An NLP-Enhanced Approach to Test Comorbidities Risk Scoring Based on Unstructured Health Data for Hospital Readmissions Prediction

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Abstract: Hospital readmissions have emerged as a key healthcare quality indicator since the passing of the Affordable Care Act in 2010. It is easier to predict the readmission risk of patients without complications, but comorbidities, such as diabetes and cardiovascular diseases, make it difficult to accurately assess the readmission risk. 30-days hospital readmissions (30DRA) risk models typically rely on demographic, socioeconomic, and medical variables from structured data, such as diagnosis, vitals, lab reports, and comorbidities, etc. Comorbidity indices help in assessing overall disease burden by accounting for the disease codes in electronic health records (EHRs). With the advent of natural language processing (NLP), there is a potential to extract additional health related variables including the possibility of glean additional disease codes for comorbidities in unstructured portion of the EHRs, such as clinical notes, medical history, and discharge summaries. Whereas NLP has been applied heavily in healthcare information systems, to the best of our knowledge, there is no research that identifies comorbidities from unstructured clinical texts. This paper employs a Bidirectional Encoder Representation from Transfer (BERT) deep learning technique to predict additional comorbid conditions in the unstructured portions of EHRs and evaluates the effectiveness in comorbidity scoring. Comorbidity scores based on the NLP-predicted comorbidity codes (predicted) were compared against the scores calculated from codes identified by the health providers (diagnosed), and also against a combination of the two (diagnosed and predicted). We find NLP is effective in improving the accuracy of comorbidity calculations, that in turn could improve predictive power of AI models for hospital readmissions and mortality predictions. It is among the first papers employing NLP to predict ICD-10 codes from unstructured EHRs for comorbidity index calculations.

1 INTRODUCTION

A good assessment of comorbidities aids healthcare providers in performing better diagnosis and effective treatments. Timely comorbidity assessment during medical encounters also improves management of risks and healthcare quality indicators, such as health outcomes, mortality rates and hospital readmissions rates (Goltz et al., 2019; Hameed, 2020; Menendez et al., 2014; Sharma et al, 2021). Comorbidity assessment methods and their correct application, therefore, have become critical in medical practice.

Two most popular measures to assess comorbidities i.e. Charlson Comorbidity Index (CCI) and Elixhauser Comorbidity Index (EHI) assess the overall disease burden of primary diagnosed conditions in a patient by accounting for any other diseases among the most prevalent diseases and
conditions (Charlson et al, 1987, Elixhauser et al, 1998). The occurrence of multiple comorbid conditions results in a higher CCI or EHI score indicating higher overall disease burden. Quite intuitively, the co-occurrence or severity of certain diseases would impact the health more negatively. Some researchers have demonstrated that modified summary CCI or EHI scores (a single number) based on aggregated or weighted burden of comorbidities in a patient are more valuable metrics of comorbidities (Van Walraven et al, 2009, Thompson et al, 2015). However, the modified comorbidity score, higher the risks to the patient’s health and vice versa. Even though both frequency counting and weight adjusting indices are effective when physicians make the health decisions, it is not clear if they would be as effective when it comes to AI-based clinical decision support systems (CDSS). Moreover, it is not clear if they would perform optimally in the wake of newer data-driven healthcare delivery models such as patient-centered healthcare models that require a lot of individual patient details and customization, such as value-based care and personalized medicine.

Electronic Health Records (EHRs) are the most common data source containing the diagnosis of primary diseases as well as comorbid conditions. EHRs typically record ICD-9 or ICD-10 medical codes as part of a classification structure titled ‘International Classification of Diseases’ (ICD). ICD-9 codes are most prevalent as many healthcare IT systems have transitioned or are in the process to move to ICD-10 codes. ICD-11 codes have already been announced but they are not adopted yet. The most common use of these codes is in medical billing processes but with the advent of AI they have found heavy use in CDSS.

Typically, physicians specify ICD-9 or ICD-10 codes of the primary disease in their clinical notes along with other conditions which become part of a patient’s medical history, often times part of EHRs. Medical coders convert these verbal or textual notes into ICD codes and verify them for claims and billing purposes. So, in addition to structured data, EHRs also contain a lot of textual data, such as clinical notes, discharge summaries and specialist reports. They often contain additional information on a patient’s comorbid conditions. It happens quite often a patient’s medical history and past health records are not immediately visible to the physician during a medical encounter. Also, the comorbidities included as text but not as ICD codes maybe hard to identify upfront. Lastly, older EHRs have ICD-9 codes that have not been updated to the ICD-10 codes yet.

