Dual Career Couple

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Abstract: This study examined the relationship between a couple of career and family life. The double role of female worker got complex problems, that produces organization and the female worker challenges, because of the role function of the woman (Parasuraman dan Greenhaus, 1992). The balance of workplace support and family support composes job satisfaction, family satisfaction, and declining job stress. That spouses realize that supporting each other is capable of success achieved in the workplace. This phenomenon enhances this research, especially about why employees have a readiness to support their peers in the workplace, and the influences on well-being on the dual-career couple. Population research is all dual career-couples or a married couple of employees in Private Hospital because these dual career-couples need to build their characteristics of Hospital employees. The number of this research respondent is 186 employees. This is a lifestyle for many women, as the larger female worker opportunity dan, the larger female education opportunity. The analysis result shows that intergroup knowledge does not influence well-being in the workplace, and intergroup knowledge influence positive and significant toward peer support. The influence of intergroup knowledge toward well-being is negative and not significant.

1 INTRODUCTION

Many couples act as dual-career-couple, which means determine both husband and wife are working outside. This dual-career-couple grows up since the number of female workers growing up. This is a lifestyle for many women, as the larger female worker opportunity dan, the larger female education opportunity.

Female workers were asked to be professional workers and asked to be committed as couples of life, so that, the female workers are capable of actualizing themselves, which was indicated by their achievement in the workplace and family well-being.

The double role of female worker got complex problems, that produces organization and the female worker challenges, because of the role function of the woman (Parasuraman dan Greenhaus, 1992). The influences of interaction and accumulated problems in the family and workplace, have to be resolved to prevent from serious job stress and career. Casio (2003) stated that one of many ways of reducing job stress is that the female workers have to manage their time as flexible as possible without sacrificing their commitment to the workplace and family. Sekaran (1985) stated that the success of the double role management depends on social support. Greenhaus dan Parasuraman (1992) identified that social support reduced stressor on the strategic human resources, in different domains of work and family. Family support, especially husband support or wife support, called spouse support, meanwhile workplace support called the organization to support.

The balance of workplace support and family support composes job satisfaction, family satisfaction, and declining job stress. This research is done by Wahyuni (2010) to find out that spouses realize of supporting each other is capable of success achieved in the workplace. Superintendent support has a significant influence on well-being, which means the fitness of job satisfaction and family satisfaction. Higgin and Duxbury (1992) stated that well-being consists of job satisfaction and, family satisfaction which are components of which is a component of work-life quality measurement.
The result of Holzbach (1978), Cobb's (1976, 1980) research, and Wahyuni (2009) research, stated that organizational support is simply peered support, which is the friend's capability of making coordination to switch with each other in case of unplanned special family urgent. This support is capable of improving work motivation, what more helping to solve the work problems. That support produces job satisfaction. The next Wahyuni (2010) research found that spouse support did not determine job satisfaction in the workplace, but it determined the family decisions. Meanwhile, the organizational support (that comes from the superintendent, coworker, and subordinate) gives positive signs of job satisfaction. But does not influence on family satisfaction. According with the goodness of fit that social support, especially spouse support and organizational support variables, have a significant influence on well-being that comes from family satisfaction and job satisfaction. But, the social support variable is indicating a moderating variable of the influence of the stressor and well-being variable, but as an independent variable, it has a direct impact on the well-being variable.

Peer support in the workplace is measured by the perception of the context of social workplace support. The context refers to the social support theory as a way of comprehending a friend's support from each other in the workplace. Albrecht and Adelman (1987), stated that a friend's support came from mutually dynamic interactions, enhanced attitude, beliefs, emotion, and positive behaviors. The first research about peer support from workplace friend is conducted by Balk (1969) that stated that the more complex work, the more needs of peer support. House (1981, 1985) stated that peer support is a facility or a way to ease the job implementation or task support, and enhance the cooperative readiness, and willingness to advice and guidance in to solve the problem. Keup (2004), Graen and Uhl-Bien (1995), Jacob (1970), Kram dan Isabella (1985), Glesspen (1997), Mc. Evoy and Buller (1987), Sherony and Green (2002) stated that the higher the relationship between workplace friend, the higher peer support needed psychologically and physiologically what more in career development. Wahyuni research (2009) stated that intergroup knowledge and information sharing are antecedents of peer support psychologically and not physiologically are moderated by; work environment, and interaction tenure resulted from improvement capability expectation each other.

