# Holistic Health Records towards Personalized Healthcare

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Abstract: Current healthcare systems include platforms that provide data not linked to each other. However, linking clinical information to other people's life data would be beneficial in understanding the effects of prevention strategies, and diseases. More specifically, in a context with several data sources, setting of a baseline allowing the aggregation of information, avoiding ambiguities, is crucial. This manuscript presents the Holistic Health Records (HHRs), as health records that intend to provide a complete picture of a patient, including all health determinants. This data may be produced by different systems at different times of the patient's life, including data related to regular patientcare and non-medical data that may affect the patient's state of health. Many standards have been defined with this purpose, with HL7 Fast Healthcare Interoperability Resources (FHIR) being mostly tailored to the current needs. Hence, the HHR model based on HL7 FHIR has been designed, representing information about persons, their roles, their healthcare organizations, diagnosis and clinical findings of the patients, among others. The HHR model aims on guaranteeing interoperability and being implemented on top of existing FHIR libraries and is also intended to be usable independently from FHIR and applicable for different purposes than only exchanging health data.

### **1** INTRODUCTION

The explosion of healthcare services is leading to the creation of several devices and platforms that, one independently from the others, provide data on the citizen's life (Mavrogiorgou, 2017). Linking clinical information with other citizens' life data would be of benefit for learning about outcomes of prevention strategies, diseases, and efficiency of clinical pathways (Kiourtis, 2019). The challenge is to combine all the available data to exploit the community knowledge benefits, by building the "Holistic Health Records" (HHRs) that include any information that is relevant to a citizen's health (i.e. medical, clinical, lifestyle, social care data, etc.). Even though thousands of medical data models exist (Geßner, 2017), they are mainly focused on the integration of data from clinical trials. More general interoperability data models (e.g. OpenEHR (openEHR, 2021), HL7 Fast Healthcare Interoperability Resources (HL7 FHIR) (HL7 FHIR, 2021) are sufficiently general and extensible to cover holistic needs, but do not guarantee a full homogeneity, as they leave freedom to represent the same information using different data structures or different coding systems.

The data model of the HL7 FHIR revolves around a series of interoperability artefacts composed of a set of modular components called "resources". These resources are discrete information units with defined behaviour and meaning, describing what information can be collected for each type of clinical information. Currently, there exist different resources for structuring information from a patient, an adverse reaction, a procedure, and an observation, among many others. Within FHIR, the different types of resources can be classified in six major categories: (a) Clinical: content of clinical record, (b) Identification: supporting entities involved in the care process, (c) Workflow: management of the healthcare process, (d) Financial: resources that support the billing and payment parts of FHIR, (e) Conformance: resources that manage specification, development and testing of FHIR solutions, and (f) Infrastructure: general functionality and resources for internal FHIR requirements. The content of the FHIR resources can be represented in different formats such as XML, JSON and Turtle, although other formats are also

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allowed. Consequently, it is possible to obtain information structured according to the FHIR resource data model, and represented in one of these formats, resulting that this information can be readable by both humans and machines. Within this standard, 119 other resources (apart from the patient resource) are defined at different maturity levels. To this context, HL7 aims to define and limit the structures used for the exchange of clinical information.

Regarding the different coding systems, while a terminology can refer to several different things, in healthcare it is associated with the "language" used to code entries in Electronic Health Records (EHRs) (Monsen, 2019) including LOINC (LOINC, 2021), SNOMED-CT (SNOMED-CT, 2021), ICD-10 (ICD-10, 2021), or ICD-9 (ICD-9, 2021), among others. Most people encounter medical terminologies at some point in their lives – whether it is as physicians, medical purchasers, or patients. In the world of EHRs, terminology is one of the key parts for achieving real interoperability between healthcare systems and integrating their data. For instance, in the case that it is needed to send data between two systems, for the data to be usable, these systems must "communicate" in the same language. This means that the codes from one system must be compatible with the codes from the other system. While it can be easy to combine data from multiple systems in one place, in the case that these codes cannot be mapped to one another, then the data remain locked (Mavrogiorgou, 2017). Currently, there exist several standards. As a result, a lot of research is performed to map these various vocabularies so that one can move easily from one to the other, as long as one of the key ones listed earlier is used. To this end, there is work that has been done and is ongoing, such as mappings between ICD-9 and ICD-10, LOINC and CPT (CPT, 2021), or LOINC and SNOMED CT.