Since, the available Elixhauser comorbidity algorithms (EHI) are based on ICD codes only, they are are being limited by losing valuable uncoded information. With the advent of AI and NLP techniques in computer-assisted coding (CAC) area, it is high time that the uncoded information in unstructured portions of EHRs could also be leveraged with an aim to improve the accuracy of comorbidity algorithms. That, in turn, should improve the predictive performance of CDSS designed for health outcomes, mortality and hospital readmissions rate, etc.

Our research aims to develop and test an NLP based deep learning approach to glean (predict) ICD-10 medical codes in the unstructured portions of EHRs, generate Elixhauser Index comorbidity scores (EHI) by including the newly predicted codes in them, and test these richer comorbidity scores in 30-days hospital readmissions (30DRA) prediction models. To that end, we employed a Bidirectional Encoder Representation from Transfer (BERT) model for gleaning ICD-10 codes from the textual part of the EHRs.

Once the codes were extracted, several tests were performed on the EHI comorbidity scoring and 30DRA classification. At first, chi-square test of independence was used to assess the dependence of 30DRA on each one of the thirty diseases/conditions in the EHI comorbidity scores with the newly predicted codes. Next, we also performed principal component analysis to assess the effect of each comorbid condition in classifying the 30DRA and the top components that explain most of the variance. Multi-logistic regression-based feature scoring was conducted to further clarify the influence (weight) of each comorbid condition in 30DRA classification. Finally, student T-tests were done to compare the classification performance of existing codes, the newly predicted codes and a combination of the two.

In general, we have found NLP approaches to be effective in extracting comorbidity codes from unstructured portions of EHRs. They improve CDSS predictive models that consider combobidities index scores as feature/s. Detailed findings are included in the results and analysis. This paper is a first in the CDSS area employing NLP technique to predict additional comorbid conditions. It is also among the first in the healthcare area to predict ICD-10 comorbidity codes using NLP. Rest of the paper is organized as follows. Section 2 covers current literature on relevant topics. Section 3 describes the data and the methods. Section 4 presents the results and analysis while section 5 concludes with pointers to limitations and future research.
2 LITERATURE REVIEW

2.1 Comorbidity Indices and Their Application in Clinical Decision Support Systems

The most commonly referred definition of comorbidities identify them as, “Any distinct additional entity that has existed or may occur during the clinical course of a patient who has the index disease under study” (Feinstein, 1970). So, comorbidities are additional diseases or conditions a patient is suffering from in addition to the disease or condition they are being treated for. Another approach is considering “the co-occurrence of multiple chronic or acute diseases and medical conditions within one person” disregarding direct relationships between a primary disease and comorbid diseases (Bayliss et al, 2008). Whether primary or comorbid, the diseases and conditions are identified by International Classification of Diseases (ICD) Codes, commonly used for medical billing. The current version of ICD-codes is ICD-10 with ICD-11 codes already announced, but most health IT systems are still using ICD-9 codes or they are transitioning from ICD-9 to ICD-10 codes.

Comorbidity indexes typically use ICD codes in EHRs to measure the frequency, co-occurrence and severity of the diseases in a patient. The most prevalent comorbidity scoring methods in clinical practice include the Charlson Comorbidity Index (CCI) and the Elixhauser Comorbidity Index (EHI). CCI’s mortality risk was based on review of patient medical records for the 17 diseases and conditions that caused mortality (Charlson et al, 1987). EHI takes ICD codes into accounts for mortality risk in 30 different diseases organized in multiple diagnosis related groups (DRGs) recognized by the Centres for Medicare and Medicare Services (CMS). Agency for Healthcare Research and Quality (AHRQ) provides a software algorithm on its website to calculate the Elixhauser comorbidity score (AHRQ, n.d.).

Both these indices have been quite effective in their prognostic value in clinical settings. Therefore, they have been widely adopted in medical practice. The performance of both CCI and EHI comorbidity indices has been somewhat similar for ICD-9, ICD-9 CM and ICD-10 codes but Elixhauser has proven to be better in terms of overall prognostic value (Quan et al, 2005). There have been some concerns raised about the above-mentioned approaches on discounting the nature of diseases and their chronological order of progression, etc. (Valderas, 2009) but generally they have remained the predominant tools for measuring comorbidity with good prognostic outcomes.

