

Development of Distillation Machines Incorporating Refrigeration: Distiller for Traditional Drink “Arrack Bali” Production

I. Nyoman Suamir^a, I. Made Rasta^b, I. Dewa Made Susila^c and Sudirman^d
Mechanical Engineering Department, Politeknik Negeri Bali, Campus Street Kuta Selatan, Bali, Indonesia

Keywords: Arrack Bali Distillation Machine, Refrigeration, Distiller, Product Quality Consistency.

Abstract: Balinese arrack, which is commonly called Arrack Bali, is a traditionally distilled alcoholic drink made from fermented sap of coconut flowers. Arrack Bali is a traditional Balinese drink and is also in great demand by guests from abroad. Those encourage arrack farmers to be more motivated in producing arrack even though they still use traditional production methods. To be able to provide a good economic impact for arrack farmers, it is very necessary to have a distillation machine based on appropriate technology with better, cleaner and consistent production process. This paper presents a local genuine based distillation machine specifically designed for Arrack Bali production. The machine incorporates novelties which include a refrigeration distiller, preheating heat exchanger and smart controller for both boiler and distiller. The machines can perform reliably with several production characteristics. Production test results showed several variants of Arrack Bali can be produced consistently which could be grouped into four grades: Grade-Super, Grade- 1, Grade-2 and Grade-3 with alcohol content above 40%, 30%, 20%, 10% respectively. These variants are resulted from production characteristics at boiler temperature 87-93 °C, distiller temperature 15-27 °C and corresponding production time 1.5, 2.5, 3.5, and 4.5 hours respectively.

1 INTRODUCTION

Arrack is a type of fermented liquor containing 37-60% alcohol (ethyl alcohol) which has been known in Bali since ancient times. Arrack is an alcoholic drink that is used in several ceremonies for cultural and religious activities in Bali. Arrack is generally made from palm sap by distillation. Arrack can also be made from fermented pineapple.

Arrack production in Bali is done traditionally, so it is not clear the alcohol content and the consistency of arrack quality is very difficult to maintain (Widya Astuti et al., 2018; Suaniti et al., 2012). The simple processing process is prone to health problems, especially if it contains methanol, when drunk, it can cause toxic effects on the human body. The misuse of arrack as an alcoholic beverage has been published by the relevant agencies as reported in Depkes RI (2014) and Dinas Kesehatan Provinsi Bali (2014). However,

within certain limits alcoholic beverages in various countries are permitted or halal to be consumed (Anis Najihah and Wan Nadiah, 2014).

Karangasem is one of the places where arrack is produced in Bali. Merita Village, in Karangasem Regency, is a village where almost all of the people process and produce traditional arrack drinks in a home industry and the process is still very simple. The use of simple tools, besides being unable to maintain the consistency and quality of the resulting arrack, they are also inefficient. With simple tools, farmers are only able to produce 10 liters of arrack per day from 60 liters of fermented palm sap. Therefore, it is necessary to have a distillation machine that ensures the consistency of product quality, compliance with health standards and energy efficient.

Arrack Bali is also in great demand by guests from abroad. Recently, Arrack Bali has also given a good

^a <https://orcid.org/0000-0003-0594-7511>

^b <https://orcid.org/0000-0002-9610-3738>

^c <https://orcid.org/0000-0002-2567-9932>

^d <https://orcid.org/0000-0003-2816-523X>

economic impact for arrack farmers in Karangasem. Moreover, the attention of the Governor of Bali is very serious about the development of this traditional Balinese drink. It is proven that the Governor of Bali Regulation no. 1 of 2020 has been issued regarding the management of Balinese fermented or distilled drinks, including Balinese Arrack (Rhismawati, 2020). With the support of the Bali Regional Government and the Bali Governor's belief that Arrack Bali is very effective and useful as a basic ingredient for Covid-19 therapy with a high healing effect. Arrack farmers are increasingly free to produce arrack and their economy is increasing. Therefore, there is a need for a distillation machine based on appropriate technology which ensures consistency of product quality, compliance with health standards and energy efficient. Appropriate technology has technical characteristics, namely it is possible and easy to manufacture, economically affordable, in terms of safety, it is safe to use without disturbing occupational health, is environmentally friendly, energy efficient and in accordance with the progress of the times (Pearce et al., 2014; Zelenika et al., 2011; Zelenika et al., 2012; Pearce, 2012). The applied appropriate technology is expected to have an output with identification of effective, comfortable, safe, healthy, efficient and productive (Shin et al., 2012; Patnaik and Bhowmick, 2019; Boakye-Ansah et al., 2020).

