

Heart Disease Diagnosis Using C4.5 Algorithms

A Case Study

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Abstract: Data mining (DM) is a powerful process to extract knowledge and discover new patterns embedded in large data sets. DM has been increasingly used in medicine, particularly in cardiology. In fact, data mining applications can greatly benefit all parts involved in cardiology such as patients, cardiologists and nurses. Among the various units of a cardiology department, Autonomic Nervous System (ANS) is one of the most important and active unit. Thus, the aim of this study is to build a decision tree-based classifier using a data set collected from an ANS unit of the Moroccan university hospital Avicenne. The decision tree construction algorithm used in this study is C4.5. The classifier obtained presented a high level of accuracy measured in terms of error rate.

1 INTRODUCTION

The autonomic nervous system (ANS) is the designation applied by John Langley (Langley, 1921) to a complex network of peripheral nerves and ganglia. It is often considered as a motor system for control of autonomic (visceral) effectors. These effectors include smooth muscle, glands, and the heart. Furthermore, the ANS uses sensory inputs as part of visceral reflexes and independently as part of broader control mechanisms (Kreibig, 2010). However, the ANS is frequently subject to malfunctions. Thereby, several dynamic tests are used to evaluate the cardiovascular malfunctions in different pathological contexts (diabetes, Parkinson syndromes, etc) (Grubb and Karas, 1999). During these dynamic tests, the changes in blood pressure and heart rate continuously were recorded and analyzed. Thereby, several data are recorded for each patient who in turn generates big amounts of data. These increasing volumes of data are very well suited to be processed using data mining techniques that can handle them with efficiency.

Classification is one of the main tasks of DM. In fact, classification techniques are capable of processing a large amount of data. They may predict categorical class labels and classify data based on a training set (Aparna et al., 2012). Classification techniques used various algorithms namely: decision

tree (DT), support vector machine (SVM), K nearest neighbors (K-NN) classifier and others (Esfandiari et al., 2014). These algorithms and others are used in cardiology. (Kumari and Godara, 2011) reviewed in her study four classification techniques used in cardiology: Ripper classifier, DT, ANN (artificial neural networks) and SVM. This research work provided an analysis of the four techniques on the basis of their structure and efficiency. DT algorithms are considered as one of the popular classification and regression techniques. They are produced by algorithms that identify various ways of splitting a data set into branch-like segments. In fact, decision tree algorithms break down a dataset into smaller and smaller subsets while at the same time an associated decision tree is incrementally developed. The final result is a tree with decision nodes and leaf nodes (Apté and Weiss, 1997). There is several decision tree algorithms including ID3 and C4.5 developed by Quinlan (Quinlan, 1979), and CART developed by Breiman (Breiman et al., 1984). The C4.5 algorithm used in this study is an improved extension of ID3 algorithm allowing handling continuous values, missing values and pruning trees after creation.

In this paper, a case study is carried out with the ANS unit of university hospital Avicenne. Indeed, in this unit, ANS tests are performed for several patients. However, the test results are measured and

analyzed manually by the specialists. This manual procedure makes the task more difficult for the specialists. Thus, in order to help those specialists, the aim of this study is to build a classifier by applying C4.5 decision tree algorithm to a data set of the hospital Avicenne ANS unit. This data set contains the records heart rate and blood pressure of the ANS unit's patients during the several dynamics tests. The tests that are adopted by specialists in this case study are: deep breathing (Shields, 2009), hand grip (Coghlan, 1996), (Johansen et al., 1997), mental Stress (Coghlan, 1996), (Johansen et al., 1997), and orthostatic test (Mejía-Rodríguez et al., 2009). For each test, several measurements are recorded and analyzed in a relevant and efficient manner to produce an accurate diagnosis. However, until now, the analysis process in the Avicenne ANS unit is done manually by the specialists which can be hard and challenging, especially in the presence of several cases at one time. Hence, we used the C4.5 algorithm to develop a classifier as a decision support system to help cardiologists when analyzing patient records.

The structure of this paper is organized as follows: Section 2 presents an overview of the existing studies in literature applying C4.5 decision tree algorithm in cardiac data sets. Section 3 provides some details about the different tools used in this study. Section 4 describes the experimental design. Section 5 presents and discusses the results obtained. Finally, conclusion and future work are presented in Section 6.