There is a long list of other comorbidity indices developed or calibrated according to the outcomes of interest, relation to primary diseases, and regulations governing regional health systems, etc. The performance of the same comorbidity indices varies when applied in different diseases. For instance, one comorbidity index may perform well for a specific type of cancer but not for hip-joint replacement. Some other broader but prominent comorbidity indices include Chronic Disease Score (CDS) by Von Korff (1992), ICED Index of Co-existing Diseases by Greenfield (1993), Health-related Quality of Life Comorbidity Index (HRQL-CI) by Mukherjee et al (2011), the National Institute on Aging (NIA) and National Cancer Institute (NCI) comorbidity index (Havlik et al, 1994), and the Adult Comorbidity Evaluation-27 (ACE-27) by Piccirillo et al (2004). These and several others are used by providers as a single or combination comorbidity measures when dealing with various medical areas or diseases.

Since the decision on diagnosis and treatments has to come from the physician/s, the role of these indices, whether calculated manually or automatically, is mainly clinical decision support during admission, on the patient bed-side, during discharge and adherence monitoring, etc. Physicians use comorbidity indices, especially CCI and EHI, to measure severity of illness, mortality risk, prognosis, treatment difficulty, need for intervention, required resource intensity, and hospital readmissions risk, etc. in these situations.

2.2 NLP in Healthcare AI and Clinical Decision Support Systems

Current EHR-based health information systems are able to streamline workflows, boost productivity and improve doctor-patient interactions. They also play a major role in emerging AI-based predictive analytics and deep learning models for clinical decision support. The diversity of information, however, comes with the cost of varying structured and unstructured storage formats. Patient demographics, weight, height, blood pressure, binary lab results, and administered medications are a few examples of the structured data. Contrarily, narrative data found in EHRs such as surgical records, clinical notes, discharge summaries, and pathology and radiology reports are not amenable to computational analysis and it needs to be transformed or integrated with structured data points to increase their usability. The integration of diverse data types opens up avenues for
research but is not free from its own challenges. These challenges include heterogeneous data formats, non-flexible storage structures, and the lack of a big data pipeline (Evans, 2016). Thus, the conversion of unstructured health information into standards-compliant, comparable, and consistent data are essential for health informatics research.

Over the years, researchers have tapped into Natural Language Processing (NLP) models for comprehension of unstructured data in the medical domain. NLP is a range of computational techniques for the automatic analysis and representation of human language (Cambria and White, 2014). They allow computer systems to comprehend free text by transforming it into a format that is machine-readable. In the medical domain, NLP is in a period of robust development, with 100 publications annually with an incremental trend (Wang et al., 2020). Some notable venues of NLP research have been discussed in the following paragraphs.

Named Entity Recognition (NER) is a semantic information extraction technique that locates and categorizes relevant entity data from the text at scale (Aya, 2020). Named entities include everything from names, brands, addresses, locations, and virtually any classifiable textual information. NER makes these specific entities usable in NLP models. Unstructured clinical notes often contain valuable information such as tumor location, diagnosis explanations, and at times ICD codes, that when present in a structured format would allow for quicker analysis. Several attempts have been made to convert these notes into a structured format with the help of NER modeling. In (Tome et al, 2017), a rule-based NER that consists of two phases was used for dietary recommendations. The first one involves the detection and determination of the entities mentioned, and the second one involves the selection and extraction of the entities. Bio-NER (Soomro et al, 2017) is another NER model for biomedical entities. Parts of speech tags and N-grams were used to enhance the performance compared to previously existing NERs. Panchendrarajan & Amaresan’s (2018) NER technique combined deep learning and Bidirectional LSTM-CRF model. This model includes bidirectional LSTM with a bidirectional Conditional Random Field that is able to capture both the word level and sentence level encodings along with the positional encodings of text. Combined with the context from LSTM, the encodings are then fed to the CRF for classification. BI-CRF has improved performance in comparison to unidirectional CRF and backward CRF.

