Trends Identification in Medical Care

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Abstract: Daily, health professionals are sought out by patients, motivated by the will to stay healthy, making numerous diagnoses that can be wrong for several reasons. In order to reduce diagnostic errors, an application was developed to support health professionals, assisting them in the diagnosis, assigning a second diagnostic opinion. The application, called ProSmartHealth, is based on intelligent algorithms to identify clusters and patterns in human symptoms. ProSmartHealth uses the Support Vector Machine ranking algorithm to train and test diagnostic suggestions. This work aims to study the application’s reliability, using two strategies. First, study the influence of pre-processing data analysing the impact in the accuracy method when data is previously processed. The second strategy aims to study the influence of the number of training data on the method precision. This study concludes the use of pre-processing data and the number of training data influence the precision of the model, improving the precision on 8%.

1 INTRODUCTION

Through the availability of data, the variety of data analysis techniques and the information processing capacity of computers, Artificial Intelligence, Machine Learning and Deep Learning have increasingly contributed to the medical industry in different domains and applications, enabling the creation of predictive models that allow the study of transmission and identification of disease risk, among others (Academy, 2015), (Jiang et al., 2017).

This study consisted of developing an application that provides diagnostic suggestions to support health professionals in order to reduce diagnostic errors. This application manages, for now, diagnoses of three types of diseases: breast cancer, dementia and heart disease.

The application, called ProSmartHealth, uses Supervised Learning approach (Kim, 2017), through classification strategy to identify the type of diagnoses. ProSmartHealth uses Support Vector Machine method with algorithms of linear binary classification and multi-class approach.

Although ProSmartHealth obtained satisfactory results, achieving a precision of 84%, there were many aspects to improve. So, the application update was done using two strategies: the influence of the pre-processing data on the train set and the perfect number of training data to obtain the best model accuracy.

The paper is organised as follows: The section 2 presents a review of the literature on how Artificial Intelligence, Machine Learning and Support Vector Machine can be applied in the health field. The 3 section demonstrates the ProSmartHealth application. The 4 section presents the problem to be developed and the 5 section presents a description of the databases used. The numerical results will be presented and analysed in Section 6. Finally, Section 7 summarises the work with some conclusions and perspectives for future work.

2 LITERATURE REVIEW

Artificial Intelligence (AI) assists in several areas, having already been implemented in several applications, namely in the autonomous car, on the factory floor, in the hospital service system, in social networks, on the mobile phone, among others (Russel and Norvig, 2004). The AI system can support doctors by providing up-to-date medical information, in addition, with a large number of information, it is possible to create software that warns of risk, or can diagnose and predict the onset of diseases (Miotto et al., 2017).
Machine Learning (ML) is used more often in the health area, performing segmentation of medical images, named image registrations, image fusion, computer-assisted diagnosis, image-guided therapy, image annotation, and data set retrieval (Khare et al., 2017). An example of use is the development of a model for a hospital classification based on a diagnosis of hospitalisations, with and without emergency, where it is predict the urgency of admissions with a numerical value that reflects the degree of planning available for a hospital. This study helps to identify the increasing emergency services in hospitals, which can be a complex scheduling problem (Krämer et al., 2019).

Support Vector Machine (SVM) was already applied in healthcare by increasing diagnostic accuracy. An example of use on the prediction of Alzheimer’s disease, which has the final diagnosis provided with the corresponding values. This training is carried out through a binary classification method. In this study, the algorithm was able to predict dementia and validate its performance through statistical analysis (Batnineni et al., 2019).

3 ProSmartHealth APPLICATION

The ProSmartHealth application consists in an intelligent system to identify clusters and patterns in human symptoms and aims to assist health professionals in the diagnosis process, through an integrated questionnaire with key questions that the professional fills in with patient data and obtains a diagnostic suggestion (for now, three diseases are available: heart disease, breast cancer and dementia).

This application was developed, in the Matlab software, combining three model codes that provide a diagnostic suggestion for each disease individually. The application procedure started by studying which is the best algorithm for the data set to be used through Matlab Classification Learner application, obtaining the best results from the Support Vector Machine.

