# Analysis and Research on the Age Structure of Population Based on Multiple Regression Model 

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#### Abstract

People's desire to have children has not been strengthened under the three-child policy, and the most important thing is to look at the relevant supporting measures after childbearing. Based on the data of the population age structure of our country, this paper establishes a grey prediction model to predict the population status of China in the next 10 years after the opening of the three-child policy. At the same time, by using the index data of the main factors affecting the newborn population, a multiple regression model is established, and it is concluded that the three-child policy will indeed have an impact on the future population. The problem of population aging in China is still serious in the future, and the "double reduction" policy will have an impact on the new population.


## 1 INTRODUCTION

The three-child policy is a family planning policy that China has implemented in response to its population ageing. That is, in order to further optimize the fertility policy, implement the policy that a couple can have three children and supporting measures. How to carry out the supporting measures after giving birth is one of the most concerned problems for people of childbearing age. In view of the realistic background, this paper establishes a prediction and regression model to predict the age structure of China's population in the next ten years, analyzes the factors that will affect the newborn population, and judges whether the double reduction will have an impact on the newborn population.

## 2 LITERATURE REVIEW

Since the reform and opening up, China's fertility policy has experienced the "one-child policy" to control population growth, the gradual "two-child policy" to alleviate the labor shortage and the aging of the population, and the "three-child policy" to optimize the fertility policy to promote the long-term balanced development of the population (Zhang Jun, 2021). the three-child policy is the implementation of the policy that a couple can have three children and
supporting measures in order to further optimize the fertility policy (Wang Jun et al., 2021). the liberalization of the three-child policy can have a positive impact on population structure and population growth, and the magnitude of the impact depends on how strong the supporting measures are, how wide the scope is, and how scientific and targeted they are (TAM Ho-chun, 2021).

In terms of national conditions, the fertility problem is the biggest in the country. Population is the main body of social life, the basis of social survival, but also the motive force of social development, and fertility is the source and root of population (Mu Guangzong, 2021). There are many factors that affect the reproductive desire and behavior of women of childbearing age, and different individuals, families or social characteristics of women of childbearing age are affected differently. Identity is reflected in such factors as the ideal number of children, age, income and so on will affect fertility and fertility behavior at the same time; The difference is mainly manifested in the level of education, occupation, marital status and other factors have a positive or negative impact on fertility desire and fertility behavior (Pei Deyu, 2022).

Lebenstein's cost-utility theory, which states that a family makes a birth decision by weighing the costs and benefits of having a child, that is, the costs and benefits of having children affect the willingness and behavior to have children. Easterling's fertility-
determined supply-demand theory states that income and employment that affect people's economic conditions affect fertility rates, and are also different and constantly changing (Pei Deyu, 2022).

The high cost of raising, economic pressure, conditions do not allow, and other factors are currently our families do not want to give birth to important reasons. To solve this problem, the implementation of the three-child policy and supporting economic and social policies have been put on the agenda.

## 3 DATA SOURCE AND DATA DESCRIPTION

## A. Data Sources

Given the availability and accuracy of the data, the sample was selected for the period 2012-2021-2021. The data involved in this paper are all from the National Bureau of Statistics.

## B. Data Description

Regarding our country's population structure, our country generally divides the population according to the age the following three stages: $0-14$ years old, 15 64 years old, 65 years old and above (Chen Guolin et al., 2020).

There are many factors that affect the new-born population. The birth of each child brings not only economic pressure, but also life pressure to a family (Zhang Yuhan, 2011), here we consult the relevant literature to establish four factors that affect the newborn population: the level of education expenditure, residents' consumption level, per capita income, per capita medical level, using the data of four factors in the past 10 years.

## 4 GREY PREDICTION MODEL OF POPULATION AGE STRUCTURE

### 4.1 Data Collection

Because our country generally divides the population into three stages according to the age: 0-14 years old, 15-64 years old and over 65 years old, we found the data of population age structure in the past ten years in the National Bureau of Statistics (Beijing: China Statistics Press, 2021) as follows.

