# PPG and EMG Based Emotion Recognition using Convolutional Neural Network

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Abstract: Emotion recognition is an essential part of human computer interaction and there are many sources for emotion recognition. In this study, physiological signals, especially electromyogram (EMG) and photoplethysmogram (PPG) are used to detect the emotion. To classify emotions in more detail, the existing method of modeling emotion which represents the emotion as valence and arousal is subdivided by four levels. Convolutional Neural network (CNN) is adopted for feature extraction and emotion classification. We measure the EMG and PPG signals from 30 subjects using selected 32 videos. Our method is evaluated by what we acquired from participants.

## **1 INTRODUCTION**

Emotion based research has affected many fields in modern society (Hudlicka, 2003). Many recent studies have considered human conditions, such as human emotions (Cowie et al., 2001). Emotions can be recognized in various ways, including facial expressions, voice, and physiological signals. Emotion which is represented by facial expressions can be hidden through the poker-face (Anagnostopoulos et al., 2015; Kim, 2017). Recent advances in emotional recognition technology used a number of physiological sensors to measure feelings (Yin et al., 2017). Biometric signal based emotional awareness has been applied to systems, therefore, the current thesis also adopted biometric based emotion recognition methods.

Physiological signals for recognizing emotions typically include electroencephalography (EEG), respiration (RSP), electromyography (EMG), photoplethysmography (PPG), and galvanic skin response (GSR) sensors. EEG measures the voltage fluctuations in the brain and RSP is the signal about breathing. EMG measures the muscle tension of its activity or stress, and PPG measures the amount of blood flowing through vessels (Lee et al., 2011). GSR is the property of the human body that causes continuous variation in the electrical characteristics of the skin (Wu et al., 2010).

EEG signals have been used by many recent studies of emotion recognition. To extract features, handcrafted features which are composed of statistical features were selected in the initial research (Alarcao and Fonseca, 2017). After Deep learning method evolving, machine learning and deep learning algorithm are used in various research (Tabar and Halici, 2016; Zhang et al., 2017). However, it is not efficient to use EEG signal because it needs 32 channels for emotion classification which means we have to obtain 32 kinds of physiological signals. Therefore, we selected EMG and PPG signal for emotion recognition and acquired these signals for 30 subjects.

Current emotion awareness is based on two emotional models which are the method of modeling emotions. The first method is based the six basic feelings of happiness, sadness, surprise, fear, anger, and disgust (An et al., 2017). The second method is based on two parameters of arousal and valence (Peng et al., 2018). Rather than classifying six emotions, the arousal and valence model is more frequently used and we selected this method. Previous studies have been used two level classification of arousal and valence which means valence values can be classified as high valence or low valence. However, this two level classification is simple, and we proposed 4 level classification from PPG and EMG signals using CNN model.

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Figure 1: Arousal and valence model.

We recorded PPG and EMG signal from 32 participants using video clips depending on the emotion. Videos were selected through the survey about whether it stimulates emotions. Then, PPG and EMG signal were preprocessed and segmented for making input data. Feature extraction and classification was conducted using the CNN approach.

The rest of paper is organized as follows. Section 2 provides fundamental theories related the arousal and valence model. Section 3 proposes the method of data collection and feature extraction method using CNN model. Section 4 describes the experiment of 4 level classification with obtained signals. Finally, conclusion is explained in section 5.

# 2 AROUSAL AND VALENCE MODEL

As mentioned before, multiple parameters are used to label emotions. The most representative parameters are arousal and valence which are based on Russel's circumplex theory (Russell, 1980). Arousal represents activation level and valence expresses the degree of pleasantness. As Figure 1, emotions can be represented in two-dimensional space and each parameters has a value between 1 and 9. For example, joy has high valence and high arousal, whereas sad has low valence and low arousal. Through these parameters, it is possible to express the stage of emotion.

Typically, emotion classification is conducted by binary-classification of valence and arousal value. In this case, emotion can be divided by threshold value of 5. Therefore, we proposed the 4 level classification of arousal and valence to express more detailed emotion.