In this context, it should be noted that medical information is typically represented following some specific standards. The SNOMED-CT terminology is an ontology that defines (some) concepts, such as, some diseases in terms of their cause, the part of the body they affect and how they can be diagnosed. It also includes some food categories, sport categories or activities of daily living. The Open Biomedical Ontologies (OBO) consortium (Smith, 2007) is an initiative trying to integrate the multiple ontologies developed in the biomedical domain, which also includes ontologies formalizing patient medical care and EHRs. The International Classification of Functioning, Disability and Health (ICF) (Cieza, 2002) is an ontology classifying health and health-

related domains from a body perspective, a personal activities perspective and a societal perspective. It classifies according to the body structure (i.e. eye, ear, digestive systems, etc.), the body function (i.e. mental, voice, etc.), activities and participations and the environmental context. Thus, it contains medical categories as well as some social categories as part of the activities, participations, and environmental domains. All concepts are linked to the ICD code in the ICD terminology. The National Cancer Institute Thesaurus (NCIT) (Zhe, 2002) is a reference thesaurus covering biomedical concepts and interconcept relationships. As part of that, it also includes medical categories, categories for physical activities, social activities and behavioural categories. However, a major problem is the success of using ontologies in many domains, as it leads to the development of many different not necessarily linked ontologies and taxonomies. This creates in practice the problem of interoperability, both at the taxonomic and the semantic levels. To overcome that problem, major effort is provided from initiatives, such as OBO and BioPortal (Noy, 2009). It is also the motivation for the OntoHub (Mossakowski, 2014) repository, which behind the scenes attempts to utilize alignment techniques from formal methods for the ontology domain. The Medical Subject Headings (MeSH) (Lipscomb, 2000) is a vocabulary maintained by the US National Library of Medicine (NLM) (Lindberg, 1990). It is a hierarchically organized terminology of biomedical information contained in NLM database, including MEDLINE®/PubMed® (Fontelo, 2005). It is often combined information following the RxNorm (Liu, 2005), as well as the LOINC standard for medical laboratory observations. Therefore, the mere adoption of interoperability standards is not sufficient to query health data coming from various health data sources and systems, in a uniform, efficient, complete, and unambiguous way.

In this manuscript, it is presented the data integration approach in the form of HHRs that has been adopted by CrowdHEALTH (Kyriazis, 2017). CrowdHEALTH is a digital healthcare system aiming to exploit big data techniques, applied to extended health records and collective health knowledge (i.e. clustered records), to evaluate healthcare governance policies. One of the pillars of the CrowdHEALTH system is the development and exploitation of the HHRs. HHRs are intended to provide an integrated view of the patient, including all health determinants. Such health-related data may be produced by different human actors or systems, in different moments of a patient's life, and include both i) medical data, associated with regular patientcare or a part of a clinical program, and ii) non-medical data that may have an impact on the patient's health status. HHRs potentially include: (a) social and lifestyle data collected by either the patient or other individuals (e.g. family members, friends), (b) social care data collected from social care providers, (c) physiological and environmental data collected by medical devices and sensors, (d) clinical data coming from healthcare information systems and produced by healthcare professionals (e.g. primary care systems and electronic medical records), (e) laboratory medical data, and (f) nutrition data.

The rest of this document is structured as follows. Section 2 describes the HHR model, its goal and the approach followed to realize it, aiming at satisfying various data requirements, while Section 3 reports the experimentation, the evaluation and the development steps followed towards the creation of the HHR model, through an easily followed example. To this end, Section 4 includes an overall discussion of the current results, including our conclusions and next steps.

# 2 METHOD

#### 2.1 Main Principles of the HRR Model

The goal of the CrowdHEALTH personalized healthcare system is the development of a set of data analysis tools that can be applied to different use cases, possibly merging data coming from different contexts. Therefore, there is the need to define one integrated model for HHRs, in order to guarantee the possibility to apply these tools to all produced data. For these reasons, firstly the HHR model has to represent in a consistent way all the data required by the specific use cases. Secondly, the model is intended to be a seed for future extensions. Thus, it includes also types of data that are not currently required but are considered likely to be used in the near future or are useful to exemplify how the model can be extended in the future. Thirdly, the model is defined using existing models as a reference. In particular, the FHIR standard has been selected as the main reference for the definition of the HHR model. While this standard is still under development and is mainly capable to represent clinical data, it already includes the possibility to represent data that is not necessarily clinical, such as information coming from environment sensors or related to the social aspects. Moreover, thanks to the adoption of the concept of "resources" and the definition of a flexible extension mechanism, the FHIR model is conceived from the