Table 1. Population age structure data.

| Year | $0-14$ years old | 15-64 years old | Over 65 |
| :---: | :---: | :---: | :---: |
| 2012 | 22427 | 100718 | 12777 |
| 2013 | 22423 | 101041 | 13262 |
| 2014 | 22712 | 101032 | 13902 |
| 2015 | 22824 | 100978 | 14524 |
| 2016 | 23252 | 100943 | 15037 |
| 2017 | 23522 | 100528 | 15961 |
| 2018 | 23751 | 100065 | 16724 |
| 2019 | 23689 | 99552 | 17767 |
| 2020 | 25277 | 96871 | 19064 |
| 2021 | 26302 | 94902 | 20056 |

### 4.2 Draw a Time Series Diagram

According to this data, the time series of three age groups can be drawn by MATLAB as follows:


Figure 1. Time series diagram.

According to Figure 1, the original data is nonnegative data column, and the period is 10 , so we can use GM $(1,1)$ model to solve this problem ( He Mingfang, 2012).

### 4.3 Test of Quasi-Exponential Law

The theory of grey system modeling is based on the quasi-exponential law of data. In the GM $(1,1)$ model, the order ratio of sequence $x^{(1)}$ (Leung Chin, 2017).

$$
\begin{equation*}
\sigma(k)=\frac{x^{(1)}(k)}{x^{(1)}(k-1)}=\frac{x^{(0)}(k)+x^{(1)}(k-1)}{x^{(1)}(k-1)}=\frac{x^{(0)}(k)}{x^{(1)}(k-1)}+1 \tag{1}
\end{equation*}
$$

Defined $\rho(k)=\frac{x^{(0)}(k)}{x^{(1)}(k-1)}$ as the smoothness ratio of the original sequence $\mathrm{x}^{(0)}$, the following figure can be drawn according to MATLAB:


Figure 2. Smoothness diagram.
As can be seen from figure 2, except for the first two periods, the smoothness of all the data in the three age groups is less than 0.5 . Generally, the first two periods may not meet the requirements, and it is enough to focus on the number of subsequent periods. At the same time, accurate values can be obtained through MATLAB. The proportion of data with a smoothness ratio less than 0.5 is $77.7778 \%$. Except for the first two periods, the proportion of data with smoothness ratio less than 0.5 is $100 \%$, and the proportion is higher, so the data of this question can pass the test and make grey prediction.

### 4.4 Make Grey Prediction

The following equations are the basic form of the GM $(1,1) \operatorname{Model}(\mathrm{k}=2,3, \ldots, \mathrm{n})$ (Zhang Yaozhen, 2019).

$$
\begin{equation*}
x^{(0)}(k)+a z^{(1)}(k)=b \tag{2}
\end{equation*}
$$

Where $b$ denotes grey action volume. - a denotes coefficient of development. The following differential equations are referred to as albino equations for the GM $(1,1)$ model:

$$
\begin{equation*}
\frac{d x^{(1)}(t)}{d t}=-\hat{a} x^{(1)}(t)+\hat{b} \tag{3}
\end{equation*}
$$

$$
\begin{equation*}
x^{(0)}(k)+a z^{(1)}(k)=b \tag{4}
\end{equation*}
$$

is called the gray differential equation.
Because the number of periods of this question is 10 , the last three periods are taken as the experimental group, and the first is the training group, and the data of the training group are used to train three kinds of GM models respectively, and the trained models are used to predict the data of the third phase of the experimental group. Using the real data of the third period of the experimental group and the predicted data of the third period, through MATLAB, we can calculate that the sum of squares of the prediction errors of the traditional GM (1Mague 1),
the new information GM (1Power1) and the metabolic GM (1Magee 1) are 4558869.8592, 4556750.9468 and 4200780.9789, respectively. Among them, the sum of squares of the metabolic GM ( $1 \sim 1$ ) model is the smallest. So, we should choose it for prediction.

Using MATLAB to predict the three age groups, the predicted data are shown in Table 2 below.