2 RELATED WORK

Decision trees are known as one of the most popular methods for classification in medical data mining due to their high frequency in literature (Witten and Frank, 2005) (Esfandiari et al., 2014). Thereby, C4.5 algorithm is one of the well-known decision tree algorithms because of its efficiency and comprehensive features (Quinlan, 1993, 1996). As a result, data miners have used this algorithm in different disciplines of medical field including cardiology (Esfandiari et al., 2014). However, to the best of our knowledge, there is no existing study that applies data mining techniques and particularly C4.5 algorithm in an ANS unit. Thereby, since ANS tests are mainly based on the operational observation of the cardiovascular system and measuring heart rate and blood pressure, a summary of some studies conducted in cardiology using C4.5 algorithm is presented in this Section. Mašetić and Subasi have

evaluated the effect of C4.5 decision tree in creating a model that will detect and separate normal and congestive heart failures (CHF) on the long-term ECG time series. Experimental results showed that C4.5 algorithm has significant role in identification and classification of ECG heartbeat signals with an accuracy of 99.86% (Mašetić and Subasi, 2013). Zheng et al. (Zheng et al., 2005) applied a new model called R-C4.5 which is based on C4.5 and improved the efficiency of attribution selection and partitioning models. An experiment showed that the rules created by R-C4.5s can give health care experts clear and useful explanations. Karaolis et al. developed a data mining system based on decision trees for the assessment of Coronary heart disease (CHD) related risk factors targeting in the reduction of CHD events. Five different splitting criteria were used by C4.5 for extracting rules based on the risk factors. The system was applied on a dataset collected from a hospital including 528 cases and has proved good and promising accuracy rates (Karaolis et al., 2010). Moreover, Pavlopoulos et al. (Pavlopoulos et al., 2004) used the C4.5 algorithm to analyze different heart sound features, which assist clinicians to make a better diagnosis in CHD. Overall, the results obtained by studies applying C4.5 algorithm in cardiology were satisfactory and in some cases they were reached an accuracy of 99.86% (Mašetić and Subasi, 2013).

3 BACKGROUND

In this section, a detailed description of the ANS is presented. Thereafter, a brief presentation of C4.5 decision tree algorithm is introduced.

3.1 Autonomic Nervous System

The autonomic nervous system is the part of the nervous system that is involved in homeostasis by coordinating internal functions of the body and regulating unintentionally and automatically different organs including the cardiovascular system. It controls, in particular, smooth muscle (digestion, blood, etc), heart muscle, some endocrine glands and the majority of exocrine glands (digestion, sweating, etc). The ANS is the motor time (innervations of smooth muscle fibers) and sensory (pain in tension, compression, repletion) (Kreibig, 2010).

The ANS is composed of two complementary systems anatomically and physiologically distinguishable: the sympathetic nervous system (SNS) and the parasympathetic nervous system

(PNS). The balance of these two systems provides the balance of physiological functions (Benarroch, 1993). The SNS is associated to the action: it acts as a defense and put the body on alert in order to prepare it for the activity. However, the PNS aims to slow the body functions and thereby conserve energy. It promotes the internal working of the body by putting it to rest.

The ANS is frequently subject to malfunctions that are called dysautonomias. The use of dynamic tests allows the evaluation of cardiovascular dysautonomias in various pathological contexts such as diabetes and Parkinson syndromes (Grubb and Karas, 1999). These dynamic tests consist in the analysis of changes in blood pressure and heart rate continuously recorded at rest and during the several tests including deep breathing test, stand test, Valsalva maneuver, tilt test and hand-grip test.