Together with the FHIR standard, CrowdHEALTH also considers ontologies at the state of the art, useful to qualify entity types that correspond to specializations or abstractions of entities represented by FHIR elements. Fourthly, the HHR model is designed at conceptual level and in parallel mapped with existing standards. The model is provided both in a semiformal format, using UML, and in a completely formal format, using a tiny XML language, the HHR mapping language that was created in the context of CrowdHEALTH. The HHR mapping language allows to express in a simple way both the structure of the model and its mapping to FHIR and to existing or new terminologies. Several constraints are imposed to the designer of the HHR model to guarantee the feasibility of a direct mapping to FHIR. The reason for not using directly the selected reference standard is to untie the HHR model from choices related only to the FHIR implementation (for instance to simplify the implementation of restful services), and make explicit in the model some aspects that are implicit in FHIR, so to ease the usage of the HHR model independently from FHIR. Therefore, the HHR model aims on the one hand to be easily implementable on top of existing FHIR implementations, and on the other hand it is also intended to be easily implementable using different technologies. For example, the CrowdHEALTH systems uses a Java implementation of the HHR model, which is automatically generated using the HHR mapping language and is different from FHIR implementations, although easily convertible to it.

fundament to be applicable in different contexts.

## 2.2 Organization of the HHR Model

Similarly, to some of the existing standards, the HHR model is described in a semi-formal way using UML. Differently from other models, the HHR model also has a completely formal description expressed with the HHR mapping language (not described in this manuscript). The overall model is divided in several packages to simplify the representation and the description of the reported information. Each package collects information related to a specific topic (e.g. the representation of the information characterizing a Person. clinical Conditions of patients or Measurements performed on Persons). For each fragment, the description of each entity and its relationships with the other entities in the fragment is reported. Although the model is split in several packages, its classes belonging to different packages have always different names, in order to reduce the risk of misunderstanding and enable also implementations that put all classes in a single software package.

# 2.3 Level of Abstraction and Scope of the HHR Model

As a rule, each class of the HHR model corresponds to a resource type or a data type of the FHIR model, with the difference that the HHR model is designed at an ontological level and is more specialized than the FHIR model. The usage of an ontological approach is in particular evident in two aspects that distinguish the HHR model from the FHIR model. One aspect is that the multiplicity constraints on the UML associations and attributes do not represent integrity constraints, as in the case of FHIR, but represent real world existence constraints. For instance, if an attribute has minimum multiplicity equal to 1, this does not imply that the value of that attribute must be mandatorily stored or transmitted when exchanging data, but only implies that at least one value of that attribute always exists in the world, and this information is actually not stored in any information system or not transmitted. All the attributes of the entities in the HHR model are not mandatory, i.e. their values are not required to be stored or transmitted for each data transmission occurrence. Another aspect is the usage of abstract classes that have no direct corresponding type in FHIR but correspond to super-types of FHIR resource types. Such classes are introduced to make explicit some semantic commonalities that are implicit in the FHIR model. Moreover, in order to represent ontological distinctions that cannot be expressed with standard UML, a specific stereotype and pattern is adopted. For example, classes of entities (e.g. Patient) that correspond to roles of instances of other classes (e.g. Person), are marked with the stereotype <role> and use the standard relation "player" to associate the entity (e.g. the person) that plays the role. If needed, implementations of the HHR model may exploit the explicit representation of roles and accept to assign instances of a certain role as a value of attributes whose type is not that role, but it is the type of the instances that may play that role (e.g. accepting a Practitioner as value of an attribute expecting a Person). However, this cannot be realized for the vice versa scenario (i.e. it is forbidden to assign a Person to an attribute expecting a Practitioner). When a class C has numerous subclasses, but these subclasses add no specific attributes or constraints, then the subclasses are reified. Each subclass is represented by an item of an enumeration (stereotype <enum>) and a