To use this classification method, it is necessary that the data set is divided into two sets: training and testing. The training data set has 85% of the total numerical data and the test data set has the remaining 15% of the numerical data. These data sets were used to train and test the model in 100 iterations with the appropriate algorithms for each data set, taking into account that the Support Vector Machine algorithms depend on the number of classes to be identified.

For breast cancer and heart disease, have two classes, the \textit{fitcsvm} function is used with the minimum sequential optimisation algorithm, the function implements the algorithm represented in Figure 1.

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure1.png}
\caption{Linearly Separable Problem algorithm (N. Deng and Zhang, 2013).}
\end{figure}

As dementia data has three classes, the \textit{fitcecoc} function is used, which executes the “one vs one” method with a linear kernel, the algorithm implemented by the function can be seen in Figure 2.

\begin{figure}[h]
\centering
\includegraphics[width=\textwidth]{figure2.png}
\caption{One vs One method algorithm (N. Deng and Zhang, 2013).}
\end{figure}

The three models codes were combined to create the ProSmartHealth application. The application starts with a home page where the health professional can choose the disease to acquire a diagnostic suggestion, as shown in Figure 3. Depending on the disease chosen by the health professional, a window will appear with a questionnaire that will have a number of questions representative of the parameters used to train and test the model, in the case of breast cancer there are ten, for dementia there are 5 and for heart disease there are thirteen parameters, which are explained in Section 5.

When the health professional finishes filling out the chosen questionnaire the system will send a message indicating a diagnostic suggestion.
4 PROBLEM STATEMENT

Diagnostic errors are increasingly common in the health area, which is beginning to worry the population (dos Santos et al., 2010). These errors can occur in different sectors and for several reasons, one of them is the fact that hospitals are often overcrowded and without enough doctors to monitor 100% of all patients.

Therefore, the ProSmartHealth application aims to reduce diagnostic errors, assisting health professionals.

Given this, this study is based on the study of the reliability of ProSmartHealth through two strategies. The first strategy consists of studying the impact of pre-processing data. The second strategy is based on studying the influence of the number of training data on the accuracy of the model.

5 DATA SET CHARACTERISATION

For the application, it was necessary a data set in which each data is formed by a set of input parameters (characteristics) and a set of classes, which represent the phenomenon of interest on which it is intended to make predictions. So far, the application considers the diagnosis associated with heart disease, breast cancer and dementia.

This study used three different data sets, one for each disease. The data set for breast cancer contains 569 data in 10 parameters were obtained from the University of Wisconsin through an aspiration biopsy (Qassim, 2018), dementia includes 150 data in 5 parameters acquired through the series of open access imaging studies (Battineni et al., 2019), and heart disease covers 303 data in 14 parameters obtained by the Cleveland data set (Latha and Jeeva, 2019).

Next, the different parameters of each disease that characterise each database will be presented.

5.1 Breast Cancer

The data set consists of 357 patients who were diagnosed with a benign nodule and 212 patients were diagnosed with a malignant nodule. The ten input parameters and the used in this study were:

- **Radius**: Calculated by averaging the distance from the center to the perimeter points. This parameter comprises values between 6.98 mm and 28.11 mm;
- **Texture**: Calculated using the standard deviation of the gray scale values. The values vary between 9.71 and 39.3;
- **Perimeter**: Calculated through the distance from the center to the perimeter points, diameter \(d\). The variation of values happens between 43.79 mm and 188.5 mm;
- **Area**: Calculated using \(2\pi \times d\). This parameter comprises values between 143.5 \(mm^2\) and 2501 \(mm^2\);
- **Smoothness**: Local variation in radius lengths. The variation in the values of this parameter is included in 0.0526 and 1158;
- **Compression**: It is calculated using \(\frac{\text{perimeter}^2}{\text{area}} - 1.0\). The values vary between 0.0107 and 0.3;
- **Concavity**: Severity of the concave portions of the contour. The range of values for this parameter is between 0 and 0.5;
- **Concave**: Measurement of the surface deeper in the center than at the end. This parameter comprises values between 0 and 0.27;
- **Symmetry**: Symmetry of the duct holes. This parameter comprises values between 0 and 0.3;
- **Fractal Dimension**: Value of “approaching the coast”. The range of values for this parameter is between 0 and 1.2;
- **Diagnosis**: This database obtains two possible diagnoses, benign and malignant nodules, represented by 0 and 1, respectively.

