Machine Learning for Colorectal Cancer Risk Prediction: Systematic Review

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Keywords: Machine Learning, Risk, Risk Factor, Risk Assessment, Susceptibility, Prediction, Score, Model, Colorectal Cancer, Systematic Review

Abstract: Colorectal cancer is one of the world's top five diseases and causes death from cancer. Survival is closely related to the stage at diagnosis and population-based screening reduces colorectal cancer incidence, and mortality. Machine learning algorithms have been used to develop risk prediction models in colorectal cancer. This study reported a systematic review of studies reporting the development of a machine learning model to predict the risk of colorectal cancer. We performed research on Scopus, Science direct, and web of science Library. We included original articles reporting or validating machine learning models predicting colorectal cancer risk, published between 2015 and 2021. We identified nine articles related to eleven distinct models; three models considered genetic factors only; two models required clinical assessment; the remaining models are based on nutrition, demographic and lifestyle features. Models were validated by computing accuracy, sensitivity and air under the roc curve. The most used algorithms are neural networks and logistic regression. Machine learning models have shown promising performance for colorectal cancer risk prediction. However, they need to be improved for easy and safe clinical practice use.

1 INTRODUCTION

Colorectal cancer (CRC) is the third most common cancer among men and the second among women worldwide, with an estimated 1.8 million new cases and 881,000 CRC-related deaths per year (Bray et al., 2018). Survival is strongly related to the stage at

In Proceedings of the 2nd International Conference on Big Data, Modelling and Machine Learning (BML 2021), pages 507-511 ISBN: 978-989-758-559-3

diagnosis (Usher-Smith et al., 2016), and populationbased screening has been shown to significantly reduce colorectal cancer incidence and mortality.

In addition to the demonstrated benefit of screening on CRC- related mortality, multiple health economic models suggest that screening is costeffective (Ma & Ladabaum, 2014). Technological

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Qarmiche, N., Chrifi Alaoui, M., Otmani, N., El Fakir, S., Tachfouti, N., Bourkhime, H., Omari, M., El Rhazi, K. and Chaoui, N. Machine Learning for Colorectal Cancer Risk Prediction: Systematic Review.

DOI: 10.5220/0010738100003101

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developments, specifically in statistics and computer science, have helped to predict the colorectal cancer risk. A number of models have been developed based on demographic, life-style, clinical and genetic risk factors. The application of machine learning techniques has greatly contributed to improve cancer prediction. Indeed, many studies have shown that machine learning models have better accuracy than statistical models. Our objective is to review existing machine learning models for colorectal cancer risk prediction.

2 METHODS

A systematic review, following the recommendations of the PRISMA 2020 statement(The PRISMA 2020 statement: An updated guideline for reporting systematic reviews | The EQUATOR Network, s. d.), was conducted to identify studies reporting the development of a machine learning model to predict colorectal cancer risk.

2.1 Search Strategy and Information Sources

We conducted an exhaustive electronic literature search for English literature studies of Scopus, science direct, and web of science from January 2015 to April 2021.

The search strategy was the following: "Machine learning" AND "Colorectal cancer" AND (Risk OR "Risk factors" OR "Risk assessment" OR susceptibility) AND (Model OR Score OR Prediction). Reference lists of articles included in this systematic review were consulted to identify more studies.

2.2 Inclusion and Exclusion Criteria

Articles were included based on passing all the selection criteria:

- Original paper published in a peer- reviewed journal;
- Described the development and validation of machine learning risk factors for colorectal cancer
- The full article can be obtained in English

One reviewer conducted the search and initially screened by title and then by abstract to reject inappropriate articles. Two reviewers independently examined a random sample of 5% of the articles. Full text was read for articles whose titles and abstracts were not sufficient to exclude or include them. The full text was read for articles whose titles and abstracts were not sufficient to exclude or include them. When the decision was still difficult to make, the articles were discussed by a committee.

Image-based models and statistical models such as Cox model were excluded.

2.3 Data Extraction

Data extraction was based on the characteristics of each model: general study characteristics, country, and year of publication, applied algorithms, model prediction parameters, model performance, sensitivity and specificity.

2.4 Data Synthesis and Analysis

In view of the heterogeneity of the existing models and their small number, we limited to a qualitative and narrative synthesis method.

3 RESULTS

3.1 Search Results

The literature search returned 426 studies. We excluded duplicate studies from Scopus, Web of Science, and Science Direct. We eliminated studies that did not satisfy our inclusion criteria. We reserved 10 studies for analysis by reading the full text. One study was rejected for being a statistical model. Finally, nine articles were included in this review.

The PRISMA diagram for the systematic review process is illustrated in Figure 1

3.2 Model Development and Validation

Table 1 shows the details of the development of each model.

The machine learning algorithms used to develop the 11 risk assessment models were logistic regression in four (Birks et al., 2017); (Jeon et al., 2018), Ensemble of decision trees in one(Schneider et al., 2020), decision trees in one (Hornbrook et al., 2017) CNN in one(Wang et al., 2019), Gradient Boosting + random forest in one(Kinar et al., 2016), ANN in one(Nartowt et al., 2019), Transformer in one (Amadeus et al., 2021) and Penalized regression+ XGboost in one (Thomas et al., 2020)



Figure 1: Flow diagram of process of systematic literature search following PRISMA guidelines

3.3 Study Populations

All included studies used case-control studies to train the models. Five studies were performed in the United States (Hornbrook et al., 2017; Jeon et al., 2018; Nartowt et al., 2019; Schneider et al., 2020; Thomas et al., 2020), one in Taiwan (Wang et al., 2019), one in Israël (Kinar et al., 2016), one in the UK(Birks et al., 2017) and one in Indonesia(Amadeus et al., 2021) (Table 1).