mandatory attribute of the class C (with name Ctype) is used to represent the specific subclass of the instance. For example, the subclasses of the class Condition correspond to values of the enumeration ConditionType and the specific subclass of a Condition instance is represented by the value of the attribute named conditionType. The fact that the HHR model is more specialized than the FHIR model is also evident in several aspects. The most important aspect in the HHR model is the absence of classes and elements that are present in FHIR, since they are not needed by the current CrowdHEALTH use cases. Moreover, an HHR class that corresponds to a certain FHIR resource class may have explicit subclasses that are not represented as distinct resource classes in FHIR. Differently from the addition of new attributes, usually the introduction in the HHR model of these explicit subclasses does not require a corresponding FHIR extension. The instances of all such HHR subclasses correspond to instances of the same FHIR resource class, and their semantic type is distinct by assigning a specific value, chosen from specific terminologies, to a "category" or "code" attribute of the resource class. The values of these attributes are fixed by the HHR model, in order to assure that the same type of data is always represented using the same terms from the same terminologies. In other terms, the HHR model explicitly and unambiguously represents concepts that are needed by the CrowdHEALTH use cases and either are implicit in FHIR or need a FHIR extension.

As mentioned above, a few constraints are imposed to the HHR model to guarantee an easy mapping with FHIR and with specific coding systems. The main constraint is that any leaf element of the HHR model (i.e. any class, attribute or association that does not have subclasses or specializations) must correspond to exactly one (resource or data) type of the FHIR model, i.e. all possible instances of an HHR class must represent the same entities of possible instances of only one corresponding FHIR class. Another constraint is that each instance of an HHR class must correspond to exactly one instance of the FHIR model. On the other hand, any non-leaf element of the HHR model, is considered ontologically "abstract" (i.e. all its representable instances or values must be instances or values of some subclass). This is intended to avoid the usage of instances of non-leaf classes to represent unintended entities. Implementations may impose the instantiation of only leaf classes. As HHR classes are conceptual, advanced implementations may also allow to instantiate non-leaf classes of the HHR model, in order to allow to represent entities whose

type is not completely known, possibly allowing to specify a more specific type in a second moment (i.e. allowing the same instance to conceptually move from a superclass to a subclass when more information is available). Although the semantics of the HHR elements are usually more specific than the ones of the FHIR model, in order to make the mapping more evident, the name of the most general HHR element that is mapped to a specific FHIR element usually takes the same name of the corresponding FHIR element. In any case, different names are chosen when the semantics of the HHR element are specific and would be misleading to adopt the same name with FHIR. The detailed specialization of the HHR model, with respect to more general-purpose standards, has the advantage of reducing the ambiguity of the model and simplifying its comprehension, thus mitigating the risk that different standard elements are used to represent the same type of information. The final version of the HHR model aims to represent the information enabling the execution of all the use cases of the CrowdHEALTH system.

## 2.4 Steps Followed to Define the HHR Model

Following the general incremental development approach of the CrowdHEALTH project, the development of the HHR model followed a multicycles process, producing two different versions of the HHR model aligned with corresponding versions of the use case requirements. In each development cycle, different tasks have been performed.

Firstly, each use case leader has been asked to (i) describe the information that she would like to store and analyse using the CrowdHEALTH tools, focusing on the data needed for the first version of their use case implementation. A template was provided to each use case to perform this description. It was asked to create and describe a UML conceptual diagram representing the type of entities and relationships described by their data source (abstracting from implementation details of the actual database scheme). It was also asked to describe, using specific tables, each attribute of each entity and the corresponding cardinality and value constraints. In the second cycle this description has been in some case produced by extending the one produced during the first cycle, and in some other case, starting the process from scratch to obtain a better model.

(ii) Secondly, different analysts have been assigned to each use case, in order to clarify ambiguity issues related to their data source and to express a mapping of their dataset scheme to the FHIR model, in order to disambiguate the semantics of each type, relationship and attribute. The mapping was expressed using specific tables and the FHIRPath language.

(iii) Thirdly, all the conceptual models produced by the use cases have been merged, one by one, in a unique HHR model. In this phase, different conceptual classes that different use cases had mapped to the same FHIR classes or to FHIR classes with similar semantics have been merged in a unique HHR class, or in different subclasses of a same abstract HHR class. The same analyses have been performed for attributes and associations.

(iv) Fourthly, it took place the formalization of the mapping to FHIR using the same semi-formal approach used for the mapping of data source conceptual schemes.

