Study on Combining Model-driven Engineering and Scrum to Produce Web Information Systems

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Abstract: Model-driven engineering and agile methods are two important approaches to produce web information systems. However, whereas model-driven engineering is based on widely detailed models, agile methods such as Scrum propose to not spend too much time in modelling. Model-driven engineering literature suggests the use of pre-prototypes models that can be evaluated by clients before generating source code, and agile methods also propose to get client feedback soon after requirements are specified as user stories. Despite of agile methods and pre-prototypes aim to quick validate requirements, their combined use must be carefully studied. The quick design of pre-prototypes must be considered in order to achieve the benefits provided by both approaches. In this paper we propose a new pre-prototype based methodology, which combines practices to achieve quick feedback from clients from model-driven engineering and Scrum based agile methods. We also report on a real-world case study concerning the development of a web information system.

1 INTRODUCTION

The approach of developing web information systems from scratch is not trivial, since it is common to begin software projects with vague ideas about what is required by clients (Lami and Ferguson, 2007). Furthermore, motivated by market trends for innovation and time-to-market pressure, software requirements usually change along the iterations in the software development process (Landre et al., 2007). In order to help Software Engineers in preliminary software process phases, we present a new methodology and tool support, combining Model-Driven Engineering (MDE) (Bézivin, 2005) and some Agile Methods (Dyba and Dingsøyr, 2009).

MDE is a software development paradigm that contributes to reduce time to deliver a working application through a family of similar applications (Hutchinson et al., 2011). MDE allows the specification of software requirements in a structured manner (Petre, 2013), and generates testable prototypes (Elkoubi et al., 2006; Kavaldjian, 2007) through model transformations (OMG, 2013). Such prototypes can be evaluated by clients in order to validate software requirements (Souza et al., 2007).

Agile Methods such as Scrum are iterative and incremental frameworks to manage software projects focusing on continuous and quick delivery of working and tested pieces of software. They recommend reducing the amount of generated documentation for software requirements specifications (Shore and Warden, 2008). By using short software process iterations, Agile Methods allow for a quick validation of software requirements soon after the analysis phase, which returns a user story (a textual description about the functionality being described).

Some studies suggest that MDE and Agile Methods can be used together (Rivero et al., 2012; Ristić et al., 2012). In this paper, we report on our experience applying our methodology to real-world projects, conducted between 2010 and 2011, combining the use of MDE and Scrum in preliminary software development phases. This piece of work indicates that our methodology and tool are indeed adherent with Agile Methods and that the mockup construction, rapid prototyping, and frequent interaction with clients to validate software requirements are the keys in the development of web information systems. We have also compared whether it was more productive to develop web information systems functionalities not using MDE or with the assistance of our software tool.

The rest of this paper is organised as follows: Section 2 discusses the related work; Section 3, intro-
roduces the main concepts used in our proposal; Section 4 presents a case study; and, finally, Section 5 presents our conclusions.

2 RELATED WORK

We use mockups as input for model transformations that allow us to generate multi-layered web information systems. Similarly to our proposal, (Ristić et al., 2012) also generate mockups by means of templates. (Rivero et al., 2012) generate MVC models in which the View and the Controller layers are generated by means of annotated mockups. Although both proposals allow for designing pre-prototype models, they are not aimed to be used in the whole software development process. Unlike our proposal, we use mockup models as input to generate not only the View and Controller layers, but others, such as business logic, data access object, entity/field validation, and remote/web services.

Our methodology differs from traditional MDE-based processes, such as those proposed by (Elk-ouiti et al., 2006; Stocq and Vanderdonckt, 2004; Nunes and Schwabe, 2006), and (Souza et al., 2007), since we start the process from mockups to generate multi-layered models for web information systems. Those authors propose the refinement of platform-independent models (such as annotated class diagrams, use cases, collaboration diagrams, and activity diagrams), to platform-specific models in a software development process based on MDE. Those proposals apply a top-down approach to design web information systems, in which input models, such as conceptual models, are highly detailed before generating a testable prototype. In our proposal, after specifying user stories, Software Engineers design of a simple domain class diagram without annotations; and then uses templates to generate mockups, which are further refined using more templates, making them domain models and mockups evolve together.