Transformer models are also being used for NER. BERT (Bidirectional Encoder Representation from Transfer), is one of the most popular transformer models that produce a state-of-the-art result for NER task (Devlin et al., 2018). BioBERT is the biomedical version of the BERT language model for the biomedical text and is widely used by the biomedical text-mining domain experts for NER, question answering and summarization tasks (Lee et al., 2020). The BERT model has been finetuned on Wikipedia, PMC and PubMed articles. ClinicalBERT (Alsentzer et al, 2019) is another extension of BioBERT and has been further trained on the MIMIC III dataset. All discharge summaries (880M words) were used to finetune this BERT to create embeddings for tasks associated with BERT.

Knowledge graphs (KG) are increasingly being used to further enrich information contained in EHRs. Vafajoo et al (2018) investigated the risk factors of cancer and chronic disease by creating KGs from biomedical literature. The suggested methodology included KG, disease-specific word embedding using NLP approaches, and literature-based discovery (LBD). The developed KG revealed that the clinical characteristics were the main emphasis of the breast cancer literature rather than the conventional chemical recommendations. KG built from EHRs has been offered as a diagnostic tool also Chaudhri, 2022). Using string matching on the two datasets provided by Beth Israel Deaconess Medical Center, the mentions of diseases and their symptoms were manually retrieved from both organised and unstructured data. Google Health Knowledge Graph (GHKG) was used to compare the disease-symptom edge that was generated for the constructed KG, based on evaluation metrics including recall and precision. Esteban et al (2017) proposed the Clinical Knowledge Graph (CKG), an open-source platform with more than 16 million nodes and 220 million relationships, to represent the experimental data, the literature, and public databases. Using CKG with statistical and machine learning approaches significantly accelerated the analysis and interpretation of conventional proteomics procedures.

NLP is also being used to deduce or predict patient health outcomes from clinical texts so that appropriate interventions could be made in time. Conventional prognostic scores usually require predefined clinical variables to predict health outcomes (Sung et al, 2021). They have used free text on the history of the present illness and computed tomography reports to build NLP-based machine learning models to predict the poor functional outcome at 90 days post-stroke. Similarly, Arnaud et al, (2021) employed convolutional neural networks
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(CNN) to provide an early prediction of the medical specialties at hospital admission.

Lastly, NLP techniques can also be seen in models aiming to improve the quality of life of patients and assist the overall healthcare system. For instance, deep learning techniques have been regularly applied to clinical notes to predict their ICD labels (Bao et al., 2021). Moreover, Le et al. (2020) aimed to evaluate the hypothesis that possible future medical concepts can be predicted from a patient’s EHR. By using time-based prefixes and suffixes, where each prefix or suffix was a set of medical concepts from a medical ontology, comparisons between prefixes of patients in the collection were done with the state of the current patient using various interpatient distance measures. Their study shows that indications of future events using this methodology are feasible.

In the above sections, not only have we discussed the criticality of comorbidities in clinical decisions but we have also comprehensively discussed several applications of traditional and emerging NLP approaches in the healthcare information systems area. We did notice a few cases of medical codes extraction and labeling from narrative portions of EHRs. However, we are not aware of, to the best of our knowledge, research that has attempted to extract ICD-10 codes for comorbidities from unstructured text in the next section, we attempt at developing and testing such an approach.

3 DATA AND METHODS

3.1 NLP-Enhanced Approach to Calculate Comorbidity Scores based on Extracted ICD-10 Codes

Our proposed model consists of four major steps. The first step involves extracting and pre-processing patient dataset for hospital readmissions with ample structured variables of interest also containing rich unstructured texts such as clinical notes or discharge summaries. Second step involves extracting additional ICD-10 codes from unstructured text using an NLP technique. To that end, we planned to employ an HLAN (Hierarchical Label-wise Attention Network) deep learning technique. However, in this particular instance, we have used a transformer-based BERT model to predict additional comorbid conditions. The third step focuses on re-organizing data in a way that enables calculations, and comparative evaluations. The highlight of this part is to assign, clean and organize the extracted comorbid codes to patient records in a clean and consistent manner. The final step requires that comorbidity scores for each disease included in the selected comorbidity index are calculated and made available as features of the target variable in our model i.e. hospital readmissions. That involves operationalization of either tested summary comorbidity indices such as Elixhauser (EHI), VW (van Walraven, 2009) and Thompson score (Thompson, 2015), or devising own algorithms based on diseases and outcomes of interest. Since our research focuses on all-cause hospital readmissions and general administrative data, therefore we limit ourselves to diseases/comorbidities specified in EHI comorbidity index for now. But we do plan to devise own weighted adjustments in the future.