(v) Fifthly, it took place the definition of the HHR model and of the mapping to FHIR using the formal XML language specified by the CrowdHEALTH project.

The resulting specification distinguish general purpose concepts that are included in the HHR model, and extensions to the HHR model required by specific use cases. The extensions of the HHR model are formalized in the same way of the HHR model, but are not considered mandatory parts of the HHR model, because they represent information that is meaningful only to a specific organization and does not need to be exchanged in a standardized way with other organizations.

# 2.5 Health-related Aspects Covered by the HHR Model

The data types that are covered by the HHR model belong to nine different categories. In particular:

(i) Physical activities: workouts, biodata and fitness tests performed by a person or groups of persons.

(ii) Lifestyle: data concerning sleep, substances consumption such as alcohol, tobacco or recreational drugs. It also covers data regarding daily habits.

(iii) Social: data related to social interactions, such as the emotion, the number of the contact in the phone or the number of exchanged multimedia items.

(iv) Events: all aspects concerning episode of care, hospitalizations, clinical procedures, laboratory tests and care plans.

(v) Medications: all data regarding the prescription, request, and assumption of medication.

(vi) Conditions: symptoms, diagnosis, allergies, and intolerances that a specific patient or group of patients suffer.

(vii) Nutrition: all data regarding the food and beverage intake.

(viii) Administrative: demographics and other administrative information about an individual or group of individuals. It also includes information about the educational level, occupational status and assurance of individuals, and information about organizations.

(ix) Measurements: measurements and simple assertions about a patient, device, or other subject. It also includes collective health measurements about a group of persons sharing common characteristics.

# 2.6 Health-related Aspects Covered by the HHR Model

This sub-section presents the "Person" package of the HHR model, which specifies classes, attributes and roles characterizing a person or a group of people. Fig. 1 illustrates a UML class diagram that includes the class Person of the HHR model, which represents demographics and administrative information about a person that is independent of any specific health context. The gender is modelled by the Gender enumeration, while her address and birthplace are modelled with the class Address, having a specific AddressUse and AddressType. The same figure illustrates the class Group, which represents a group of people sharing a common set of characteristics and/or a common set of CollectionOfEvents. The reification of a valorised property/attribute is represented by the class Characteristic, while the CharacteristicType is the attribute/property that is reified by a characteristic. Group is specialized in AnonymisedGroup when the identity of their members is unknown. Person and Group inherit from PersonOrGroup together with AutomaticAgent, the unique identifier from their superclass Agent, from which a specific person or group of persons may be identified in CrowdHEALTH.

The Class Coverage (shown in Fig. 2), associated to Person, is intended to provide the high-level identifiers and potentially descriptions of an insurance plan, which may be used to pay for, in part or in whole, the provision of healthcare products and services. Its status is modelled with the FinancialResouceStatus enumeration. A same person can play different individual roles into different contexts. Each individual role of the same person is represented by a different instance of the class PersonInTime. An instance of PersonInTime is a view of a person related to a specific time frame and/or a specific context (depending from the specific subclass). This means that a same person may correspond to several instances of PersonInTime, where each instance describes information of the person that is specific to the corresponding role, and

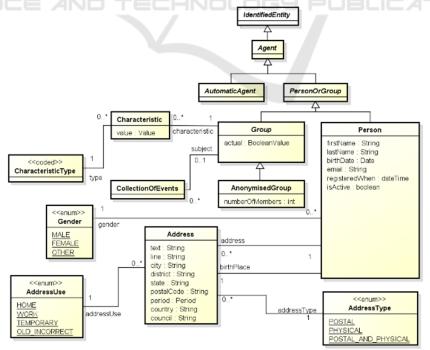


Figure 1: HHR demographic attributes characterizing a person.

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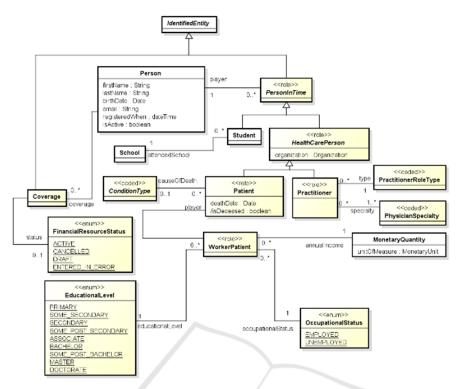


Figure 2: HHR attributes characterizing the roles of a person.

it is related using the "player" association-end, to the person that plays that role. In particular, a person has the role Patient when she is the subject of the healthcare activities provided by HealthCare professionals.

