Multimodal Pain Assessment Based on Physiological Biosignals: The Impact of Demographic Factors on Perception and Sensitivity

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Abstract: Pain is a multidimensional and highly personalized sensation that affects individuals' physical and emotional state. Visual analog scales, numeric rate indicators, and various questionnaires, all relying on patient-reported outcome measurements, are considered the "gold" standard methods for assessing the severity of pain. Nevertheless, self-report tools require cognitive, linguistic, and social abilities, which may manifest variations in certain populations such as neonates, individuals with intellectual disabilities, and those affected by dementia. The purpose of this study is to automate the process through multimodal physiological-data-driven machine-learning models in order to gain deeper insights into pain sensation. We developed a pipeline using electrocardiogram (ECG), galvanic skin response (GSR), and electromyogram (EMG), along with demographic information from the BioVid dataset. The Pan & Tompkins algorithm was applied for ECG signal processing, while statistical analysis was used for feature extraction across all signals. Our study achieved 82.83% accuracy in the SVM classification task of baseline (BL) vs the highest level of pain (PA4) for females aged 20-35.

1 INTRODUCTION

Pain is a multidimensional and subjective experience that affects patients' physical and psychological state (Lopez-Martinez & Picard, 2018). According to the International Association for the Study of Pain, is defined as "the unpleasant sensory and emotional experience associated with, or resembling that associated with actual or potential tissue damage" (Raja et al., 2020). Medical professionals, scientists, and official organizations, including the World Health Organization, have adopted this terminology.

The duration of pain consists of a broad range. For instance, it may last from a few minutes to even years, and its intensity varies. It is classified as acute or chronic (Loeser & Melzack, 1999). The first one is sudden, intense, and short-term, often caused by wounds, injuries, or broken bones. In contrast to acute, chronic pain is an ongoing situation, that lasts more than three months and can cause distress (Fayaz et al., 2016). This type of discomfort is categorized as a disease and might be difficult to diagnose. It could impact on physical status, psychological state, and overall quality of life. These consequences also impose a psycho-social burden on individuals, their families, and society.

Pain consists of three aspects: the intensity, the duration, and the distribution (Fayaz et al., 2016). The first one is the level of pain, varying from minor to unpleasant or severe. The second aspect concerns the period that pain lasts and is defined as acute or chronic, as previously explained. The distribution of pain indicates exactly where the patient experiences discomfort. In order to address and manage pain appropriately, it is important to identify all of them.

The current clinical tools in order to estimate and evaluate the level of pain depends on patient-reported outcome measurements (Takai et al., 2015). The most typical methods contain scales for patients to assess the pain experience on a range of 0-10 or 0-100.

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However, these processes are time-consuming and financially burdensome for healthcare facilities. Selfreports also demand cognitive, linguistic, and social abilities that may vary in children, and other populations such as newborns, and individuals with dementia (Susam et al., 2022).

There is growing evidence that the autonomic nervous system (ANS), a part of the peripheral nervous system, is interconnected with pain perception (Hohenschurz-Schmidt et al., 2020). Consequently, several studies have explored and documented changes in the ANS that occur when subjects are exposed to painful stimuli. The main role of the ANS in the pain response is to point out physiological biomarkers for investigation (Fernandez Rojas et al., 2023). The pain process is often initiated by unpleasant mechanical, heat, or cold stimuli of an endogenous or exogenous origin, activating the sensory neural pathway. As a result, physiological biosignals typically stem from this process, making them excellent choices for automated pain recognition and assessment.

Accurate pain assessment remains one of the strongest challenges in medical and research studies. The objective of our study was to develop a framework for automated pain recognition and assessment using multimodal physiological biosignals. We employed the BioVid dataset and conducted unimodal and multimodal experiments in order to compare the performance of each approach. Finally, we explored the role of demographic characteristics, such as gender and age, on pain perception and sensitivity and their influence on the experimental outcomes.