## 3 EMOTION RECOGNITION SYSTEM

In this section, we introduce the total system of emotion recognition. The overall architecture is shown in Figure 2. First, we collected physiological signal using video clips. After that, we preprocessed to use the signal as an input of deep learning. Finally, we classified emotion by training CNN model.

In section 3.1, data collection method with video stimuli is explained. Subdivision emotion model is mentioned in section 3.2. After that, preprocessing method is in section 3.3 and feature extraction and classification model with CNN is covered in section 3.4.

### **3.1 Data Collection**

We used the EMG and PPG signal for emotion recognition. To collect these signal, we utilized the physiologic recorder (P400, PhysioLab Inc.) to record EMG and PPG signals (phy, ). The P400 measures various signals, including bioelectrical and physiological signals. It can measure six measurement modules simultaneously from four channels. We used the base module to connect physiological sensors. Table 1 shows the P400 base module characteristics and specifications. Additional sensors can be connected to the module to acquire other biological signals. A fingertip pulse oximeter sensor is connected for recording PPG signal and it illuminates the skin and measures the blood changing in the finger. Electrode patch is attached in the back of both shoulders for EMG signal. Figure 3 shows recorded signals.

Data collecting participants are composed of 30 people with different ages between 20 and 30. Each participants watched 16 videos which were preselected for visual stimuli. One emotion elicitation video was shown to a subject on a single day in the quite room. For minimizing the noise, subjects remained motionless when recording the signal.

For emotion detection, emotion stimulus is required to trigger emotions. Previous studies have selected various stimuli, including photos, videos, and music. Videos were used for stimuli in DECAF stud-



Figure 2: Emotion recognition architecture.



Figure 3: PPG and EMG signals.



Figure 4: The total video number after video selection.

ies (Donahue et al., 2014). Music and photography can evoke emotions through sight and hearing, respectively (Wang and Huang, 2014). Triggering emotion from images without sounds or images is not as efficient as using both simultaneously which means we chose the video for emotion stimulus.

We selected video to use hearing and seeing as a stimulus for recording physiological signal. The video was selected from subject as a survey on the age between 20 to 30. A total of 30 people were surveyed and participated in an experiment. We prepared the total 80 videos which means 5 videos for each section (4 level of arousal and valence) as shown in Figure 4. After viewing 80 5-minute videos, participants selected the suitable 2 videos for each section. As a result, we selected a total of 32 videos based on the highest scoring of surveying. Physiological signals were measured for the selected videos.

#### **3.2 Subdivision Emotion Model**

We propose a 4 level emotional classification based on the arousal-valence emotion model described in the prior section. Russell's emotion model expressed emotion using the arousal and valence variates, which can be divided into four quadrants. Most of research conducted binary classification of arousal and valence, for example, high valence or low valence. This method cannot accurately represent the emotion, so we divided the arousal and valence as 4 levels (very high, high, low, very low). Figure 5 describes the 4 levels of arousal and valence. Arousal and valence are divided by 4 classes according to the threshold values (3, 5, and 7).

#### 3.3 Preprocessing

To induce emotion, videos are used for the stimuli in this research. We obtained EMG and PPG signals for 30 subjects. There were 32 videos for participants and each video was 5 minutes long. Sampling rate was 128Hz and signals were passed through a high-pass filter to eliminate the noise.

For making dataset, we segmented the EMG and PPG signals as Figure 6. We found the peak point of PPG signal and made an input data with a length of 1000 samples. Based on first PPG peak point, we found the nearest peak of EMG signal which is marked as yellow circle in Figure 6. As a result, red line implies the PPG input and the green line means the EMG input for neural network. Another peak point of PPG signal after 1000 samples is the next input's peak point.

To use these signals at the same time, we concatenated these two signals. PPG signals are attached first and EMG signals are attached later with totally 2000 samples. As green line of EMG signal was not longer than 1000 samples, the blank parts are filled with zeros.