Table 2. Predicted data tables.

| Year | $0-14$ years old | $15-64$ years old | Over 65 |
| :---: | :---: | :---: | :---: |
| 2022 | 25969.15 | 96220.25 | 20957.35 |
| 2023 | 26443.31 | 95571.53 | 22092.92 |
| 2024 | 26926.12 | 94927.19 | 23290.01 |
| 2025 | 27417.75 | 94287.19 | 24551.96 |
| 2026 | 27918.35 | 93651.5 | 25882.3 |
| 2027 | 28428.1 | 93020.1 | 27284.72 |
| 2028 | 28947.15 | 92392.96 | 28763.12 |
| 2029 | 29475.68 | 91770.05 | 30321.64 |
| 2030 | 30013.85 | 91151.33 | 31964.6 |
| 2031 | 30561.86 | 90536.79 | 33696.58 |

A time series diagram of the predicted and original data can be drawn as follows:


Figure 3. Time sequence chart of 0-14 age group.


Figure 4. Time sequence chart of 15-64 age group.


Figure 5. Time sequence chart of over 65 age group.

### 4.5 Evaluation of Grey Prediction Model

Relative residuals (Liu Pengfei, 2021).
$\varepsilon_{r}(k)=\frac{\left|x^{(0)}(k)-\hat{x}^{(0)}(k)\right|}{x^{(0)}(k)} \times 100 \%, \quad k=2,3, \ldots, n$
Mean relative residuals

$$
\begin{equation*}
\bar{\varepsilon}_{r}=\frac{1}{n-1} \sum_{k=2}^{n}\left|\varepsilon_{r}(k)\right| \tag{6}
\end{equation*}
$$

Step ratio deviation

$$
\begin{equation*}
\eta(k)=\left|1-\frac{1-0.5 \widehat{a}}{1+0.5 \widehat{a}} \frac{1}{\sigma(k)}\right| \tag{7}
\end{equation*}
$$

Average order ratio deviation

$$
\begin{equation*}
\bar{\eta}=\sum_{k=2}^{n} \eta(k) /(n-1) \tag{8}
\end{equation*}
$$

The figure below can be obtained through MATLAB.



Figure 6. Test chart of 0-14 years old.


Figure 7. Test chart of 15-64 years old



Figure 8. Test chart of the age group over 65 years old.

As can be seen from figure $6-8$, the relative residual of most data is less than 0.1 and the order deviation is less than 0.1 . The model fits the data of $0-14$ years old, $15-64$ years old and over 65 years old well, and the average relative residual is 0.054875 , 0.021947444 and 0.157455556 respectively. The order ratio deviations are $0.015618,0.0078004$ and 0.009866 respectively, which shows that the prediction result of the model is ideal.

## 5 REGRESSION MODEL OF INFLUENCING FACTORS ON NEWBORN POPULATION UNDER "DOUBLE REDUCTION"

### 5.1 The Definition of "Double <br> Reduction" and the Influencing Factors of Newborn Population

"Double reduction" means to lighten the homework
burden of students, and to lighten the burden of out-of-school training. The measures to reduce the homework burden include quantifying the homework time of each grade, reducing the total amount and length of homework, requiring teachers to improve the quality of homework design, and strictly forbidden to assign homework to parents or in disguised form (Wang Yanjun, 2022).

There are many factors that affect the new-born population. We have identified four factors that affect the new-born population by reviewing relevant literature: the level of education expenditure, the level of household consumption, the level of per capita income, and the level of per capita medical care. The data of four factors in the past 10 years were used for the study.