2 RELATED WORK

Most studies in pain research focus on biological signals because of the difficulties in interpreting imaging and audiovisual modalities, especially in clinical settings where individuals may feel uncomfortable about recording. As a result, researchers have explored in depth the correlation between pain and various physiological responses, such as cardiovascular activity, muscle function, electrodermal activity (EDA), brain function, and respiratory rate. Indicate such studies and their results are reported in what follows.

Walter et al. (2013) were the initial researchers to employ the BioVid Heat Pain dataset. Lopez-Martinez and Picard (2018) also used this dataset to investigate personalized nociceptive pain recognition. They extracted 17 time-domain features from skin conductance (SC) and ECG they developed logistic regression, support vector machines (SVMs) with various kernels (Linear/RBF kernels), multitask neural networks (MT-NN), and single-task neural networks (ST-NN) with 10-fold cross-validation. They reported that MT-NN performed better than other approaches in the binary classification task of baseline (BL) versus pain level 4 (PA4).

Additional integrations of similar signals have been recognized in the scientific community. Thiam et al. (2019) developed a 2D model using these modalities. They used early fusion and delivered it into a 9-layer 2D convolution neural network (CNN). They reported a strong association between EDA and pain severity. The interesting observation was that the multimodal approach did not result in higher scores than EDA alone. In their following study, they suggested a multimodal data fusion approach for binary classification using biosignals from the same dataset, relying on deep denoising convolutional autoencoders (DDCA). Subramaniam and Dass (2021) explored ECG and GSR modalities from the BioVid and created a hybrid deep learning (DL) network. They implemented CNN to extract pain information from physiological signals and an LSTM network for feature concatenation to map nociceptive pain from input data to detection. They reported that GSR provided the highest performance in unimodal experiments, achieving 85.66% between the BL vs PA1 task. The multimodal approach increased their results by reporting 94.12% in the same classification task.

There is a critical need for a precise and reliable method of assessing acute discomfort and level of pain, especially in postoperative patients or hospitalized individuals. This entails continuous monitoring of various biological indicators. Chu et al. (2017) employed linear discriminant analysis, knearest neighbors (k-nn), and SVMs in a dataset of six subjects with no medical history. They categorized patients' pain into five different levels using a multimodal approach that included ECG, blood volume pulse, and GSR. According to their results, SVMs performed better. Aqajari et al. (2021) used the Empatica E4 wristband in order to collect GSR data from 25 post-operative patients. They applied two machine-learning algorithms and used four binary classification tasks to discriminate between the BL and the four pain intensities. Despite challenges in assessing actual clinical information, their models outperformed the BioVid paper approach for the first three pain models. In a different study, Naeini et al. (2021) gathered a group of 25 postoperative patients aged between 18 and 65. They

extracted 19 time-domain HRV features and devised an automated framework to evaluate the subjects pain. The highest accuracy was achieved using SVMs, between the BL and pain level 2 (PA2).

Recent studies on automated pain estimation and evaluation have focused on demographic factors and how they could affect the level of pain discomfort. This shift is driven by the realization that nociception contains social aspects, underling the need to examine pain from both physiological and psychosocial perspectives (Bartley & Fillingim, 2013). In this context, Gkikas et al. (2022) analyzed ECG and employed SVMs to categorize pain intensity by exploiting gender and age. Their study showed substantial variations between genders. Especially in higher intensities of pain, males reported less sensitivity. In their subsequent work (Gkikas et al., 2023), they suggested neural networks with single task learning. For binary and multiclass tasks, they reported accuracies of 71.67% and 31.53% in the females and 71.33% and 29.73% for males in the 20-35 age group.

3 METHODOLOGY

Given what was referred to previously, multimodal approaches yielded better results. However, further investigation of the dataset is still required. This study explored all the available physiological biosignals in the BioVid and combined demographic data in order to draw conclusions regarding the influence of these factors on pain perception and sensitivity.

This section presents a comprehensive overview of the dataset, feature extraction, along with the experimental pipeline.

