

# Development of Passing Techniques with Forum Group Discussion based Football

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**Keywords:** Basic techniques, football passing, FGD.

**Abstract:** Football is one of the sports that are always loved and expected to be able to bring changes both individually and collectively. It was carried out through FGD-based football (Group Discussion Forum) with by adapting the research method used is the Borg and Gall model and by systematically conducting preliminary research, planning, expert validation testing through FGD, group testing, effectiveness testing and dissemination of research., but However, the researchers did not carry out the systematic stop enough at Among the expert validations developed into a FGD (Forum Discussion Group) with the results of research from 12 soccer coaches representing districts and cities in West Kalimantan province The study could offer researchers are able to give something good and innovation and provide appropriate and measurable advice on a football development of football in several football clubs in the province of West Kalimantan and places of education from various regions of the city and the district by expressing opinions regarding what should be given, why it was given, for what was given and how to do the basic passing soccer technique accordingly, suitable and more important according to the needs of early childhood in the club during training in the presence of planters In this exercise, each athlete and student will experience renewal and something important for the development of football in the future of the West Kalimantan province

## 1 INTRODUCTION

Sports are always developing as a means of satisfying needs, methods, approaches, strategies and patterns that are given during training and competition, Sports that have always been in a monotonous view but the fact in fact, that sports are capable of fasting into a scope that is even renewed for daily needs, both basic and non-daily. Therefore, sport development is always needed in order to solve various problems that exist. Soccer sports Football that have always experienced a level of progress both in the field of competition and in the field of training with various needs. It that will be experienced by connoisseurs both athletes, spectators and observers have of course who experienced advantages and disadvantages both massively and actively, progress - progress in the field of sports. Football players certainly experience some things that are considered appropriate or inaccurate but from existing progress all of them must have experienced a test both in a small level and at a bigger great level. Football is

always associated with a game that is beautifully watched, enjoyed. and made. It created an illustration of a place of friendship, relationship, and entertainment that can keep the level of fitness. Gradually It means that everyone needs optimal fitness to be able to maintain the life sustainability of a day's life both in the morning, afternoon, evening and night through practice and competition. Football until now has also become a medium for anyone who wants to develop it play and practise it, both from the education sector, the training sector, in clubs or extracurricular activities through in schools. Both elementary schools to High School and even

Moreover, soccer itself is always the subject of discussion among certain people both coaches, sport analysts, and observers, even people who are experts in the field of football itself football players themselves, (Bompa 2009). Exercises must be in accordance with the conditions achieved by a simple program and do not make athletes saturated and bear while doing exercises. In doing the pumping technique exercises, it is suggested to suggest not

using involve elite athletes' models or examples of techniques, because their technique may not physiologically meet the bio-mechanical requirements., Therefore, so here it is recommended to use models that are acceptable to athletes, namely the model that which also fits the athlete's mechanics and physiology. FGD in this case are involved experts who love football, soccer athlete's football players, and football observers of soccer both in soccer clubs, and on extracurricular football ball activities, to provide input, development and renewal of basic football techniques. It is intended to so that develop basic football techniques to of soccer always provide integrity and suitability that are more appropriate for development exercises. that are The exercises should follow the pattern and should address patterned and directed according to the athletes' needs of athletes during training., Such basic football techniques when in polish in such a way to the need and good conditions will give a clear and positive impact for the advancement of football that is given during future training and competition later because every soccer athlete football player really masters the basic techniques, especially passing soccer techniques (James, 2012; Puspitorini, 2012). The quality of training must always be maintained with several things such as the quality of athletes, results of research, competition, motivation, ability of athletes, talents, facilities and training equipment, abilities and personality of an athlete, and coach full of good responsibility responsible coach, high discipline and openness open-mindedness in the field or outside the field (Bompa 2009). Technical training is an exercise to improve the movement techniques needed to be able to do sports that athletes do. Exercises must be in accordance with the conditions achieved by a simple program and do not make athletes saturated and bear tired while doing exercises. In doing the pumping technique exercises suggest not using elite athletes' models or examples of techniques, because their technique may not physiologically meet the biomechanical requirements, so here it is recommended to use a model that can be accepted by athletes which is a model that fits the parrots and physiological athletes. while the Tangkudung describes identification of the types of skills needed in training techniques (James, 2012). Exercises must always be good and conducive if you so the players want to could achieve their target. The quality of training must always be maintained with several things such as the quality of athletes, results of research, competition, motivation, (Ahmad Atiq, 2018). Basic technical training is the process of giving birth to creating physical activity and proving

the best possible practice to complete tasks in playing sports. the ability of athletes, talents, facilities and training equipment, abilities and personality of an athlete and coach is full of good responsibility, high discipline and openness in the field or outside the field, the The Technical Training Process training was conducted so that there will be an automated movement of automation, the need for several processes to go through, t. Technical training must go through several processes that can be seen ones.

## 2 METHOD

Conceptually, the research and development approach includes ten general steps, as described by Borg & Gall. They are (1) Research and information collection, (2) Planning, (3) Development of preliminary product, (4) Preliminary field testing, (5) Main product revision, (6) Main field testing, (7). Operational product revision, (8) Operational field testing, (9) Final product revision, and (10) Dissemination and Implementation

## 3 CONCLUSIONS

The results of the development of a basic passing training model for FGD-based football in the Forum Group Discussion in Pontianak last July 2019 comprise (1) gathering of trainers and sports teachers in Pontianak (2) brainstorming about the concept of football development, especially basic passing techniques in football. Basic passing techniques are considered as a major contribution to the successful competition. Basic football passing techniques developed with FGD aimed at preparing or creating an easy, systematic, competitive formula that could be performed anywhere and anytime. The results show that the development of basic football passing techniques in several football clubs and extracurricular activities were not really taught. Every student and athlete always needs an exercise that is precise, accurate and in accordance with immediate needs, but a coach cannot give the best when the training is not given optimally. The researcher tries to create and design innovative football practice on basic passing techniques with various tools as well as multiplying learning skills

Opening up insights about the football development that follows the athletes and students' characteristics during training and competition. Every coach and sports teacher in FGD has a major contribution to the football development in West

Kalimantan. The coaches and sport teachers who also observed matches in national sport events, regional competitions, and other tournaments were very enthusiastic about the program. They were interested in the new concepts which are aligned with the students' progress. It is expected that every coach has a certain concept and innovation when doing exercises and football matches. Moreover, the coaches must always prioritize players or athletes' development and growth in accordance with the skills, abilities and development of basic football techniques (Mielke, 2013).

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