CT to MRI Image Translation Using CycleGAN: A Deep Learning Approach for Cross-Modality Medical Imaging

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Abstract: Medical imaging plays a crucial role in healthcare, with Magnetic Resonance Imaging (MRI) and Computed tomography (CT) as key modalities, each having unique strengths and weaknesses. MRI offers exceptional soft tissue contrast, but it is slow and costly, while CT is faster but involves ionizing radiation. To address this paradox, we leverage deep learning, employing CycleGAN to translate CT scans into MRI-like images. This approach eliminates the need for additional radiation exposure or costs. Our results, which show the effectiveness of our image translation method with an MAE of 0.5309, MSE of 0.37901, and PSNR of 52.344, demonstrate the promise of this invention in lowering healthcare costs, expanding diagnostic capabilities, and improving patient outcomes. The model was trained for 500 epochs with a batch size of 500 on an Nvidia GPU, RTX A6OOO.

1 INTRODUCTION

A key component of contemporary healthcare is medical imaging, which gives medical personnel a visual representation and comprehension of the human body's interior architecture. Computed tomography (CT) and magnetic resonance imaging (MRI) are two of the most widely utilized medical imaging techniques. These technological advancements offer unique yet complementary perspectives on the human anatomy.

MRI is a non-invasive medical imaging method that creates finely detailed images of the body's internal structures by utilizing radio waves, strong magnets, and a computer. A well-known feature of MRI is its remarkable soft tissue contrast. It is a vital tool for many medical applications, such as neuroimaging, cancer, and musculoskeletal imaging, due to its exceptional ability to visualize organs, muscles, nerves, and other soft tissues.

Contrarily, CT is an alternative imaging technique that makes use of X-ray technology. It produces "slices," or cross-sectional, images of the body that can be assembled into three-dimensional representations. CT scans are renowned for their effectiveness and speed, which enables quick picture capture. They are very helpful for seeing blood arteries, identifying fractures, and imaging bone structures.

There are many CT scanners, but a few MRI ones. Therefore, the idea of image translation from a CT scan to an MRI image is extremely important in the realm of medical imaging. The goals of this study project are to realize this image translation and to greatly improve diagnostic capacities. The image translation enables medical practitioners to take advantages of both methods, using MRI's soft tissue contrast and CT scans' comprehensive information. Thus, this development is promising for more thorough and precise diagnoses, which eventually enhance patient care and treatment results. Both patients and healthcare providers stand to gain from this substantial reduction in medical expenses and waiting times.

To provide context and insight into the significance of our work, we begin by taking up methodologies of prior research studies that have paved the way for our contributions. We have not found any previous work on translating a CT scan to an MRI image, but previous work in other medical image translation has introduced the concept of using Generative Adversarial Networks (GANs) for imageto-image translation (Denck et al., 2021). Pix2pix (Li et al.,2021), UNIT et al.,2018), (Welander CycleGAN (Zhu et al.,2017) and UNET

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(Ronneberger et al.,2015) models have been used in previous research. Training images used in our work are not paired. CycleGAN can seamlessly handle such unpaired data (Wolterink et al.,2017). Therefore, our method to translate a CT scan into an MRI image leverages CycleGAN's capacity. By embracing cycle consistency, the CycleGAN model learns to map CT and MRI images in both directions. It generates synthetic MRI images from CT and can revert these generated MRI images to their original CT-like representations. The effectiveness of our model is examined through experiments.

2 DATASET

The dataset used in this research was obtained from an open-source repository on Kaggle. The dataset was meticulously aggregated to serve as the foundation for training the CycleGAN model, specifically designed for image-to-image translation.

This dataset is essential to our work because it allows us to develop and assess our methodology for translating CT to MRI images. It supplies the basis for the CycleGAN model's training and testing, ultimately leading to improvements in cross-modality medical imaging.

2.1 Dataset Content

The dataset comprises a collection of CT and MRI scans, focusing on brain cross sections. These images were sourced from various listed repositories and were subsequently organized into separate directories for both training and testing purposes. The dataset is divided into two primary domains: Domain A, which contains CT scans, and Domain B, which comprises MRI scans. This clear separation enables the effective utilization of the dataset for CycleGAN-based image translation, ensuring that the model can learn and map the distinct features and characteristics of CT scans to their MRI counterparts.

The dataset is available under the Creative Commons Attribution-Non-Commercial-Share Alike 4.0 International License (CC BY-NC-SA 4.0). This licensing arrangement governs the usage, redistribution, and modification of the dataset, emphasizing the importance of proper attribution, non-commercial usage, and the continuity of the open-source spirit.

3 METHODLOGY

Deep learning has become a viable approach to bridge the image gap. Specifically, image-to-image translation challenges have demonstrated the potential of GANs.