3.1 BioVid Dataset

The BioVid Heat Pain Database (Walter et al., 2013) incorporates physiological biosignals along with frontal video material for detecting and classifying heat-induced pain. The data collection process involved 90 subjects, equally divided between the ages of: 20-35, 36-50, and 51-65. In order to provoke pain, a thermode, a device attached to the skin, was used. The experiment was conducted in five phases, during which four different temperature stimuli were applied for 25 minutes. Each temperature setting underwent 20 repetitions and lasted 4 seconds. BioVid consists of five datasets, each one includes a different variety of sources. We used the Part A dataset, which encompasses physiological biosignals such as ECG, GSR, and EMG (Trapezius muscle).

Part A is the most well-known and referenced dataset in pain research. Before the experimental process, each subject's medical history was reviewed. The exclusion criteria covered brain-related conditions, long-lasting pain, heart-related conditions, and the intake of painkillers right before the trial.

The initial sample size for the study was 90 subjects; however, three patients' samples were excluded due to technical troubles during data collection, creating a dataset of 87 subjects. BioVid includes pre-segmented intervals with duration of 5.5 seconds, and a 3-second delay. The intensities were determined based on data collected at a baseline temperature T_0 of 32 ⁰C. Each temperature was applied 20 times, with 100 data samples per participant, resulting in 8.700 samples used as input in our experimental pipeline.

3.1.1 ECG Features

The first step involved implementing the Pan and Tompkins algorithm (1985) in order to identify QRS complex in the ECG signal.

The algorithm is structured into the following phases: the preprocessing and the decision-making phase. The first one involves noise cancellation, signal filtering, and QRS's complex amplitude and slope improvement. The application of a band-pass filter serves to mitigate the impact of noise. A filter within the range of 5 to 15 Hz was achieved by sequentially cascading the Low Pass Filter (LPF) and High Pass Filter (HPF). The LPF was employed to eliminate high-frequency noise components, such as power line interference, and T-wave interference, thus capturing the low-frequency signals. On the other hand, the HPF was used to diminish low-frequency noise, including baseline wander.

Following the application of the filtering process, the signal is isolated, with a specific emphasis on determining the slope characteristics of the optimal QRS complex. During the differentiation stage, the low-frequency P and T-waves were eliminated. As a result, all the sample points become positive. The final step is to apply the moving window integration (MWI).

The peaks are located in the integrated signal to identify a QRS complex. To decrease the chances of choosing the wrong peak as a QRS complex, we compare the peaks with a limit value. This limit value changes automatically after identifying a new peak. If the process fails to detect a QRS complex, an additional search begins. In case no QRS is found in a specific time, the half value of the limit is used in order to detect the highest peak that falls within that time as possible QRS complex. Adaptive thresholds improve the dependability of R peak identification. The band-pass filter optimizes the waveform ratio for low thresholds, with the higher of the two thresholds in each set initially applied to the signal. In instances where no QRS complex is identified within a specified window, the lower threshold is applied, and a search-back method begins to search for any missed peaks.

After the application of the algorithm, we extracted the following six (6) features:

• Mean of Inter-beat intervals (IBIs):

$$\mu = \frac{1}{N} \sum_{i=1}^{N} (RR_{i+1} - RR_i)$$
(1)

• The heart rate:

Heart Rate =
$$\frac{60 \cdot Fs}{\mu}$$
 (2)

• The root mean square of the successive differences:

RMSSD =
$$\sqrt{\frac{1}{N-1} \sum_{i=1}^{N} (RR_{i+1} - RR_i)^2}$$
 (3)

• The standard deviation of the NNs:

$$\text{SDNN} = \sqrt{\frac{1}{n-1} \sum_{i=1}^{n} (\text{RR}_{i} - \overline{\text{RR}})^{2}}$$
(4)

The slope of the linear regression:

$$\mathbf{A}^{\mathrm{T}} \mathbf{A}_{\mathrm{x}} = \mathbf{A}^{\mathrm{T}} \mathbf{b} \tag{5}$$