Meanwhile, Inman (2001) stated that diversity did not influence job satisfaction if the diversity is not completed with the close relationship between workplace friend, and positively influenced toward job satisfaction, especially concerning job satisfaction on compensation and promotion. Randolph dan Blencoe (1983) stated that the higher the knowledge capability level of a peer, the more positive peer support toward job satisfaction and teamwork and personally. Huselid (1995) found that the high-involvement strategy of autonomy has influenced work environment change without higher management initiation. The strategy influenced job satisfaction, and then it influences positively on a commitment to work and organization performance. Meanwhile, Rahab (2010), in the literature review, revealed that the readiness to share knowledge and experience with each other between peers in the workplace influenced the improvement of organizational capability. This information sharing between peers in the workplace needed the positive opportunity of critics, ideas, comment expression by the teamwork member. It means every member of the teamwork has the same opportunity to express all problems, difficulties, ideas to improve the organization's productivity and job satisfaction.

Many types of researches show that there are debates about behavior that produces peer support in the workplace, what more dual-career couple toward well-being that produces job satisfaction and family satisfaction. Those research observe employees in the individualism philosophy country. Schaubroeck and Lam (2002) stated that there are workplace peer support in the collectivism philosophy country and those peer support in the individualism philosophy country. People from individualism countries before the individual need fulfillment, so that little bit has paid attention to their peers in the workplace, then in the collectivism country. Vice versa, people in the collectivism country pay more attention to their peers in the workplace.

This phenomenon enhances this research, especially about why employees have a readiness to support their peers in the workplace, and the influences on well-being on the dual-career couple. People in the collectivism country, including Indonesia, married, are an important status of social life. But this status has consequences of rising interest conflict; the wife and husband married that they both work outside. Thereby, the next question is that if peer support is capable of mediating job and family satisfaction.
2 THEORY

This research is analyzing the peer support variable, a mediator variable between intergroup knowledge and information sharing variable toward well-being that producing job satisfaction in the workplace, and family satisfaction as a double career couple. Every married and working outside a couple, are eager to balance job satisfaction and family satisfaction. Organization success needs its employees to work well, and thereby the employees should support the organization's success optimal. The two interests (job satisfaction and family satisfaction) are mutually exclusive to each other sometimes, and the question is if the two interest is mediated by peer support, intergroup knowledge, and information sharing. What more, employees who work in the organization facing the community directly, such as employees working in a hospital.

2.1 Intergroup Knowledge and Information Sharing Influence and Peer Support

Bacharach et al. (2005) Schaubroek & Lam (2002), Ibarra (1997), Thomas (1993), Fried & Tiesgs (1993), Baum, (1991), Kirmeyer (1987), Love (1981), Cob (1980), O'Reilly III (1977), Blau (1977), Thomas, Balk (1969) found that Supportive Relationships such as Intergroup knowledge and information sharing influence positive and significant toward peer support, though in the heterogeneous teamwork. Goldberg (1981) and Borkenau dan Ostendorf (1988) stated that intergroup knowledge and various information strongly determined peer support. There is no different support between American and Afroamerican peer support in the workplace. Someone or some people get high peer support as long as they are well known as high capability and education though they are heterogeneous teamwork.

Kloeppep (2006) mood and motivation a positive correlation on peer support, let alone there is positive information between peer in the workplace from confidence speaker or peer in the workplace. In contrast, negative information adds workload. Wahyuni (2009), in her qualitative research, found that intergroup knowledge and information sharing as an antecedent of peer support psychologically and in psychologists moderated by the work environment and tenure of interaction with each other with an expectation of capability and knowledge improvement. Make (1994), Crary (1987), DeNisi et al. (1983), Blau (1977) interaction tenure and collaboration intensity influenced positively and significant toward peer support. DeNisi, Randolph, dan Blencoe (1983) stated that the higher knowledge, the higher peer support, and influence positively toward job satisfaction individually or teamwork. Rahab (2010) concluded that the willingness to share experience and knowledge between peers in the workplace influenced the improvement of organizational capability. He stated that information sharing between peers by the opportunity of sharing information, idea, critics, and comments. Thereby, hypotheses 1a and 1b are formulated as follows.