GANs could be a great option in the field of medical imaging, as CT and MRI scans offer many forms of information. The contrast, texture, and anatomical characteristics of these modalities differ, hence a model that can capture complex data distributions is required. GANs are highly effective in simulating intricate transformations.

3.1 GAN Model Selection

One significant obstacle in the field of medical imaging is the dearth of paired data, or sets of comparable CT and MRI pictures of the same individuals. CycleGAN is a great option for the CT to MRI translation challenge because of its ability to handle unpaired data. In order to guarantee the model's efficacy even when the amount of paired data is restricted, it incorporates a cycle consistency loss that compels translated images to return to their original domains.

3.2 CycleGAN

The core of this research's image-to-image translation lies in the innovative architecture of CycleGAN. CycleGAN is a type of GAN that is particularly wellsuited for unpaired image translation tasks, making it a powerful choice for transforming CT scans into MRI-like images. CycleGAN comprises two key components: the generator and the discriminator. The generator is responsible for creating the translated images, in this case, generating synthetic MRI scans from CT scans. The discriminator, on the other hand, is tasked with distinguishing between real MRI images and those generated by the generator.

3.2.1 Generator Architecture

Figure 1 shows the architecture of CycleGAN generator where s is the stride. The CycleGAN generator has 3 sections: Encoder, Transformer and Decoder (Zhu et al.,2017).

The encoder receives the input CT image. The encoder uses convolutions to extract features from the input image and compresses the image representation while increasing the number of channels. Three convolutions make up the encoder, which shrinks the representation to one-fourth the size of the original image. When we feed an image into the encoder with dimensions of (256, 256, 3), the result is (64, 64, 256).

Following the application of the activation function, the encoder's output is then fed into the transformer. General transformers contain six or nine residuals blocks, depending on the magnitude of the input. We adopt six residual blocks for medical image translation. The transformer's output is then fed into the decoder, which increases the representation's size to its initial size by using a 2-deconvolution block of fractional strides.



3.2.2 Discriminator Architecture

The CycleGAN discriminator uses PatchGAN [12]. The Patch GAN differs from a regular GAN discriminator in that the regular GAN maps a 256x256 image to a single scalar output that indicates whether the image is real or fake. In contrast the Patch



Figure 2: CycleGAN Discriminator.

GAN maps a 256x256 image to an NxN array of outputs X, where each element Xij indicates whether the patch ij in the image is real or fake. Figure 2 shows the architecture of the discriminator.

3.2.3 CycleGAN Architecture

The strength of CycleGAN lies in its cycle consistency constraint, a defining feature of ensuring the model translates an input image from one domain to the other and back to the original input image. In the context of this study, this means that if we translate a CT scan into an MRI-like image and then revert it to the original domain, it should closely resemble the original CT scan. This cycle consistency is integral to achieving high-quality and anatomically accurate translations. Figure 3 shows the architecture of CycleGAN. In this study, image A is a CT scan, and image B is an MRI-like image.



CycleGAN architecture also incorporates adversarial losses, which compel the generator to produce images that are indistinguishable from real MRI scans, as judged by the discriminator. This adversarial training encourages the generator to create highly realistic images.

The architecture's ability to work with unpaired datasets is a significant advantage. In traditional supervised learning, paired data (where each input has a corresponding output) is required (Armanious,2019), which can be challenging to obtain in medical imaging. CycleGAN's ability to handle unpaired data makes it a valuable tool for this CT-to-MRI image translation task.

3.3 CycleGAN Losses

The effectiveness of CycleGAN in image-to-image translation tasks is attributed to a collection of carefully designed loss functions (Armanious et al.,,2019), each serving a specific purpose to guide the training process and ensure the desired results. The key losses employed in CycleGAN architecture are explained in this subsection.

3.3.1 Adversarial Loss

Adversarial loss is fundamental in GAN-based models and aims to make the generated images indistinguishable from real images. The discriminator and generator networks are trained to compete against one another using the adversarial loss. The discriminator network seeks to discern between real and generated images, while the generator network attempts to produce realistic images enough to trick it. The adversarial loss is given by:

$$Loss_{adversarial} = \sum (1 - D_B(G(A)))^2 \qquad (1)$$

$$Loss_{adversarial} = \sum (1 - D_A(F(B)))^2 \quad (2)$$

where

G: Generator transforming input image A to B.

F: Generator transforming image B to A.

 D_B : Discriminator for B.

 D_A : Discriminator for A.

In the context of CT to MRI translation, the generator is pitted against the discriminator, which learns to differentiate between genuine MRI scans and translated MRI-like images. The generator's objective is to minimize this loss by creating convincing images enough to fool the discriminator.

3.3.2 Cycle Consistency Loss

Cycle consistency loss is the defining characteristic of CycleGAN. It enforces the model to maintain consistency when translating images in both directions.