In addition, several MDE-based software tools support the generation of GUI for web information systems (Ceri et al., 2000; Kraus, 2007; Vanderdonckt, 2005; Kavaldjian, 2007; Souza et al., 2007; WebRatio, 2013). However, those software tools require a very detailed UML model as input to generate a mockup. Examples of such inputs are use case diagrams, class diagrams, and activity diagrams, all of them assigned with plain UML Profiles annotation. Our proposal allows for the generation of the annotations for the UML Profile using wizards, transformations, and manual configurations assisted by our software tool.

3 METHODOLOGY OVERVIEW

An overview of our methodology is depicted in Figure 1. A complete description of the MDE tasks and a comparison to our previous experiences is reported in (Basso et al., 2014). It is important to notice that the first MDE task is executed after specifying user stories, when then start our contributions. These MDE tasks are inspired on the OO-Method Presentation Model (PM) (Molina et al., 2002), a well adopted methodology used to produce web information systems, such as Master-detail structures, Service layer development, etc. Roughly speaking, after specifying user stories, in this methodology, pre-prototypes are designed and refined from step 1 to 3, as illustrated for a single functionality in box (A). When the design of a pre-prototype is accepted by the client, then the annotated UML model is generated as shown in box (B) through steps 4 and 5. This model is used by model-to-code transformations to then generate the functional prototype in step 6 of box (C). Finally, a working piece of software is delivered in step 7 as a complete implemented functionality, and the client can execute acceptance tests against it.

Similar to our related work, the model shown in Figure 1, box (B), represents the last design stage of a pre-prototype before it can be used to generate the source code. Transforming a Platform-Independent Model (PIM) to a Platform-Specific Model (PSM), as illustrated in Figure 1, step 6, it is possible to generate a functional prototype for a web information system. Different from related proposals that specify the PIM manually, we generate it automatically based on mockups constructed with the tasks shown in Figure 1, box (A). In this process a PIM 1 is transformed into a PIM 2. Thus, a UML model (PIM 2) is generated by a model transformation using as input the element named “Accepted Mockup Model” (PIM 1).

PIM 1 is a mockup in the final design stage because it owns GUI components strictly used in some APIs and libraries. However, it is still a platform interdependent model, since it is not yet mapped into a specific platform as occurs in step 6. PIM 1 is also generated by a transformation, using as input the pre-prototype named “Preliminary Mockup Model”. This is a Computational-Independent Model (CIM) which represents a screen layout containing general purpose GUI components. Finally, the “Preliminary Mockup Model” is generated from transformation templates taking as input a simple class diagram.

As depicted in Figure 1, box (A), steps 1 and 3, the client interacts with the pre-prototypes in order to find details that the functionality under specification needs. Then, pre-prototypes are refined along steps
1 to 5. Afterwards, the source code for a functional prototype is generated in step 6 taking as input the multi-layered model. Therefore, an important difference between UML based transformation approaches and our proposal is that the former start from step 4 (by designing manually a model with multi-layered details), whereas we start from step 1, by generating a preliminary mockup model from transformation templates.

Box (B), in Figure 1, also exemplifies four UML Profiles used by our approach to specify the details of web information systems: the GUI Profile is used to represent GUI components (view layer) since UML has no diagram to draw GUIs; The Action Profile is used to represent GUI component actions (controller layer) as a UML activity diagram; The Service Profile enables to define details about the business logic layer for services that implement the classes (Remote, Validation and DAO); and the ORM Profile is used to apply object relational mappings on the model layer.

3.1 Combining MDE and Scrum

Scrum methods recommend to design important features focusing on specific functionalities. To speed up the design of these features, we recommend to use transformation templates that are adequate to start the design of a mockup considering some kinds of functionalities for web information systems. Thus, functionalities are characterised to particular kinds of templates that can be used in sequence to design detailed mockups as illustrated in Figure 2 by Sprint Backlog documents. In this figure, these templates are shown inside box (1) as different model transformations to generate preliminary mockups (A) and to refine mockups for more complex structures (B). They require as input, classes of models associated with functionalities (e.g., use cases and/or user stories) and allow the use of other types of transformations (from C to G) to detail a UML model with information of a single functionality. Thus, the activities a software engineer has to follow when generating mockups are: find domain classes that are related with a single functionality, and, then, use these classes as input for transformation templates.

