Objective Assessment of Asthenia using Energy and Low-to-High Spectral Ratio

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Abstract: Vocal cord vibration is the source of voiced phonemes. Voice quality depends on the nature of this vibration. Vocal cords can be damaged by infection, neck or chest injury, tumours and more serious diseases such as laryngeal cancer. This kind of physical harm can cause loss of voice quality. Voice quality assessment is required from Speech and Language Therapists (SLTs). SLTs use a well-known subjective assessment approach which is called GRBAS. GRBAS is an acronym for a five dimensional scale of measurements of voice properties which were originally recommended by the Japanese Society of Logopedics and Phoniatrics and the European Research for clinical and research use. The properties are ‘Grade’, ‘Roughness’, ‘Breathiness’, ‘Asthenia’ and ‘Strain’. The objective assessment of the G, R, B and S properties has been well researched and can be carried out by commercial measurement equipment. However, the assessment of Asthenia has been less extensively researched. This paper concerns the objective assessment of ‘Asthenia’ using features extracted from 20 ms frames of sustained vowel /a/. We develop two regression prediction models to objectively estimate Asthenia against speech and language therapists (SLTs) scores. These regression models are ‘K nearest neighbor regression’ (KNNR) and ‘Multiple linear regression’ (MLR). These new approaches for prediction of Asthenia are based on different subsets of features, different sets of data and different prediction models in comparison with previous approaches in the literature. The performance of the system has been evaluated using Normalised Root Mean Square Error (NRMSE) for each of 20 trials, taking as a reference the average score for each subject selected. The subsets of features that generate the lowest NRMSE are determined and used to evaluate the two regression models. The objective system was compared with the scoring of each individual SLT and was found to have a NRMSE, averaged over 20 trials, lower than two of them and only slightly higher than the third.

1 INTRODUCTION

Perceptual and objective assessments of voice quality are widely used for voice disorder evaluation (Yu et al., 2006; Wuyts et al., 2000; Jalalinajafabadi et al., 2013). A single measurement cannot quantify all the properties of an impaired voice that may be of interest to clinicians. The five dimensional GRBAS scale has the advantage of being widely understood and recommended by many professional bodies. The GRBAS scale is a 5-dimensional measurement of voice quality where the dimensions are: ‘Grade’, ‘Roughness’, ‘Breathiness’, ‘Asthenia’ and ‘Strain’ (Hirano, 1981). ‘Grade’ represents overall degree of hoarseness or voice abnormality. ‘Roughness’ is irregular fluctuation in amplitude and fundamental frequency of voicing source, ‘Breathiness’ arises from non-periodic sound and an auditory impression of turbulent air leakage through an insufficient glottis closure. ‘Asthenia’ is weakness or lack of energy in the voice and ‘Strain’ is difficulty in initiating and maintaining voiced speech.

Each dimension is traditionally scored by Speech and Language Therapists (SLTs) on a scale between 0 and 3; 0 for normal, 1 for mild impairment, 2 for moderate impairment and 3 for severe impairment (Hirano, 1981). Subjectivity and reliance on highly trained personnel are significant limitations of traditional ways of measuring GRBAS parameters. The objective assessment of G, R, B and S properties has
been well researched and commercial equipment exists that is capable of doing this (Awan and Roy, 2006; KayPENTAX, 2008). However, the assessment of Asthenia has been less extensively researched. It is one of the most difficult components to score and there is often more discrepancy between SLTs in Asthenia scoring, than for the other dimensions. This research is concerned with the objective assessment of Asthenia (Hirano, 1981).

Patients with Asthenia might be referred to hospital for treatment. The weakness can be caused by a low intensity of the glottal source sound and is generally associated with a lack of higher frequency harmonics (Hirano, 1981). Figure 1 illustrates the methodology of the approach. To assess a recorded voice signal for Asthenia, it will be fed into a digital signal processing system for extracting voice features such as energy, pitch frequency variation, harmonic to noise ratio and others. This followed by a mapping technique based on machine learning. The voice features which reflect the lack of energy and higher frequency harmonics will be extracted from the voice and used as features by the mapping techniques.