Hypothesis 1a: intergroup knowledge influence positively toward peer support.
Hypothesis 1b: information sharing influenced positively toward peer support.

2.2 Intergroup Knowledge, Information Sharing, and Well-being

Bruning & Seers (2004), Miller (2005), Lepine & Dyne (2001), Huselid (1995) stated that cognitive ability/knowledge influenced positively and significant toward peer support, to help the peer/altruism, and empathy. Peer support mediates the influence of Cognitive ability/knowledge and work experience toward job satisfaction. Holzbach (1978), Cobb (1976, 1980), Wahyuni (2009) stated that high support relations between the smart peer and willingness to share information in heterogeneous ethnic influenced job satisfaction and commitment. Organizational support, especially peers support, influenced directly on well-being without any moderation.


Hypothesis 2a: intergroup knowledge influence positively toward well-being.
Hypothesis 2b: information sharing influence positively toward well-being
Hypothesis 3: Peer Support mediates the Influence of Intergroup knowledge and Information sharing on Well-Being
Social Support is assisting the employee stress because of the dual-career couple (Parasuraman et al., 1992). The research found that there is a negative relationship between social and well-being, in which the couple support reduce stress in the workplace and family stress. Social support is a moderating variable on the relationship between stressors and well-being (Suchet dan Barling; 1986). In the context of social support, people individually receive good brotherhood in their professionalism and family life; manifestation in peer support, and organizational support formally. Informal support receives from spouse, family, friend, and society. There are many concepts of social support, such as by Kahn and Antonucci (1980) defined social support as an interpersonal transaction that involved affection, affirmation, and assistance support. House (1981) proposed that social support as interpersonal transactions involved in four kinds of support, such as; emotional, instrumental informational and judgmental, or evaluative.

DeNisi, Randolph, and Blencoe (1983) stated that the higher knowledge peer has more positive peer support, enhance job satisfaction individually and teamwork. Huselid (1995) found that the high-involvement strategy resulted in autonomy and freedom of decision making to respond to environmental change, without higher management permission. This strategy has an influence on job satisfaction, in turn, produced positive commitment and organizational performance.

Cohen dan Will (1985) proposed four kinds of organizational support. First, appreciation support. This support is proposed by giving people that they are significance individually toward the organization and their family. This support produces a positive contribution to their own toward. Second, informational support. This informational support helps people define, realize, and problem-solving capability. Thus information support is indicated by the information available about the steps of stressor minimizing. Third, brotherhood support. This brotherhood support minimizes stress by affiliates people in social relationship contracts, or by minimizes the frailness. The third support, manifested by social activity, pleasure, or recreation. The fourth is instrumental support that produced in the availability of the organization facility to reduce the stress.

Organizational support is supported form the workplace, comes from a supervisor, peer support, and co-worker support. A coworker is a close friend in the workplace, that eager to help each other and motivate each other (Wahyuni, 2009).

Peer support variable is measured by their perception of social support each other in the workplace social, by social support theory and social exchange theory. Albrecht dan Adelman (1987) stated that social support theory functions as a way of comprehending support between friends in the workplace in the organization. The support obtained if there are mutually dynamic interactions among people or employees in the workplace as a result of positive attitude, beliefs, emotion, and behavior. On the other hand, Klein et al. (2004) stated that social exchange theory explaining the people's or employee's way of need fulfillment through profit maximization and cost minimization in the social relationship.

Balk (1969) stated that people or employe get more complex of peer support. Latane et al. (1979) founded a negative conclusion that team performance decreased by increasing teamwork members. The conclusion denied by their following research (Latane, 1981; Wills 1981), with their statement that teamwork cooperation as a result of social impact theory. This theory explains that peer support enhances social conditions absolutely (e.g., people join in a social group to get special status).

House (1981, 1985) expressed that peer support is a way to production facilities of work or task support, and functions as the willingness to join together, to advice, a guide to solve the problem. Keup (2004), Graen and Ulh-Bien (1995), Jacob (1970), Kram and Isabella (1985), Glisspen (1997), Mc. Evoy and Buller (1987), Sherony and Green (2002) stated that the higher the relationship among peers, the higher peer support psychologically and in psychologically enhanced career development. Wahyuni (2009) stated that intergroup knowledge and information sharing are peer support antecedents psychologically and psychologically, which is moderated by the work environment and their interaction tenure. Their interaction tenure especially accompanied by their capability and knowledge teamwork improvement expectation. The last interaction produces job satisfaction and family satisfaction.