5.2 Dementia

This data set comprises results from 150 different patients, where 77 of the patients are characterised as non-demented, 58 of the individuals as demented, and the remaining 15 as converts, that is, non-demented at the time of their initial visit and subsequently characterised as demented, on a later visit. The six input parameters taken into account were as follows:
Age: It is the main risk factor for diseases of the dementia level. This parameter includes ages from 60 to 93 years old;

Clinical Dementia Rating (CDR): It is a tool for studying dementia that classifies individuals with disabilities in each of the seven domains: memory, guidance, judgement and problem solving, function in community affairs, home, hobbies and personal care. Based on the collateral source and the patient interview, a score is obtained if CDR = 0 without Alzheimer’s, if CDR = 0.5 Very mild Alzheimer’s, CDR = 1 Mild Alzheimer’s, CDR = 2 Moderate Alzheimer’s;

Mini-Mental State Examination (MMSE): It is a neuropsychological test that evaluates, from 0 to 30, several abilities, such as reading, writing, orientation and short-term memory. Thus, a score greater than 24 points indicates healthy cognitive performance, between 19 and 23 points corresponds to mild dementia, between 10 and 18 points represents moderate dementia and less than 9 points represents severe dementia;

MR Delay: It is the interval between each image removed; This parameter comprises values that vary between 0 and 2639;

Normalized Whole-Brain Volume (n-WBV): is calculated using an image that is initially segmented to classify brain tissue as cerebral spinal fluid, gray or white matter. The segmentation procedure iteratively assigned voxels (matrix of volume elements that constitute a three-dimensional space) to tissue classes. The n-WBV is then calculated as the amount of all voxels within each fabric class. This parameter comprises values that vary between 0.6 and 0.8;

Diagnosis: This database obtains three possible diagnoses, non-demented, converted and demented, represented by 0, 1 and 2, respectively.

5.3 Heart Disease

The data set used in the Cleveland database consists of a longitudinal collection of 303 patients, where 138 of the patients have no heart disease, and 165 of the patients have heart disease. The fourteen input parameters used in this study were:

Age: The most important risk factor in the development of heart disease, because blood pressure tends to increase with age, this is due to the fact that blood vessels have lost their elasticity. This parameter includes ages from 29 to 77 years old;

Gender: Men are at higher risk for heart disease than women in pre-menopause, but after menopause the risk is similar to that of a man. In the database, 0 corresponds to women and 1 to men;

Angina (Chest Pain): Angina is chest pain or discomfort caused when the heart muscle does not receive enough oxygen-rich blood. The type of chest pain that the patient feels is displayed by: 1 (typical angina), 2 (atypical angina), 3 (non-angina pain) and 4 (asymptotic);

Resting Blood Pressure: One of the risk factors, because high blood pressure can damage the arteries that feed the heart, and the increase in blood pressure inside the arteries also causes the heart to have to greater effort to pump blood. The value is displayed in mmHg, where the values for systolic (maximum) vary between 120 mmHg and 180 mmHg and for diastolic (minimum) vary between 80 mmHg and 110 mmHg;

Cholesterol: Because a high level of low-density lipoprotein (LDL) cholesterol is a risk factor for cardiovascular disease. The value is represented in mg/dl, which varies between 130 mg/dl and 50 mg/dl, meaning very high cardiovascular risk and low cardiovascular risk, respectively;

Fasting Blood Sugar: Not producing enough hormone secreted by the pancreas (insulin) or not responding properly to insulin causes your body’s blood sugar levels to rise, increasing the risk of a heart attack. An individual’s fasting blood sugar value is compared with 120 mg/dl; if the value is greater than 120 mg/dl, then it has a value of 1 (true) otherwise a value of 0 (false);

