“Robot Steganography”: Opportunities and Challenges

Martin Cooney⁴, Eric Järpe⁵ and Alexey Vinel⁶

School of Information Technology, Halmstad University, Halmstad, Sweden

Keywords: Steganography, Robots, Autonomous Vehicle, Socially Assistive Robot, Speculative Prototyping.

Abstract: Robots are being designed to communicate with people in various public and domestic venues in a perceptive, helpful, and discreet way. Here, we use a speculative prototyping approach to shine light on a new concept of robot steganography (RS): that a robot could seek to help vulnerable populations by discreetly warning of potential threats: We first identify some potentially useful scenarios for RS related to safety and security—concerns that are estimated to cost the world trillions of dollars each year—with a focus on two kinds of robots, a socially assistive robot (SAR) and an autonomous vehicle (AV). Next, we propose that existing, powerful, computer-based steganography (CS) approaches can be adopted with little effort in new contexts (SARs), while also pointing out potential benefits of human-like steganography (HS): Although less efficient and robust than CS, HS represents a currently-unused form of RS that could also be used to avoid requiring a computer to receive messages, detection by more technically advanced adversaries, or a lack of alternative connectivity (e.g., if a wireless channel is being jammed). Some unique challenges of RS are also introduced, that arise from message generation, indirect perception, and effects of perspective. Finally, we confirm the feasibility of the basic concept for RS, that messages can be hidden in a robot’s behaviors, via a simplified, initial user study, also making available some code and a video. The immediate implication is that RS could potentially help to improve people’s lives and mitigate some costly problems, as robots become increasingly prevalent in our society—suggesting the usefulness of further discussion, ideation, and consideration by designers.

1 INTRODUCTION

At the crossroads between human-robot interaction and secure communications, this design paper focuses on the emerging topic of “robot steganography” (RS), the hiding of messages by a robot.

Steganography is a vital way for vulnerable populations and their protectors to secretly seek help; e.g., encryption alone cannot prevent an adversary from detecting that a message is being sent, which could result in retribution. Such messages could also be sent by interactive robots, which are expected to play an increasingly useful role in the smart cities of the near future by conducting dangerous, dull, and dirty tasks, in a scalable, engaging, reliable, and perceptive way. Here “robot” is defined generally as an embedded computing system, comprising sensors and actuators that afford some semi-autonomous, intelligent, or human-like qualities. This comprises common tropes like socially assistive robots (SARs); robots that seek to help people through social interactions), as well as systems that we might not normally think of as robots, such as autonomous vehicles (AVs), smart homes, and wearables (i.e., robots that we ride, live in, and wear), which exhibit qualities conducive for steganography:

- **Generality.** Since robots typically contain computers, existing computer-based steganography (CS) approaches can be used.
- **Multimodality.** Robots can generate various signals, from motions to sounds, that could also enable “human-like” steganography (HS).
- **Opacity.** Robots tend to be complex, such that most people do not understand how they work.
- **Nascency.** Robots are not yet common in everyday human environments due to their current level of technological readiness, which could allow for occasional odd behavior to be overlooked (plausible deniability).

However, currently it is unclear how a robot can seek to accomplish good via steganography; thus, the goal of the current paper is to explore this gap: Section 2 positions our proposal within the litera-

---

⁴https://orcid.org/0000-0002-4998-1685  
⁵https://orcid.org/0000-0001-9307-9421  
⁶https://orcid.org/0000-0003-4894-4134
ture, guiding our approach in Section 3, which identifies two key scenarios related to indoor and outdoor robots. The core premise in both scenarios, that messages can also be hidden in robot motions and sounds, is then verified via a simplified user study reported in Section 4, followed by discussion in Section 5. Thereby, the aim is to stimulate thought about the possibilities for robots to help people in the near future.

2 RELATED WORK

Steganography approaches could be applied by robots that are intended to be perceptive, intelligent, and contextually appropriate. This relates to a recent proposal that interactive robots should not always single-mindedly reveal truth, but will need to “lie” in various situations, to provide good service (Wagner, 2016; Isaac and Bridewell, 2017). For example, a robot asked by its owner about their weight might not wish to respond, “Yes, you are very fat”.

