# MASSAGE CONTROL TO ADAPT HUMAN SKIN MUSCLE CONDITION BY USING MULTIFINGERED ROBOT HAND

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Abstract: The purpose of this paper is to propose the adaptive expert masssage robot using a multi-fingered robot. Towards this goal, the present paper gives a modeling of human skin muscle through robot perception of impedance, and control strategy using impedance control to implement adaptive control system, even if human condition is changed. The model validity is demonstrated via many experiments by using multi-fingered robot hand and human body. Based on robot perception of human muscle impedance, impedance control is proposed.

## **1 INTRODUCTION**

In present society, there are many health support machine such as massage machines (M. Okada and Oka, 2004), (S. Kajikawa, 2004), (example: http:// www.mew.co.jp /wellness /momimomi /realpro2 /index.html, ). Especially, in Japan, highly developed massage machine was produced. Many pattern of massage motion are installed according to body condition and human preference, and adjusted by manually switching. Further, massage motion of most massage machine is realized by using roller's movement and swing. Then, the movable places for massage by the present machine is limitted, and it is expected to extend the possible region to conduct the massage. Therefore, the development of flexible massage robot by using multi-fingered hand is a challenging subject, in recent decades.

Authors presented feedforward-type and Neural Network (NN's) (H. Kitagawa and Terashima, 2002) massage motion control for human shoulder by offline learning in TUT (Toyohashi University of Technology) robot hand. This research described how a two fingered hand was applied, but results of force and position control were insufficient, because a feedback controller was not included due to the lack of a force sensor. Therefore, the massage motion of this hand was too limited. In the literature (K. Terashima and Kitagawa, 2005), (P. Minyong and Terashima, 2003), position control was used before fingertip of robot hand touches to shoulder, and after touching, controller was switched from position control to force control. Reference massage force was taught by expert therapist, and those data were memoried into computer by using sheet sensor. These teaching data were realized by robot hand using teaching-playback method. Reference force was exactly achieved by using fedback control. Precision of reproduction by robot of expert massage of therapist was well realized (K. Terashima and Kitagawa, 2005), (P. Minyong and Terashima, 2003). However, in the previous system, reference massage motion must be taught by therapist's teaching whenever the change of human body condition and massage position occurred.

Hence, development of auto-tuning adaptive massage robot is expected to appropriately adjust massage motion following to the impedance of human skin muscle. Thus, in this paper, we present a model of human skin muscle by using multi-fingered robot hand to know impedance of human skin muscle and control strategy by means of impedance control to implement adaptive control system, even if human condition is changed, or massage position is shifted, and person to be massaged is different.

### 2 MASSAGE ROBOT SYSTEM

The multi-fingered, multi-jointed humanoid robot hand is shown in Fig. 1. It has 4 fingers with 13 joints. The  $1^{st}$  finger (thumb) has 4 joints, and the  $2^{nd}$  to  $4^{th}$ 



axis force sensor

Figure 1: TUT hand with 6- Figure 2: Massage motion control by robot hand

fingers have 3 joints and are arranged like those of the human hand. The thumb is opposable and redundant. It has 203.9 [mm] length and 222.2 [mm] width, about 1.2 to 1.5 times larger than an adult man's hand.

The small AC servo motor actuator for the robot hand is 30 [mm] in diameter, 30 [mm] length, 70 [g] in weight, and generates 1.4 [Watts]. The small sized-motor was manufactured by the Yaskawa Electric Corporation. The servomotor has an integrated harmonic gear (1/80) and encoder, and directly drives each joint. The fingertip force sensor is the fingertip type of 6-axis force sensors made by BL Autotech Ltd. By using this sensor, three components of force  $(F_x, F_y, F_z)$  and three components of momentum  $(T_x, T_y, T_z)$  could be measured.

The typical kinds of finger movements performed by an expert massage therapist consists of "pushing, "picking up", and "rubbing".

"Pushing" is done strongly by thumb, while the other fingers are used to support the person being massaged. The tips of the other fingers touch the body while the tip of the thumb is placed on the shoulder and pushes toward the tips.

As the first step on designing an expert massage robot, the fingertip force control of "Pushing" was achieved by robot hands described in this paper

#### **MODELING OF HUMAN SKIN** 3 **MUSCLE AND PARAMETER ESTIMATION**

As human skin model, a lot of models are proposed by using viscosity-elastic theory. However, each model is insufficient, and therefore it is impossible to completely explain all phenomena of muscle state by one model (Yamada, 1970), (R. Kenedi, 1965).

Then, in this paper, we shall consider spring-massdamper model with the correction term of error, and also consider to investigate the state of human skin muscle in real time.