### 5.2 Establish the Regression Model of Newborn Population

Mathematical models for multiple linear regression were (Isheng et al., 2016):

$$
\begin{equation*}
y=\beta_{0}+\beta_{1} x_{1}+\beta_{2} x_{2}+\cdots+\beta_{p} x_{p}+\varepsilon \tag{9}
\end{equation*}
$$

Among them, there are $p$ explanatory variables,
$\varepsilon$ is a random error, is also a random variable. If you find the conditional expectation under a given condition, there are

$$
\begin{equation*}
E(y)=\beta_{0}+\beta_{1} x_{1}+\beta_{2} x_{2}+\cdots+\beta_{p} x_{p} \tag{10}
\end{equation*}
$$

Formula (10) is a multivariate linear regression equation with unknown parameter $\beta_{0}, \beta_{1}, \ldots$,
$\beta_{p}$.Because the parameter estimation is based on the sample data, the parameter after the parameter estimation is only the estimated value $\hat{\boldsymbol{\beta}}_{0}, \hat{\boldsymbol{\beta}}_{1}, \ldots$,
$\widehat{\beta}_{p}$ of the true value $\beta_{0}, \beta_{1}, \ldots, \beta_{p}$ of the parameter, so there are estimated multiple linear regression equations:
$\widehat{y}=\hat{\beta}_{0}+\widehat{\beta}_{1} x_{1}+\widehat{\boldsymbol{\beta}}_{2} x_{2}+\cdots+\widehat{\boldsymbol{\beta}}_{p} x_{p}$
In formula (11), the explanatory variable $y$ is the birth rate, and the explained variables $x_{1}, x_{2}, x_{3}, x_{4}$ represent the level of education expenditure, residents' consumption level, per capita income level and per capita medical level respectively. In order to explore the causal relationship and influence degree between variables, it is necessary to test the economic significance of the parameter estimation results of the regression model and the statistical test of the regression equation,
including the significance test of the regression equation, the significance test of the regression coefficient, the residual analysis and so on (Ma cedar, 2022).

### 5.3 Goodness of Fit Test

Ordinary least squares estimation is a kind of common statistical fitting criterion, which can estimate every parameter in the model (Tam wai-wah, 2020) for multivariate linear regression equations

$$
\begin{equation*}
Q\left(\beta_{0}, \beta_{1}, \beta_{2}, \cdots, \beta_{p}\right)=\sum_{i=1}^{n}\left(y_{i}-\beta_{0}-\beta_{1} x_{i 1}-\beta_{2} x_{i 2}-\cdots-\beta_{p} x_{i p}\right)^{2} \tag{12}
\end{equation*}
$$

The least square estimation is to find the estimated value $\hat{\boldsymbol{\beta}}_{0}, \hat{\boldsymbol{\beta}}_{1}, \ldots, \widehat{\boldsymbol{\beta}}_{p}$ of the parameter $\beta_{0}, \beta_{1}, \ldots, \beta_{p}$ to minimize the sum of squares of the deviation.

$$
\begin{align*}
& Q\left(\hat{\beta}_{0}, \hat{\beta}_{1}, \hat{\beta}_{2}, \cdots, \widehat{\beta}_{p}\right)=\sum_{i=1}^{n}\left(\hat{y}_{i}-\hat{\beta}_{0}-\widehat{\beta}_{1} x_{i 1}-\hat{\beta}_{2} x_{i 2}-\cdots-\hat{\beta}_{p} x_{i p}\right)^{2} \\
& =\min _{\beta_{0}, \beta_{1}, \beta_{1}, \ldots, \beta_{i}} \sum_{i=1}^{n}\left(y_{i}-\beta_{0}-\beta_{1} x_{11}-\beta_{2} x_{i 2}-\cdots-\beta_{p} x_{i p}\right)^{2} \tag{13}
\end{align*}
$$

OLS regression analysis was performed using the regress function in Stata, assuming the original hypothesis: $\beta_{1}=\beta_{2}=\beta_{3}=\beta_{4}$.

The joint significance test of the four explanatory variables is obtained, so the original hypothesis is rejected at $95 \%$ confidence level, that is, the joint significance test is passed.