If the same person has been assisted by two different healthcare providers, then it plays two different Patient roles (corresponding to two different instances of the class Patient). On the other side, a person has the role of Practitioner when she is a qualified medical doctor, with one or more PractitionerSpecialty, and works for a specific organization. If the same practitioner works for different organizations, it plays two different instances of PractitionerRoleType, corresponding to the set of the roles that a practitioner may perform at an organization for a specific period. The superclass of Patient and Practitioner is HealthCarePerson, representing any person that plays a role in an HealthCareOrganization. The role of WorkerPatient is played by a Person that performs a specific work in a specific frame of time that has an EducationLevel and an occupationalStatus with a specific annual income represented by the class MonetaryQuantity. When a Patient passed away, the cause of the death is represented by an instance of the class ConditionType.

# **3 RESULTS**

# 3.1 Source Code

A specific Java library, called HHR Manager, allows to instantiate and modify in-memory Java objects that are compliant to the HHR conceptual model. Based on what has been described in Section 2, in order to produce the HHR conceptual model, the HHR model has been first formalized using a language called "HHR mapping language". This is an XML language, specifically designed for the HHR model, that allows to specify in a machine-interpretable way the structure of HHR types and map them to the structure of corresponding FHIR resources. The HHR mapping language is basically a declarative language for defining and mapping document oriented (i.e. treelike) data structures and exploits the FHIRPath language to navigate such structures. The HHR mapping language can be considered as an alternative to the FHIR mapping language, that is currently being specified as part of the FHIR standard. The FHIR mapping language is an imperative language and arguably more powerful than the "HHR mapping language", but often produces complex descriptions. Instead the "HHR mapping language" is intended to be more lightweight. The current prototype of the

HHR Manager is released on the Artefacts repository of the CrowdHEALTH project as a jar file named "hhr-manager-1.3.5.jar", while the machineinterpretable definition and mapping of the HHR model is released as a separate XML file named "hhr\_to\_fhir". The HHR Manager is written in Java 8, while the mapping file is written in XML version 1.0. The HHR Manager generator is released on the repository of the project as jar file named "hhrmanager-generator".

### **3.2 HHR Manager Library**

The hhr-manager library is the output of another developed tool called "hhr-manager-generator". It takes as an input the hhr-to-fhir xml file defining the structure of all classes, attributes and enumerations included in the HHR model and produces in output the java code of the hhr manager library (Fig. 3).



Figure 3: The hhr-manager-generator tool.

The hhr-manager-generator tool consists of three parts:

(i) A set of predefined interfaces to instantiate and serialize/de-serialize the HHR objects and HHR concepts (HHRFactory, ConcreteHHRFactory and Serializer). They are not produced by the tool but they were written by hands and hard-coded.

(ii) The implementation of a set of rules to generate the source code (of abstract and concrete java classes, java interfaces, java enumerations, attributes, getter and setter methods). There is a set of rule for each kind of tag of the hhr-maping-language.
(iii) The implementation of a set of rules aiming to add JAXB annotations to serialize/de-serialize HHR objects to/from XML documents.

The hhr-manager-generator works in two phases (Fig. 4): in the first phase a parser analyses the definition of the HHR model given as input (hhr-to-fhir.xml) expresses using the hhr mapping language and builds a hierarchical tree structure. The structure of the tree is then navigated and the rules for generation of source code and JAXB annotations are applied.

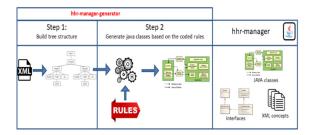


Figure 4: Functionality of the hhr-manager-generator.

The output is the generation of the hhr-manager library containing the source code of Java classes, the interfaces to instantiate and serialize/de-serialize hhr objects and standard xml files for the concepts included in HHR model. Thanks to the hhr-manager-generator tool it is easy to update the source code of the hhrmanager whenever new classes, new attributes (or changes to the existing ones) are added to the HHR model expressed by the input file hhr-to-fhir.xml.