Arrack Bali is fairly high alcohol content, which can reach 37-60% (Muliarta, 2021). While Presidential Decree No. 74 (2013) concerning the control and supervision of alcoholic beverages has provided limits on alcohol content according to group. Where class A alcoholic beverages are drinks containing ethyl alcohol or ethanol with levels up to 5%. Class B alcoholic beverages are drinks containing ethyl alcohol with a content of more than 5% to 20%. Class C alcoholic beverages are beverages containing ethyl alcohol with a content of more than 20% to 55%. On the other hand, Arrack Bali, which is produced traditionally, is divided based on the alcohol content into four groups, namely: Grade-1 with more than 30% to 40% alcohol; Grade-2 from more than 20% up to 30%; Grade-3 more than 10% to 20% alcohol (Indrayati et al., 2021).

With respect to the quality consistency of the Arrack Bali product, one research has reported that the increase and decrease in the temperature of the distillation process (includes evaporation and condensation) can occur due to poor control or caused by a malfunction of the controller. The effect of decreasing temperature on the quality of the distillation product is the opposite of the effect of

increasing the temperature. Lower distillation process temperature can result in reduction the amount or composition of heavier components (lower water content) or intensification the amount or composition of lighter components (higher alcohol content). This also means a bad temperature controller can cause inconsistent distillation product (Sukadana and Tenaya, 2016). Therefore, by using a traditional distillation equipment with surely bad temperature controller can be very difficult to produce a consistent quality of Arrack Bali. The challenge, then, appear "Can Arrack Bali be conventionally made with a predetermined alcohol content and with a consistent quality so that the quality is maintained?". This paper presents an alternative solution for the challenge appeared.

2 MATERIALS AND METHODS

2.1 The Built Distillation Machines Incorporated Refrigeration Distiller

The appropriate technology applied on the distillation machine combines the advantages of energy efficient refrigeration technology using the R-600a. The technology is also equipped with a smart control system that is capable to control operational variables automatically.

The three control variables include the evaporation temperature in the boiler, the condensation temperature in the refrigeration distiller and the time or duration of the distillation process in one filling of the fermented palm sap raw material in the boiler. The evaporation temperature in the boiler is controlled in the ethanol evaporation range of above 78.4 °C. Then it is followed by controlling the temperature of the refrigeration distiller to start the process of condensing Arrack Bali. If condensation is carried out firstly, there is a possibility that methanol can be obtained in Arrack Bali and this is not good for human health because its metabolic derivatives are toxic (Kraut and Kurtz (2008)). The control variable settings can be profiled until the characteristics of the production process are found that are suitable to get the quality of Balinese Arrack to meet the quality of industrial products.

The refrigeration technology applied in the machine is optimally utilized both on the side of heat absorption in the evaporator and heat rejection in the condenser. The refrigeration system evaporator is used to cool the distiller so that the arrack vapor can condense and flow into a container or a storage bottle. The distillation machine is shown in Figure 1.



Figure 1: The established distillation machine completed with refrigeration distiller, smart controller and large storage tank for fermented sap of coconut flower.

The condenser side of the refrigeration system is wrapped around the storage tank for the fermented sap to provide preheating before being filled into boiler. So that the raw material (fermented sap) when filled into the boiler is relatively warmer. This concept can save energy use from LPG gas.

The automatic control system consisting of two thermostats, one to control the evaporation temperature in the boiler and the other to control the temperature of the distiller. These control systems can provide the machine flexibility to determine the operating characteristics of the machine specifically to produce Arrack Bali with certain predetermined characteristics.

2.2 Methods

The method applied is an experimental study. This research was initiated by conducting a survey with the community of Balinese arrack farmers and potential users of technology to obtain secondary data about the production process, product type and quality, including product consistency. A survey was also conducted to obtain the characteristics of Balinese Arrack which can be used as the basis for Covid-19 therapy.

Simulation methods with inventor and EES (engineering equation solver) were also applied to simulate the design of the distillation machine and its components as well as simulation of machine performance based on secondary data. Furthermore, the performance calculation was performed using the primary data from the test results. The prototype of

the distillation machine was made and carried out function testing and testing the characteristics of the production process with various conditions of control variables. Primary data from testing is recorded and processed to obtain a production process that is consistent and in accordance with the quality target of Arrack Bali which is appropriate of being an industrial commodity and as a basic ingredient for Covid-19 therapy. The content of alcohol in the arrack Bali was measured using a handheld refractometer with accuracy of $\pm 0.20\%$. The tool is completed with automatic temperature compensation so that it is much easier to be used.