In this paper, a case study is conducted by means of applying C4.5 decision tree algorithm on a data set of the ANS unit of university hospital Avicenne. This unit is specialized on conducting the ANS tests to diagnose cardiovascular dysautonomias patients and provide them the appropriate treatment. The tests conducted by this unit are:

- Deep breathing (DB) (Shields, 2009): it has a major interest in the determination of the vagal response (VR). It assesses autonomic function by measuring changes in heart rate (HR) in response to a deep breath. The calculation of (VR) is obtained by means of Eq. 1.

$$VR=100*(HR_{max} - HR_{min})/HR_{min} \quad (1)$$

- Hand Grip (HG) (Coghlan, 1996), (Johansen et al., 1997): This is a manual effort contraction performed to determine changes in the blood pressure (BP) in static effort. In normal condition, muscle contraction causes a rise in HR and BP. In this test, two values are measured: VR, by the same method as Deep breathing test, and Peripheral sympathetic alpha activity by means of Eq. 2.

$$PSR \alpha=100*(BP_{max}-BP_{min})/BP_{min} \quad (2)$$

- Mental Stress (MS) (Coghlan, 1996), (Johansen et al., 1997): The patient performs mental arithmetic calculations. The result is an increase in BP and in HR by activation of the central sympathetic nerve (Low, 1997). In mental stress, the central sympathetic nerves activities “ α ” was evaluated by measuring the variations of BP using Eq. 3 (Coghlan, 1996), (Johansen, 1997):

$$CSR \alpha=100*(BP_{max}- BP_{min})/BP_{min} \quad (3)$$

The central sympathetic nerves activities “ β ” was

evaluated by measuring the variations of HR using Eq. 4 (Coghlan, 1996), (Johansen, 1997):

$$CSR \beta=100*(HR_{max} - HR_{min})/HR_{min} \quad (4)$$

- Orthostatic test (Ort) (Mejía-Rodríguez et al., 2009): it aims at measuring HR and BP variations in different positions: stand up and rest. In fact, the transition from rest position to a standing position causes a variety of physiological processes of adaptation in normal subjects and a variation in HR and BP. Thereby, several measures of HR and BP are taken in orthostatic test including: VR, basal state and supine position.

In this paper, a case study is conducted by means of applying C4.5 decision tree algorithm on a data set of the ANS unit. According to the results of these tests, a set of preliminary conclusions is deduced. These conclusions are analyzed by the specialists to provide a global synthesis and diagnosis of the patient’s state. Subsequently, an appropriate treatment is prescribed by the cardiologist in order to be respected by the patient.

3.2. C4.5 Decision Tree Algorithm: an Overview

C4.5 is a decision tree generating algorithm introduced by Quinlan for inducing Classification Models (Quinlan, 1993). It is an extension of the basic ID3 algorithm used to overcome its disadvantages. C4.5 algorithm made several improvements in order to enhance the ID3 algorithm. Some of these are:

- Choosing an appropriate attribute selection measure.
- Handling training data with missing attribute values.
- Handling attributes with differing costs.
- Pruning the decision tree after its creation.
- Handling continuous attributes.

C4.5 algorithm builds a decision tree from a set of training data similar to the ID3 algorithm, using the concept of information entropy. In fact, C4.5 conducts a recursive partition of observations in branches to construct a tree for the purpose of improving the prediction accuracy. In order to do so, mathematical algorithms are used to identify a variable and corresponding threshold for the variable that splits the input observations into two or more subgroups. This step is repeated at each leaf node until the complete tree is constructed (Han and Kamber, 2001). In addition, C4.5 algorithm uses

heuristics for pruning derived based on the statistical significance of splits. Figure 1 presents a description of a C4.5 algorithm.

4 EXPERIMENTAL DESIGN

In this section, the dataset used in this study is described. Besides, a description of how the preprocessing and the generation of decision trees phases were carried out is provided.