#### **3.4** Four-level Classification with CNN

CNN model can be designed depending on the application. The proposed emotion recognition model uses the CNN architecture to extract features representing emotional characteristics. Previous studies have highlighted that at least two CNN layers are required to reliably extract physiological signal characteristics. Therefore, we applied only two convolutional layers since the input length is not long.

Figure 7 shows the detail of CNN model architecture. Input for the CNN is created by concatenating PPG and EMG signal. CNN parameters including the number of convolution filters, their size, and the stride size are important for the great performance. Larger number of filters will enable more diverse characteristics to be learned. Therefore, we employed 32 filters

Characteristics				
4-Channel physiological input (Bio, ECG, PPG, Bridge)				
	Up to 2000 sample rate for	each channel		
	12bit resolution	1		
	Four physiologic measurement mod	ales for configuration		
	Plug-in connecto	)r		
Direct PC connection to monitoring the analysis				
Category		Specification		
	Number of input channels	4- Channel		
Input signal	Input voltage range	Module: 2.5V; input signal: 5V		
	Sampling rate	Maximum 2000 SPS		
Output signal	ADC resolution	12 bit		
Communication	Communication method	USB 1.1 (12 Mbps)		
	Power supply	Input:80–240V AC; Output:12V		
		DC		
	Voltage / Current	12V/2A		

Table 1: P400 base module characteristics and specifications.



Figure 5: Four-level arousal and valence model.

for the first convolution layer and 64 for the second. Filter size was  $3 \times 1$  for all layers and stride was set to 1. Relu layers were used for non-linearity with two subsequent max-pooling layers. After extracting features, we used the softmax function for classification. As mentioned before, classes are composed of 4 level for valence and arousal.

## **4 EXPERIMENTAL RESULT**

#### 4.1 Experimental Environment

We measured signals from sensors directly for each participant, and created the required dataset. The number of total dataset for each class is 7200 and we used 80% dataset for training data and 20% dataset for test data. Table 2 represents the dataset.

Convolution and max-pooling filter sizes were set to the optimum value from training, assessed by com-

Table 2: Training and test dataset.

	Training	Test
Arousal 1 / Valence 1	5760	1440
Arousal 2 / Valence 2	5760	1440
Arousal 3 / Valence 3	5760	1440
Arousal 4 / Valence 4	5760	1440

paring performance. It is critical to avoid overwriting when training the model. We used a dropout layer with dropout rate = 0.5 that learned through neural networks which omits some neurons for training. For training, we set max epochs = 100, initial learning rate = 0.001, and mini batch size = 64, and used relu as the activation function.

### 4.2 Result for Accuracy

This section describes experimental results using the obtained dataset. We used a CNN model to classify the four-level emotions of valence and arousal,







whereas conventional arousal-valence models categorize two stage arousal-Valence model. It implies that we can detect 16 emotions by mixing 4 levels of valence and arousal. Figure 8 shows the accuracy of experiment. Individual accuracy ranged from 90 to 96% and the overall accuracy is 83%. Individual result was conducted by training individual dataset and overall accuracy was performed by training overall dataset. We compare our method with artificial neural network (ANN). ANN method used a neural network with hand-crafted features (Yoo et al., 2018). They extracted hand-crafted features from 5 physiological signals based on statistical approaches. We applied it to our dataset. The ANN method had 75.3% accuracies which implied our algorithm had better performance than comparative method.





## 5 CONCLUSIONS

This paper introduced an emotion recognition method by using PPG and EMG signals. In order to classify the detailed emotion, we subdivided the valence and arousal as 4 levels, whereas the existing method of dividing emotion was 2 levels. For the experiment, we obtained own dataset by extracting from 30 subjects using video clips. We adopted CNN architecture for extracting features of signals and classifying the valence and arousal. To use the PPG and EMG signal as an input of deep learning, we segmented and concatenated them. The proposed method identified individual and overall result with 90 to 96% and 83% accuracies respectively.

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