Inman (2001) stated that teamwork diversity did not influence job satisfaction, but influenced the team cohesiveness, which in turn produced the job satisfaction, especially job satisfaction on compensation and promotion. Wahyuni (2009) founded that team diversity did not moderate peer support. Bruning and Seers (2004) stated that team diversity in the organization influenced job satisfaction negatively, so do Miller (2005).
Schaubroeck and Lam (2002) stated that collectivism communities' behavior tended to work cooperative voluntarily. In contrast, the individualism community prefers to work individually. Thereby, this qualitative and quantitative research contributes to the comprehension of peer support and social enforcement process to manage them.

Task characteristic enhances peer support, especially the willingness to help each other, such as social power theory complemented with expectancy theory. The theory explained that teamwork members consistently supported each other in achieving the organization's goals, that producing job satisfaction in the workplace.

Social support is the information of value and willingness to cooperate in the workplace. Social support and cohesiveness are foundations of interpersonal relationship that produces trust, openness, and organizational outcome such as job satisfaction and organizational performance (Goldhaber et al., 1978; Hellriegel dan Slocum (1974); Schnake (1983). Trust and openness function as control of right and wrong (O’Reilly and Roberts, 1974).

Egdof's (1996) research treats the antecedent variable is the personal capability to communicate, and interpersonal communication that moderated by temporary income and half benefit influences peer support. The conclusion expresses that the higher interpersonal communication and the higher temporary income influences peer support significantly.

In the case of organizational downsizing, peer support relieves the people or employee's tension by information sharing to get the new job. This phenomenon is found by Egdo (1996) and Randell (1998). Egdo (1996) and Randell (1998) explained that peer support base on interpersonal communication and cohesiveness because of the emotion similarity toward peer existence in the workplace.

Peer attribution (locus of causality, controllability, and stability) based on attribution theory, explained that peer support willingness based on three factors, including: (1) behavioral characteristic, which means the willingness to cooperate in the teamwork that producing peer support, and outcome, (2) organization condition enforcing every people or employee cooperate each other (Smith et al., 1983), (3) responsible behavior to help each other called altruism (Weiner, 1980a; 1986b; 1986, 1995).

Blau (1977) expressed that peers, information, and task sharing increased cohesiveness and trust that increased a sense of helping each other. Crary (1987), and, Make (1994) founded that interaction tenure an intensity influenced peer to peer cohesiveness and performance (Baum, 1991).


Walz and Niehoff (1996) stated that peer support 39% enforced job satisfaction on customer service efficiency, operation efficiency, with high quality. The social relationship is trust, taking care of each other through information and knowledge sharing (Uzzi, 1996).

Schaubroeck and Lam (2002) compared Hongkong Bank in the collectivist society with USA Teller in the individualism society found that similarity of personality and peer communication influenced peer support. Burnett's research (2005) found that personality influenced on peer support, and found that peer support increased outcome.

Therefore, Bacharach et al. (2005); Baum (1991); Thomas, (1993); Fried and Tiegts (1993); Walz and Niehoff (1996); Uzzi (1996); Blau (1977); Ibarra (1997); Schaubroeck and Lam (2002); and Burnett (2005) stated that peer support increased peer cohesiveness, and peer support did not come from demography similarity, instead of peer interpersonal relationship and high information sharing, trust. People or member interaction improved decision making, promotion.

Well-being is reflected in job satisfaction, indicated by individual stress. Parasuraman et al. (1992) stated that work-family domains, job satisfaction, and family satisfaction were well-being indicators. Higgins and Duxbury (1992) stated that job satisfaction is a measurement component of work-life, and family satisfaction is a measurement component of family life. Wahyuni (2010) found that spouse support did not influence job satisfaction; on the other side, organizational support influenced job satisfaction positive and significant. Spouse support influenced family satisfaction positively, and organizational support did not influence family satisfaction. Based on the
goodness of fit conclusion that spouse support and organizational support influence well-being significantly. Social support variable does not moderate the relation between stressor and well-being; therefore, the hypothesis formulated as follows:

Hypothesis 4: Peer support mediates the influence of intergroup knowledge and information sharing toward job satisfaction and family satisfaction.