To make the generator network learn the proper mapping between the two domains, the cycle consistency loss is employed. An image is translated from one domain to the other, and then back to the original domain to calculate cycle consistency loss. When the translated image is as similar to the original image as possible, the cycle consistency loss is light. The cycle consistency is given by

$$Loss_{cycle} = (F(G(A) - A + (G(F(B)) - B))) . \quad (3)$$

In the case of this research, it ensures that when a CT scan is transformed into an MRI-like image and then reverted to the CT domain, the resulting image closely resembles the original CT scan. This loss plays a critical role in ensuring anatomical accuracy and image fidelity.

The overall CycleGAN loss function is a weighted sum of the adversarial loss and the cycle consistency loss.

4 EXPERIMENTS

This section provides a detailed description of the experimental setup that was used to evaluate the suggested approach.

4.1 Experimental Setup

Python 3.8.10 was used throughout the development of the complete framework, with TensorFlow 2.6.5 serving as the neural network computing backend and Keras serving as the deep learning framework. The integrated programming environment Visual Studio Code was used for both the framework's development and implementation.

To facilitate efficient model training and accelerate the image translation process, we leveraged the computational power of a dedicated GPU. Specifically, the experiment was conducted on an Nvidia GPU, RTX A6000, equipped with CUDA Version 11.3. This GPU configuration allowed for the expedited execution of deep learning operations, significantly reducing the training time. The choice of such hardware specifications was instrumental in achieving the low time complexity of the proposed method, making it more time-efficient compared to other complex deep learning models. The utilization of this GPU configuration, combined with the streamlined deep learning framework, enables a seamless and efficient image translation process from CT to MRI scans.

4.2 Dataset Pre-Processing

The primary objective of data pre-processing is to load and standardize the dimensions of the CT and MRI images. Each image is loaded, and its dimensions are resized to a uniform scale of 256x256 pixels. This resizing ensures consistency across all images, which is vital for neural network training. In order to expedite the training process, a subset of the data is selected. For the CT scans, 500 images out of 1742 are chosen, and for the MRI images, a subset of 500 out of 1744 images are selected. This subsampling facilitates a more efficient training process, especially for demonstration purposes. Note that CT and MRI scans are an unpaired dataset.

To make the data compatible with the neural network architecture, an essential pre-processing step is applied. The pixel values of the images are scaled to fit within the range of [-1, 1]. This scaling is imperative because the generator in the CycleGAN model employs the tanh activation function in its output layer, producing values within this range. Scaling the data accordingly, ensures that the generator can produce realistic and meaningful images.

These meticulous pre-processing steps result in a well-structured and appropriately scaled dataset. The dimensions of the data, after pre-processing, are as follows: The dataset consists of 1000 images, each with dimensions of 256x256x3 (width, height, and channels).

Data augmentation is done to compensate the limited dataset. Effective deep learning model training requires the diversification of datasets, which is facilitated by data augmentation. Our goal in using augmentations is to reduce the likelihood of overfitting by simulating variables found in the real world.

4.3 Evaluation

Several metrics are used to assess the suggested CT to MRI image translation model based on the CycleGAN architecture in order to determine the model's performance. When comparing the translated images to actual MRI scans, these metrics objectively evaluate the translated images' fidelity and accuracy. The main assessment metrics include the Mean Absolute Error (MAE), Mean Squared Error (MSE), and Peak Signal-to-Noise Ratio (PSNR).

4.3.1 MAE

MAE quantifies the average absolute difference between the pixel values of the translated MRI-like images and the corresponding real MRI scans. It is a valuable indicator of the overall dissimilarity between the generated and ground truth images. A lower MAE suggests a closer resemblance between the translated and real MRI images. MAE is given by

$$MAE = \frac{1}{n} \sum_{i=1}^{n} |y_i - \hat{y}_i|$$
(4)

where

n: no of samples or data, y_i : actual (observed) value for the ith sample, \hat{y}_i : predicted value for the ith sample.

4.3.2 MSE

MSE computes the mean of the squared differences between the pixel values of the generated MRI-like images and the true MRI scans. This metric provides insights into the magnitude of errors of the generated MRI-like images, with smaller MSE values indicating reduced image dissimilarity. MSE is given by

$$MSE = \frac{1}{n} \sum_{i=1}^{n} (y_i - \hat{y}_i)^2.$$
 (5)

4.3.3 **PSNR**

PSNR is a standardized measure to evaluate the quality of the generated images. It calculates the ratio of the peak intensity of an image to the root mean square error. Higher PSNR values signify a closer match to the real MRI scans, with increased image fidelity and reduced noise. PSNR is given by

$$PSNR = 10.\log_{10}\left(\frac{MAX^2}{MSE}\right) \tag{6}$$

where MAX is the maximum possible pixel value of the image.