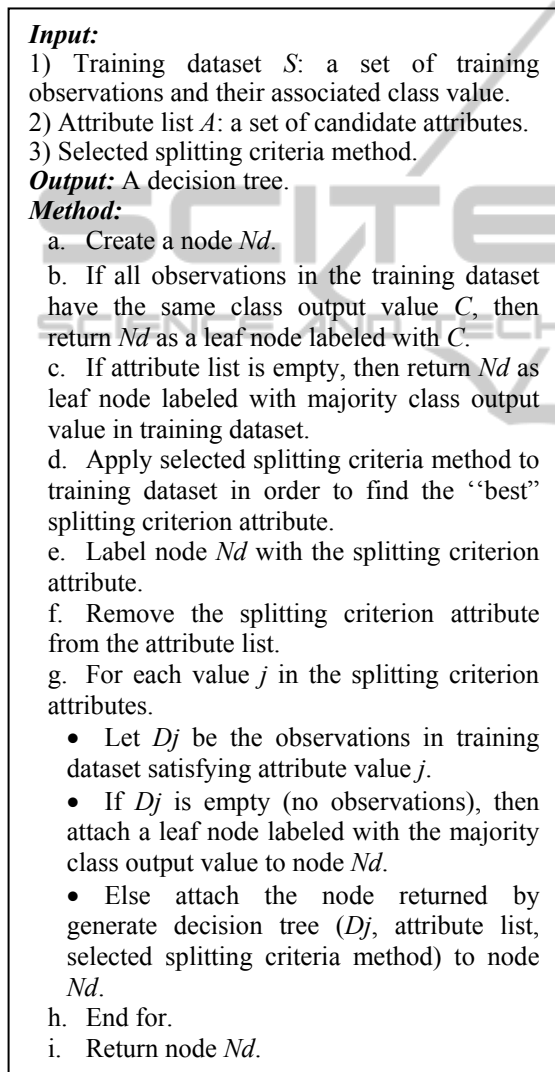


Figure 1: C4.5 algorithm.

4.1 Medical Dataset Description

The dataset used in this study was collected from the ANS unit belonging to cardiology department of university hospital Avicenne in Morocco. This

dataset contains the records of 178 patients, each of which have 66 features. Some of these features provide general and administrative information about the patient and do not affect their diagnosis such as: name of patient, file reference, date of consultation and the attending physician. This is why they were discarded. Only the attributes judged by the specialist to be necessary for the diagnosis of patients were selected. Table 1 provides a brief description of each attribute as well as some statistics such as mean, max, and the min of each selected attribute. Thereby, according to Table 1, the patients diagnosed by ANS units are from all generations including the children and the oldest persons. For the VR_DB attribute, a normal value should be near to 30%. However, we notice that the average value is 46.23% which shows that a lot of patients suffer from difficulties in case of breathing efforts. The same case was noticed for VR_HG, PSR α , CSR α , CSR β and VR_Ort attributes. In fact, a normal value of these attributes should be near to 10% but the mean value of these attributes exceeded.

Table 1: Description and statistics of selected attributes.

Input attributes	Description	Mean	Min	Max
Age	Age of the patient	42.35	7	84
VR_DB	Vagal response measured using HR values in DB test	46.23	4	155
VR_HG	Vagal response measured using HR values in HG test	19.95	0	66
PSR α	Peripheral sympathetic response α measured using BP values in HG test	23.35	1	72
CSR α	Central sympathetic response α measured using BP values in MS test	17.13	2	67
CSR β	Central sympathetic response β measured using BP values in MS test	18.60	1	95
VR_Ort	Vagal response measured using HR values in Ort test	21.24	1	80
HR _{min}	Minimum heart rate measured in Ort test	61.51	17	104
HR _{max}	Maximum heart rate measured in Ort test	70.25	38	165
BP _{min}	Minimum blood pressure measured in Ort test	114.45	84	185
BP _{max}	Maximum blood pressure measured in Ort test	125.94	89	193

the normal value. In general, a normal HR value should be between 60 beats/min and 80 beats/min, and a normal value of BD should be between 100 and 140 for systolic values. However, according to Table 1, the min and max values detected have far exceeded the normal one for both HR and BP which shows that there are some patients that are suffering from serious problems that need to be treated urgently.

4.2 Preprocessing

Data preprocessing is a very important step in a data mining process. It is a critical step which deals with the preparation and transformation of the initial data. In fact, analyzing data that has not been carefully screened can produce misleading in results. Thereby, the quality and representation of data is first and foremost before running an analysis (Han et al., 2011). An initial dataset can generally gather several problems such as: missing values, noisy data and inconsistency (Witten and Frank, 1999). For this reason, several methods were developed to solve these problems in order to improve the data quality. These methods can be divided in (Familia et al. 1997):

- Data cleaning: Fill in missing values, smooth noisy data, identify or remove outliers, and resolve inconsistencies.
- Data integration: Integration of multiple databases, data cubes, or files.
- Data transformation: Normalization and aggregation.
- Data reduction: reduces representation in volume but produces the same or similar analytical results.