Toward this goal, some relevant behavioral approaches and concerns have been identified: Interdependence theory has been applied, suggesting that stereotypes can be used to initially estimate the cost, value, and estimated success rate of lying (Wagner, 2016). Theory of mind has been espoused as a way to allow robots to detect ulterior motives, to avoid manipulation by humans with bad intentions (Isaac and Bridewell, 2017). Additionally, a system was developed to detect human lies based on eye movements, response times, and eloquence, also verifying that robots were lied to in a similar way as humans (Gonzalez-Billandon et al., 2019). Such work has formed a basis for robots to interact more effectively via discreet communication.

We believe that for similar reasons, not just false utterances, but also an ability to send secret messages to the right recipient via steganography could be useful. Here, we propose that RS can be considered to comprise two broad categories, HS and CS:

2.1 Human-like Steganography (HS)

Since ancient times, humans have used a variety of audiovisual signals (Petitcolas et al., 1999) to warn of threats, ask for help, signal action, or even to just surreptitiously poke fun at others. Similarly, a robot could blink in Morse code or use gestures to warn of torture, and draw symbols like black dots, use a red pen, or utter safe keywords like “Angela” or “Minotaur”, to warn of domestic violence. Robots could also leverage common everyday media tropes, from gestures such as putting “bunny ears” behind someone’s head when a photo is taken, to facial expressions behind someone’s back, or using a bird call to signal an ally without alerting adversaries. One recent study has started to examine a similar case for how an underwater vehicle could mimic animal sounds (Jia-jia et al., 2018), yet studies related to HS appear to be strikingly rare—possibly due to the nascent state of robotic technology, as well as some salient advantages of CS, discussed next.

2.2 Computer-based Steganography (CS)

The development of computers led to new possibilities for highly efficient and robust steganography, typically involving small changes to little-used, redundant parts of a digital carrier signal. For example, least significant bits (LSB), parity bits, or certain frequencies can be used, in a carrier such as digital text, visual media (image, video), audio (music, speech, sounds), or network communications (communicated frames/data packets) (Zielińska et al., 2014). In particular, the latter is starting to be explored for robots; for example, de Fuentes and colleagues investigated CS in Vehicular Ad hoc Networks (VANETs) (de Fuentes et al., 2014). Our analysis suggested that, although CS has strong advantages, there could still be a use for HS, since CS requires a device to receive messages, is more likely to be known to adversaries, and could be prevented by disabling or jamming wireless communications. However, what was unclear was how a robot can use HS or CS to help people.

Toward starting to address this gap, we have previously reported in a short paper on some initial ideas regarding vehicular steganography (Cooney et al., 2021). The novel contribution of the current paper, which extends the latter, is in exploring the “big picture” for RS, including opportunities and challenges.

3 METHODS

To explore the lay of the land, we adopted a speculative prototyping approach that seeks to capture po-
tentially important, plausible, and thought-provoking scenarios in a concrete, easily-understood way, as well as to test some part of the challenges that emerge in a simplified user study (Dunne and Raby, 2013; Engelberg and Seffah, 2002).

Thus, in line with the “How Might We” design method, rapid ideation sessions were first conducted within the group, asking the question: How might a robot help people by sending secret messages? Brainstorming ideas were recorded without judgement, then blended and grouped into short written narrative scenarios. The aim was to capture a wide range of ideas in a small number of potentially high-value, plausible, uncertain, and different scenarios. Feasibility from the perspective of current technology was not used as a filter, given the speculative approach; i.e., our initial concern was not how robot capabilities could be implemented (such as the rich recognition capabilities that will be required) but what could be useful. This resulted in a total of eight initial scenarios, which were then analyzed, yielding insight into some core themes: the kinds of problems that would be useful to design solutions for, commonalities, venues, interactive roles, cues to detect, and actions a robot could take, as well as some unique challenges.