Transformation templates are available in Mock-upToME tool, meaning that Figure 2 (box 1) is completely assisted through model transformations. Thus, a software engineer iteratively designs and validates with clients the domain classes, actions (e.g., operations on persistency), mockups, and usability features. These pre-prototypes are validated before starting the development phase, reducing considerably the rework in sprint cycles and also amongst the following sprints, simplifying the transition from the requirement analysis to the development phase.

Three kinds of transformations are executed to perform the tasks illustrated in Figures 1 and 2: i) Model-to-model transformations are applied to identify the requirements of a system, domain classes, project classes, and user interactions with the system. They are conducted in seven short tasks, shown inside box (1) in Figure 2, which can be repeated inside the same sprint with cycles. The pre-prototyping phase illustrated in Figure 1 (A) is composed of guided, automatic and manual transformations discussed fur-
ther; ii) Model-to-code transformations are used in the phases represented in Figure 1 box (B) and (C) after pre-prototypes are approved by clients. They are responsible for generating the source code for the layers of the application and documentation, which will be manually refined by the development team until a fully functional prototype is reached. The source code generation is a transformation guided by wizards; and, iii) Manual transformations are required to complete fragments of source code that need to be manually refined by software engineers.

### 3.2 Transformation Templates

A good command in domain-driven design (Evans, 2004) is required to operate MockupToME tool. Thus, the domain classes must be classified as master entities, which group other entities in support for some functionality, or detail entities, which are secondary for a functionality and only complement it. After identifying these entities, the next step is to analyse the relationship amongst master and details taking as base a mockup structure (screen layout) that attempts to the functional requirement under development. Such analysis allows to discover the fundamental characteristics of a target system, such as usability, form validation rules, business rules, as well as, other relationships amongst the entities master and details that have not been identified previously in the requirement analysis phase.

MockupToME tool is used to specify mockups through model transformations named Startup Templates. We found that in the context of web information systems, some functionality can be classified as part of a same structural pattern (template) such as some kinds of GUI forms, GUI filters, and reports. Therefore, startup templates are model transformers that allow generating preliminary GUI forms based on the visual presentation structure of a template (Han and Liu, 2010; Aquino et al., 2010).

The options for startup templates supported by MockupToME tool are: i) Persistency structures named CRUD. Many variations for this kind of GUI form are available; ii) Filtering structures to support data retrieve from databases; iii) Structures to data presentation such as reports, tables, and so on; and, iv) Merges between different GUI structures: such as reports that also contain editable fields (merge between CRUD and reports).

In order to allow the representation of details concerning actions performed by the client on mockup elements, known in the literature as Action Semantics (OMG, 2013), each GUI component can receive annotations that differentiate it from a common component, such as exemplified with stereotypes and tags in Figure 3 (B). Besides, it provides information to generate MVC layers through model-to-model transformations. Annotations can be used to enrich a preliminary mockup based on facilities available in MockupToME tool. Such facilities are model transformations that allow the use of different refinement strategies to generate variants of CRUD forms, data reports, and so on.

Mockup refinement occurs with support of guided strategies, exemplified as follows: let us assume the one-to-many relationship between classes Client, Category, and CreditCard. When refining the GUI form for functionality “register a client”, each association can be handled in many ways, using strategies to support a particular user interaction. In order to add some items of the Category entity inside the Client entity, a software engineer may prefer to use the strategy one-to-many called “Source-Target master-detail”, as shown in Figure 3 (A) and labeled “Category Preferences (0..* Detail)”. For CreditCard entity, a software engineer can choose the default

![Figure 2: Scrum-based MDE Methodology supported by MockupToME tool.](image-url)
Similarly to startup templates, guided strategies are available as model transformations in MockupToME tool. Transformations can be executed inside mockup drawings, changing the model (mockups and UML elements) during the design phase, through popup-menus. Software engineers can undo transformations while deciding which strategy best fits to express a specific part of the required functionality. In other words, they can alternate between strategies for each association of Client class facing a requirement analysis. Besides, each GUI component shown with an icon of alert, see the Save and Remove buttons shown in Figure 3 (A), indicates that such component can be refined with other transformations, also available as dynamic popups for each GUI component. Therefore, the tool allows specifying many levels of master-detail structures, such as recommended by the domain-driven design approach.

Finally, when pre-prototypes are approved, the refined mockup is transformed into other application layers, shown in Figure 1 box (B). These are actually other levels of models, such as concrete GUI models (web or mobile), persistency layer, actions, and flow layers. These models can also be refined and further be used to generate source code.