![Figure 1: Methodology of the Approach.](image)

2 DATA COLLECTION AND ASTHENIA SCORING

Voice data has been collected from a random selection of 46 patients and 56 controls. Only participants that can read English fluently were included in this study. All participants were adults between 18 and 70 years of age, and they were in different stages of their treatment. Information about the participants was stored in secure files. The sustained acoustic signals were captured by a high quality Shure SM48 microphone that was held a constant distance of 20 cm from the lips and digitized using the KayPentax 4500 CSL Computerized Speech Laboratory (KayPENTAX, 2008). Each recording consists of two sustained vowels /a/ and /i/ lasting about 10 seconds, a set of six standard sentences as specified by CAPE-V (Consensus for auditory perception and evaluation) (Kempster et al., 2009) and about 15 seconds of free unscripted speech. To assess the voice quality of each participant subjectively according to the GRBAS scale, the voice samples were scored by three experienced SLTs using Sennheiser HD205 head-phones. The samples were played out in random order with 21 randomly chosen samples repeated as a test for consistency. To facilitate the scoring process, we developed a ‘GRBAS Presentation and Scoring Package’ (GPSP) for collecting GRBAS scores. The graphical user interface presented by this package is shown in Figure 2. The software is designed to play out in random order, with appropriate repetition, the voice samples from a database of recordings. It enables scores to be entered by the SLT and stored in the data-base as an Excel spread-sheet easily. The SLTs are given the option of listening to any samples again, and the software can be paused at any point, without loss of data. The user may therefore take breaks to prevent tiredness which may affect the scoring. The scoring of the 102 voice samples referred to in this paper was completed by each SLT in two sessions.

Both Pearson correlation and the Cohen's Kappa coefficient were used to measure the level of agreement in scoring Asthenia between each pair of SLTs (Sheskin, 2003; Cohen, 1968). Equation (1) defines the Pearson correlation (Sheskin, 2003) between the two dimensions of a sample \( \{x_i, y_i\} \) containing \( n \) pairs of random variables \( (x, y) \) and \( \bar{x} \) and \( \bar{y} \) are the sample means of \( \{x_i\} \) and \( \{y_i\} \) respectively.

\[
r = \frac{\sum_{i=1}^{n} (x_i - \bar{x})(y_i - \bar{y})}{\sqrt{\sum_{i=1}^{n} (x_i - \bar{x})^2} \sqrt{\sum_{i=1}^{n} (y_i - \bar{y})^2}}
\]

The Cohen Kappa coefficient is defined by Equation (2) where \( p_o \) is the proportion (between 0 and 1) of subjects for which the two SLTs agree on the scoring, and \( p_e \) is the probability of agreement ‘by chance’ when there is assumed to be no correlation between the scoring by each SLT (Streiner, 1995; Viera et al., 2005).

\[
k = \frac{p_o - p_e}{1 - p_e}
\]

Kappa is widely used for comparing raters or scorers, and reflects any consistent bias in the average scores for each scorer (Viera et al., 2005) which would be disregarded by Pearson’s correlation. A value less than zero indicates no agreement. Values in the range 0 to 0.2, 0.2 to 0.4, 0.4 to 0.6, 0.6 to 0.8 and 0.8 to 1 indicate slight, fair, moderate, substantial and almost perfect agreement respectively (Viera et al., 2005).

Weighted Kappa is often more appropriate when there are more than two possible scores with a sense of distance between the scores (Cohen, 1968). With possible scores 0, 1, 2, 3, Kappa only considers agreement or disagreement between scores, whereas
weighted Kappa takes into account the degree of disagreement. In this application, discrepancy between scores 0 and 2, for example, is more serious than the difference between 0 and 1 or between 1 and 2, and weighted Kappa takes this into account. With linearly weighted Kappa \((k_w)\), the disagreement between 0 and 2 may be weighted twice that between 0 and 1, 1 and 2, or 2 and 3. The discrepancy between 0 and 3 may be weighted three times that between 0 and 1. Equation (3) is a formula for linearly weighted Kappa \((k_w)\), where \(p_{oij}\) is the proportion of subjects that are scored \(i\) by scorer A and \(j\) by scorer B; \(p_{eij}\) is the probability of scorer A scoring \(i\) while scorer B scores \(j\), for the observed distribution of scores by each scorer, but with no correlation between scorers.

\[
k_w = 1 - \frac{\sum_{i=0}^{3} \sum_{j=0}^{3} |i - j| p_{oij}}{\sum_{i=0}^{3} \sum_{j=0}^{3} |i - j| p_{eij}}
\]

As results in Table 1 show, there is only fair agreement between scorer 2 and scorers 3 and 1; and better agreement between scorers 1 and 3. The measured agreement between scorer 1 and scorer 3 changes significantly when Kappa is replaced by linearly weighted Kappa. To make the Asthenia scores more reliable, we can take some form of mean of the three scores. We used the arithmetic mean or average.