• Ratio of SDNN to RMSSD, which is a metric of the heart's rate acceleration:

$$RatioSR = \frac{SDNN}{RMSSD}$$
(6)

3.1.2 GSR Features

Through the statistical analysis, we calculated the mean absolute value of first differences (MAVFD), and he mean absolute value of second differences (MAVSD) for both raw and standardized signals as well as the above twelve (12) features:

- Maximum
- Standard Deviation
- Mean
- Root mean square
- Range
- Interquartile range
- MAVFD

$$\frac{1}{N-1} \sum_{i=1}^{N-1} |x_{i+1} - x_i| \tag{7}$$

• MAVSD

$$\frac{1}{N-2}\sum_{i=1}^{N-2}|x_{i+2}-x_i| \tag{8}$$

- MAVFD of the standardized signal
- MAVSD of the standardized signal
- Skewness
- Kurtosis

3.1.3 EMG Features

First, a Butterworth band-pass filter (20-250 Hz) is used for the signal. Through the statistical analysis, we extracted the following six (6) characteristics:

- Maximum
- Standard deviation
- MAVFD
- MAVSD
- MAVFD of the standardized signal
- MAVSD of the standardized signal

3.2 Classification Models

Handling missing values and noisy data was part of the pre-processing step. Subsequently, we divided our dataset into three groups: a) based on gender, b) based on the age group, and c) based on both gender and age. The next step was the feature extraction phase for 24 features. We developed SVMs with different kernels (Linear/Gaussian/Polynomial) and LSTM models aimed at detecting pain as well as assessing the intensity of it using the leave-one-subject-out (LOSO) cross validation method, ensuring unbiased and robust results.



Figure 1: ECG signal preprocessing.

3.2.1 Support Vector Machines

We utilized the following various kernels for our ML experimental process in order to compare them:

• SVM with Gaussian kernel:

K(x₁, x₂) = exp
$$\left(-\frac{||x_1 - x_2||^2}{2\sigma^2}\right)$$
 (9)

• SVM with Linear kernel:

$$K(x_1, x_2) = x_1^T x_2 (10)$$

• SVM with Polynomial kernel:

$$K(x_1, x_2) = (x_1^T x_2 + 1)^{\rho}$$
(11)

3.2.2 LSTM Pipeline

The data was first converted into a three-dimensional format that model could exploit. The target variable was encoded with the label encoding in order to conduct binary and multiclass experiments. Preprocessing steps involve the reshaping of the input data to incorporate temporal information from previous time-steps, thus improving the model's capacity to recognize sequential patterns.

We developed stacked LSTMs for our experimental process. The first layer consists of 5 units and uses the hyperbolic tangent (tanh) activation function. The following 3-LSTM-layers consist of 64 units. These layers continue to process and analyze

the information, capturing more complex patterns. The final layer has 5 units. We also included a dense layer with 5 units for each of the five-categories (multiclass classification). Each unit in the dense layer represents a class. For the binary classification tasks, we have one, producing a single probability value.

The model's ability to process sequential input is its greatest advantage. Physiological signals related to pain often present time-dependences, necessitating the development of a model that can learn patterns as they change. Finally, stacked LSTMs are flexible and can handle variable-length sequences. Pain is a personalized sensation, and the model's capacity to adjust to different signal lengths contributes to its robustness.

4 **RESULTS**

The classification tasks were executed in multiclass and binary approaches. We conducted five categories of experiments, each with a distinct objective: 1) Binary and multiclass experiments for all dataset in both unimodal and multimodal tasks including BL, 2) Binary and multiclass experiments between pain levels categories in both unimodal and multimodal tasks, 3) Binary and multiclass multimodal genderbased classification tasks, dividing the dataset into male and female groups, 4) Binary and multiclass multimodal age-based classification tasks, based on subjects' ages: 20-35, 36-50, and 51-65, and 5) Binary and multiclass multimodal gender-age based classification tasks. The results for each classification task, along with the model used, are presented in Tables 1-7.

