received it. However, to succeed in the DEF, all the prover has to do is to introduce a delay between its receiving and transmitting timestamps. This topic is discussed in detail in Section 2.

A different physical principle enabling distance bounding relies on received signal strength (RSS) measurements. This class of approaches is widely used in localization systems and has barely been discussed in the related literature on distance bounding. We hypothesize that this was motivated by the high accuracy achieved with modern time-of-flight (ToF)capable transceivers and by the solid theoretical basis provided by the pioneer works about distance bounding; the vast majority of papers in the field relies on ToF measurements. Still, many of those RSS systems may also require physical-level security, and currently there are still no means to provide it. In this paper

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we address this gap and aim to show that there may be other physical-level possibilities enabling distance bounding with a security level comparable with the one achieved with ToF measurements. In particular, we aim to find bounds for distance frauds using RSS measurements only.

Another obstacle in exploring security within RSS is the low accuracy estimations achieved with this approach, usually in the order of meters (Zafari et al., 2017). Large errors are predominant indoors, where multipath interference makes the measurements unstable. This issue is less severe within the Ultrawideband (UWB) technology, in which the high time resolution enables the receiver to separate the first incoming path from the reflected signals, reducing the influence of the environment on path loss. We account for such instabilities in the validation of our method using models available in the literature.

The contributions of this paper are:

- We propose a RSS-based distance-bounding protocol enabling protection against distance frauds and compare its strengths and weaknesses with state-of-the-art approaches;
- We determine the bounds achieved by this protocol against distance reduction and enlargement frauds, which are independent on time measurements. To the best of our knowledge, no bounds have been proposed before for RSS measurements;
- We show that signal strength measurements, thought to be of no use to distance bounding protocols so far, can enhance and be a useful building block to distance bounding protocols;
- We evaluate the security level provided by the proposed approach using real-world measurements available in the literature.

2 RELATED WORK

This section focuses on the distance fraud. For a detailed overview about distance bounding, we refer the reader to (Zafari et al., 2017).

In (Singh et al., 2019) the authors consider enlargement attacks, but within a different class, namely mafia fraud. In this attack¹, one or several entities positioned in between V and P, try to convince V that P is in a different location than it actually is. In this specific case, the attacker's goal is to convince V that P is further away than it really is. In this attack, P is honest and acts according to the protocol it must follow, while the attacker, an external malicious entity, manipulates the signals exchanged. The distance frauds (DF), considered in this paper, differ from the mafia fraud as there is no malicious attacker involved; P is the malicious entity itself. This constitutes a major challenge in two-way ranging (TWR)-based ToF measurements, since P successfully performs an enlargement fraud by simply delaying its acknowledgement upon a request from V.

In (Capkun and Hubaux, 2005), the authors discard the possibility of using the received signal strength for distance bounding without a detailed discussion. The authors claim that P can succeed in a distance fraud by claiming a different power level than it actually received. In this paper, we show that this statement is true for single-verifier single-antenna systems, but that in general there are bounds to the magnitude of the attack.

In the same paper, the authors propose a technology-agnostic solution to enlargement frauds. The solution works as long as P is within a triangle formed by N = 3 verifiers, which is the minimum number of trusted entities required for the system to work. For a successful DEF to one of the verifiers, P must simultaneously perform a DRF to at least one other verifier. As the system is secured against DRF using traditional distance bounding protocols, this is impossible. However, the attack cannot be detected if P is outside the triangle. Another weakness of this approach consists in the number of verifiers required. In this paper we analyze other possibilities with N = 1 and N = 2.

In the rest of this section, we discuss the vulnerability of ToF-based measurements.

2.1 Distance Bounding based on ToF

We start by considering a single verifier and a single prover in our system. The goal for P is to find a good strategy to succeed in a DEF, while the goal for V is to detect such an attack. The approach is DEF-resilient if V is able to detect the fraud or to bound P's pretended position from its real position. If the system relies on TWR ToF estimations, P always succeeds (Zheng et al., 2014), i.e., there is a strategy for P to follow for which the attack cannot be detected. All P has to do is to increase its *processing delay* by a constant amount.

The linear relation between the processing delay and the apparent distance allows P to always succeed in the fraud and accurately determine the absolute value of the enlargement desired. The distance (d) between V and P can be calculated by V in a TWR protocol as in Equation 1

¹We refer to a fraud as a particular case of an attack.