4 CASE STUDY

The case study was conducted between 2010 and 2011, and the software under analysis was developed by two Brazilian software companies, in this paper denominated Company A and Company B. Company A used our methodology and MockupToME to develop a web information system, and Company B was responsible for the analysis phase. The goal was to compare the team productivity and identify the performance of our proposal when using it combined with Scrum. This is a confounding factor in this study, since JSF reduces the amount of the code necessary for these layers and simplify the maintenance (Mann, 2005).

4.1 Context Selection

The development team managed by Company A (Team 1) used the MockupToME tool, whereas the team of Company B (Team 2) did not use it, while both companies do/use Scrum. Both teams developed similar functionalities as subsystems of the same software, using different technologies. Teams are composed of: a Scrum Master; a Java developer, who has been trained for a month; a Tester, and an Analyst who wrote user stories. Additionally to Team 1, the Analyst and the Developer also designed GUIs and UML models containing only a clean conceptual model (e.g., class diagram without stereotypes and tags). Team 2 used Java Server Faces (JSF) technology to develop the View layer, whereas Team 1 used Java Server Pages (JSP) and Spring Framework controllers to code the View and Controller layer. This is a confounding factor in this study, since JSF reduces the amount of the code necessary for these layers and simplify the maintenance (Mann, 2005).

4.2 Attributes and Measures

Our goal was to observe how our methodology contributes in the development of a single system that is developed from scratch considering a Scrum-based methodology. With this in mind, since Scrum recommends sprints with short duration, it is important to compare the number of days required by each team to execute each sprint. In this sense, we planned short duration sprints composed of five days of work, eight hours a day. Then we compared the number of days used by Team 1 to deliver a working piece of software, with Team 2, which developed manually the source-code. This is a quantitative measure that allows us to observe the required time to design the pre-prototypes (our MDE-based approach) and its impact on the duration of a sprint in comparison to a non MDE-based approach.

In this case study, we did not collect other quantitative measures, except for the size of the produced software. We collected qualitative attributes used internally by Company A, such as the usability of the MockupToME tool, the required improvements, and the number of bugs. Some of the qualitative attributes collected from the project leaders along and at the final of the project were used to answer the following two research questions:

RQ1. Once that some practitioners consider there can be some incompatibility between MDE and Scrum, is it possible to use MockupToME tool and the proposed methodology with Scrum in a real-world project?
Figure 3: (A) Two guided strategies for one-to-many master-detail (B) annotated mockup model elements.

RQ2. Does the use of the MockupToME tool allows to build working web information system, on the first version (started from scratch), faster than a version produced by a team that does not use our tool and methodology?

4.3 Executing the Study

Initially, we provided a Java web framework that had 18 basic entity classes to support access control, customisable CRUDs and filters, functionalities to handle files, and images that are common features in many web information systems. A tutorial on WCTSample containing about 150 pages with guidelines and examples was provided to Team 1. We also trained Team 1 on MockupToME tool, UML, and on WCTSample Java Architecture. Moreover, because Team 1 was more familiar with a technology to program rich web GUI, we also adapted some model transformations of type model-to-code from the original mapped technology named Dojotoolkit to the new target named JQuery. Finally, we provided a tutorial and daily meetings, with mentoring for two weeks of pair programming, towards the development of specific functionalities for a period of one month, before the developer of Company A started to write the actual source-code. Thus, due to the required training to understand and apply our proposal, Team 1 started producing latter than Team 2.

Checkpoint 1. After two months of work with our methodology and using our tool, a checkpoint was carried out by the companies involved in the project to evaluate the productivity of both teams, measured by the speed to deliver a working piece of the application. Team 1 was producing slower than Team 2, that surprised us with their advances in development. Team 1 used Sprints with eight days whereas Team 2 used Sprints with five days to develop similar functionalities.

Checkpoint 2. Four months after the start of the project, another checkpoint was carried out. Along the project, Team 1 increased the speed in delivering working functionalities in each sprint. Thus, the deliveries were slightly different between the teams, suggesting that the MockupToME tool could save time for Team 1, using Sprints with four days of work).

Along this period, the Team 1 identified failures in transformations. Such problem had an impact on the productivity, but did not stop the development of functionalities. Finally, at the fifth month all the functionalities addressed by our proposal were finished, then more complex functionalities were developed not using MDE. The overall project ended in 2011, whose Team 1 was allocated along five months.