Furthermore, two example scenarios were selected, for two kinds of robot: a socially assistive humanoid robot (SAR) and an autonomous vehicle (AV). The former is an indoor robot with a focus on social communication, especially for healthcare, whereas the latter is an outdoor robot with a focus on locomotion and transport; both offer exciting possibilities for improving quality of life in interacting persons. The example scenarios are presented below:

**SAR.** “Howdy!” called Alice, the cleaning robot at the care center, as she entered Charlie’s room. Her voice trailed off as she took in the odd scene in front of her: Charlie appeared agitated, and she could see bruises on his arms. The room was cold from an open window, which had probably been opened hours ago, and yesterday’s drinks had not been cleared away—there was no sign that anything had been provided for breakfast. Closing the window, Alice noticed a spike of “worry” in her emotion module, directed toward Charlie, whom she knew had a troubled relationship with Oliver, his main caregiver. The other day, Charlie had acted disruptively due to his late-stage dementia. To this, Oliver had expressed frustration and threatened punishment; with his history of crime, substance abuse, unemployment, and mental health problems, this might not be merely an idle threat. But, there might be some explanation that Alice didn’t know about, and she didn’t have permission to contact authorities, since a false report could have highly negative consequences. Sending a digital message would also probably not be wise, since the matter was urgent, and Oliver and the rest of the group had access to her logs. When she headed over to the reception, there was Oliver talking to Bob. Alice wanted to let Bob know as soon as possible without alerting Oliver, so she surreptitiously waved to Bob behind Oliver’s back to get his attention and flashed a message on her display that she would like to ask him to discreetly check in on Charlie as soon as possible. Bob nodded imperceptibly, and Alice went back to cleaning. With Bob’s help, Alice was sure that Charlie would be okay.

**AV.** “Hey!” KITTEN, a large truck AV, inadvertently exclaimed. “Are you watching the road?” Her driver, Oscar, ignored KITTEN, speeding erratically down the crowded street near the old center of the city with its tourist area, market, station, and school, which were not on his regular route. KITTEN was worried about Oscar, who had increasingly been showing signs of radicalization—meeting with extremists such as Mallory—and instability, not listening to various warnings related to medicine non-adherence, depression, and sleep deprivation. But she wasn’t completely sure if Oscar was currently dangerous or impaired, as his driving was always on the aggressive side; and, KITTEN didn’t want to go to the police—if she were wrong, Oscar might lose his job. Or, even if she were right and the police didn’t believe her, Oscar could get angry and try to bypass her security feature, or find a different car altogether, and then there would be no way to help anymore. At the next intersection, KITTEN decided to use steganography to send a quick “orange” warning to nearby protective infrastructure, comprising a monitoring system and anti-tire spikes that can be raised to prevent vehicles from crashing into crowds of pedestrians—while planning to execute an emergency brake and call for help if absolutely required.

The scenarios suggested that RS might be useful when two conditions hold:

- **There is a High Probability of Danger.** If the robot is not completely sure about the threat, or has not been given the right to assess such a threat as the consequences of a mistake could be extremely harmful, the robot could require another opinion, possibly through escalation to a human-in-the-loop. In particular, this could occur when there is a possibility of an accident or crime: Traffic accidents are globally the leading killer of people aged 5-29 years, with millions killed and injured annually⁶, and crimes are estimated to cost

---

⁶www.who.int/publications/i/item/9789241565684
trillions of dollars each year (DeLisi, 2016).

• **Conventional Communication is Undesirable.**
  If direct messages might be detected (e.g., in logs or by monitoring wireless traffic), message hiding could be a way to reduce the risk of reprisals and exacerbating the problem. The intended recipient might also not have a computer, or there might be a lack of connectivity preventing a robot from communicating a problem—with or without covert properties (e.g., because an adversary jammed the wireless channel).

  It should be clear than an adversary could completely block any communications from a robot, by shutting it off, destroying it, abandoning it, or modifying it to either not send messages or send false messages. However, we believe that adversaries will not do this in various cases, if a robot is not seen to interfere (e.g., by sending uncovert messages): Disabling a robot could call unwanted attention to an adversary, in the same way as restraining any nearby humans. There might be many robots and devices in the vicinity. The robot could be still perceived as useful for some purpose (e.g., an AV carrying the adversary). And, people are accustomed to using technologies that could be used against them for convenience, from cameras that could be used for monitoring, to vehicles that could cause a deadly accident.

  Thus, alternatives exist: RS (CS, HS), encryption only, or direct communication. When the above conditions do not hold, a different approach than RS can be used; for example, a robot could directly call for help if it has witnessed a life-threatening situation and the threat is perfectly clear, like if shots have been fired—or if the robot has a strong belief that the adversary could not detect a call for help.

  A detailed comparison of scenarios for SARs and AVs, including settings, informative cues, and potential robot actions, is presented in Table 1, and the gist is visualized in Fig. 1.