Figure 1: Two verifier's system. Each circle is centered on the position of a different verifier and has as radius the distance estimated to P. P can increase its distance to both the verifiers using always the same processing delay and still appear to be further than it really is to both of the verifiers (red arrow). The position is plausible as the circles always intercept in two points.

$$d = \frac{1}{2} \cdot \left(t_{V,rx} - t_{V,tx} - \Delta_{Proc_0} \right) \cdot c \tag{1}$$

where $t_{V,rx}$ and $t_{V,tx}$ are the verifier's RX and TX timestamps, respectively, Δ_{Proc_0} is *P*'s predetermined processing time and *c* is the speed of light. Δ_{Proc_0} can alternatively be communicated to *V* via instant timestampings from *P*. To see how the increase in *P*'s actual processing time (Δ_{Proc}) increases *d*, we re-write Equation 1 substituting $t_{V,rx}$ by $t_{V,tx} + 2 \cdot t_f + \Delta_{Proc}$, which leads to

$$d = \frac{1}{2} \cdot (t_{V,tx} + 2 \cdot t_f + \Delta_{Proc} - t_{V,tx} - \Delta_{Proc_0}) \cdot c$$
$$= \frac{1}{2} \cdot (2 \cdot t_f + \Delta_{Proc} - \Delta_{Proc_0}) \cdot c \quad (2)$$

where t_f is the time-of-flight. From Equation 2, the linear relation between Δ_{Proc} and *d* becomes clear. A constant increase in distance can be achieved by *P* independent of its actual distance from V.

Considering N = 2 verifiers in the system, as long as the 2 verifiers and P are not collinear, there will always be 2 intersections for the circles which have the verifiers as centers and the apparent distance between a given verifier and P as radius. If the circles have at least one intersection, no fraud can be detected, and therefore, the position of P - and also the apparent distances - cannot be detected as fraudulent. Such a fraud is sketched in Figure 1. Although the position is ambiguous, as there are always two intersections, we are interested only in verifying the distance from the verifiers. A third verifier is commonly inserted to remove this ambiguity in localization systems. If N = 3 and P is within the triangle formed by the verifiers, the DEF is no longer valid, because the intersection of the three distance estimations will not exist, creating evidence for the attack. Additionally, it is assumed that performing a distance reduction attack is not possible, i.e., the verifiers already implement a traditional distance bounding protocol, such as the one proposed in (Brands and Chaum, 1993), which protects from it. Therefore, P cannot reduce its apparent distance from any of the verifiers. This is the principle for the technique known as *verifiable multilateration* (Capkun and Hubaux, 2005).

3 SYSTEM AND ATTACK MODEL

The system considered in this paper consists of a set of N verifiers (V) (devices with known locations - known also to the prover if not stated otherwise) which aim to estimate their distance from a dishonest prover (P) by using RF measurements. P's goal is to convince the verifiers that it is at a distance different than it really is from one verifier. There are no adversaries in the environment, besides P itself. The signals' exchange in the protocol occurs in a short window of time, and thus the quasi-stationary regime is assumed; all the nodes are static. P is not capable of estimating the Direction-of-Arrival (DoA) of the incoming signals 2 . The case for which *P* is DoAcapable will also be discussed in Section 4. P may not respect federal limits or laws and may have a better hardware than the verifiers, that, for instance, enables it to successfully demodulate signals sent at a lower Signal to Noise Ratio (SNR). The verifiers, if more than one, are free to communicate among each other over a secure channel. They can transmit signals using a finite, bounded and discrete set of transmission powers. For P, we can assume that this set is infinite, unbounded (but non-negative) and continuous. Additionally, P knows the set available to V.

4 DISTANCE BOUNDING BASED ON SIGNAL STRENGTH

In this section we discuss some possibilities of using signal strength measurements as a building block for distance bounding protocols.

²This constitutes an important limitation of the proposed approach, as DoA capable transceivers exist, in particular for UWB. However, their practical relevance is limited due to high hardware overhead (i.e., multiple antennas + transceivers).

4.1 Distance Bounding based on Signal Strength

Assuming the log-distance path loss model for power decay over distance, the power P_{rx} measured by a receiver equals

$$P_{rx} = P_{tx} \cdot C \cdot \frac{1}{d^{\gamma}} \tag{3}$$

where γ is the path loss exponent, and *C* is a constant. In realistic indoor environments, the path-loss exponent is typically $\neq 2$ and is highly dependent on the environment due to multipath propagation. With UWB, however, due to the short pulses, multi-path interference is limited and we can expect a stable path loss ≈ 2 as shown in (Rubio et al., 2013).