Skin muscle model is represented by

$$f(t) = d + Kp(t) + C\dot{p}(t) + M\ddot{p}(t)$$
(1)

, where  $f(t) \in R^1$ ; fingertip force of robot hand,  $p(t) \in R^1$ ; fingertip position of robot hand, K; spring coefficient, M; mass weight, C; damping coefficient, and d; deviation.

If "(1)" is discretized, then it follows

$$\phi_k = \Theta^T \psi_k \tag{2}$$

. where

 $\begin{array}{l} \phi_k = f_k + 2f_{k-1} + f_{k-2} \in R^1, \ \psi_k = \\ [1, p_k, p_{k-1}, p_{k-2}] \in R^4, \ \Theta = [4d, L_1, L_2, L_3]^T, \\ L_1 = K + \frac{2C}{T} + \frac{4M}{T}, \ L_2 = 2K - \frac{8M}{T^2}, \ L_3 = \\ K - \frac{2C}{T} + \frac{4M}{T^2} \ \text{and} \ k \ \text{is a time step at time } kT. \\ \text{Then, the forgetting factor is given by} \end{array}$ 

$$w_{k,i} = r_k w_{k-1,i}$$
 (k > i) (3)  
 $w_{k,i} = 1 - r_k,$   $r_k = 2^{-\Delta u_k}$ 

$$\Delta u_k = \min\left(\frac{T}{T_H}, \frac{\parallel p_k - p_{k-1} \parallel}{X_H}\right) \tag{4}$$

, where T is sampling time, and  $T_H$  and  $X_H$  are design parameter. In this research, we used T = 1 [ms],  $T_H$  $= 0.1, X_H = 0.015.$ 

Here, performance index to determine the estimated parameter  $\Theta = [4d, K, C, M]^T$  is given by

$$J_{k}(\Theta) = \sum_{i=i_{0}}^{k} w_{k,i} (\phi_{i} - \Theta^{T} \psi_{i}) (\phi_{i} - \Theta^{T} \psi_{i})^{T}$$
  
$$= \Theta^{T} \mathbf{R}_{k} \Theta - \Theta^{T} \mathbf{Q}_{k} - \mathbf{Q}_{k}^{T} \Theta + \mathbf{F}_{k}$$
(5)

, where  $\mathbf{R}_{k} \triangleq \sum_{i=i_{0}}^{k} w_{k,i} \psi_{i} \psi_{i}^{T}$ ,  $\mathbf{Q}_{k} \triangleq \sum_{i=i_{0}}^{k} w_{k,i} \psi_{i} \phi_{i}^{T}$ ,  $\mathbf{F}_{k} \triangleq \sum_{i=i_{0}}^{k} w_{k,i} \phi_{i} \phi_{i}^{T}$ , and  $i_{0}$  is a starting time to estimate the parameter.

Explanation about the forgetting factor of "(3)" and "(4)" follows. When motion is fast, the position shift will be large every sampling, while the position shift will be small if motion is slow.

Thus, it is thought to be reasonable that the data should be forgotten in constant rate if the position shift is large. On the other hand, the past data should be stored during long interval without forgetting soon if the position shift is small in every sampling.

Parameter is estimated such that J is minimized. The details of deriving parameter estimation is written in the literature (Kikuuwe and Yoshikawa, 2003) for robot perception of impedance which is a kind of Least Square Method.

Then, the parameter estimation value  $\hat{\Theta}_k$  becomes

$$\Theta_k = \boldsymbol{R}_k^{-1} \boldsymbol{Q}_k \quad \in R^4 \tag{6}$$

Here, if we put  $\hat{\Theta'}_k = [d, K, C, M]^T$ , the following equation is obtained, and the parameter  $\{d, K, C, M\}$  can be identified.

$$\hat{\Theta'}_k = \boldsymbol{T}\hat{\Theta}_k \tag{7}$$



Figure 3: Simulation results to estimate M, K, C and d



Figure 4: Measurement position of human body

, where

$$\boldsymbol{T} \triangleq \begin{bmatrix} 1/4 & 0 & 0 & 0\\ 0 & 1/4 & 1/4 & 1/4\\ 0 & T_s/4 & 0 & -T_s/4\\ 0 & T_s^2/16 & -T_s^2/16 & T_s^2/16 \end{bmatrix}$$
(8)

Fig. 3 shows the simulation results to estimate the parameters of "(1)". Reasonable estimation results were obtained by the present identification method. Then, each parameter of M, K, C and d were well estimated as shown in Fig. 3

Fig. 4 shows the measurement position to measure the impedance of human arm (a) and hand (b). Position (a) is the hard side of human hand, and position (b) is the soft part of human arm. Experimental results to check the model validity were shown in Fig. 5.