3 RESULTS AND DISCUSSION

3.1 Novelties Added

One of the novelties of the distillation machine is the refrigeration distiller. This distiller can perform its function to change the form of arrack vapor from the boiler into arrack because it is cooled by the refrigeration system.

In Figure 2 it can be seen that the distiller tube made of stainless steel is wrapped around a copper pipe which is the evaporator of the refrigeration system. On the inside of the distiller tube is equipped with a kind of baffle that slows down the flow of arrack vapor. These baffles are connected to the shell of the distiller so that they are also cooled down. So the baffle in addition to slowing the flow also expands

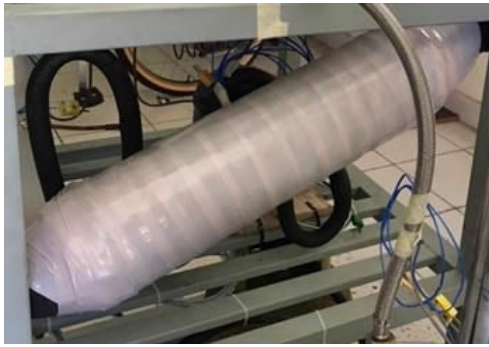


Figure 2: Refrigeration distiller.

the contact area with the hot arrack vapor. Such constructions increase the effectiveness of the distiller.

The integrated distiller is also part of the refrigeration system of the distillation machine. The evaporator of the refrigeration system is wound on the outer surface of the distiller. After absorbing heat from the distiller in this case the heat from the arrack vapor, then this heat is rejected in the condenser. The heat from the condenser is not discharged into the outside air but is used for preheating the raw material of the fermented sap in the storage tank.

The novelty shown in this machine can make the machine more compact compared to distillation machines that use air cooling or water cooling. In addition, the stainless steel material used, it can ensure the cleanliness and hygiene of the arrack product. By adjusting the cooling temperature combined with the heating temperature setting in the boiler, it can provide a variety of arrack products according to market needs. The ability to maintain the operating temperature of the distiller and boiler can increase the novelty of the distillation machine because it is able to maintain the consistency of the quality of the product.

3.2 Consistency of Operation and Controlling

Setting and maintaining the temperature level on the two main components (distiller and boiler) of the distillation machine is carried out by an intelligent control system located in the electrical control panel (Figure 3). The intelligent control system consists of:

- (i) Distiller temperature controller which functions to maintain and regulate the condensation temperature of the arrack vapor in the distiller;
- (ii) Boiler temperature controller which is maintaining and regulating the evaporation temperature of the raw material of arrack (fermented sap) into vapor.

The controller for the distiller works based on a

temperature sensor mounted on the distiller body. This sensor provides a temperature level signal from the distiller as input. Based on this input, the controller then responds in the form of an "On or Off" signal to the refrigeration system. If the temperature level is already achieved, then the compressor of the refrigeration system is made "Off" and vice versa.



Figure 3: Smart controller.

For the boiler controller, a temperature sensor is immersed in the fermented sap. This sensor provides information to the controller of the temperature level of the evaporation process that occurs in the boiler. The controller closes the fuel supply valve to the burner and turn off the burner (but the pilot flame remains on) when the temperature of the evaporation in the boiler has reached the setting temperature. Based on the regulatory capabilities provided by the two controllers, the Distillation Machine can perform intelligent controls in maintaining the consistency of operational conditions which affect the product quality. By using the intelligent control, the machine is able to provide various variants of the quality of the Arrack Bali. The controller can also ensure that the evaporation temperature in the boiler is 78.4 °C or above. Therefore, only ethanol is produced as reported in Kraut and Kurtz (2008).

3.3 Production Characterization

The machine incorporates novelties which include a refrigeration distiller, preheating heat exchanger and smart controller for both boiler and distiller. The machines can perform reliably with several production characteristics.

Figure 4 shows one of the characterization of the Arrack Bali production utilizing the distillation machine. The figure shows the operational characteristics of the Grade-2 Arrack Bali production.

From the figure it can be seen that the machine can maintain boiler and distiller temperature. The temperature condensation in distiller is estimated by using temperature at the outlet of the distiller with ranging from 15 to 27 °C. Temperature drop occurs along the connecting pipe from boiler to the distiller for about 20 K. This temperature drop is not only due to heat losses across the connecting pipe but also due to heat absorbed by the evaporator of the refrigeration system in the distiller. The fermented sap temperature in the figure refers to temperature of the raw material in the storage tank.