In order to test if *P* is honest, we initially consider the following strategy: *V* transmits a sequence of signals to *P* at different power levels, which are chosen from a finite dictionary. *P* measures the signals' strength and sends them back to *V*. *V* calculates a distance *d* between *V* and *P* for each transmitted signal using Equation 3. *V* accepts the distance as true if all distances are consistent. Obviously, an attacker would manage to control its apparent distance to *V* by multiplying P_{rx} by a constant. Therefore, the basic strategy considered does not work.

Nonetheless, if *P* does not know its distance to *V*, there are still bounds on how much *P* can increase or decrease the measured distance by cheating on the RSS. In this case, *P* must be careful when choosing the size of the distance decrease/enlargement factor (*k*). If *P* sends *V* a received power value P'_{rx} too high, it may eventually exceed the transmitted power P_{tx} , and *V* detects the fraud. To be on a safe side, *P* should always assume that P_{tx} is the smallest power level from the dictionary greater than P_{rx} . Therefore, $k \leq \frac{P_{tx_next}}{P_{fx}}$, where $P_{tx_{next}}$ is the smallest transmission power from the dictionary greater than P_{rx} .

Independent of the previous examined assumption, if *P* performs a DEF, it is bounded by the minimum P_{rx} that a honest prover would be capable to receive. Therefore, $k \ge \frac{P_{rx_{min}}}{P_{rx}}$. Another approach can be applied against the DEF. *V* sends a *sounding* message to *P* to get a first estimation of its distance. Based on this estimation, *V* adjusts P_{tx} so that $P_{rx} = P_{rx_{min}}$, i.e., the power level at *P* is the minimum that a honest prover can successfully demodulate. *V* transmits a nonce using P_{tx} , which *P* must acknowledge. The nonce keeps *P* from sending acknowledgments before receiving the message. This approach does not work in case *P* has a better hardware than a honest prover, such as a more sensible low noise amplifier or a directional antenna. In this case *P* would still succeed in the DEF.

Besides this intrinsic security flaw, this approach should only work if the power level measurements are reasonably stable within a given distance range, i.e., there is a deterministic mathematical model to which the RSS measurements fit well. If the model does not represent the actual behavior of the system (poor fit), it is expected that V's estimations will, with a high probability, differ from P's distance. As a results, the distance bounding system should present high false positives and negatives ratios. We examine this issue in Section 5.

4.2 Bounding Distance Reduction with Two Verifiers

Regarding the Distance Reduction Fraud, the proposed protocol can be adapted to be effective as follows: (at least) two verifiers, each located at a different position, transmit a signal to P, one at a time, from the P_{tx} dictionary. The sequence dictating which verifier transmits at a certain time-slot can be agreed among the verifiers beforehand using a secure channel. For simplicity, we assume that the system comprises only two verifiers, and that P intends to perform a distance reduction attack against only one of them. We refer to this verifier as V while we refer to the other as V_{aux} . V_{aux} is positioned closer to P than V. In a realistic scenario, V may be attached to an object to be protected and V_{aux} should be placed on *P*'s path. In order to perform the DRF, *P* must claim a higher P_{rx} than it actually measured, which we call P'_{rx} , in such a way that $P'_{rx} = P_{rx} * k$. k must be consistent, i.e., in case P changes it, it risks claiming to be at two different distances from a given verifier, either V or V_{aux} , as P has no means to know which verifiers sent a given signal (please, refer to Section 3). In case P chooses a value of k too high, it may, upon the reception of an incoming signal from V_{aux} , claim a P'_{rx} higher than P_{tx} , which will be detected as an attack. This process is illustrated in Figure 2. In order to maximize the magnitude of the attack, P must choose a k which virtually brings it close to V_{aux} . It can do this as it knows the position of all the verifiers by assumption. k should be chosen in such a way that when V_{aux} transmits with its maximum power level $P_{tx_{max}}, P'_{rx}$ is still less than $P_{tx_{max}}$, i.e., $k \leq \frac{P_{tx_{max}}}{P_{rx_{max}}}, P_{tx_{max}}$ is usually limited by standards and federal agencies. To our knowledge, this is the first bound on a distance reduction attack not relying on the physical property of the maximum propagation speed which limits the speed of an electromagnetic wave: the speed of light. This bound (B_1) is depicted in orange in Figure 2 and represents the minimum distance that P can pretend



Figure 2: Sketch of *P*'s bound to the reduction fraud. Once *P* chooses a value for *k*, it must take care not to exceed the possible power transmitted by V_{aux} . If it exceeds this power, upon the first transmission from V_{aux} , the attack is identified.

to be away from V, by communicating a higher P'_{rx} value.