4.3 Classifier Modeling

As we have explained in Section 3, a patient's diagnosis is based on several preliminary conclusions of ANS's tests. In order to provide a decision support system for cardiologists and automate the obtaining of preliminary conclusions, a deep analysis was carried out to determine the input data needed for each conclusion and identify the predefined classes. This information was required to apply C4.5 algorithm and generate the decision tree that will be adopted to produce a decision support system for cardiologist. In fact, to identify the input attributes for this case study, we integrated the ANS unit and attended the elaboration phase of diagnosis and treatment. Thus, through several observations and based on the specialists guidelines, the input

attributes were identified and used by C4.5 algorithm. Table 2 shows in details all information extracted in order to carry out a classification with C4.5 algorithm. Table 2 was designed by analyzing each test separately and identifies all the necessary attributes based on the empirical knowledge of ANS experts. As an example, in hand grip test two important values need to be measured: VR and PSR α by means of formulas 1 and 2. These measures are used to provide preliminary conclusions for this test. In fact, the specialists analyze the VR and PSR α values separately and take into consideration the age as factor to be able to produce an efficient synthesis. Thereby, two preliminary conclusions are identified for the hand grip test, one concerning the VR value, and the other the PSR α value. These conclusions identify whether the VR and PSR α values depending on the age are *high*, *normal* or *low*; consequently, two decision trees were generated for this test. For the other tests, one or more decision trees were generated. The classes that were identified to be used by C4.5 algorithm are *high*, *normal* or *low* for all tests. As a result, eight decision trees were generated and tested.

5 RESULTS AND DISCUSSION

In order to test the efficiency of the generated decision trees, the data set was divided into two sets training (123 records) and testing set (55 records). The decision trees were generated using the training set and validated using the testing set. In fact, C4.5 algorithm was executed under the Ubuntu distribution of Linux operating system using a C4.5 software release 8. More details about this C4.5 software are available in the following website¹ where the download link and the instructions for use are provided. The names, data and test files required for the execution of C4.5 algorithm were constructed. Then, the decision trees were generated through several commands. 10 trials were carried out in this experimentation. Data and test files were changed in each trial. Figure 2 presents an example of a generated decision tree. This latter concern the records of HR values in the orthostatic test and especially in supine position stage.

Table 3 presents the performance results in terms of error rate on the training set for each ANS test. These results were obtained by carrying out 10 trials for each decision tree. Class distribution for the all ANS tests was evaluated and recorded; thus, the approximate rate of each class in the different tests was provided as follow: 41% of the data were

Table 2: Details about input data and classes for each ANS tests.

ANS tests	Measured values	Input attributes	Class
Deep Breathing	Vagal response	Age	High
		VR	Normal
Hand Grip	Vagal response	Age	High
		VR	Normal
	PSR α	Age	High
		PSR	Normal
Mental stress test	CSR α	Age	High
		CSR α	Normal
	CSR β	Age	High
		CSR β	Normal
Orthostatic test	Vagal response	Age	High
		VR	Normal
	SP_FC	HR _{min}	High
		HR _{max}	Normal
SP_TA	BP _{min}	High	
	BP _{max}	Normal	

¹<http://www2.cs.uregina.ca/~dbd/cs831/notes/ml/dtdre/c4.5/tutorial.html>.

- HR_{min} < 58: **low**
- HR_{min} ≥ 59:
 - HR_{max} < 81
 - HR_{max} < 63
 - Age < 38: **low**
 - Age ≥ 38: **normal**
 - HR_{max} ≥ 63: **normal**
 - HR_{max} ≥ 81: **High**

Figure 2: An example of a generated decision tree.

identified as *high* class, 31% as *normal* class and 28% as *low* class. According to these results, we can notice that there is no a majority class and all results were close. The values of Table 3 are the mean of error rate values obtained in the 10 trials for each generated decision tree. According to the results of Table 3, the mean values of the error rate are low, which contributes to the increase of the accuracy rate up to 98.54%. These results may be explained by the fact that input features required for the construction of each decision tree did not include a lot of input attributes. In fact, as shown in Section 4, the number of input attributes did not exceed four

attributes which help to produce classifiers with high accuracy rates (Quinlan, 1993), (Han and Kamber, 2001).