4.4 Analysis and Interpretation of Quantitative Data

Regarding Checkpoint 1, we identified that the learning curve for Team 1 was steeper than for the other team, which had to learn only about the Java architecture. Initial Sprints requires more days in first weeks, because the team is still unfamiliar with the problem domain and also with the development tools (Shore and Warden, 2008). In this sense, the techniques and tools introduced by our methodology increased the time necessary by Team 1 to surpass the learning curve period. Moreover, MockupToME presented some bugs related to pre-prototype modelling and also to source code generation. These bugs were fixed while sprints were executed, which required longer sprints of Team 1.

Regarding Checkpoint 2, although the number of days to complete a sprint decreased considerably compared with the first checkpoint, the generated code still required modifications by Team 1 until a full source code was generated in last three Sprints.
not requiring adjustments anymore.

4.5 Qualitative Analysis About the Research Questions

At the end of the project, we queried the team leaders about the two research questions. For the first question, they reported that our methodology and MockupToME tool can be used with Scrum, given that companies have been designing mockups.

For the second research question, team leaders stated they cannot assert that our methodology improves productivity compared with Team 2, which did not use the MockupToME tool. As the designed model was used in a single application, they did not notice any benefit promoted by MDE in regard to speed up their production. However, they reported no changes motivated by missing or misunderstood requirements between sprint cycles (a positive feedback). We have considered this a benefit that our methodology and tool promoted in preliminary software phases.

Team leaders also reported the following benefits: i) better source code organisation and modularisation compared with their previous practices; ii) facilities to change the generated source code; iii) facilities to design mockup models; iv) they also stated an expectation regarding benefits that could be promoted by further reuse of the designed model.

Finally, team leaders reported that would be benefit if model transformations tasks could be used inside Eclipse workspace instead of in processes started with menus in MockupToME. Recently, they requested an integration with the Mylyn plugin to manage MDE tasks and development tasks in the same environment. We believe that this is interesting to allow us reducing the learning curve for developers.

5 CONCLUSIONS

This paper has presented a methodology and tool support to develop web information systems, which combine the use of Model-Driven Engineering (MDE) and Scrum approaches. Such methodology and tool allow performing quick design and validation of pre-prototype models. We presented a case study conducted in industry, evaluating the time spent by two teams to conclude sprints with similar functionalities along five moths. In this context, Team 1 produced a subsystem using our methodology and tool support whereas Team 2 used regular development tools with a Scrum-based framework. This experience allowed us find out some benefits and drawbacks of our methodology.

The industrial case study allowed to evaluate two questions: 1) Once that some practitioners consider there can be some incompatibility between MDE and Scrum, is it possible to use MockupToME tool and the proposed methodology with Scrum in a real-world project? 2) Does the use of the MockupToME tool allows to build working web information system, on the first version (started from scratch), faster than a version produced by a team that does not use our tool and methodology?

The reported case study enabled us to answer the questions above: 1) Since Scrum is agnostic to the use of technologies, the proposed MDE methodology and the MockupToME tool can be used with Scrum; 2) Although the MockupToME tool enables to quickly produce functional prototypes, it is not possible to assert that by using the tool a team is more productive than without using it, taking into account a project started from scratch which does not use a model designed previously (i.e. the model still does not exist). Therefore, we found in practice that quick prototyping help to speed-up the design of models (annotated mockups), allowing a quick feedback from clients; however, compared to a team that do not use MDE, our methodology did not increased the software productivity for started from scratch web information systems as we are expecting.

A software process that uses MDE demands from the designers more time to specify GUI models (mockups) annotated with tags and stereotypes. In order to quickly design these models, we automatically annotate pre-prototypes (i.e. adding action semantics) with the help of MockupToME tool. Therefore, we found that even generating such annotations on GUI models it was not possible to guarantee a reduction in time in comparison with functionalities produced without using MDE. However, we observed benefits in comparison with our previous practices on MDE, which manually annotate pre-prototypes.

It is known that a MDE promise is to increase the productivity in future reuse of the designed models. This study was limited to evaluate the proposed methodology and does not attempt to confirm or deny this promise. Having it in mind, this should be explored in order to better comprehend benefits and drawbacks in a combined use of MDE and Scrum.

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