ECG at Rest: Because it is an exam that detects the electrical activity of the heart, being the most used to assess cardiac arrhythmia’s. Displays results such as: 0 (normal), 1 (with ST-T wave abnormality) and 2 (left ventricular hypertrophy);

Maximum Heart Rate Reached: increased cardiovascular risk is associated with accelerated heart rate. The values vary between 60 bpm and 100 bpm, which represent, low heart rate and high heart rate, respectively;

Exercise-induced Angina: The pain or discomfort associated with angina can vary from mild to severe, with an affirmative value of 1 and negative if 0;

Exercise ST Segment Peak: An exercise test on the ECG is considered abnormal when there is a horizontal ST depression or downward slope ≥ 1 mm at 60-80 ms after the J point. The parameter comprises values that vary between 0 and 6.2 mm;

Peak Exercise ST Segment: The duration of ST segment depression is also important, as prolonged recovery after peak stress is consistent with a positive stress test on the ECG, can be represented in case of climb by 1, in case of stability / plane by 2 and in case of descent by 3;

Number of Main Vessels: From 0 to 4 which are col-
Thalassemia: It is a group of inherited diseases resulting from an imbalance in the production of one of the four chains of amino acids that make up hemoglobin, in 3 (normal), 6 (corrected defect) and 7 (reversible defect);

Diagnoses: This database obtains two possible diagnoses, absence and present, represented by 0 and 1, respectively.

6 RESULTS ANALYSIS

As already mentioned, the reliability of the application was studied using two strategies: the first strategy is to measure the impact of the pre-processing data, and the second is based on the study of the influence of the number of training data on the accuracy of the response.

In the first strategy, the data set is pre-processed, by cleaning the data set, removing all outliers found. Then the precision of the model is calculated for the data set with pre-processing, through the same procedure, being compared with the precision obtained for the original data set.

The second strategy is based on studying the influence of the number of training data on the model’s accuracy. In which the accuracy of the model with 10k cross-validation will be calculated for three different training sets, one with 85% (performed in the previous strategy), another with 75% and finally 65%. The results are obtained for both data sets, with and without pre-processing of the data, to verify whether these factors matter for the calculation of the model’s precision.

It is necessary to bear in mind that the test data set is always the same for all attempts so that the results are reliable. In the following section, these two strategies were carried out for each disease studied, analysing each result, referring at the end to the improvements that this study brought to the application.

6.1 Breast Cancer

As mentioned in Section 5.1, the original breast cancer data set consists of 569 data, of which 357 belong to the benign class and 212 to the malignant class.

For the first strategy, the boxplot technique was used to remove all outliers from the database, in which 107 outliers of the benign class and 40 outliers of the malignant class were identified and removed, so the treated data set contains 422 data.

Subsequently, the prediction of the model was calculated using the data set treated using the procedure referred to in Section 3, where the set was divided into a training set with 85% of the numerical data (359) and a set of test with 15% of numerical data (63).

Then the precision obtained for the original and treated data set was compared, which can be seen in Table 1.

<table>
<thead>
<tr>
<th>Precision</th>
<th>Original data set</th>
<th>Treated data set</th>
</tr>
</thead>
<tbody>
<tr>
<td>84.71%</td>
<td>98.41%</td>
<td></td>
</tr>
</tbody>
</table>

By analysing Table 1, it can be indicated that the model’s accuracy improves when the data set is pre-processed, even if only the outliers have been removed.

In order to observe the improvements in the precision of the model, the confusion matrices were compared for each data set, analysing whether the percentage of false negatives and positives decreases with the use of the treated data set. Figure 4 shows the confusion matrices for each data set.

![Figure 4: Comparison of confusion matrix.](image)

Through Figure 4 it is possible to calculate the percentage of false negatives and positives for each set of data used. For the original data set, 56.47% true positives, 28.24% true negatives, 9.41% false negatives and 5.88% false positives were obtained. And, for the treated data set, 57.14% true positives, 41.27% true negatives, 1.59% false positives and 0.00% false negatives were obtained. These results indicate that when using a treated data set it is possible to obtain better results, in this case it is clear that with the cleaning of the data set, no false positive diagnosis is obtained.