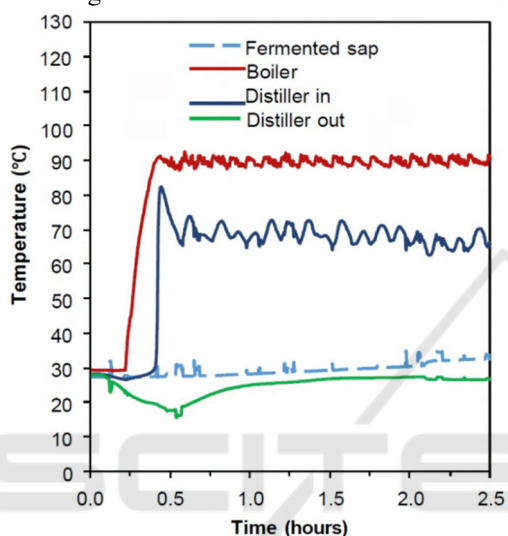


Figure 4: Characterization of the arrack Bali production.

Table 1: Arrack Bali product grades and characteristics.

| Production parameters | Arrack Bali Product Grade | | | |
|------------------------------|---------------------------|------|------|------|
| | G-S | G-1 | G-2 | G-3 |
| Boiler temperature (°C) | 90 | 90 | 90 | 90 |
| Distiller temperature (°C) | 25 | 25 | 25 | 25 |
| Time of production (hours)* | 1.5 | 2.5 | 3.5 | 4.5 |
| Volume (L) | 0.20 | 0.33 | 0.42 | 0.50 |
| Alcohol content (%) | 45 | 32 | 28 | 15 |
| Productivity (mL/hour) | 133 | 132 | 120 | 111 |
| Energy use intensity (kWh/L) | 5.75 | 6.18 | 6.38 | 6.60 |

Alcohol content of each grade: Grade Super (G-S) >40%-50%; Grade-1 (G-1) >30%-40%; Grade-2 (G-2) >20%-30% and Grade-3 (G-3) >10%-20%; *Time of production including time required for initial process of distillation about 30-40 minutes.

The machines can perform reliably with several production characteristics. The machine is capable to consistently produce several variants of Arrack Bali which can be grouped into four grades: Grade-Super, Grade-1, Grade-2 and Grade-3 with alcohol content above 40%, 30%, 20%, 10% respectively. These variants are resulted from production characteristics at boiler temperature 87-93 °C, distiller temperature 15-27 °C and corresponding production time 1.5, 2.5, 3.5, and 4.5 hours respectively as shown in Table 1.

In this study, the grouping and grading of Arrack Bali products were developed to accommodate the grouping carried out by arrack farmers as reported in (Muliarta, 2021) and (Indrayathi et al., 2021) and to comply with Presidential Decree No. 74 (2013).

3.4 Energy Performance and Productivity of the Machine

With respect to the energy performance and productivity, test results showed the machine could produce Arrack Bali of Grade-Super (G-S) for about 133 mL per hour with energy consumption per liter Arrack Bali Grade-Super of about 5.75 kWh. More detailed energy use intensity and productivity of the machine with other variants of Arrack Bali products can be seen in Table 1. The energy use intensity tends to increase when the alcohol content decreases. This means that for producing lower grade of Arrack Bali would require higher energy. This is caused by the more water content that must be evaporated and condensed where water has a higher temperature and energy of evaporation or condensation than alcohol.

4 CONCLUSIONS

A novel distillation machine specifically designed for Arrack Bali production has been developed and tested. The machine incorporates novelties which include a refrigeration distiller, preheating heat exchanger and smart controller for both boiler and distiller. The machines can perform reliably with several production characteristics. Production test results showed several variants of Arrack Bali could be produced consistently. Four grades of Arrack Bali can be produced using the machine which include Grade-Super, Grade-1, Grade-2 and Grade-3 with alcohol content above 40%, 30%, 20%, 10% respectively. The product variants are resulted from production characteristics at boiler temperature at 87-93 °C, distiller temperature 15-27 °C and corresponding production time 1.5, 2.5, 3.5, and 4.5 hours. The machine could produce

Arrack Bali of Grade-Super for about 133 mL per hour with energy consumption per liter Arrack Bali Grade-Super of about 5.75 kWh. The energy use intensity tends to increase when producing lower grade of Arrack Bali.