Signal	Task	SVM*	LSTM
	BL vs PA1	51.46%	52.01%
	BL vs PA2	57.04%	55.60%
GSR	BL vs PA3	65.45%	65.34%
OBIC	BL vs PA4	75.60%	76.86%
	All Pain Levels [×]	35.77%	37.52%
*Polynomial Kernel × PA1 vs PA2 vs PA3 vs PA4			

Table 1: GSR accuracy for all dataset.

	olynomial Kernel	^ PA I	vs PA2	vs PA3	vs PA
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Signal	Task	SVM*	LSTM
	BL vs PA1	51.86%	51.20%
	BL vs PA2	52.84%	52.47%
ECG	BL vs PA3	55.14%	54.39%
Les	BL vs PA4	58.39%	57.58%
	All Pain Levels [×]	29.06%	28.87%

Table 2: ECG accuracy for all dataset.

*Polynomial Kernel * PA1 vs PA2 vs PA3 vs PA4

Signal	Task	SVM*	LSTM
	BL vs PA1	49.91%	50%
	BL vs PA2	52.67%	53.70%
EMG	BL vs PA3	53.67%	53.85%
Line	BL vs PA4	55.37%	56.83%
	All Pain Levels $^{\times}$	27.38%	28.49%

Table 3: EMG accuracy for all dataset.

*Polynomial Kernel × PA1 vs PA2 vs PA3 vs PA4

In unimodal experiments has been noted that GSR demonstrates superior performance compared to ECG and EMG as shown in Tables 1-3. Specifically, the highest accuracy percentages in binary experiments were observed between BL versus higher-intensity conditions (PA4). In machine learning experiments, GSR achieved 75.60% and 35.77%, in binary and multiclass tasks respectively,

while in LSTM experiments, achieved a mean accuracy of 76.86% and 37.52%.

Multimodal approaches outperform unimodal methods, in both binary and multiclass experiments. The combination of biosignals led to a slight improvement in accuracy performance compared to a single modality. Experiments with SVM models reported better results with the polynomial kernel in all classification tasks, binary and multiclass.

Signal	Task	SVM*	LSTM	
	BL vs PA1	52.38%	51.40%	
	BL vs PA2	58.47%	56.81%	
A11	BL vs PA3	65.97%	63.13%	
1 111	BL vs PA4	76.69%	77.21%	
	All Pain Levels [×]	37.09%	37.74%	

Table 4: Multimodal accuracy for all dataset.

*Polynomial Kernel × PA1 vs PA2 vs PA3 vs PA4

In addition, we explored demographics gender emphasizing whether affects pain classification outcomes. We noticed that males were less sensitive to higher intensities than females. For instance, in experiments between no-pain conditions versus the highest level of pain (PA4), female subjects presented an accuracy rate of 77.61% in SVM and a mean accuracy of 79.88% in LSTM models, which were higher than the 72.61% and 70.85% recorded for male subjects, respectively. The divergence in classification results between genders was even more pronounced at lower pain intensities, with women consistently achieving higher accuracy rates than men.



Figure 2: Multimodal gender classification.

Group	Task	SVM*	LSTM
	BL vs PA1	51.86%	50.41%
ŝ	BL vs PA2	58.83%	58.37%
emale	BL vs PA3	64.47%	63.95%
Ц	BL vs PA4	77.61%	79.88%
	All Pain Levels [×]	38.45%	38.74%
	BL vs PA1	53.63%	52.10%
	BL vs PA2	57.67%	56.70%
Males	BL vs PA3	65.51%	63.69%
	BL vs PA4	72.61%	70.85%
	All Pain Levels [×]	33.86%	33.49%

Table 5: Multimodal gender-based classification.

*Polynomial Kernel [×]BL vs PA1 vs PA2 vs PA3 vs PA4

Table 6: Multimodal female-age-based classification.