As P uses a fixed value of k, it is not able to freely choose its position in a 2D plane as it wishes, unless it is DoA-capable. In this case it would be able to select different delays/power increments for each verifier and thus, freely control its position. Still, assuming that P is not DoA-capable, it can always choose its enlarged distance from both verifiers with the constraint that its apparent 2D position is constrained to a 1-D curve, created by intersecting the two circles centered at the verifiers positions with radiuses equal to the respective apparent distance to P. Please, notice that every different k chosen by P will lead to a different point in the 2-D plane, but the distances from these points to each of the verifiers have a constant ratio (in the mathematical sense), given by $r_0 = d_2/d_1$, where d_1 and d_2 are the distances from the prover to the closest and furthest verifier, respectively. For simplification, we deal here with gains in distance denoted by r, instead of gains in power (k). In fact, when P multiplies its P_{rx} by a factor k, it changes its apparent distance by a factor $r = \sqrt[\gamma]{k}$, which depends on the path loss exponent (Equation 3), but does not affect r_0 . If r falls below a limit r_{min} , then the circles do not This constitutes a lower bound for r. intersect. Additionally, since $|d_1 - d_2|$ grows with an increasing r, after some point, given by r_{max} , the circles will not intersect anymore. This constitutes an upper bound on r. It can be verified that $r_{min} = \frac{d_{v_{1,2}}}{(d_1+d_2)}$ and $r_{max} = \frac{d_{v_{1,2}}}{d_1 \cdot (r_0 - 1)}$, for $r_0 > 1$, where $d_{v_{1,2}}$ is the distance between the verifiers. If $r_0 = 1$, then *P* is equidistant



Figure 3: Verifiers and prover aligned. The DoA-capable prover cannot identify the verifiers. Reduction attacks are bounded by the distance to V_{aux} .

from both verifiers and lies on the line orthogonal to the segment connecting the two verifiers, dividing it in the middle. It can be also verified that the 1-D curve on which P can virtually move is a circle with radius $R = d_1 \cdot \frac{(r_{min} + r_{max})}{2}$ centered at the point $(R - d_1 \cdot r_{min}, 0)$, considering that v_1 (the closest verifier) lies on the origin of the Cartesian system, and that the line connecting the two verifiers defines the x-axis of the system. The center of the circle which defines the possible locations of P lies also on the x-axis. The lower bound obtained here is assessed in Section 5, while the upper bound is left as future work.

4.3 Protecting against a DoA-capable

Prover-UBLICATIONS

If *P* is DoA-capable, adding the second verifier to the system, in principle, seems useless. The randomized transmission sequence can be correctly inferred by *P* upon verifying the angle under which the signals arrived. Thus, *P* can freely insert different power gains/attenuations to each incoming signal and choose its position freely on the 2-D plane. This is true, as long as the angles of the incoming signals are not the same. If the angles are the same, i.e, *V*, V_{aux} and *P* are aligned and positioned in this order, *P* cannot tell which verifier transmitted the signal, and randomization may still be effective. This scenario is illustrated in Figure 3.

5 VALIDATION

In this section we combine the approaches proposed in Section 4 using two verifiers with the physical path loss measurements obtained with UWB from (Rubio et al., 2013). In a simulated environment, we aim to assess the impact of RSS imperfections on the correct



Figure 4: Simulated Environment. Filled circles in blue and red represent the verifiers and the prover, respectively. Dashed circles in gray represent the distances estimated by each of the verifiers.

detection of the frauds, both enlargement and reduction, for different magnitudes of attacks. Prover and verifiers are positioned at fixed locations, and each verifier transmits a signal to the prover according to a list randomly generated at the beginning of each simulation round. Next, the prover measures/picks one random value out of a Gaussian distribution instantiated from (Rubio et al., 2013) according to its real distance from the prover. The prover changes the measurement by adding a constant power Δ_P (in dB)³ to P_{rx} and communicates the values to V. If $\Delta_P = 0$ then the prover is honest. P is not DoA-capable and V calculates the distance to P using Equation 3. An attack is detected in case:

- 1. the standard deviation of estimations of a single verifier for different transmit powers is above 0.3 m^4 ;
- 2. there is no intersection of the circles around the two different verifiers (please, refer to Figure 4);
- 3. P'_{rx} is less than $-100 \,\mathrm{dBm}$.

Figure 4 illustrates the simulated environment.