According to the following formula

$$
\begin{equation*}
R_{\text {adjusted }}^{2}=1-\frac{S S E}{n-p-1} / \frac{S S T}{n-1} \tag{14}
\end{equation*}
$$

The following conclusions can be drawn:

$$
\begin{equation*}
R^{2}=0.9147, R_{\text {adjusted }}^{2}=0.8464 \tag{15}
\end{equation*}
$$

### 5.4 Test for Heteroscedasticity

According to the significance test of the regression coefficients obtained, the significance of all explanatory variables is insufficient, so White text is performed on the data (Wei Yanhua, 2022) results are shown in table 3 below:

Table 3. White test results.

| Source | Chi2 | df | p |
| :---: | :---: | :---: | :---: |
| Heteroskedasticity | 10 | 9 | 0.3505 |
| Skewness | 3.31 | 4 | 0.5068 |
| Kurtosis | 0.58 | 1 | 0.4466 |
| Total | 13.89 | 14 | 0.4577 |

Among them, White tests the original hypothesis: there is no heteroscedasticity. $p=0.3505>0.05$
is obtained by using Stata, so at $95 \%$ confidence level, the original hypothesis is accepted, so there is no heteroscedasticity.

### 5.5 Test for Multicollinearity

Using the variance expansion factor VIF to test the multiple collinearities, the larger the $V I F_{m}$, the greater the correlation between the $m$ variable and other variables. If VIF $>10$, it is considered that the regression equation has serious multicollinearity.

The results are shown in table 4 below:
Table 4. VIF test results.

| Variable | VIF | 1/VIF |
| :---: | ---: | :---: |
| Per capita consumption | 2313.48 | 0.000432 |
| Per capita income | 1586.87 | 0.00063 |
| Medical expenses | 189.18 | 0.005286 |
| Education spending | 183.07 | 0.005462 |
| Mean VIF | 1068.15 |  |

As can be seen from table 4, MeanVIF $=1068.15>10 \quad$ multicollinearity therefore exists and needs to be addressed for multicollinearity.

We used backward stepwise regression to solve the multicollinearity problem, with results shown in table 5 below:

Table 5. Backward stepwise regression to address multicollinearity.

| Birth rate | Coef. | Std. Err. | t | $\mathrm{P}>\mathrm{t}$ | $[95 \%$ conf. | Interval ] |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Per capita <br> consumption | -0.002 | 0.004 | -0.500 | 0.640 | -0.011 | 0.008 |
| Education <br> spending | 0.008 | 0.009 | 0.930 | 0.394 | -0.015 | 0.032 |
| Medical <br> expenses | -0.005 | 0.009 | -0.540 | 0.613 | -0.029 | 0.019 |
| Per capita <br> income | 0.001 | 0.002 | 0.310 | 0.770 | -0.004 | 0.006 |
| _cons | 20.201 | 5.932 | 3.410 | 0.019 | 4.952 | 35.449 |

## 6 CONCLUSION

### 6.1 Results of Projections on the Age Structure of the Future Population

Considering the age structure of our country, the population situation in the next 10 years after the opening of the three-child policy is forecasted. First of all, the three-child policy began to be implemented on May 31, 2021, so it can be seen that the population
in 2021 has received the impact of the three-child policy, so using 2021 data to predict future data can be regarded as the prediction results under the influence of the three-child policy. Therefore, considering the age structure of China, the population situation in the next 10 years after the opening of the three-child policy is predicted as follows: the population of the $0-14$ age group showed an increasing trend after the implementation of the threechild policy, but the growth rate declined after a few years of implementation. The population of 15-64 years old shows a downward trend, the population over 65 years old is showing a growth trend, the growth rate of the three-child policy is slow at the beginning of the implementation, and then it slowly picks up, the problem of population aging in China is still difficult to solve.

### 6.2 The Impact of the "Double Reduction" Policy on the Newborn Population

According to the STATA calculation, the regression coefficient $\beta_{0} \sim \beta_{4}$ is $20.2,-0.001,0.008,-0.005$ and 0.001 respectively, and the regression equation is $y=20.2-0.001 x_{1}+0.008 x_{2}-0.005 x_{3}+0.001 x_{4} \quad$ (16)

According to the regression equation to predict the new-born population, we can analyze, we can get the regression equation growth trend, thus we can get "Double reduction" policy implementation will have an impact on the new-born population.

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