Group	Signal	Task	SVM*
		BL vs PA1	54.50%
	ECC	BL vs PA4	82.83%
males 0-35	GSR EMG	PA1 vs PA4	81.33%
Pe 2	EMO	All Pain Levels	33.46%
		BL vs PA1	51%
	ECG GSR EMG	BL vs PA4	75.83%
Females 36-50		PA1 vs PA4	71.33%
		All Pain Levels [×]	27.53%
S	ECG GSR EMG	BL vs PA1	51.15%
1-6		BL vs PA4	60%
Females 5		PA1 vs PA4	62.50%
		All Pain Levels [×]	23.66%

*Polynomial Kernel [×]BL vs PA1 vs PA2 vs PA3 vs PA4

All models exhibited better performance between BL and the highest pain intensity task, in unimodal and multimodal tasks. As the deviation among category pain levels increases, we noticed high accuracy in binary tasks. Classifications between the lowest pain intensities versus the BL (PA1 vs BL) do not present noticeable differences, thereby complicating the model's ability to differentiate the classes. In contrast, the performance of models between the highest and the lowest level of pain or the BL (P4 vs PA1 or PA4 vs BL), was higher due to the distinctiveness of the categories as presented in Table 7.

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$ \frac{8}{2} \frac{1}{2} 1$	lles -35	GSR	PA1 vs PA4	74.16%
$\begin{array}{c c} & & & & & & \\ \hline & & & & & \\ \hline & & & & \\ \hline \\ & & & \\ \hline \\ \hline$	Ma 20-	EMG	All Pain Levels [×]	30.86%
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$\underbrace{\overset{\circ}{\overleftarrow{E}}}_{F} \underbrace{\overset{\circ}{\overleftarrow{E}}}_{F} \underbrace{\overset{EMG}{EMG} \underbrace{\begin{array}{c} All Pain \\ Levels^{\times} \end{array}}_{Levels^{\times}} \underbrace{\begin{array}{c} 23.71\% \\ 23.71\% \\ Evels^{\times} \end{array}}_{F} \underbrace{\begin{array}{c} BL vs PA1 \\ BL vs PA4 \end{array}}_{F} \underbrace{\begin{array}{c} 51.33\% \\ 55.83\% \\ PA1 vs PA4 \end{array}}_{F} \underbrace{\begin{array}{c} 55.83\% \\ F \\ F \\ EMG \end{array}}_{L evels^{\times}} \underbrace{\begin{array}{c} 23.66\% \\ 23.66\% \end{array}}_{F}$	lles -50	GSR	PA1 vs PA4	60.17%
$\begin{array}{c c} & & & & \\ \hline & & & \\ \hline \\ \hline$	Ma 36-	EMG	All Pain Levels [×]	23.71%
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$\begin{array}{c c} & \varphi \\ \hline \hline \varphi \hline \hline \varphi \\ \hline \hline \hline \varphi \\ \hline \hline \varphi \hline \hline \hline \hline$	ss 5	ECG	BL vs PA4	55.83%
$\stackrel{\scriptstyle \leftarrow}{}$ EMG All Pain 23.66%	1al 1-6	GSR	PA1 vs PA4	52%
	5 N	EMG	All Pain Levels [×]	23.66%

Table 7: Multimodal male-age-based classification.



*Polynomial Kernel *BL vs PA1 vs PA2 vs PA3 vs PA4

Figure 3: Multimodal gender-age classification.

Regarding the age factor, notable variations were detected indicating that sensitivity to pain decreases with age for both males and females. Gender differences in pain classification were particularly evident among younger individuals. According to our outcomes young women (20-35 years old) have significantly lower thresholds on pain compared to men in the same age group. However, as is shown in Figure 3, these gender-age differences became less statistically insignificant as age increases. This is an essential observation, considering that older individuals may not experience pain as younger ones and eventually this can contribute to the development of chronic pain over time. The conducted experiments presented variability between genders, with males demonstrating reduced sensitivity, in cases of higher pain intensities as shown in Table 5. This phenomenon warrants further investigation, as it presents an area of concern that requires closer attention.