Table 3: Error rates of the generated classifiers in training set.

ANS tests	Phase	Mean error rate
Deep Breathing	Vagal response	2.15%
Hand Grip	Vagal response	3.99%
	PSR α	0.81%
Mental stress	CSR α	0.85%
	CSR β	0%
Orthostatic	Vagal response	0%
	SP_FC	1.28%
	SP_TA	2.54%

The generated decision trees were tested using testing sets which are different of training set. The results obtained are presented in Table 4. Table 4 shows the mean value of error rate obtained in the 10 trials for each generated decision tree. The results obtained in the testing phase were also satisfactory and the values of the error rates recorded were low. Thereby, the classifiers of this study achieved high accuracy rates up to 98.54% for training set and 97.76% for testing set respectively.

Table 4: Error rates of the generated classifiers in testing set.

ANS tests	Phase	Mean error rate
Deep Breathing	Vagal response	0.38%
Hand Grip	Vagal response	2.15%
	PSR α	3.01%
Mental stress	CSR α	0%
	CSR β	1.72%
Orthostatic	Vagal response	0%
	SP_FC	8.96%
	SP_TA	1.66%

In order to evaluate the performance of our system, a comparison between the accuracy rates obtained using C4.5 algorithm, K-NN and Naïve Bayes (NB) classifiers was carried out. The K-NN and NB classifiers were performed using the Tanagra 1.4 software. Table 5 shows the results obtained when applying K-NN and Naïve Bayes classifiers on our data set. These classifiers were applied on training and test sets. The max and min values of accuracy rates for each classifier were recorded. In fact, when running the predefined classifiers, several trials were conducted for each ANS test to identify the appropriate neighborhood size for K-NN and the Lambda parameter for Naïve Bayes. Thus, the best results were obtained using a

neighborhood size between 3 and 10, and a default Lambda parameter equals to 1.0. According to Table 5, C4.5 have presented the best accuracy rates comparing to K-NN and Naïve Bayes that did not exceed 97.56% and 93.18% respectively for training sets and 92.73% and 89.79% respectively for test sets. These classifiers have achieved good performance but still lower comparing to the performance of C4.5 algorithm.

Table 5: Comparison of accuracy rates obtained using C4.5, K-NN and Naive Bayes classifiers.

Classification techniques	Training sets		Test sets	
	Min (%)	Max (%)	Min (%)	Max (%)
C4.5	96.01	100	91.04	100
K-NN	95.12	97.56	83.33	92.73
Naïve Bayes	85.25	93.18	83.82	89.79

By applying C4.5 decision tree algorithm in this study, a promising and satisfying accuracy rates were achieved. In fact, the deep analysis of the initial data set enabled to identify the input attributes for each decision tree. This procedure allowed to simplify the model generation phase and produce decision trees achieving low error rates which contributes to the production of accurate and efficient preliminary conclusions.

6 CONCLUSIONS

In this paper, a case study about the application of C4.5 decision tree algorithm was conducted using a data set extracted from the ANS unit of university hospital Avicenne in Morocco. The objective of this study was to produce a decision support system to automate the analysis procedure of the ANS's test results and make it easier for specialists. Thereby, as a first step, C4.5 algorithm was used to generate a set of classifiers that enable to generate the preliminary conclusions needed to produce the appropriate diagnosis. The classifiers were evaluated and the results obtained achieved high accuracy rates which were very promising. However, as a limitation of this study, we may mention the small size of the data set used. Thus, more validation tests over bigger data sets should be conducted.

As mentioned in Section 3, The ANS unit is specialized on conducting the ANS tests in order to analyze the preliminary conclusions deduced from the classifiers. These conclusions are analyzed by the specialists to provide a global synthesis, diagnosis of the patient's state and prescribe the

appropriate treatment. In this study, we worked on the first phase of the procedure and using the C4.5 algorithm, we were able to define a set of rules helping to generate the preliminary conclusions. For future work, a validation of the generated classifiers by cardiologists on new patients needs to be carried out. Besides, classification and association techniques will be used to produce a complete decision support system that provide a diagnosis for patients and suggest the appropriate treatment.

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