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3 RESEARCHED METHOD

This research uses quantitative design. This research aim is figuring out the effect of intergroup knowledge and information sharing toward well-being (including job satisfaction and family satisfaction) that is mediated by peer support, especially for dual-career couples. This research set is a survey of data collecting techniques, with married employees individually analysis, to get high generalization.

Population research is all dual career-couples or a married couple of employees of Hospital because these dual career-couples need to build their characteristics of Hospital employees. The number of this research respondent is 186 employees. Collected questionnaire responses are 173 or about 93% response rate 93,01%, and it is good response rate of survey research in accordance to Hester & Dickerson (1984) statement that at least five times items of questionnaire statement, and Sekaran (2000) statement that at least 10 times research variables.

3.1 Validity and Reliability

Validity testing is conducted by confirmatory factor analysis (CFA) with the Nilai loading factor at least 0,50. These loading factors more than 0,5, which means the instrument of measurement is valid. Reliability testing conducted by Cronbach’s Alpha. The research instruments are reliable since the Cronbach’s Alpha minimum 0,60. The item of intergroup knowledge and information sharing loading factor more than 0,5 that mean all item are valid.

The reliability examination of peer support that counted from, flexibility, communication, and cooperative indicators. This examination shows that these indicators are 0,848. Flexibility indicator 0,848, and communication indicator 0,881. Cooperative indicator 0,905. Cronbach's alpha more than 0,6, which means the variables are reliable. Job satisfaction and family satisfaction CFA analysis shows that all questionnaire items loading factor more than 0,5; thereby, all questionnaire items of job satisfaction and family satisfaction are valid. Cronbach's alpha reliability of job satisfaction 0,842 and the reliability of family satisfaction 0,822. This means all questionnaire items of job satisfaction and family satisfaction are reliable.

3.2 Analysis of Multiple Regression

This multiple regression analysis is conducted by SPSS version 16.0 for windows.

3.3 Intergroup Knowledge and Information Sharing Influence toward Peer Support Analysis

The result of intergroup knowledge and information sharing toward peer support influence analysis shown in the 4.5. The result shows that intergroup knowledge influence positive and significant toward peer support ($\beta = 0,288; p<0,05$). The contribution of intergroup knowledge determining peer support is 28,80%. The influence of information sharing toward peer support is significant ($\beta = 0,988; p<0,05$). The contribution of information sharing determining peer support is 98,80%.

The goodness of fit or contribution of intergroup knowledge and information sharing determining peer support is 57,30% ($R^2 = 0,573; p = 0,000$) and simultaneously influences positive and significant toward peer support. Intergroup knowledge and information sharing that consists of diligent behavior have a significant positive influence on peer support ($F = 48.942; p = 0,000$). Intergroup knowledge and information sharing consist of work flexibility that has a significant positive influence on peer support as ($F = 173.887; p = 0,000$). Intergroup knowledge
and information sharing consists of communication has a positive and significant influence on peer support as \((F = 94.329; p = 0.000)\). Intergroup knowledge and information sharing consists of cooperative, has a significant positive influence on peer support as \((F = 25.992; p = 0.000)\). Thereby, hypothesis 1 is supported.

### 3.4 Intergroup Knowledge and Information Sharing Influence toward Well-being Analysis

The result of intergroup knowledge and information sharing influence toward well-being shown in table 4.5. The analysis result shows that intergroup knowledge does not influence well-being in the workplace with \((\beta = -0.086; p >0.05)\), thereby hypothesis 2a is not supported. Information sharing information does not influence well-being in the workplace with \((\beta = 0.178; p > 0.05)\), thereby hypothesis 2b is not supported.

### 3.5 Intergroup Knowledge and Information Sharing Influence toward Well-being Analysis Mediated by Peer Support

Table 4.6. Shows details of the influence of intergroup knowledge toward well-being. The influence of intergroup knowledge toward well-being is negative and not significant \((\beta=0.086; p = 0.103)\). The influence of information sharing toward well-being is positive by not significant with \((\beta=0.178; p = 0.173)\). Thereby, the influence of peer support toward well-being is positive but not significant, with \((\beta=0.034; p = 0.643)\). The influence of intergroup knowledge, information sharing, and peer support toward well-being are positive but not significant, with \((R^2 = 0.021; p = 0.245)\).