The introduction of this new tool allows to each use case (or other stakeholder) to extend the HHR model by editing the file hhr-to-fhir.xml and generate the corresponding hhr-manager library. Therefore, the developer of a use case may choose to use just the provided XML file describing the final version of the HHR model or can add it whatever extensions extension is needed.

Moreover, if some use case requires just to add new instances to some coded class, then it is not needed to re-generate the HHR manager. The distinct files that defined the instances of the <coded> classes are loaded and interpreted at runtime, therefore the developer of the use case has just to extend the content of these files.

### 3.3 Working Environment

The HHR Manager depends on a standard java virtual machine that supports Java 8. It can be imported in any compatible project. Similarly, the mapping file may be read with any XML parser compatible with XML version 1.0. Also, the hhr-manager-generator requires a virtual machine supporting Java 8.

#### **3.4 HHR to FHIR Mapping Example**

This section reports an example of usage of the HHR mapping language. In particular, it shows how to map the class CarePlan of the HHR model. It maps the HHR class CarePlan to the homonymous FHIR resource type CarePlan. An instance of HHR CarePlan is converted to an instance of FHIR CarePlan, its attributes type, intent and status are mapped respectively to the attributes type, intend and status of the FHIR resource CarePlan. It should be noted that, when a class (like CarePlan, in this example) inherits from a supertype (PersonOrEvent, in this example), the mapping of all the inherited attributes may be specified within the definition of the supertype. If the supertype inherits from another supertype the mapping is also inherited by the its supertype and so on. The specification of the mapping of an HHR class ends where there is a type without any supertype. In the case of the class CarePlan of the HHR model, the mapping to FHIR ends in the class IdentifiedEntity which has not any supertype (the inheritance IdentifiedEntity, chain is PersonOrGroupEvent, CarePlan).

The attribute identifier of the HHR class CarePlan is mapped to the attribute identifier of the FHIR type CarePlan. The mapping of this attribute is contained in the tag <class> of the HHR conceptual class IdentifiedEntity. Note that this HHR conceptual class has no correspondent FHIR type (indeed the tagattribute fhirName is empty). More in details the value attribute of HHR Identifier is mapped to the value attribute of FHIR identifier while the attribute system of the HHR class Identifier is mapped to the attribute system of the FHIR type Identifier. Note that isMultipleValue=""true" so there can be more than one value for the attribute identifier.

The HHR class Agent has no corresponding FHIR type and therefore the fhirName is set to the empty string. It is an abstract class having as superclass IdentifierEntity.

Also, the HHR class PersonOrGroupEvent has no corresponding FHIR type and its attributes are mapped within the tags <class> of the subclasses.

The attribute performer of HHR abstract type Agent is mapped to the attribute performer.actor of the target FHIR resource type. Note that isMultipleValue = "true" so there can be more than one instance of the attribute performer. The attribute subject (of HHR abstract type PersonOrGroup) is mapped to the FHIR attribute subject of the target resource. The attribute note is mapped to the FHIR attribute comment. The remaining attributes are mapped to FHIR extensions of the target FHIR resource, each one having а specific StructureDefinition.

• asserter (of type HHR abstract class HealthCarePerson) which StructureDefinition is defined at http://hl7.org/fhir/StructureDefinition/ asserter

• isAutomatic (of HHR type boolean) which StructureDefinition is defined at http://hl7.org/fhir/ StructureDefinition/is-automatic  performedWhen (of HHR type Period) which StructureDefinition is defined at http://hl7.org/fhir/ StructureDefinition/performed-when

 assertedWhen (of HHR type dateTime) which StructureDefinition is defined at http://hl7.org/fhir/ StructureDefinition/asserted-when

• recorder (of HHR type Agent) which StructureDefinition is defined at http://hl7.org/fhir/ StructureDefinition/recorder

• recordedWhen (of HHR type dateTime) which StructureDefinition is defined at http://hl7.org/fhir/ StructureDefinition/recorded-when

• subjectAge (of HHR type depending on the kind of value set in subjectAge) which StructureDefinition is defined at http://hl7.org/fhir/ StructureDefinition/subject-age

 duration (of HHR type Duration) which StructureDefinition is defined at http://hl7.org/fhir/ StructureDefinition/duration