  Additionally, the scenarios also suggested some “unique” aspects to RS that differ from traditional steganography, as shown in Fig. 2:

  • **Generation.** Instead of humans coming up with messages to send over computers, an AV must itself generate a message from sensed information.
  • **Indirection.** In HS, files are not passed directly from sender to recipient, introducing risks of noise and lower data transmission rates.
  • **Perspective.** In HS, unlike e.g., video motion vector steganography, a robot could control its motion to generate an anisotropic message visible only at some specified angle and distance; audio reception could also be controlled via “sound from ultrasound” (Pompei, 2002) or high frequency to send location- or age-specific sounds.

  Furthermore, various audiovisual carriers could be used for HS, as shown in Fig. 3: Visually, locomotion—e.g., variance over time in position and orientation (path, or trajectory), velocity, or acceleration—could be used to hide messages detectable via communicated GPS, videos, or odometry; other visual signals could include lights, opening or closing of windows, and convertible tops. Aurally, speakers that generate engine noise (like soundackers), or even music players or a horn could be used. More complex approaches could be multimodal, using a platoon, swarm of drones, or even the environ-
Table 1: Some fundamental concerns for RS with SARs and AVs.

<table>
<thead>
<tr>
<th>Scenarios</th>
<th>SARs</th>
<th>AVs</th>
</tr>
</thead>
<tbody>
<tr>
<td>SARs could help with preventing the potential abduction, abuse, or homicide of vulnerable populations such as elderly, children, persons with special needs (e.g., dementia, autism, blindness, motor impairment, depression), homeless persons, spouses, or members of some targeted group (e.g., whistleblowers, freedom fighters, persecuted minorities, or prisoners). The main case considered here was a direct threat from a human adversary. Typically, an adversary might seek private access to a victim (e.g., via removal to a second location) to avoid abuse being witnessed; intentions could include domestic violence, kidnapping, bullying, assault, robbery, threat, murder, microaggression, retribution, battery, or rape–within transitional, secluded, or dangerous settings such as a care center, school, home, bar, night club, store, lot, station, street or park. The robot could be accompanying a person, or just happen to be in the area to conduct some other task, such as healthcare, cleaning, or delivery.</td>
<td>An AV could be involved in reckless driving (hit-and-run, drunk driving), trafficking (drugs, humans or other contraband), robbery (at a bank, store, or carjacking), or violent crime (homicide or abduction). Typically, an adversary (a lone individual, small group, or representative of an oppressive nation) might exhibit malevolent cues during transit to a sensitive area such as a border, bank, military site, or crowded or dangerous location. The main case considered involved a direct threat from a human adversary travelling inside the AV, although external adversaries (humans or AVs) could also be detected.</td>
<td></td>
</tr>
</tbody>
</table>

| Cues | Indicators could include: (1) Sudden negative or odd changes in a potential victim’s state or behavior (including physical signs such as bruises; emotional displays of pain, fear, or anger; or behavioral subservience). Such cues could potentially be detected via anomaly or change point detection, during monitoring of health, emotions, and activities. (2) High risk factors such as violent, unjustified behavior or emotional displays from a potential adversary, especially if there is a large perceived force imbalance, possibly in conjunction with a history of fighting, threats, crime, substance abuse, unemployment, high stress, and mental health problems. Violent behavior could be detected via cameras, microphones, and touch sensors on a SAR or in the environment, whereas historic data could be accessed from police or medical records. | Targets for detection could include speeding, weaving, tailgating, and failing to yield or signal, in manual driving mode; and more generally, hiding packages; unhealthy behavior (medicine non-adherence with depression or sleep deprivation); and being armed and masked without occasion. Problematic driving could be detected from surveillance camera data; health problems by collating data from electronic pill dispensers and smart homes; and threatening gear from cameras inside an AV. |

| Actions | Warnings could be sent to family such as parents, security, teachers, or care staff (R2H), as well as doors or vehicles (R2I and R2R), while also potentially preventing the victim from being taken away by lying about whereabouts, stalling, and evading. | Warnings could be sent to border or bank security (V2H), protective infrastructure (e.g., anti-tire spikes; V2I), or nearby AVs or platoon members (V2V), while also potentially seeking to delay or obstruct. |