5.1 False Positives Rate without Attack

In a first experiment, we aim to find a suitable tolerance so that the false positive rate, i.e., the number of times that V detects an attack while no attack has been performed, is sufficiently low. The number of transmissions is set to 8 in total for both verifiers and for each tolerance value, varied from 0 cm to 1 m in steps of 10 cm, we repeated the experiment 300 times. Figure 5 shows the results. It can be seen that when the



Figure 5: False positives rate for $\Delta_P = 0$. With a 10 cm tolerance the rate falls below 3 %.



Figure 6: False negatives rate for $\Delta_P \ge 0$. Attacks are always detected above a power increase of 1.25 dB.

tolerance is higher than 10 cm the false positives rate falls below 3%. We consider this rate acceptable, and assume this tolerance for the next experiment.

We tried fine tuning this rate by increasing the number of transmissions for each verifier. However, it gets more likely to violate the first condition by doing so, i.e., the standard deviation for the measurement of each individual verifier increases. One possible solution is to increase the standard deviation limit (set to 0.3 m). This approach results in increasing the false negatives rate, examined next. Therefore, we stick to the default value for number of transmitted messages.

5.2 False Negatives Rate under DRF

In a second experiment, we count the occurrences of false negatives, i.e., the number of times that V did not detect an attack, but it was performed, as we vary the magnitude (measured in dB) of the attack. In this experiment, P performs the DRF to the leftmost verifier (Figure 4). We show the results in Figure 6.

We can see that above an increase of 1.25 dB the attacks are always detected. With this power increase,

³We switched from k to Δ_P as we are dealing now with power units in dB.

 $^{^{4}}$ This value was obtained via simulations. Above this threshold, the false positives rate is limited to 3 %.



Figure 7: False negatives rate for $\Delta_P \leq 0$. Attacks are detected with a high probability above a power decrease of 23 dB.

P manages to come nearer, on average, 1.4 m to *V*. Please, notice that we are not treating the attack as a binary variable, but as a continuous one. As a result, with a small increase in power, the false negative rate is very high. In particular, when it is 0 dB no attack took place, and obviously, it should not be detected. As a reference, in an ideal scenario without ranging error, the maximum approximation achieved would be 0 m for this setup.

5.3 False Negatives Rate under DEF

Next, we examine the (straightforward) approach to bound enlargement attacks, which consists in checking if the received power is below the sensitivity threshold of a honest prover. In order to do this, we exchange the original position of the verifiers, letting V be the rightmost blue node in Figure 4. P's goal is to claim a further position from V by communicating a lower received power, but it is theoretically bounded by its distance to V_{aux} , which is larger. The results are shown in Figure 7.

In the absence of measurement error, an enlargement of \approx 38 dB would be necessary to fall below the sensitivity threshold of the transceiver. It was then verified that the cause of the detected false negatives was actually the variance of distances estimated by the same verifier, often greater than 0.3 m. It happens because the absolute variance of the estimated distances scales with the distance from the verifier, which is enlarged by the prover. Therefore, another mechanism to bound enlargement attacks is proposed, namely, tuning the respective threshold to the maximum allowed distance value.

6 CONCLUSIONS AND FUTURE WORK

In this paper, we discuss the potential to use signal strength measurements as a building block for distance bounding protocols. It has been shown that, differently from what has been assumed by the existing literature, secure distance bounding protocols can be implemented using the principle of power decay over distance with UWB, which is less sensitive to multipath. By using realistic error models, we showed that the proposed approaches manage to bound distance frauds. Nonetheless, comparing the presented bounds with the ones achieved using ToF measurements, it is clear that ToF is usually superior. Additionally, under the assumption that P affords a better processing power (faster turn-around time) than V expects, one can easily adapt the bound obtained in this paper using two verifiers to the ToF setup, eliminating the possible advantage of combining the two approaches (ToF and RSS). A possible application for the UWB RSS-based approach is to provide UWB pulse-based transceivers not supporting accurate ranging, which is an optional feature by the standard (802.15.4-2011, 2015), with a method for coarse distance estimation. With this approach, vendors providing low-cost lowpower chips targeting wireless communication could still provide some level of security against distance frauds without increasing costs and complexity. To the best of our knowledge, all vendors currently providing pulse-based UWB chips implement accurate timestamping.

Future work includes:

- estimating distance using COTS pulse-based UWB transceivers;
- investigate the effectiveness of RSS-based distance bounding to the other classes of distancerelated attacks;
- testing the proposed approaches on real setups in order to verify if the proposed bounds are achieved with COTS transceivers;
- optimizing the parameters of the system.

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