3.4 Features Selection

Three models used only genetic marker (Amadeus et al., 2021; Jeon et al., 2018; Thomas et al., 2020), four models combined laboratory and demographic data, one model combined lifestyle and family history, one model used comorbidities and medications history, one model combined demographics, lifestyle and medical history and one model combined genetic marker, lifestyle and family history.

3.5 Models Discrimination

Discrimination, as measured by the Area Under the Curve (AUC), was reported for 9 of the risk models; these values were between 0,59 (Jeon et al., 2018) and 0.922(Wang et al., 2019)

3.6 Models Sensitivity and Specificity

Sensitivity is reported for only four models (Schneider et al., 2020; Wang et al., 2019; Nartowt et

al., 2019; and Birks et al., 2017). These values were (0.354; 0.837; 0.60 and 0.955) respectively.

Specificity is reported for five models, the values were between 0,088 (Birks et al., 2017) and 0.99 (Hornbrook et al., 2017)

4 **DISCUSSION**

To the best of our knowledge, this is the first systematic review of the machine learning models in colorectal cancer risk prediction.

It shows that 11 risk models exist for predicting the risk of developing CRC in asymptomatic populations. The best discrimination and specificity model (0.922; 0.837 respectively) were reported for Wang, 2019.

Given the heterogeneity of the models, we opted for a qualitative analysis of the results.

This systematic review revealed the need to standardize and validate the various existing colorectal cancer prediction models. In order to implement these models in clinical practice, interactive and user-friendly frameworks need to be developed by experts. We have found a lack of African-developed models; given the continent's unique biology, nutrition and lifestyle. The development and validation of an African model is strongly recommended

5 CONCLUSION

This systematic review revealed the existence of 11 machine learning models for the prediction of colorectal cancer. The performance of these models is good, however, further research is necessary before they could be applied to routine clinical practice.

Reference	Country of	Source of data	Study type	Factors included in score	ML	Validation method	Performance
Cohmainlar at al	California	DIVU.	Care Cantral.	Candar and MRC tast	Example of Assiston	Bootstrapping	- Performance = 96%
2020	Custoring	(1996-2015)	-6019 cases,	Conneri nGoi caro non	trees	technique	 Sensitivity=35,4% AUROC= 0.78
		CENCRT at indu /1000	-302/02 controis	E-corra: 10 itastrila family history			1
Jeon et al., 2018	New York	GECCCT study (1992 -2005)	Case- control: -9748 cases, -10,590 controls	 E-score: 19 Lifestyle, family history G-score: 63 CRC-associated single- nucleotide polymorphisms identified in genome-vide association studies E-score+G-score 	Logistic regression	Bootstrapping technique	- E-score: -AUC=0.60 - G-score: - AUC=0.59 - E-score+G-score: AUC=0.63
Wang et al., 2019	Taiwan	NHI claim database (1999-2013)	Case- control: -10185 cases, -47967 controls	Mutli-dimensional medical records	CNN	5-fold cross- validation	- Sensitivity= 0.837 - Specificity=0.867 - AUC=0.922 - PPV=0.532
Hombrook et al., 2017	USA	<u>KPNW</u> (2000 – 2013)	Case- control: - 900 cases, - 16195 controls	gender, age, and CBC data	Decision Trees	10-fold cross- validation	- AUC=0.80 - Specificity= 99%
Kinar et al., 2016	Israël.	MSH and THIN (2007, 2012)	Case- control: -5061 CRC cases, -25 613 controls	age, gender and CBC data	Gradient Boosting + random forest	10-fold cross- validation	AUC=0,82 Specificity=88%
Birks et al., 2017	UK	CPRD (2000,2015)	Case- control: -5141 cases -2220108 controls	gender, sex and FBC data	Logistic regression	2-fold cross- validation	- AUC: 0.776, Sensitivity = 95.5% - Specificity= 8.8% - PPV= 99.5% - NPV= 99.6%
Nartowt et al., 2019	USA	NHIS+ PLCO	Case-control: -2334 cases -276659 controls	BMI, tabac, hispanic ethnicity, sex, race, incidence of joint aching arthritis, emphysema strokes, hypertension, coronary heart disease, myocardial infarction, liver comorbidity, diabetes, ulcers, and broachitis.	ANN	cross- validation	sensitivity= 0.60, specificity of 0.82, PPV= 0.09, NPV = 0.65
Amadeus et al., 2021	Indonesia	Yusuf et al (2014-2016)	Case- control: - 89 cases, - 84 controls	polygenic	Transformer-based deep learning	not specified	not specified
2020 2020	USA	GWAS	Case-controls - 55105 cases, - 65079 controls	polygenic	-Penalized generalized linear regression+- XGboost	10-fold cross validation	AUC=0.629
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Table 1: Synthesis of the nine studies includes

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