4 USER STUDY

To fully realize the speculative scenarios in the previous section, various advanced capabilities will be required, but the main premise for RS—that messages...
can be hidden in a robot’s motions and sounds in a way that is not easy to detect by potential adversaries—seemed to require some immediate verification. Thus, to check the basic feasibility of this idea, a small user study was conducted, based on implementing some simplified algorithms. Of the two example scenarios, we wanted to focus on one for our initial prototyping, and to develop an actual physical prototype where real-world problems might emerge, rather than a simulation; since an error with an AV could be lethal, we selected the basic idea of the SAR scenario for our first exploration. In this scenario, a SAR, Alice, uses RS to send various messages to a protector, Bob, in such a way that an adversary, Oliver does not see them.

4.1 Participants

20 faculty members and students at our university’s School of Information Technology participated in an online survey (40% were female, 50% male, and 10% preferred not to say; average age was 41.8 years with SD= 10.3; and six nationalities were represented, with Swedish by far the most common (60%)). Participants received no compensation. Ethical approval was not required for this study in accordance with the Swedish ethics review act of 2003 (SFS no 2003:460), but principles in the Declaration of Helsinki and General Data Protection Regulation (GDPR) were followed: e.g., in regard to written informed consent.

4.2 Procedure

Similar to our previous study on audio steganography (Järpe and Weckstén, 2021), participants were sent links to a Google Forms survey, which took approximately three minutes to complete. Participants played the part of the adversary, watching two pairs of videos of a SAR moving and speaking. In one video of each pair, messages were hidden in the robot’s behaviors, toward saving a new victim, Stacey. After watching each pair of videos, participants noted which one they thought contained a hidden message. For safety and simplicity, the Baxter robot was used, which is a SAR that is easily programmed to communicate audiovisually via movements, a face display, and speech utterances.

4.3 Conditions

Two conditions were used, steganography (present or absent) and modality (visual or audio), based on our analysis of channels that can be used for HS. Thus, four videos (two pairs) were prepared, as depicted in

Figure 4: Audiovisual steganography was applied to (a) visual signals (gripper motions, facial display, arm motions), as well as (b) sounds (speech delays and WAV files).

Fig.4. Both of the steganography videos featured examples of both CS and HS.

Visual Steganography: The first two videos showed the robot greeting an adversary, who has suddenly appeared. (The videos were recorded from the adversary’s perspective.) The steganography video used three visual carriers to send hidden messages to an off-camera observer to the left, intended to be difficult to perceive by the adversary. The robot initially appeared as if it is vacuum cleaning, while opening and closing a gripper to express “SOS” through Morse code to the off-camera observer; the gripper’s motion and clicking sound were masked via its other arm—demonstrating the perspective property—and the vacuuming sound. Next, the robot raised its arm in greeting, during which arm angles specified as floats were recorded in a motion file and constantly published on Robot Operating System (ROS) channels; there, an ASCII message, “SOS”, was embedded in the LSB. Also, the ASCII message “SOS! Stacey needs your help!” was hidden in the image data used for the robot’s face via LSB. Thus, the messages were conveyed via “pure” HS (not requiring a computer to detect), HS closer to CS (a human-like motion, but requiring a computer to read), and CS. It wasn’t clear if participants might notice strangeness in the clicking of the gripper, vibrations due the concealed motion, or the roughness in the robot’s arm motion due to the added message.

Audio Steganography: The second pair of videos showed a robot speaking to an adversary. The steganography video used two audio carriers to hide messages. Speech utterance delays were used to hide the message “SOS” in a “simplified” Morse code (100ms dot, 200ms dash). The message is read by using the sounddevice library to detect volume, with a model of normal delays–exemplifying the indirect property. Some simple heuristics were used including hysteresis in volume for speech start and end, and a model for the minimal length of a speech sound. Furthermore, the ASCII message “SOS! Stacey needs your help!” was again hidden, in the LSB of a WAV
file which the robot uses to say “hello”. Thus, the signals were predominantly HS and CS, respectively. It wasn’t clear if participants might notice extra delays or roughness in the steganography condition.

The reason that transmission is hidden in this case is that a SAR is expected to use its display, motions, and sounds to interact—normally there is no suspicion that such behaviors have any other hidden communicative purpose.