If the means are not the same, it can be misleading if incorrectly interpreted. Table 2 shows the mean of Asthenia scores for each SLT.

### Table 2: Mean of Asthenia Scores.

<table>
<thead>
<tr>
<th>SLT</th>
<th>Mean of Asthenia Scores</th>
</tr>
</thead>
<tbody>
<tr>
<td>SLT 1</td>
<td>0.63</td>
</tr>
<tr>
<td>SLT 2</td>
<td>0.30</td>
</tr>
<tr>
<td>SLT 3</td>
<td>0.76</td>
</tr>
</tbody>
</table>

## 3 ASTHENIA PREDICTION

### 3.1 Feature Extraction

The beginning and end of each sustained vowel were trimmed to remove silence. Each sustained vowel was divided into a series of non-overlapping 22,676 ms (1000 sample) frames sampled at 44.1 kHz. For each frame, the energy was computed. The mean energy per frame (MEPF), the ratio of minimum to maximum energy per frame energy (RMMEPF) were computed. Also the standard deviation of the frame-by-frame energy (STD EPF) was calculated. The MEPF of each vowel was normalized by dividing by the average of the MEPF values obtained for all ‘normal’ voices out of the 102 examples.
To extract the ‘low-to-high spectral (L/H) ratio’, each analysis frame was decimated by factor of 5, ‘zero-padded’, Hamming windowed and applied to a 400 point DFT. The spectral energy below and above a cut-off frequency of 1.5 kHz was computed for each frame and hence a low to high spectral ratio (L/H) was obtained for each frame. This was averaged for the whole recording to obtain a mean value of L/H (ML/H). Other features such as the ratio of the maximum to minimum value of L/H (RMML/H) and the standard deviation of L/H (STD L/H) were computed for each vowel. The cut-off frequency 1.5 kHz was selected due to most voiced speech energy occurring below twice this frequency (i.e. about 3kHz). Six features were created for predicting an Asthenia score for each participant. Table 3 represents the six extracted voice features.

### Table 3: Definition of six extracted voice features.

<table>
<thead>
<tr>
<th>Label</th>
<th>Feature</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>F1</td>
<td>MEPF</td>
<td>Mean Energy Per Frame</td>
</tr>
<tr>
<td>F2</td>
<td>RMMEPF</td>
<td>Ratio of Minimum to Maximum Energy Per Frame</td>
</tr>
<tr>
<td>F3</td>
<td>STD EPF</td>
<td>Standard Deviation of Energy Per Frame</td>
</tr>
<tr>
<td>F4</td>
<td>ML/H</td>
<td>Mean of Low to High Spectral Ratio</td>
</tr>
<tr>
<td>F5</td>
<td>RMML/H</td>
<td>Ratio of Minimum to Maximum Low to High Spectral Ratio</td>
</tr>
<tr>
<td>F6</td>
<td>STD L/H</td>
<td>Standard Deviation of Low to High Spectral Ratio</td>
</tr>
</tbody>
</table>

### 3.2 Feature Selection Method

Feature selection methods can determine a subset of the available features that will give the best accuracy in predicting Asthenia. They can be used to identify and remove unnecessary, irrelevant and redundant attributes from data that do not contribute to the accuracy of a predictive model or even increase the error of the prediction. Wrapper methods were used as the feature selection method in predicting Asthenia (Yuan et al., 1999; Kohavi and John, 1997; Langley et al., 1994).

Wrapper methods train a new model for each possible subset of features. These methods assess subsets of variables according to their usefulness in a given predictor. The method conducts a search for a good subset using the learning algorithm itself as part of the evaluation function. ‘Wrapper’ methods are computationally intensive, but usually provide the best performing subset of features (Guyon and Elisseeff, 2003). Greedy Forward Search, Exhaustive Search are two examples of wrapper methods (Langley et al., 1994).