For testing and evaluation step, that is not a regular part CDSS pipeline, we plan to employ statistical testing. At first, chi-squared test of independence will identify the dependence of the 30-days hospital readmissions on each of the thirty Elixhauser index comorbidities or otherwise. Logistic regression based feature scoring will then calculate the weighted influence of each comorbidity on the 30-days hospital readmissions classification. Principal component analysis will show the top 5 components affecting hospital readmissions prediction and alignment of identified comorbidities with those key components. They help us in comparing influential comorbidities in different datasets as well as comparative evaluation of the variance explained by multiple models (based on datasets explained in the next sub-section). It is reiterated that the purpose of PCA is not to suggest new principal components but demonstrate the alignment of various diseases/comorbidities included in Elixhauser model with the logistic regression feature scores (weights). Lastly, a t-test of summary Elixhauser comorbidity scores calculated from these datasets based on the diagnosed codes, NLP-extracted codes, and a combination of the two types of codes, enable a comparative assessment of each.

3.2 Data Preparation

We used MIMIC-III clinical database containing over 58976 all-cause admissions records of around 40,000 patients staying at Beth Israel Deaconess Hospital between 2001 and 2012 (Johnson et al., 2016, 2019). The database is anonymized and the calendars of all the events have been off-set. The dataset is open to public with terms and conditions of use. It contains structured EHR data on patient’s admissions, labs, treatments, medicines, transfer, and discharges as well as unstructured textual discharge summaries dictated or narrated by physicians.
Records with 30-days readmissions were identified by scanning multiple admission IDs for the same patient ID and the days between the discharge and next admission. Patients readmitted within 30 days of discharge were labelled ‘1’ while others were labelled ‘0’. Since it is mainly an emergency room database, filters were applied to exclude NEWBORN or ELECTIVE admissions, leaving only 37812 records. After counting the frequency of admitted patients against specific diseases, the records were filtered only for those diseases where the patient count was 100 or more, leaving us with only 29528 records.

Clinical notes for each admission were then extracted from NOTEEVENTS. Even though they contain lab reports, discharge summaries, and nursing reports, etc., we only considered discharge summaries for each admission since they contain all the information for this analysis. If there were multiple discharge summaries against an admission ID, only the most recent one was kept. That brought down the dataset to 21368 entries. After balancing the numbers of readmitted and non-readmitted patients for the final sample dataset, it was reduced to 3213 patients with discharge summaries.

3.2.1 ICD-10 Code Extraction (Prediction) from Unstructured Texts

Predicting applicable ICD-10 codes correctly from the discharge summaries played a key role in calculating Elixhauser comorbidity score. Since the process of training a BERT would take a lot of time and computational resources, a pre-trained BERT model was acquired from the Hugging face community to predict ICD-10 codes from the discharge summaries against each admission (Devlin et al., 2018; Hugging face, n.d.). The BERT model extracted multiple codes successfully from the unstructured text of each discharge summary.

We noted a couple of limitations working with BERT here. The first one was the limited size of unstructured text a BERT model could take as an input. To overcome that, larger discharge summaries were broken down into smaller blocks and serially processed through BERT. Second, if certain portions or types of textual summaries are richer than others in terms of terminologies related to the diseases, they will generate more codes, hence lot of overlapping codes to be dealt with. In ICD-10 codes, it is common to have extended codes adding depth to the diseases classification. Therefore, keeping the codes used for predictions uniform is another challenge.

Extended codes were removed from the extracted codes and results were saved as ‘PREDICTED_ COMORBIDITIES’ dataset. Similarly, ICD-10 data was obtained for the specific diagnosis made by the attending. The ICD-10 codes were the saved as ‘DIAGNOSED’ dataset. A third data set was constructed by combing the two above datasets. This combined dataset was titled ‘DIAGNOSED + PREDICTED COMORBIDITIES’.

3.2.2 Final Data Parsing for Comorbidities

Risk Calculation and Hospital Readmissions Prediction Model

Next, each of the 30 diseases listed in the Elixhauser comorbidity index was separately in a column against 3213 patient-admission rows. If an ICD-10 code was found for a disease, it was marked 1 otherwise 0. In this way, not only multiple ICD-10 codes for the diseases in the same disease related groups (DRGs) were eliminated in a patient, but the correct count of comorbidities a patient had was also recorded in a table format that could be readily input to a classifier.