The player of the role class PersonInTime is of type Person. PersonIntime is an abstract class inheriting from IdentifiedEntity that has not corresponding FHIR type. The role class HealthCarePerson is an abstract and that inherits from PersonInTime role class. The class CarePlan is mapped to the homonymous FHIR type CarePlan. The HHR attribute type is an instance of CarePlanType and it is mapped to the attribute category of the target FHIR type CarePlan. The HHR attribute intent is a mandatory attribute mapped to the FHIR attribute intent and it can be set with any of the instances of the CarePlanIntent enum. Finally, the HHR attribute status is a mandatory inherited attribute mapped to the FHIR attribute status and it can be set with any of the instances of the CarePlanStatus enum. In Fig. 5, it is provided the final content of the mapping of the CarePlan class of the HHR model, based on the current description.

## 4 DISCUSSION

In general, in a context with several sources of data like the one targeted from the CrowdHEALTH project, the setting of a baseline allowing the aggregation of information avoiding ambiguities is crucial. Many standards and best practices have been defined over the years with this purpose. Among them, HL7 FHIR is the specification more tailored to the needs of the current research. It has been selected as a ground base for the HHR model, because of its high coverage of clinical data actually present in the use cases datasets and of its flexible extension mechanism that allows the modelling of not yet



Figure 5: Mapping of the CarePlan class of the HHR Model.

supported clinical data types. FHIR covers a big number of requirements for representing and exchanging clinical data, some of them matching with the CrowdHEALTH requirements, like for example the modelling of medical observations and clinical conditions. However, FHIR has some drawback when used for data integration and analyses. It allows to represent the same data using different Resource types, with the risk to produce heterogeneous representations not easy to aggregate and analyse. Moreover, it hides important conceptual distinction that rely on the choice of the right semantic codes. Therefore, in actual applications, the standard needs to be constrained to simplify the interoperability. On the other hand, FHIR does not cover some of the requirements of the project, lacking a specific representation of information that is present in the analysed use cases dataset. For these reasons, a new model, the HHR model, has been designed and tailored to the CrowdHEALTH use cases. It represents information about persons and their individual roles, the organizations to which the role

players belong, diagnosis and clinical findings of the patients, medical procedures, medication applications and related medication and substances administered to patients, episodes of care and medical encounters (hospitalization, outpatient, emergency, hospitalization at home), measurement of vital signs, physiological parameters, nutritional information, physical activities results and laboratory test results.

The HHR model has been mapped to FHIR in order to exploit FHIR as a starting model and to give the possibility to offer the integrated data using a standard API. The FHIR extension mechanisms of FHIR has been used to represent information required by use cases and modelled in the HHR model, but not yet present in the FHIR resource. The defined extensions aim to add details to health-related events, like the specification of who assert and/or perform an event during an episode of care and when it occurs, indicating if the performer is an automatic agent, the age (or range of age) of the subject at the time the event occurs, the date when a person is registered into the system. As FHIR also requires the usage of suitable coding systems, whenever possible standard coding systems such as ICD-10 and LOINC have been adopted. The possibility to also use SNOMED CT for encoding clinical concepts has been investigated. Given the limitations imposed by its terms of license, only ICD-10 and LOINC has been adopted as standard terminologies and any other needed concept not covered by these terminologies has been represented with a new terminology defined by CrowdHEALTH.

By maintaining a double view (i.e. conceptual and logical), the HHR model aims on one hand to guarantee the interoperability and the possibility to implement it on top of existing FHIR libraries, and on the other hand it is also intended to be usable independently from FHIR (and its future evolutions) and applicable also for different purposes than only exchanging health data. For example, it can be more suitable than FHIR as data schema for Object Oriented local APIs.

To conclude, CrowdHEALTH healthcare system integrates a wide set of mechanisms enabling data acquisition from different sources, cleaning, aggregation, and transformation into structures that capture all health determinants, the so-called HHRs. These HHRs reflect currently 2 million records and 700,000 streams of everyday activities, obtained from more than 200,000 users, while the system is expected to exploit the current 75 million measurements from 1 million people. It is within our future goals to continuously update this objectoriented model equivalent to a FHIR profile expressed both in a human oriented format and in a machine-oriented format, for supporting additional data entities, and finally representing more kinds of information, including social activities and lifestyle information, as well as real-time workout or daily (CrowdHEALTH activities D3.1, 2021) (CrowdHEALTH D3.3, 2021).

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