In this research, ‘Exhaustive Search’ was used. This method is looking at every possible combination of features to find which one gives the best result. It is only possible to do this with a small number of features and so some simplification of this problem must be done. A straightforward wrapper method was developed in MATLAB to test all possible subsets of features. With n features there are \(2^n - 1\) possible subsets. Therefore, with 6 features, there are 63 different feature subsets.

### 3.3 Prediction Models

Linear regression (MLR) and K-nearest-neighbor regression (KNNR) (Berry and Feldman, 1985; Jiangsheng, 2002) were used and compared for the objective prediction of Asthenia. The average of three SLTs scores were considered as the true value of the Asthenia scores. Regression was used rather than classification in order to take account of the magnitudes of the differences between the scores, which are significant with GRBAS scoring.

#### 3.3.1 Feature Scaling

To improve the performance of the prediction models, features were scaled to make the mean of each feature equal to zero and the standard deviation equal to 1. Refer to \(F_{ij}\) as feature \(j\) for participant \(i\). Refer to feature \(F_{ij}\) before scaling as \(F_{ij(non-scaled)}\) and after scaling as \(F_{ij(scaled)}\). Let \(\bar{F}_j\) and \(\sigma_j\) denote the sample-mean and the sample-standard-deviation respectively of non-scaled feature \(j\) over all \(n\) participants. The scaled version of each feature \(F_{ij}\) for participant \(i\) is then:

\[
F_{ij(scaled)} = \frac{F_{ij(non-scaled)} - \bar{F}_j}{\sigma_j}
\]  

#### 3.3.2 MLR Performance in Asthenia Prediction

To test the capability of the MLR method for Asthenia prediction, and to find out which subset of features it is the best to use, twenty ‘trials’ were carried out whereby random selections of 80 recording examples were used for a cross-validation (training set and validation set) procedure and the remaining 22 recordings were used for the testing. The experiment was applied to the database of 102 recordings. In each trial, 63 different subsets of features selected from the 6 features, were taken. For each subset, the validation error was calculated using 10 fold cross validation. The subset
which gives the lowest RMSE over the validation set was used for a training using 80 examples and testing on 22 examples and the generalisation error was computed. The RMSE between the predicted ($\hat{Y}$) and the observed value ($Y$) for 22 (N) recording examples is:

$$RMSE = \sqrt{\frac{1}{N} \sum_{i=1}^{N} (\hat{Y}_i - Y_i)^2}$$

Table 4 defines the subset of features that are referred to in Figure 3. Figure 3 depicts the NRMSE as generalisation error on 22 examples for the best subset of feature found in each trial. S21 was flagged as the best subset several times (i.e. five times) with NRMSE error 17.81%, 17.87%, 14.80%, 15.22% and 22.13% respectively over 20 trials, where NRMSE is:

$$NRMSE = \frac{RMSE}{(Asthenia_{\text{max}} - Asthenia_{\text{min}})} \times 100$$

3.3.3 Best Feature Subset Selection and Optimal K for KNNR

With KNNR, the RMSE of the regression will be affected by the feature subset and value of K, which is the number of nearest neighbors chosen. We used 10-fold cross-validation (Kohavi et al., 1995) on 80 random examples to determine the RMSE on validation sets for each subset for K in range of 1 to 10. In each trial, a grid search (Bergstra and Bengio, 2012) was used to find out the best feature subset and optimal K with the lowest RMSE amongst 63 different subsets. To measure the performance of the KNNR model on unseen examples by generalisation error, the best subset with the optimal K was used on 80 random training set and 22 random testing examples. This experiment was carried out for 20 different trials and the generalisation error was computed as NRMSE in each trial. Figure 5 shows the NRMSE for the best subset in each trial. Figure 4 illustrates the optimal K for the best subset in each trial. S15 was flagged several times (i.e. five times) as the best subsets over 20 trials with 18.42%, 17.95%, 17.28%, 14.91% and 16.90% NRMSE respectively.

Table 4: Definition of feature subsets referred to in Figures 3, 4 and 5.