Then, the second strategy was performed, in which the model precision was calculated for each data set with 75% and 65% of the data in a 10k cross-validation, the test data are the same as those used in the first strategy (15%) for each data set. Table 2 intends to compare the model’s precision values obtained.
Table 2: Precision comparison with different numbers of training data.

<table>
<thead>
<tr>
<th>Training percentage</th>
<th>75%</th>
<th>65%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Original Data set</td>
<td>86.71%</td>
<td>85.88%</td>
</tr>
<tr>
<td>Pre-processed Data set</td>
<td>96.99%</td>
<td>96.51%</td>
</tr>
</tbody>
</table>

When checking the precision results of both Tables, 1 and 2, one can compare whether the precision value decreases from 85% to 65% for each data set. Then it can be indicated that through the treated data set this happens, which is usually correct, because the smaller the number of data to be used, the precision should decrease because there is less data to train the model.

6.2 Dementia

As mentioned in Section 5.2, the dementia data set consists of 150 data, and through the boxplot technique it was observed that there were 9 outliers of the non-demented class, 5 of the converted and 29 of the demented, thus the treated data set contains 107 data.

To calculate the accuracy of the model with the treated data set, it was divided into two sets: training set with 91 numerical data (85%) and test set with 16 numerical data (15%).

Then, in Table 3, it is possible to observe the comparison of precision between the original data set and the treated one.

Table 3: Comparison of precision values.

<table>
<thead>
<tr>
<th>Precision</th>
<th>Original data set</th>
<th>Treated data set</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>86.36%</td>
<td>93.75%</td>
</tr>
</tbody>
</table>

By analysing the Table 3 it is possible to indicate that when performing the pre-processing of the data, even if it is only the removal of the outliers, the accuracy of the model increases.

In order to better observe the differences between the obtained precision, the confusion matrix was created for each data set. Their comparison can be seen in Figure 5.

Through the confusion matrices observed in Figure 5 it is possible to calculate various percentages and check if there have been improvements in them for each data set. For the original data set 68.18% true positives, 18.18% true negatives and 6.82% false negatives and 6.82% false positives were obtained, and for the treated data set, the following percentages of results are obtained: 81.25% true positives, 6.25% true negatives and 6.25% false negatives and 6.25% false positives.

With these results it can be indicated that there is an improvement in the results when using the treated data set, however, there is a lower percentage of true negatives that can be justified through the use of fewer test data representative of the demented class, because there are fewer test data set and data are chosen at random.

Then, the second strategy is performed, which consists of calculating the model precision for each data set with a different number of training data in a 10k cross-validation, although the test data for each set are the same as those used in the first strategy. Table 4 shows the comparison of these results.

Table 4: Precision comparison with different numbers of training data.

<table>
<thead>
<tr>
<th>Training percentage</th>
<th>75%</th>
<th>65%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Original Data set</td>
<td>86.36%</td>
<td>86.36%</td>
</tr>
<tr>
<td>Pre-processed Data set</td>
<td>91.25%</td>
<td>87.50%</td>
</tr>
</tbody>
</table>

Using Table 3 and 4, it can be indicated that for the treated data set, the precision decreases as the number of data used to train the model decreases, the same is not the case for the original data set. This may indicate that the treated data set is more reliable.

6.3 Heart Disease

As mentioned in the 5.3 section, the original heart disease data set consists of 303 data, and in the first strategy, the data were pre-processed by removing outliers, where 47 outliers were found. absence class and 36 of the presence class, the data set being treated with 220 data.

To calculate the accuracy of the model with the treated data set, it is necessary to divide it into two sets: training and testing. The training set contains 85% of the numerical data (187) and the test set contains the remaining 15% of the numerical data (33). It should be noted that the precision of the model was calculated using the same process referred to in Section 3 for the original data set.
Table 5: Comparison of precision values.