Table 8: Comparison accuracy of across studies utilizing BioVid dataset, biosignals, demographic data.

Authors	Signal	BL vs PA4*
Lopez-Martinez & Picard (2018)	ECG, SC	82.75%
Subramanian et al. (2021)	ECG	81.71%
Subramanian et al. (2021)	EDA	76.79%
Gkikas et al. (2022)	ECG	63.83%
Gkikas et al. (2023)	ECG	71.67%
Ours	ECG GSR, EMG	82.83%

*Higher performance in the multimodal gender-age-based task between BL and PA4 · Validation method: 10-fold-cross-validation.

Although BioVid has been extensively employed as an input in several studies over the years, deeper investigation into gender and age is warranted. Table 8 illustrates the studies, as referred in section 2, utilizing the same dataset, focused on physiological signals and demographic factors, and highlights the best classification performance between the baseline and the very intense pain level. In the majority, they explored one physiological modality with the integration of demographics and achieved interesting outcomes with ML and DL techniques. In this context, we aimed to address a gap in leveraging all the available biosignal source channels. Our study emphasizes the introduction of demographics as multimodal influencing variables in the physiological-data-driven ML models and their

potential impact on experimental outcomes. Finally, we applied the LOSO cross validation method, commonly employed in previous studies for comparison, and achieved the highest accuracy of 82.83% in the classification task of BL versus PA4 for the female group aged 20-35.

5 CONCLUSIONS

Accurate pain assessment and effective pain management are fundamental for public health. The present study focused on the development of ML models for automated pain recognition and assessment using multimodal physiological data. We exploited demographic information of the BioVid dataset, such as gender and age, to capture possible alterations in pain sensitivity and result variations. The experimental pipeline was divided into two classification tasks: the recognition of pain and the categorization of its intensity.

To gain a deeper insight into the correlation between pain and demographics, we made some observations regarding each classification task outcome. The conducted experiments revealed significant disparities between genders, with the male population tending to report lower accuracy compared to women. This could suggest that the physiological signals captured by men were less distinct, potentially due to gender differences in pain perception, sensitivity, and the great impact on how we respond to pain (Keogh & Boerner, 2024). Moreover, in classification tasks where pain levels was very intense, younger participants surpassed the oldest age group (51-65 years old) and the middleaged group (35-50 years old). More precisely, young women achieved an accuracy improvement of 7% and 22%, while men reported 17% and 25%, respectively. These findings suggest that demographics, among other factors such as psychological and sociocontextual variables, play a pivotal role in pain sensation and in capturing biomarkers across different populations. Finally, based on what we presented in unimodal experiments in Tables 1-3 and the research stated, we infer that the physiological signal that contributes most to pain research is the GSR.

In conclusion, the results are promising, but we are aware that additional investigations are required to resolve several challenges. The novelty of our approach lies in the integration of all three information sources from the dataset, emphasizing the influence of demographic factors, making our outcomes noteworthy. The association between pain sensation, physiological signals and demographics is challenging and has not yet been widely integrated in biomedical research; however, it holds potential for future research findings. Finally, we aspire that the results stemming from this current work will further contribute to research in pain estimation and assist in extracting valuable and efficient information for personalized pain management strategies.

5.1 Study Limitations

The findings of this work are encouraging but also reveal several limitations that need to be considered for future research efforts. BioVid, a well-known and widely used pain dataset, lacks external factors such as individual emotional states. Confounding factors such as emotional state could influence further pain perception and sensitivity.

This study focuses on physiological biosignals, excluding image and audio modalities. Our outcomes showed that EMG did not yield high performance rates. Therefore, different physiological signals, such as EEG, may enhance multimodal fusion and provide further insights into our research. Finally, it is essential to point out that our work centers on acute thermal pain in a laboratory research setting. The lack of further research into long-lasting pain conditions (e.g. cancer patients, low back pain) is due to the unavailability of public datasets in the pain research domain.

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