4.4 Results

If the robot was successful at hiding messages, the rate at which participants could identify the videos with hidden messages should have been around random chance (50%). Else, if the robot failed to hide its messages, the rate should have been higher (e.g., closer to 100%).

In this study, participants guessed the file with the hidden messages 55% and 50% of the time (11 and 10 participants respectively; thus, 21 out of 40, or 52.5%, where 19 out of 40, or 47.5%, the guesses were wrong). A binomial test confirmed that this success rate was not more common than can be expected by random chance (50%), for the results of the first pair of videos ($p = .8$), the second pair ($p > .9$), and all of the data together ($p = .9$). In other words, the robot had performed as we had expected. Also, of 13 participants who left comments, ten explicitly stated that they could not see obvious differences and guessed; three indicated cues such as nodding, color changes, pauses and blinking that could not be clearly related to changes expected due to embedding messages, possibly a result of pareidolia (a human tendency to see patterns even where none exist). No participant correctly identified cues that might have resulted from adding the hidden messages.

Thus, our hypothesis was supported, and this simplified check confirmed that messages can be successfully concealed in some common robot behaviors without humans suspecting. While some messages require the recipient to have a computer, others, like the robot’s gripper communicating via Morse code, can be seen by the naked eye.

5 DISCUSSION

In summary, the contribution of the current work is proposing some theoretical and practical considerations for a robot to convey hidden messages to help people, which we have dubbed robot steganography (RS):

- A speculative approach revealed
  - applications to traffic safety and crime prevention
  - three unique qualities of RS relating to message generation, indirection, and perspective
  - potential carriers, as well as initial ideas for signal generation.
- A simplified, initial user study confirmed that messages can be hidden in various robot behaviors, also demonstrating a first example of RS.
- Additionally, a video and code have been made freely available to help guide others who might be interested in this topic.7 8

As robots become increasingly prevalent, the results suggest the usefulness of further discussion and ideation around RS, which could potentially help save people’s lives and could be easily implemented in some contexts: Robots can already use established approaches for computer-based steganography (CS) to communicate with computers, robots, or humans equipped with computers. Moreover, human-like RS (HS) can also be used to communicate even with humans who do not have access to a computer (e.g., this can be as simple as merely gesturing or displaying a message behind someone’s back), when technically capable adversaries might be aware of more common CS approaches, or when conventional CS channels are obstructed. Furthermore, as noted, RS can complement other techniques such as encryption or lying.

5.1 Limitations and Future Work

This work represents only an initial investigation into a few topics related to RS and is limited by its nature, comprising speculation and simplified prototyping approach. It should be stressed that it is neither possible, nor the goal of the current paper, to fully describe and test all RS methods that could exist, or to fully realize the scenarios identified. Other important scenarios, carriers, and motion generation approaches might exist for other kinds of robots, and the simplified user study only checked the feasibility of RS in a prototype SAR—much more work will be required to realize RS in the real world. As well, the degree to which RS will be useful is not yet completely clear, as both CS and HS can result in lower transmission rates than merely encrypting or sending direct communications, which might not be justified if intended recipients are expected to always be monitoring a computer

7 www.youtube.com/vr3zIva6eCU
8 github.com/martincooney/robot-steganography
or adversaries are expected to never be technically capable.

Future work will also explore allostatic (preventive) interventions, steganalysis (detection of hidden messages), ethics, and perception of dangerous scenarios. For example, could robots use conversation or touch to defuse situations, making adversaries less angry and victims feel safer and better (Akiyoshi et al., 2021)? Will an ability to help people via RS, conducting vicarious inference and showing empathy, facilitate acceptance of robots and positive long-term interactions (Lowe et al., 2019)? By shining light on such questions, we aim to bring a fresh perspective to possibilities for robots to create a better, safer society, which could also facilitate acceptance and trust in the use of robots in our everyday lives.

ACKNOWLEDGEMENTS

We thank our colleagues who participated in scenario building or the user study!–and gratefully acknowledge support from the Swedish Knowledge Foundation (KKS) for the SafeSmart “Safety of Connected Intelligent Vehicles in Smart Cities” Synergy project (2019–2023), the Swedish Innovation Agency (VINNOVA) for the “Emergency Vehicle Traffic Light Preemption in Cities – EPIC” project (2020–2022) and the ELLIIT Strategic Research Network.

REFERENCES