Reference input force with amplitude of 5 [N] and period of 1.884 [rad/sec] was given from robot finger to human skin muscle in experiments.

Table 1 shows the estimated values of K, C, M and d for the measured position (a) and (b), while Fig. 5 shows the comparison between observation value in real experiments and estimated value calculated from

Table 1: Estimated parameter of human skin muscle for each position

	K	C	М	d
(b)	879.9	27.61	0.0128	-17.31
(a)	233.29	11.41	0.0015	-2.38

model of "(1)" using the estimated parameter. From the results, model validity was shown.



Figure 5: Experimental results of model validity (at the position (a))

# 4 CONTROL STRATEGY OF MASSAGE ROBOT

Control strategy of expert massage robot which can adapt for human muscle condition is shown in Fig. 6.

Human muscle condition by robot perception of impedance is estimated, and then based on the muscle condition, controller is suitably selected. For example, strong impedance control is executed for the hard muscle, while weak impedance control for the soft muscle. Impedance of human muscle is measured by means of force and position's information using multifingered robot hand in short sampling period such as 10 [msec]. Furthermore, sense information such as blood pressure, cardiac rate, brain wave, etc is measured in long sampling period such as 60 [s], and hence, massage control will be appropriately adapted by feedback of both impedance and sense information.

As a basic study to implement a final goal shown in Fig. 6, impedance control was designed, where the impedance controller is shown as controller i (i = 1, 2, ... n).

Impedance characteristics of impedance control is given by

, where  $f \in R^3$  is fingertip force, and  $x \in R^3$ ,  $\dot{x} \in R^3$ ,  $\ddot{x} \in R^3$ ,  $\ddot{x} \in R^3$ , are fingertip position, velocity, acceleration, respectively.  $f_d \in R^3$  is reference force,  $x_f \in R^3$  is



Figure 6: Schematic diagram of adaptive control system for developing expert massage robot



Figure 7: Simulation for massage motion of 1<sup>st</sup> finger

reference position trajectory until robot finger touches human skin muscle and  $\mathbf{x}_d \in \mathbb{R}^3$  is reference position trajectory after robot finger touches human skin muscle.

Then, control law having the reference impedance characteristics is given by

$$\tau = \boldsymbol{M}(\theta) \boldsymbol{J}^{-1} [\boldsymbol{M}_d^{-1} \{ \boldsymbol{K}_f(\boldsymbol{f} - \boldsymbol{f}_d) - \boldsymbol{D}_d(\dot{\boldsymbol{x}} - \dot{\boldsymbol{x}}_d - \dot{\boldsymbol{x}}_f) \\ - \boldsymbol{K}_d(\boldsymbol{x} - \boldsymbol{x}_d - \boldsymbol{x}_f) \} - \dot{\boldsymbol{J}} \dot{\boldsymbol{\theta}} + \hat{\boldsymbol{h}}(\theta, \dot{\theta}) ] - \boldsymbol{J}^T \boldsymbol{f}$$
(10)

, where  $\boldsymbol{M}(\theta)$  is an inertia term of robot hand,  $\hat{\boldsymbol{h}}(\theta, \dot{\theta})$  is a nonlinear term of centrifugal force, coriolis, gravity and friction term, and  $\boldsymbol{J}$  is a Jacobian matrix.  $\boldsymbol{K}_f$  is a feedback gain as  $\boldsymbol{K}_f = diag[0.2225, 0.2225, 0.2225]$ .

As a force reference, sinusoidal wave such as magnitude in z-direction is 3 [N] and frequency is 0.3 [Hz] was given. Control simulation using two fingers was conducted. In each finger, the same impedance characteristics was given by considering the massage motion of expert therapist. The control results are given in Fig. 7, where Fig. 7 is for the 1<sup>st</sup> finger.

In this simulation, the model parameter of human skin muscle for  $1^{st}$  and  $2^{nd}$  finger was given by M = 0.001, K = 360, C = 18, d = 0. Under this model,  $x_d$  is calculated when  $f_d$  is given. Furthermore,  $M_d = I$ ,  $K_d = diag[1000, 1000, 1000]$  and  $D_d = diag[61.73, 61.73, 61.73]$ .

From Fig. 7, position and force output well agreed with reference values. Massage motion was well achieved to realize the ideal impedance according to the impedance of human skin muscle in this time.

### **5** CONCLUSIONS

In this paper, modeling of human skin muscle and parameter identification has been presented for the purpose such as exactly know the state of human muscle and conduct adaptive massage according to impedance information based on the model of human skin muscle. Model validity has been demonstrated through many experiments using a lot of position in human body. Adaptive control strategy for implementing an expert massage robot to be adjusted for various conditions has been proposed.

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