The analysis of intergroup knowledge and information sharing influence toward well-being that mediated by peer support, shows in table 4.6, that although intergroup knowledge and information sharing variables influence positive toward peer support, the regression coefficient is not significant. Thereby, a causal relationship between peer support and well-being is not significant. It means peer support does not mediate the influence of intergroup knowledge and information sharing toward well-being, or hypothesis 3 is not supported.

<table>
<thead>
<tr>
<th>Variable</th>
<th>(\beta)</th>
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<th>(R^2)</th>
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<td>Constanta</td>
<td>8.425</td>
<td>8.423</td>
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<tr>
<td>Intergroup knowledge interaction toward peer support</td>
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<td>3.654</td>
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<tr>
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<td>Intergroup knowledge and Information Sharing toward Flexibility (Y2)</td>
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<td>Intergroup knowledge</td>
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4 DISCUSSION

The descriptive statistics show that response average of intergroup knowledge variable (X1) is 4.09, and average response of information sharing variable (X2) is 4.01, and response average of peer support variable (Y) is 4.19; that indicates the organization is compact and has nice communication climate in order to improve knowledge and increase peer support in the teamwork. This condition indicates that organization members comprehend the importance of cooperative climate in achieving organizational goals. It means they support each other in the workplace.

The average response of job satisfaction (Z1) is 3.65, which means the employees have moderate job satisfaction in the workplace. The average response of the family satisfaction variable (Z2) is 3.77, which means the employees have a moderate family satisfaction level. The average response of the well-being variable (Z) is 3.96, which means the employees have moderate job satisfaction and moderate family satisfaction. Most of the employees are young workers with 25 up to 34-year-old, and diploma education level, and low work experience less than a 10-year level. Robbin & Judge (2007) stated that this kind of young employees tends to resign to find out the better opportunity of work, that produces a high turnover. It means that employees with low work experiences tend to have low job satisfaction, vice versa employees with high work experiences because the high tenure tends to have high job satisfaction.

The result of Multiple regression analysis indicates the same result with Bacharach et al. (2005), Schaubroeck & Lam (2002), Ibarra (1997), Thomas (1993), Fried & Tiegs (1993), Baum, (1991), Kirmeyer (1987), Love (1981), Cöb (1980), O'Reilly III (1977), Blau (1977), Thomas & Balk (1969) finding that supportive relationships including intergroup knowledge and information sharing influence positive significant toward peer support, though in heterogenous teamwork, especially on decision making quality. This research found that intergroup knowledge and information sharing influence positive significant toward peer support.

This research shows different conclusions with Walz dan Niehoff (1996), Imman's (2001) research, that stated the closer brotherhood of employees the lower job satisfaction, especially in career, promotion, and compensation. Greenhaus and Parasuraman (1992), Higgin and Duxbury (1992), Wahyuni (2010) find out that family support influence career development in the workplace. Organization support consists of peer support, and direct supervisor support influences well-being, which consist of job satisfaction and family satisfaction. Higgin and Duxbury (1992) stated that well-being consists of job satisfaction and family satisfaction functions as a component of family life quality. Organizational support, especially peers, support, influences well-being.

This research found that peer support influences positive significant toward well-being, neither job satisfaction nor family satisfaction. Although this research supports the prior research, this research finding conforms with (Robbin & Judge's, 2007) explanation that employee work experience tends to increase turnover. Younger and well-experienced employees tend to resign to find out a better job that improves job satisfaction. It means that young employees tend to have a low level of job satisfaction, vise versa the old employees tend to be steady and get a high level of job satisfaction.

The failure to detect the influence of the mediating effect of peer support, probably because of the little amount of sample and because of situational peer support rising in the workplace. This research found that young employees tend to resign to find a better opportunity for a career, producing a high turnover. This condition is enhanced by the information in the workplace if the employees receive positive information from trust peer in the workplace, the employees tend to be glad, vise versa the employees get stress, and induce low performance (Kloeppe1, 2006).

It is important to check the mediating effect of peer support toward well-being variable again, to cope with the career development of the dual-career couple.

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