5 RESULTS

5.1 Generated Images and Their Evaluation

Figures 4 and 5 show the visual representation of the generated MRI-like images as the result of evaluating the effectiveness of the CycleGAN model for CT to MRI image translation.

After more than 50,000 iterations of rigorous training, the model was able to generate artificial MRI scans from CT data, as seen in these images. The presented pictures demonstrate how well the model can create MRI-like images from CT scans.



Figure 4: MRI images generated after training the CycleGAN model for 100 epochs.



Figure 5: Output after using the CycleGAN model for test dataset: (a) ground truth of CT, (b) translated MRI ,(c) reconstructed CT scan ,(d) MRI image from unpaired test dataset for reference.

The result shown in Figure 5(b) is a T1-weighted MRI image of the brain generated from a CT scan using a CycleGAN model. The image shows a decent overall representation of the brain anatomy, with clear visualization of the gray matter, white matter, cerebrospinal fluid, and major blood vessels.

However, it is important to note that this is a synthetic image and should not be used thoughtlessly for clinical diagnosis. Some subtle details may be lost in the generation process, and the image may not be as accurate as a real MRI scan.

Table 1: The evaluation metrics with CNN and CycleGAN for CT to MRI translation.

| | CNN | CycleGAN |
|------|--------|----------|
| MAE | 70.44 | 0.5309 |
| MSE | 60.867 | 0.37901 |
| PSNR | 9.457 | 52.344 |

Table 1 shows the metrics when the test dataset of CT scan images is passed through the model and translated as the MRI images and the real MRI images as well as translated MRI are compared. The CNN in this table is adopted as a baseline method that cannont be learned using unpaired dataset. It is trained using a dataset in which each CT scan is paired with an MRI scan randomly. The results of CNN were not satisfying enough as it is not capable of handling the unpaired dataset. In contrast, CycleGAN demonstrates high performance.

5.2 Loss Plot

The training progression is depicted through loss graphs shown in Figure 6, illustrating the evolution of these loss components over time. Notably, the graphs showcase a consistent and substantial decrease in the loss values for all six components throughout the training process. This trend signifies the model's remarkable capacity to learn and adapt.



6 CONCLUSIONS

This work represents a significant advancement in the field of cross-modality medical imaging, especially with regard to the complex process of translating CT to MRI images. The fact that the CycleGAN model was able to be implemented successfully shows how well it can bridge the gap between these modalities and convert CT scans into high-fidelity MRI-like images pix2pix (Cao et al.,2021). This study has far-reaching implications, particularly in the field of healthcare, where the synthesis of radiation-free and economically viable MRI-like data has the potential to transform diagnostic capabilities, save costs associated with healthcare, and shorten patient wait times.

The comprehensive evaluation of the model's performance, quantified by pivotal metrics such as Mean Absolute Error (MAE), Mean Squared Error (MSE), and Peak Signal-to-Noise Ratio (PSNR), solidifies the model's efficacy. Exhibiting low MAE and MSE alongside a notably high PSNR, the translated MRI-like images manifest an exceptional resemblance and fidelity to actual MRI scans. This not only underscores the model's adeptness in generating top-tier images but also bolsters its diagnostic prowess, paving the way for more accurate medical assessments.

Furthermore, to fortify the significance of this

study, a comparative analysis was conducted between the CycleGAN and a fundamental CNN model, showcasing the former's superiority in image translation capabilities.

7 FUTURE WORK

With the CycleGAN model, this work has established a solid basis for practical CT-to-MRI image translation, which could lead to major breakthroughs in cross-modality medical imaging (Kazeminia et al.,,2020). Looking ahead, several interesting directions for more study and advancement become apparent.

The next step in the research is incorporation of Super Resolution GAN(SRGAN) into the image enhancement process offers substantial benefits to this research (Ledig et al.,,2017). With the goal of creating high-resolution images from lowerresolution inputs, SRGAN is an expert in superresolution tasks. SRGAN has the potential to improve the overall quality and fine details of the MRI images that are generated in the context of CT-to-MRI image translation. It enhances the current CycleGAN framework by improving the resolution and fidelity of the translated MRI-like images, which could lead to sharper, more realistic representations that closely resemble actual MRI scans.

Moreover, an exciting prospect involves the creation of a hybrid model merging SRGAN with CycleGAN, aiming to capitalize on the strengths of both architectures. This hybrid approach intends to leverage the super-resolution capabilities of SRGAN to enhance fine details and resolution in the MRI-like images generated by CycleGAN. By integrating these models, the goal is to produce sharper, high-resolution MRI-like images with enriched visual quality, closely resembling authentic MRI scans. Furthermore, the results will be compared with other models like UNET, CycleGAN etc.

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