ACKNOWLEDGEMENTS

Authors favorably acknowledge the Centre of Research and Community Services (P3M) Politeknik Negeri Bali for the technical and administrative assistances. The authors also gratefully thank the financial support from Politeknik Negeri Bali through institutional funding scheme: DIPA Politeknik Negeri Bali number: SP. DIPA-023.18.2. 677608/2021, dated 23 November 2020.

REFERENCES

- Anis Najiha, A. dan Wan Nadiyah, W.A. (2014). Alkohol (Arrack dan Etanol) dalam Makanan Halal. *Jurnal Intelek* 9(1), 40-51.
- Boakye-Ansah, A.S., Schwartz, K., Zwartveen, M. (2020). Aligning stakeholder interests: How 'appropriate' technologies have become the accepted water infrastructure solutions for low-income areas. *Utilities Policy* 66, 101081.
- Depkes RI. (2017). Bahaya Minuman Beralkohol Bagi Kesehatan. Available from: www.depkes.go.id (accessed 15 August 2020).
- Dinas Kesehatan Provinsi Bali. (2014). Laporan Kejadian Keracunan Minum Arrack, Bali: Dinas Kesehatan Provinsi Bali.
- Indrayathi, P.A., Suariyani, N.L.P., Subrata, I.M., Noviyani, R. (2021). Persepsi produsen arrack di desa merita, karangasem mengenai bahaya keracunan arrack oplosan yang mengandung metanol yang dapat mengancam kesehatan dan pariwisata di Bali. Available at: https://simdos.unud.ac.id/uploads/file_penelitian_1_dir/b791d1b05297a9db7aef5ae804c30153.pdf
- Kraut, J.A. and Kurtz, I. (2008). Toxic alcohol ingestions: Clinical features, diagnosis, and management. *Clinical Journal of the American Society of Nephrology*, 3(1), 208-225.
- Muliarta, N. (2021). Effect of Sugar Addition and Reversal in Rice Straw Composting Aerobically to Compost Maturity. *Ilkogretim Online*, 20(4).
- Patnaik, J. and Bhowmick, B. (2019). Revisiting appropriate technology with changing socio-technical landscape in emerging countries. *Technology in Society* 57, 8-19.
- Pearce, J.M. (2012). The case for open source appropriate technology. *Environ. Dev. Sustain.* 14, 425-431.
- Pearce, J.M., Albritton, S., Grant, G., Steed, G., and Zelenika, I. (2014). A new model for enabling innovation in appropriate technology for sustainable development. *Sustainability: Science, Practice, & Policy* 8(2), 42-53.
- Presidential Decree No. 74. (2013). Presidential Regulation of the Republic of Indonesia concerning control and supervision of alcoholic drinks.
- Rhismawati, N.L. (2020). Gubernur Bali terbitkan pergub soal tata kelola arrack Bali. <https://bali.antaranews.com/berita/179051/gubernur-bali-terbitkan-pergub-soal-tata-kelola-arrack-bali> (accessed 21 August 2020).
- Shin, H., Hwang, J., Kim, H. (2019). Appropriate technology for grassroots innovation in developing countries for sustainable development: The case of Laos. *Journal of Cleaner Production* 232, 1167-1175.
- Suaniti, N.M., Astiti Asih, I.A.R., Widya Astuti, N.P. (2012). Deteksi Etanol setelah Konsumsi Arrack dalam Urin dengan Gas Chromatography. *Jurnal Kimia* 6 (2), 112-115.
- Sukadana, I.G.K. and Tenaya, I.G.N.P. (2016). Performansi mesin berbahan bakar etanol hasil destilasi arrack Bali. *Jurnal Energi dan Manufaktur* 9, 70-74.
- Widya Astuti, N.P., Suaniti, N.M., dan Mustika, I.G. (2018). Validasi metode dalam penentuan kadar etanol pada arrack dengan menggunakan kromatografi gas detektor ionisasi nyala. *Jurnal Kimia* 11(2), 128-133.
- Zelenika, I., and Pearce, J.M. (2011). Barriers to Appropriate Technology Growth in Sustainable Development. *Journal of Sustainable Development* 4(6), 12-22.
- Zelenika, I., and Pearce, J.M. (2012). Innovation Through Collaboration: Scaling up Solutions for Sustainable Development. *Environ. Dev. Sustain.* 16(6), 1299-1316.