<table>
<thead>
<tr>
<th>Subset</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>S3</td>
<td>STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S7</td>
<td>MEPF, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S11</td>
<td>RMML/H, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S13</td>
<td>RMML/H, MEPF, RMMEPF</td>
</tr>
<tr>
<td>S15</td>
<td>RMML/H, MEPF, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S19</td>
<td>STD L/H, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S21</td>
<td>STD L/H, MEPF, RMMEPF</td>
</tr>
<tr>
<td>S23</td>
<td>STD L/H, MEPF, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S27</td>
<td>STD L/H, RMML/H, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S35</td>
<td>ML/H, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S37</td>
<td>ML/H, EPF, RMMEPF</td>
</tr>
<tr>
<td>S39</td>
<td>ML/H, MEPF, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S43</td>
<td>ML/H, RMML/H, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S47</td>
<td>ML/H, RMML/H, MEPF, STD EPF, RMMEPF</td>
</tr>
<tr>
<td>S61</td>
<td>ML/H, STD L/H, RMML/H, MEPF, RMMEPF</td>
</tr>
</tbody>
</table>

4 COMPARISON BETWEEN MLR AND KNNR

The performance of the MLR and KNN techniques were compared for predicting Asthenia objectively. The standard deviation of the error may be investigated to estimate the stability of the models. For MLR, the mean and standard deviation of error for the best subsets over 20 trials are about 16.06% and 2.25 respectively with 95% confidence limits at 15.1% and 17% over 20 trials. KNN makes this mean and stan-
5 OBJECTIVE SYSTEM VS PERCEPTUAL SCORING

The objective system over 20 trials, using the best subset of features, has an average of NRMSE around 16.06% and 17.20% by MLR and KNN respectively. For each of these prediction models NRMSE was computed over 22 examples. To evaluate the objective system and each scorer against the average of three SLTs, the NRMSE was computed for the objective system and each individual SLT who are rated the same number of patients (22 examples) in the 20 trials. Figure 7 shows the NRMSE between the three SLTs, the KNNR model and the MLR where average of the 3 scorers taken as the reference. On average, for both objective prediction models, the NRMSE is lower than that obtained for SLT2 and SLT1 and higher than that obtained for SLT3.

6 RELATED WORK

Objective assessment of voice has been studied extensively (Villa-Canas et al., 2013; Bhuta et al., 2004; Yu et al., 2006; Wuyts et al., 2000). Considering the GRBAS dimensions, Asthenia has not been as widely covered as the others. A recent paper (Villa-Canas et al., 2013) uses a K Nearest Neighbor classifier to predict all parameters using spectral energy measurements, cepstral coefficients, a glottal-to-noise excitation ratio and other parameters. The objective scores...
were compared with perceptual evaluations by a single expert at the University Politecnica of Madrid. Good correspondence were obtained, the best efficiency, 89.3%, being obtained for Asthenia (Villa-Canas et al., 2013). Our work uses a different database, three experienced SLT scorers and a different feature set. Also we use regression models rather than classification, and compare two regression models. Regression is sensitive to the degree of disagreement between scores where classification is concerned only with agreement or disagreement.

7 CONCLUSIONS AND FUTURE WORK

The proposed schemes are intended to be used for the objective assessment of Asthenia according to the GRBAS scale. The average of the three Asthenia scores obtained by SLTs 1, 2 and 3 was assumed to be the best possible estimate of the true Asthenia score for each subject in this experiment.

The objective measurement of Asthenia was obtained using multiple linear regression and K-nearest neighbor regression by combinations of energy and low to high spectral measurement for sustained vowel. The use of low to high spectral ratio and energy permits estimation of Asthenia without the limitations associated with traditional time-based dysphonia measures such as jitter and shimmer.

For both prediction models the best feature subset was selected based on the lowest validation error in each trial. Moreover, MEPF, RMMEPF, RMML/H and the STD L/H features were found to be the strongest contributors.

The average of generalisation error (NRMSE) over 20 trials was measured for KNNR and MLR which is less than 17.20% in both models.

It is now necessary to apply the approach in this paper to the data-base used by Villa et al. (Villa-Canas et al., 2013) to compare the values of Asthenia obtained. Different methods can be proposed for the decision about the true Asthenia scores which may give different results from averaging in prediction. The use of connected speech as well as sustained vowels should also be introduced since this is used by SLTs. Future studies with larger samples of voice disorder types and severities are then needed.

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