Since the above data parsing was done first for the codes of diseases directly entered into the EHRs, it only prepared one dataset DIAGNOSED. The above parsing steps were repeated on BERT extracted codes and saved as PREDICTED_CORMORBIDITIES’ dataset with its own 30 columns for the diseases and count of comorbidities based on the extracted codes. Lastly, the codes from both the above datasets were logically “ORed” to keep one instance from either DIAGNOSED or PREDICTED_CORMORBIDITIES’ and the newly formed dataset was saved as DIAGNOSED+PREDICTED_CORMORBIDITIES’.

Elixhauser comorbidity score was also calculated for each patient-admission in three separate columns just for comparative evaluation of the three scenarios covered in the above datasets.

Our holistic 30-days hospital readmissions prediction model takes into account variables (features) from multiple areas. However, for the purpose of measuring direct effect of each comorbidity listed in Elixhausers’s index on hospital readmissions, we used simple logistic regression model with 30DRA as target variable and all the thirty comorbid diseases as features. For comparative evaluation purposes between physician diagnosed, NLP extracted and a combination of both, the model was tested on the three above datasets separately. In this way, it was a reduced model of the original just to test the effectiveness of NLP-extracted comorbidities from unstructured text. The aim is to incorporate a summary comorbidity score as one a single feature into the holistic 30-days-hospital-readmissions prediction model.
4 RESULTS AND ANALYSIS

As mentioned earlier, several statistical tests were conducted on the diseases/comorbidities datasets including chi-square test for independence, logistic regression feature scoring and principal component analysis (PCA). Many statistical tests were performed mainly because we wanted to leverage the pros of multiple techniques to analyse the performance from various angles. The above tests were conducted on three different datasets mentioned above i.e. DIAGNOSED, PREDICTED COMORBIDITIES and DIAGNOSED + PREDICTED COMORBIDITIES datasets in relation with 30-days hospital readmissions predictions. Table 1 presents the complete results of these tests attached at the end of the paper due to its size and format. The results reported in Table 2 have been sorted (rank-ordered) as per logistic regression feature scores of the comorbidities based on NLP-predicted codes.

4.1 Comorbidities Diagnosed by the Physicians

A chi-square test of independence was performed to test the relation between each Elixhauser comorbid condition and 30-days hospital re-admission. With \( N = 3213 \), \( df = 30 \), the critical value for the chi-square distribution comes out at 43.773. For the DIAGNOSED scenario, the names of the diseases (along with their ICD-9 does) are diagnosed by the physicians. All values of chi-square statistics are below the critical value indicating significant relationship between all comorbidity measures in the EHI and hospital readmissions at \( p<0.5 \) significance level. The logistic features scores on its right-side highlight Hypertension, Congestive Heart Failure, Hyperthyroidism, Renal Failures and Peripheral Vascular Disorders as the top five contributing comorbidities to hospital readmissions. However, there are at least 10 features that have NaN values which implies there are several conditions that are not commonly diagnosed (or ignored) by the physicians. There is a possibility that this could be due to the Emergency Room data of MIMIC-III that certain types of diseases or conditions were not common among this group. Furthermore, even though top 5 principal components identified by PCA analysis explain 74% of the variance (See Table 1), they are not very well-aligned with the key features highlighted by the logistic regression.

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<th>Cumulative variance explained by principal components.</th>
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<td>DIAGNOSED + PREDICTED COMORBIDITIES</td>
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4.2 Comorbidities Extracted by NLP

The Chi-square test performed on the PREDICTED COMORBIDITIES dataset also returns chi-square statistics for all the co-morbidities well below the critical value. Therefore, the relation between EHI comorbidities predicted by the NLP is significant at \( p<0.05 \). However, there are conspicuous differences in the diseases/comorbidities highlighted as most influential ones in this dataset in comparison to the DIAGNOSED dataset. Except for the AIDS/HIV Lymphoma which is life-threatening, rest of them appear to be chronic but slowly developing conditions gradually affecting patient’s quality of life. It is not surprising that Psychoses, Hypothyroidism, Rheumatoid Arthritis, Peptic ulcer diseases, and drug abuse have been noted in the unstructured parts of the EHRs but not in the main diagnosis. The doctors would typically note the most prevalent and billed comorbidities in their diagnoses while discussing the other notable historical conditions in the notes. It shows the effectiveness of NLP techniques in identifying conditions that are otherwise side-lined. But what is even more notable are the 78% variance explained by principal components as well as much better alignment between the logistic regression features and the principal components. This looks like a stronger model than the first one. But at the same, it is surprising that well-known comorbidities leading to early mortality, such as congestive heart failure and hypertension have not been identified as key factors behind early hospital readmissions. There are few overlaps between the significant principal components of the two datasets.