<table>
<thead>
<tr>
<th>Original data set</th>
<th>Treated data set</th>
</tr>
</thead>
<tbody>
<tr>
<td>Precision</td>
<td>82.22%</td>
</tr>
<tr>
<td></td>
<td>84.85%</td>
</tr>
</tbody>
</table>

Through Table 7 it is possible to observe that with the use of the treated data set the precision of the model increased. However, to verify this increase, a confusion matrix was created and compared with the one calculated for the original data set. Figure 6 shows the two confusion matrices.

![Figure 6: Comparison of confusion matrix.](image)

With Figure 6 it is possible to calculate various percentages that demonstrate the reason for the increase in precision between the treated and original data set. 57.78% true negatives, 24.44% true positives, 11.11% false positives and 6.67% false negatives were obtained for the original data set, and for the treated data set, if 60.60% true negatives, 24.24% true positives, 9.09% false negatives and 6.06% false positives. Analysing these results, it can be indicated that there was an improvement in the results when using a treated data set.

Then the second strategy was carried out, which aims to study the influence of the number of training data on the calculation of accuracy. Accuracy is calculated for two more cases, 75% and 65% of the training data, maintaining the test sets used in the previous strategy for each data set. Table 6 presents the comparison of the precision results of each data set for each case.

Table 6: Precision comparison with different numbers of training data.

<table>
<thead>
<tr>
<th>Training percentage</th>
<th>75%</th>
<th>65%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Original Data set</td>
<td>82.00%</td>
<td>82.66%</td>
</tr>
<tr>
<td>Pre-processed Data set</td>
<td>84.55%</td>
<td>83.34%</td>
</tr>
</tbody>
</table>

When analysing the Table 4 and 6, it can be seen that for the data set treated, the precision of the model decreases as the percentage of numerical data used to train the model decreases, which does not happen for the original data set. This strategy demonstrates that both the number of training data to be used and the pre-processing of data influences the accuracy of the model.

Table 7 shows the comparison between the original and treated data set for the results obtained for the ProSmartHealth application. Where is indicated the total precision obtained by the application (Prec.), The percentage of true positives (TP), true negatives (TN), false negatives (FN) and false positives (FP).

Table 7: Precision comparison of ProSmartHealth application.

<table>
<thead>
<tr>
<th>Data Set</th>
<th>Prec.</th>
<th>TP</th>
<th>TN</th>
<th>FN</th>
<th>FP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Original</td>
<td>84.00%</td>
<td>49.70%</td>
<td>34.73%</td>
<td>7.63%</td>
<td>7.94%</td>
</tr>
<tr>
<td>Treated</td>
<td>92.34%</td>
<td>54.21%</td>
<td>36.04%</td>
<td>4.63%</td>
<td>5.11%</td>
</tr>
</tbody>
</table>

Through Table 7 it is possible to observe that there was an evolution in the results with the use of the treated data sets. Where the accuracy of the model has increased and the percentage of data predicted incorrectly has decreased.

7 CONCLUSIONS AND FUTURE WORK

Support Vector Machine is a good solution for the medical industry, supporting numerous sectors in the area, and in this case, by diagnosing patients early, it is possible to support healthcare professionals to reduce errors in diagnosis, reducing the hospital stress.

It can be concluded that the pre-processing and the number of training data influence the model accuracy. There is an improvement in the results in the three databases, where breast cancer data achieves the best results, obtaining a very pleasant model precision and containing minimum percentages of false positives and negatives.

In general, it is concluded that using a data set with data pre-processing improves the precision of the application by 8% in relation to the data sets without pre-processing. Therefore, it can be stated, through this study, that the pre-processing of the data and the number of training data that is used to train the model influence its accuracy.

Considering all this reliability analysis, the ProSmartHealth application was updated with databases with pre-processing, changing to ProSmartHealth 2.0, an improved application with better results precision. However, there are still many aspects to improve, such as being applied to a greater number of diseases, and
further decreasing the likelihood of obtaining false diagnoses.

Referring that the ProSmartHealth 2.0 application was not developed with the intention of replacing health professionals, but rather helping them, with some alerts.

In the future, the ProSmartHealth 2.0 application may be applied to a set of data with symptoms that covers a greater number of diseases, which will allow a suggestion of diagnosis with the percentage of contracts each of these diseases that can be observed with the data entered in the questionnaire.

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