4.3 Combined Comorbidities

The Chi-square test performed on this combined dataset yields the same significant results for \( p<0.5 \) that all considered comorbidities are related to hospital readmissions. However, these are even better
Table 2: Results of Chi-square, Logistic Regression Feature Scoring and Principal Component Analysis – sorted on Logistic Regression Features Scores of Predicted Codes.
since quite intuitively, this dataset has fewer NaN values i.e. only two compared to the eight and ten of the other two models. In other words, there are more significant relations between comorbidities and hospital readmissions in this dataset. The logistic regression feature scores definitely overcome the limitations shown by each of the earlier models. For instance, the top five influential features include Congestive Heart Failure and AIDS/HIV lymphoma on one hand and on the other hand they also check slowly progressing diseases like psychoses, paralysis and drug abuse. The combined variance explained by top 5 principal components is not improved further staying at 77% but it is evident visually that many more features are contributing to an align with these principal components.

### 4.4 Comparative Classification Performance of the Three EHI Models

The student T-tests for independent samples were performed on the three variants of the Elixhauser comorbidity scoring models discussed in the previous sub-sections. Each data set (N=3123) was broken into a 75% training (n= 2395) and 25% test dataset (n=728). A logistic regression classifier was trained with the training dataset and then tested for classification performance (0,1) with the test dataset. The results are shown in Figs 1 a-c.

The t-statistic of classification done by scoring model using diagnosed codes appears better but with p>.05 it becomes insignificant. Scoring models based on predicted codes (stand-alone or combination) are significant at p<0.5 hence they tend to perform better for hospital readmissions classification.

Overall, it is abundantly clear that NLP-enhanced comorbidity scoring has merit and potential to improve performance of the CDSS employing comorbidities and comorbidity summary scores.

### 5 CONCLUSIONS

Improved comorbidity scoring is valuable as one of the features in AI-based decision models. This research aimed to test if comorbidity scoring can be improved using NLP-enhanced approaches, especially by gleaning additional ICD-10 codes from unstructured portions of the EHRs. Such improvements have huge implications for better healthcare delivery, cost savings, and patient outcomes.

We employed a BERT model to glean additional ICD-10 codes from unstructured portions of the MIMIC-III patient EHRs. The comorbidities represented by these codes and included in Elixhauser index were then tested for hospital readmission classification, separately as well as in combination with existing codes diagnosed by the physicians. We noted improvements both in comorbidity measurements as well as 30-days hospital readmissions predictions. It is anticipated that better NLP techniques, such as HLAN and KGs will offer
even more improvements. We also demonstrated any improvements in Computer-assisted coding (CAC) especially for ICD-10 and ICD-11 codes will also support other venues in the CDSS area. There is room for building user trust in CDSS.

Like every research study, we faced limitations. At first, the MIMIC-III dataset is primarily an emergency admissions database. The physicians’ healthcare goals in emergency settings are different from those in a general admissions so they may view comorbidities and some variables differently from the physicians handling regular admissions. The high variations in logistic regression features scores between DIAGNOSED and PREDICTED COMORBIDITIES could partly be stemming from such differences. Another limitation could be using a binary classifier for 30-days hospital readmissions. The performance and effects would have been more practical if a 30-days risk scoring model was used using comorbidity summary score/s as feature/s.

Methods and pipelines for testing and analysis can also be improved. The effects of most diseases are calculated separately. Multimorbidity indices are considered more relevant for assessing risks in some medical areas. Co-occurrence and covariances would have to be accounted in comorbidity risk calculations.

We do intend to revisit and improve this research using an HLAN (Hierarchical Label-wise Attention Network) technique and a holistic 30-days risk scoring model (including medical, demographic and socio-economic features) as the final output of our hospital readmission risks score considering alternate care facilities.

REFERENCES


